



WHAT IS DOPING?

Doping is defined as the occurrence of one or more of the following Anti-Doping Rule Violations (ADRVs):

- Presence of a prohibited substance in an athlete's sample
- Use or attempted use of a prohibited substance or method
- Refusing to submit to sample collection after being notified
- Failure to file athlete whereabouts information and missed tests
- Tampering with any part of the doping control process
- Possession of a prohibited substance or method
- Trafficking a prohibited substance or method
- Administering or attempting to administer a prohibited substance or method to an athlete
- Complicity in an ADRV
- Prohibited association with athlete support personnel who has engaged in doping

WHY IS DOPING IN SPORT PROHIBITED?

The use of doping substances or doping methods to enhance performance is fundamentally wrong and is detrimental to the overall spirit of sport. Drug misuse can be harmful to an athlete's health and to other athletes competing in the sport. It severely damages the integrity, image and value of sport, whether or not the motivation to use drugs is to improve performance. To achieve integrity and fairness in sport, a commitment to clean sport is critical.