



2016 IFBB ARNOLD CLASSIC
JOHANNESBURG, SOUTH AFRICA, 27-28 May 2016

FINAL RESULTS

PLACE	NR	JUNIOR BIKINI FITNESS	COUNTRY		Rnd 1	Rnd 2	Final Score
1st	15	Chanel Erwee	GN		9	8	8
2nd	2	Amore Coetzee	KZN		14	16	16
3rd	16	Thelma Paulo	Portugal		20	16	16
4th	3	Micaela Markides	Gauteng		15	18	18
5th	6	Danel Delpot	Gauteng North		38	22	22
6th	12	Jessica Lovett	Gauteng		21	23	23
7th	7	Jade Hammond	Eastern Province		40		
8th	23	Savannah-Jay Prenzler	Western Province		44		
9th	10	Tamsyn-lee Donneley	Gauteng		45		
10th	17	Frida Paulsen Stern	Sweden		47		
11th	22	Stephani vd Westhuizen	KZN		48		
12th	18	Carmen Klindt	South Africa		50		
	1	Karly Farah	Gauteng North				
	4	Simone Keenan	Sedibeng				
	5	Devonique Cawood	Gauteng				
	8	Kelly Ainsworth	KZN				
	9	Therese Kruger	GN				
	11	Imke Smit	Stellenbosch				
	13	Eleanor Mollentze	Nelson Mandela Bay				
	14	Kimberley Jansen v Rensburg	Gauteng				
	19	Yolandi Hardy	South Africa				
	20	Macherie Smith	Mpumalanga				
	21	Demi Ferreira	Zimbabwe				
	24	Chantelle Janse van Rensburg	North West				
	25	Anel Coetzee	Gauteng				

PLACE	NR	JUNIOR BODYBUILDING	COUNTRY	Rnd 1	Finals Rnd 2	Finals Rnd 3	Final Score
1st	38	Elbey Chamseddine	Belgium	5	10	7	17
2nd	33	Larnelle Fredericks	Nelson Mandela Bay	11	24	11	35
3rd	30	Lendo Greyling	Gauteng North	15	26	12	38
4th	29	Gareth Scheepers	Nelson Mandela Bay	20	40	20	60
5th	32	Sihle Percy Tati	Kwa Zulu Natal	25	50	26	76
6th	35	Khawulani Mazibuko	Kwa Zulu Natal	35	56	28	84
7th	34	Justin Abouchabki	Gauteng North	37			
8th	37	Bhutani Morgan Duda	South Africa	39			
9th	41	Fariedt Christians	KZN	43			
10th	39	Matthew Parker	CTP	53			
11th	36	Zwelisha Ximba	KZN	57			
12th	31	James Heslop	Stellenbosch	57			
13th	28	Shaun Duguid	GC	60			
14th	40	Direto Mokgwadi	Gauteng	67			



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PLACE	NR	JUNIOR CLASSIC BB	COUNTRY		Finals Rnd 2	Finals Rnd 3	Final Score
1st	44	Devin Stewart	Gauteng Central		14	6	20
2nd	42	Brian Marais	GC		18	10	28
3rd	43	Swelihle Zondi	KZN		28	14	42

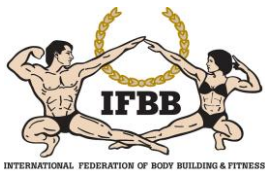
PLACE	NR	JUNIOR MEN'S PHYSIQUE	COUNTRY		Rnd 1	Rnd 2	Final Score
1st	52	Qusai Abdel Al	Jordan		14	8	8
2nd	55	Clive Brent	Northern Cape		8	11	11
3rd	47	John Murray	North West		13	12	12
4th	57	Henry de Landtsheer	WP		16	19	19
5th	56	Ben Ascott	CPT		25	24	24
6th	48	Armand Pieterse	Sedibeng		32	30	30
7th	58	David Watkeys	KZN		37		
8th	53	Sean Naidoo	KZN - Tongaat		41		
9th	51	Awni Glazi Bihah Nouh	Jordan		41		
10th	49	Dean Jordan du Plessis	Gauteng		50		
11th	54	George Young	Limpopo		53		
12th	50	Jacques Du Plessis	Western Cape		54		



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PLACE	NR	MASTER BIKINI OVER 35YR	COUNTRY		Rnd 1	Rnd 2	Final Score
1st	73	Elsa Pema	Portugal		5	5	5
2nd	62	Angela Howden	KZN		12	14	14
3rd	83	Karien van der Wal	Mpumalanga		13	17	17
4th	60	Anelien Schmulian	GN		23	20	20
5th	65	Odette Fouche	Gauteng		30	22	22
6th	66	Barbara Joubert	KZN		28	27	27
7th	78	Farah Esmail	Kenya		34		
8th	79	Michelle Roich	Gauteng		40		
9th	84	Jo-Anne van der Vlugt	KZN		46		
10th	70	Fance Conradie	Gauteng Central		51		
11th	74	Melanie Gordon	KZN		52		
12th	71	Gill Holm	KZN		55		
13th	86	Eunhee Chung	CPT		62		
	61	Nicci Landman	Gauteng Central				
	63	Annelie de Jager	Western Cape				
	64	Karin Dercksen	Gauteng North				
	67	Belinda van der Merwe	Gauteng North				
	68	Teresa Nel	KZN				
	72	Anelda Jansen van Vuuren	Gauteng North				
	76	Jacqueline Lewis	KZN				
	77	Sally Lapage	Zimbabwe				
	80	Aimee Toweel	KZN				
	81	Jackie Niewoudt	Gauteng				
	82	Abby de Lange	CPT				
	85	Rowanne Morris	Gauteng				

PLACE	NR	MASTER MEN'S PHYSIQUE	COUNTRY	Rnd 1	Rnd 2	Final Score
1st	90	Luis Cunha	Portugal		7	7
2nd	93	Michael Atkinson	KZN		13	13
3rd	94	Olaf Birkner	Gauteng		16	16
4th	89	Hisham A.M. Albayouk	Palestine		18	18
5th	92	Vaughn Davies	GC		23	23
6th	91	Gabriel Steyn	Mpumalanga		30	30



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PLACE	NR	MEN'S PHYSIQUE UPTO 170	COUNTRY		Rnd 1	Rnd 2	Final Score
1st	102	Qusai Abdel Al	Jordan		10	11	11
2nd	105	Mohammed Albanna	Kuwait		10	11	11
3rd	104	Mohammad Alhabbabi	Kuwait		14	15	15
4th	101	Castro Barreira	Mozambique		32	18	18
5th	100	Husain Atash	Kuwait		20	22	22
6th	97	Cal Soligram	KZN		26	29	29
7th	103	Abdullah Alali	Kuwait		37		
8th	96	Marco Ferrucci	Buffalo City		44		
9th	107	Sarel Breedt	KZN		44		
10th	98	Collen M. Kekana	Sedibeng		46		
11th	106	Andre Figgins	Sedibeng		54		
12th	99	Saber Mohamed Saber Attia	Egypt		57		

PLACE	NR	MEN'S PHYSIQUE UPTO 174	COUNTRY		Rnd 1	Rnd 2	Final Score
1st	123	Law Shala	Sweden		10	9	9
2nd	110	Hassan Sayed Golal	Egypt		7	10	10
3rd	116	Mansoor Shebib Khansaheb	UAE		23	18	18
4th	125	Michael Carroll	Western Province		29	20	20
5th	126	Marlon Michaels	Western Cape		20	22	22
6th	124	Christiaan Neethling	KZN		22	27	27
7th	119	Raad Al Shurafa	Jordan		35		
8th	128	Peet Erasmus	Gauteng North		38		
9th	117	Bader Alsabaa	Kuwait		41		
10th	112	Mahmoud Ahwan Fekry	Egypt		47		
	111	Mubarak Falfadhil	Kuwait				
	113	Yousef Almeftah	Kuwait				
	114	Mohammad Awidah	Palestine				
	115	Amjed Adnan Abedal Janad	Jordan				
	118	Yusri Salie	South Africa				
	120	Sinethemba Xabela	South Africa				
	121	Christopher Chimezie Junior	Nigeria				
	122	Luke Gilmour	Zimbabwe				
	127	Nikkash Poonee	Gauteng				
	129	Peter Gaiser	CPT				



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PLACE	NR	MEN'S PHYSIQUE UPTO 178	COUNTRY	Rnd 1	Rnd 2	Final Score
1st	139	Saud Alshatti	Kuwait	10	9	9
2nd	143	Abdullah Alsaraf	Kuwait	13	11	11
3rd	133	Tiaan Barnard	South Africa	15	15	15
4th	144	Sajed Zeyad Hbu Khalof	Jordan	18	16	16
5th	137	Given Mthimunye	Gauteng	23	26	26
6th	138	Muhammad Shuib	Malaysia	36	29	29
7th	142	Taviegh Mohammad Pehlah	Iran	38		
8th	134	Mziwaxolo Phillip	Nelson Mandela Bay	39		
9th	140	Hamza Abdallah Ammar	Jordan	41		
10th	145	Faris Aldokheel	Saudi Arabia	42		
	131	Marinus Lazenby	Sedibeng			
	132	Shane Schwulst	Western Province			
	135	Neil van Rooyen	KZN			
	136	Rynhardt van Wyk	North West			
	141	Wilson Munene Karimi	Kenya			
	146	Nathi Ndlebe	Eastern Province			

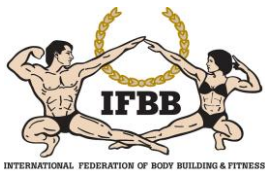


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PLACE	NR	MEN'S PHYSIQUE over 178	COUNTRY	Rnd 1	Rnd 2	Final Score
1st	152	Sanad Al-Sanad	Kuwait	7	5	5
2nd	158	Faisal Al-Bahar	Kuwait	16	15	15
3rd	174	Wiehann van Wyk	Stellenbosch	21	17	17
4th	160	Khaled Jaben Khater	Jordan	19	19	19
5th	171	Devonshire Pillay	Eastern Province	22	24	24
6th	163	Donovan Suddes	GN	28	25	25
7th	182	Jason McAuliff	Gauteng	38		
8th	150	Stephen Stewart	Gauteng	41		
9th	176	Rowhan Rhode	CPT	45		
10th	179	Michael Atkinson	KZN	45		
11th	173	Jarryd Hillier	KZN	50		
	148	Ali Akbar Sultan	GC			
	149	Vaughn Davies	GC			
	151	Godwin Simbarashr Mhaka	Zimbabwe			
	153	Abdulrahman Abdalrazar	Kuwait			
	154	Alan Jacobs	Cape Town			
	155	Marco Pires	Sedibeng			
	156	Ali Albloushi	Kuwait			
	157	Ranni Mahmoud Yousef Alyousee	Jordan			
	159	David Kolo	France			
	161	Alaa Said Ramadan	Egypt			
	162	Islam Salah Eldin Aly Ahmed	Egypt			
	164	Philip Dorfling	Gauteng			
	165	Teasdale Crofton Murombo	South Africa			
	166	Neil Wentzel	George			
	167	Danie Ras	Sedibeng			
	168	Zander De la Rey	GN			
	169	Clinton Crous	Gauteng			
	170	CJ Els [Clay]	KZN			
	172	Andre Erasmus	Mpumalanga			
	175	Damien Tomaselli	KZN			
	177	Heinrich Swanepoel	CPT			
	180	Brandon da Souza Marques	KZN			
	181	Antonie Holtzhausen	Mpumalanga			

PLACE	NR	MEN'S PHYSIQUE overall	COUNTRY	SCORE
1st	102	Qusai Abdel Al	Jordan	8
2nd	139	Saud Alshatti	Kuwait	10
3rd	152	Sanad Al-Sanad	Kuwait	13
4th	123	Law Shala	Sweden	20



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PLACE	NR	CLASSIC BODYBUILDING upto 175cm	COUNTRY		Finals Rnd 2	Finals Rnd 3	Final Score
1st	186	Juan Smtih	GN		16	11	27
2nd	188	Aadil Ahmed	Northern Cape		24	10	34
3rd	185	Mustafir Ali	Jordan		30	21	51
4th	187	Buntu Kato Mavela	Nelson Mandela Bay		40	14	54
5th	189	Stephan du Toit	Gauteng Central		44	21	65

PLACE	NR	CLASSIC BODYBUILDING upto 180cm	COUNTRY	RND 1	Finals Rnd 2	Finals Rnd 3	Final Score
1st	191	Joe Manjoo	KZN	13	22	14	36
2nd	196	Andre Fourie	Western Province	10	22	16	38
3rd	192	Nasser Khamis Jaif	UAE	19	36	18	54
4th	194	Aramis Gianella-Borrador	Qatar	11	40	19	59
5th	195	Oliver Williams	KZN	34	46	19	65
6th	199	Gary MacDonald	KZN	24	48	19	67
7th	197	Brenton Holloway	Kleinmond	37			
8th	193	Konstantinos Koutras	Cyprus	37			
9th	190	Lyle Singh	Kwa Zulu Natal	41			
10th	198	Norman Brits	GN	43			

PLACE	NR	CLASSIC BODYBUILDING over 180cm	COUNTRY		Finals Rnd 2	Finals Rnd 3	Final Score
1st	204	Ahmad Issam Al Hamawi	Jordan		12	5	17
2nd	202	Corne Jooste	KZN		22	11	33
3rd	201	Edward Jackson	GN		30	17	47
4th	203	Danny de Jager	George		38	19	57
5th	205	Juan Matthee	Western Province		48	23	71

PLACE	NR	CLASSIC BODYBUILDING OVERALL	COUNTRY	Final Score
1st	191	Joe Manjoo	KZN	7
2nd	204	Ahmad Issam Al Hamawi	Jordan	8
3rd	186	Juan Smtih	GN	15



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PLACE	NR	Masters BB Over 40 yrs	COUNTRY	RND 1	Finals Rnd 2	Finals Rnd 3	Final Score
1st	212	Ahmad Al-Jaafeen	Jordan	5	16	15	31
2nd	213	Carlos Nunes	Gauteng Central	10	28	10	38
3rd	210	Gerhard Nel	Mpumalanga	32	18	24	42
4th	214	Olivier Attias	Gauteng	29	50	11	61
5th	220	Curtis Howells	GC	18	42	23	65
6th	221	Chris Pillay	KZN	17	52	23	75
7th	209	Patrick Muller	Switzerland	35			
8th	218	Michael du Buisson	KZN	36			
9th	208	Jay Dever	US	48			
10th	215	Terrence Pillay	KZN	51			
11th	216	Fanie Froneman	Gauteng North	54			
12th	219	David Louw	Northern Cape	61			
13th	211	Ryno Greeff	GC	61			
14th	217	Emerald Xolani Cele	South Africa	68			

PLACE	NR	Masters BB Over 50 yrs	COUNTRY		Finals Rnd 2	Finals Rnd 3	Final Score
1st	225	Mohamed Aboelez	Egypt		6	6	12
2nd	228	Jabulani Buthelezi	KZN		9	9	18
3rd	227	Marius Wessels	Gauteng		16	16	32
4th	233	Pat Petela	Sedibeng		19	19	38
5th	226	Etienne Schutte	KZN		27	27	54
6th	231	Gerrie Killian	GN		30	30	60
7th	230	Benny Pillay	South Africa		37		
8th	229	Arthur Verrall	Gauteng		37		
9th	232	Henk van Tonder	South Africa		42		

PLACE	NR	Masters BB OVERALL	COUNTRY	SCORE
1st	212	Ahmad Al-Jaafeen	Jordan	6
2nd	225	Mohamed Aboelez	Egypt	9