



**2016 IFBB ARNOLD CLASSIC**  
**JOHANNESBURG, SOUTH AFRICA**  
**27-28 May 2016**

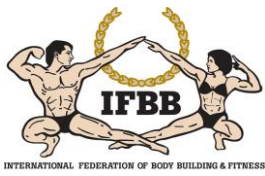
PLACE	NR	WOMEN'S FITNESS	COUNTRY		Finals Rnd 2	Finals Rnd 3	Final Score
1st	238	Claire McGrath	Ireland		14	7	21
2nd	236	Camille du Plessis	Kwa Zulu Natal		16	13	29
3rd	235	Gladys Tladi	GN		30	11	41
4th	237	Sandra Bosman	Gauteng		40	20	60

NR	MEN'S FITNESS	COUNTRY			
239	Peter Lekoma	North West			

PLACE	NR	WOMEN'S PHYSIQUE upto 163cm	COUNTRY	Rnd 1	Finals Rnd 2	Finals Rnd 3	Final Score
1st	247	Margita Zamolova	Czech Republic	5	10	5	15
2nd	241	Nadine Myron	WP	11	22	13	35
3rd	245	Sharon Stanley	Plumstead	15	34	17	51
4th	246	Tiana Flex	GN	18	36	16	52
5th	242	Mona Saleh	UAE	28	50	25	75
6th	243	Regina Jonga	South Africa	34	58	27	85
7th	244	Mabel Tshabalala	Gauteng	37			
8th	240	Lungi Plummer	Kwa Zulu Natal	37			
9th	248	Tanya du Preez	GN	39			

PLACE	NR	WOMEN'S PHYSIQUE over 163cm	COUNTRY	Rnd 1	Finals Rnd 2	Finals Rnd 3	Final Score
1st	254	Lani Butler	Gauteng Central	8	16	14	30
2nd	250	Louise Scholtz	Gauteng North	7	18	16	34
3rd	258	Tersia Benson	Gauteng Central	16	32	17	49
4th	255	Lizelle Cruz	North West	31	42	16	58
5th	257	Andrea Leipert	Canada	26	48	16	64
6th	253	Zelda Haak	South Africa	20	54	26	80
7th	251	Lorraine Canham	KZN	36			
8th	256	Monica Elena Adah	Isral	38			
9th	252	Haifa Sayed	Bahrain	43			

NR	WOMEN'S PHYSIQUE OVERALL	COUNTRY	
247	Margita Zamolova	Czech Republic	
254	Lani Butler	Gauteng Central	



**2016 IFBB ARNOLD CLASSIC**  
**JOHANNESBURG, SOUTH AFRICA**  
**27-28 May 2016**

PLACE	NR	BODYFITNESS UPTO 158cm	COUNTRY	Rnd 1	Rnd 2	Final Score
1st	265	Patricia Martinez Marquina	Spain		7	7
2nd	266	Alethea Borman	Namibia		10	10
3rd	263	Karen de Beer	Richardsbay		15	15
4th	264	Precious Mujuru	Zimbabwe		23	23
5th	261	Leanne Janse van Rensburg			25	25
6th	262	Sandy Greeff	GC		26	26

PLACE	NR	BODYFITNESS UPTO 163cm	COUNTRY	Rnd 1	Rnd 2	Final Score
1st	269	Odette de Winnaar	Gauteng Central		6	7
2nd	276	Michelle Alberts	GN		13	9
3rd	275	Michelle Guest	Gauteng Central		29	14
4th	270	Marelize Stander	Gauteng Central		24	23
5th	271	Firdous Asmodien	CPT		15	23
6th	273	Caryn Tyler	Gauteng		21	28
7th	274	Janine Pezarro	Gauteng		38	
8th	277	Kaylyn Lotz	CPT		39	
9th	272	Carla Beukes	Western Province		40	

PLACE	NR	BODYFITNESS UPTO 168cm	COUNTRY	Rnd 1	Rnd 2	Final Score
1st	283	Sonia van Heerden	Mpumalanga		9	9
2nd	282	Annelize Dohne	KZN		9	9
3rd	281	Nicola Murphy	Western Province		18	18
4th	285	Lieze Gie	Kraaifontein		18	18
5th	286	Laurene Vermeulen	Northern Cape		23	23
6th	284	Karen Mills	KZN		29	29
7th	287	Karen de Bruyn	Gauteng Central			
8th	280	Chantal Swart	KZN			

PLACE	NR	BODYFITNESS OVER 168cm	COUNTRY	Rnd 1	Rnd 2	Final Score
1st	290	Marcelle Collison	Gauteng Central		5	5
2nd	291	Bernadette Meyer	GC		14	14
3rd	293	Verushka van Jaarsveld	Greenpoint		17	17
4th	289	Cianda Nel	GN		19	19
5th	292	Nomzobo Cuba	Gauteng		24	24
6th	294	Sarah Hussain	Spain		25	25

PLACE	NR	BODYFITNESS OVERALL	COUNTRY	SCORE
1st	269	Odette de Winnaar	Gauteng Central	10
2nd	265	Patricia Martinez Marquina	Spain	11
3rd	283	Sonia van Heerden	Mpumalanga	13
4th	290	Marcelle Collison	Gauteng Central	16



**2016 IFBB ARNOLD CLASSIC  
JOHANNESBURG, SOUTH AFRICA**

**27-28 May 2016**

PLACE	NR	BIKINI FITNESS upto 160cm	COUNTRY		Rnd 2	Final Score
<b>1st</b>	306	Roxy Barker	KZN		9	<b>9</b>
<b>2nd</b>	311	Lizelle Horn	Gauteng North		13	<b>13</b>
<b>3rd</b>	310	Naadiya Rawat	KZN		16	<b>16</b>
<b>4th</b>	296	Linda Illerstam	Sweden		21	<b>21</b>
<b>5th</b>	305	Thelma Paulo	Portugal		23	<b>23</b>
<b>6th</b>	315	Jade Warman	KZN		25	<b>25</b>
	297	Katheryn Scott				
	298	Desiree Maple	Hillcrest Gauteng			
	299	Farah Esmail	Kenya			
	300	Louise Lawson	Zimbabwe			
	301	Genevieve Fernandes	Gauteng Central			
	302	Francisca van Heerden	North West			
	303	Cristi Theron	Gauteng Central			
	304	Anja Jacobs	Free State			
	307	Genelle Knox	GN			
	308	Karlien Alberts	Mpumalanga			
	309	Cecile Swart	Gauteng North			
	312	Anchen Faber	GN			
	313	Eunhee Chung	CPT			
	314	Kim Dowden	Gauteng			

PLACE	NR	BIKINI FITNESS upto 163cm	COUNTRY		Rnd 2	Final Score
<b>1st</b>	327	Elsa Pema	Portugal		6	<b>6</b>
<b>2nd</b>	319	Kim Gutierrez	Chile		9	<b>9</b>
<b>3rd</b>	321	Tiana Pereira	Kleinbosch		18	<b>18</b>
<b>4th</b>	325	Anesca Gouws	Gauteng		23	<b>23</b>
<b>5th</b>	320	Nicolene Booyesen	CPT		24	<b>24</b>
<b>6th</b>	326	Marjorina Bruyns	Gauteng North		26	<b>26</b>
	318	Liezel Botes				
	322	Tazlin Stavrinou	KZN			
	323	Cindy-Lee Dredge	Buffalo City			
	324	Chenique Bekker	Limpopo GN			



**2016 IFBB ARNOLD CLASSIC**  
**JOHANNESBURG, SOUTH AFRICA**  
**27-28 May 2016**

PLACE	NR	BIKINI FITNESS upto 166cm	COUNTRY		Rnd 2	Final Score
<b>1st</b>	331	Tshiamiso Skosana	North West		8	<b>8</b>
<b>2nd</b>	330	Barbara Joubert	KZN		9	<b>9</b>
<b>3rd</b>	332	Herisha Ramdhin	Western Cape		15	<b>15</b>
<b>4th</b>	329	Bambie Bamfo	Ghana		18	<b>18</b>

PLACE	NR	BIKINI FITNESS upto 169cm	COUNTRY	Rnd 1	Rnd 2	Final Score
<b>1st</b>	337	Frida Paulsen Stern	Sweden		5	<b>5</b>
<b>2nd</b>	338	Marina Krouse	Germany		12	<b>12</b>
<b>3rd</b>	335	Caroline Deveaux	France		16	<b>16</b>
<b>4th</b>	346	Carmen Botha	Mpumalanga		25	<b>25</b>
<b>5th</b>	341	Marlien Pretorius	Gauteng		26	<b>26</b>
<b>6th</b>	342	Simone Harmsworth	KZN		30	<b>30</b>
<b>7th</b>	345	Bronwen Fritz	Gauteng Central		32	<b>32</b>
<b>8th</b>	347	Erica Cronje	Kwa Zulu Natal		35	<b>35</b>
	336	Bianca vd Berg	Gauteng			
	339	Nedine Alberts	GN			
	340	Nicci Landman	Gauteng Central			
	343	Henriette Marx	Gauteng			
	344	Zia Hattingh	Gauteng			



**2016 IFBB ARNOLD CLASSIC  
JOHANNESBURG, SOUTH AFRICA**

**27-28 May 2016**

PLACE	NR	BIKINI FITNESS upto 172cm	COUNTRY		Rnd 2	Final Score
<b>1st</b>	351	Kirsten Allnut	KZN		8	<b>8</b>
<b>2nd</b>	350	Corrie Bosch	Gauteng		11	<b>11</b>
<b>3rd</b>	352	Wourine Brink	Gauteng		14	<b>14</b>
<b>4th</b>	354	Irna du Toit	GN		18	<b>18</b>

PLACE	NR	BIKINI FITNESS over 172cm	COUNTRY		Rnd 2	Final Score
<b>1st</b>	359	Chanel Erwee	GN		8	<b>8</b>
<b>2nd</b>	361	Courtney Chapman	Tokai		11	<b>11</b>
<b>3rd</b>	364	Angela Howden	KZN		16	<b>16</b>
<b>4th</b>	365	Odette Fouche	Gauteng		21	<b>21</b>
<b>5th</b>	363	Leana Viviers	GN		22	<b>22</b>
<b>6th</b>	357	Luzanne Stapelberg	North West		27	<b>27</b>
	358	Anja Retief	Gauteng North			
	360	Antoinette de Kock	Gauteng			
	362	Sonette Zeelie	Mpumalanga			
	366	Tara de Beer	CPT			
	367	Candice Jade van der Merwe	Gauteng			

PLACE	NR	BIKINI FITNESS OVERALL	COUNTRY	Final Score
<b>1st</b>	337	Frida Paulsen Stern	Sweden	9
<b>2nd</b>	327	Elsa Pema	Portugal	10
<b>3rd</b>	359	Chanel Erwee	GN	13
<b>4th</b>	296	Linda Illerstam	Sweden	18
<b>5th</b>	351	Kirsten Allnut	KZN	27
<b>6th</b>	331	Tshiamiso Skosana	North West	28



**2016 IFBB ARNOLD CLASSIC  
JOHANNESBURG, SOUTH AFRICA**

**27-28 May 2016**

PLACE	NR	Bodybuilding upto/incl 65 kg	COUNTRY		Finals Rnd 2	Finals Rnd 3	Final Score
<b>1st</b>	373	Naser Ali Alsairafi	Kuwait		10	5	<b>15</b>
<b>2nd</b>	371	Dumisani Dlodlo	Gauteng		20	16	<b>36</b>
<b>3rd</b>	370	Newsane Kolla	Buffalo City		38	19	<b>57</b>
<b>4th</b>	374	Ediccio Donisole	Mozambique		42	18	<b>60</b>
<b>5th</b>	372	Johannes Masilo	Modderspruit		44	24	<b>68</b>
<b>6th</b>	375	Peter Mathibela	Gauteng North		56	22	<b>78</b>

PLACE	NR	Bodybuilding upto/incl 70 kg	COUNTRY		Finals Rnd 2	Finals Rnd 3	Final Score
<b>1st</b>	388	Julian Ramdhari	Kwa Zulu Natal		14	7	<b>21</b>
<b>2nd</b>	386	Mohamed Fathy Abdelgawad	Egypt		30	16	<b>46</b>
<b>3rd</b>	383	Abdelwahab Ahmed Akber	UAE		36	23	<b>59</b>
<b>4th</b>	381	Miguel Malimo	Mozambique		50	12	<b>62</b>
<b>5th</b>	380	Lovemore Munyamana	Zimbabwe		44	32	<b>76</b>
<b>6th</b>	384	Boysie Ngcobo	KZN		62	25	<b>87</b>
<b>7th</b>	379	Lionel Harker	South Africa		60	33	<b>93</b>
<b>8th</b>	382	Dalmain David Morris	Gauteng		68	30	<b>98</b>
	378	Ashley Massyn	Western Cape				
	385	Charbel Bou Daher	Lebanon				
	387	Sihle Gregory Nxumalo	Gauteng				

PLACE	NR	Bodybuilding upto/incl 75 kg	COUNTRY		Finals Rnd 2	Finals Rnd 3	Final Score
<b>1st</b>	399	Mohamed Mostafa Mohamed	Egypt		12	6	<b>18</b>
<b>2nd</b>	396	Lwazi Buso	Nelson Mandela Bay		24	19	<b>43</b>
<b>3rd</b>	400	Yassir Mohamade Al Haj	Jordan		34	13	<b>47</b>
<b>4th</b>	401	Oliver Rockson Prempeh	Ghana		44	16	<b>60</b>
<b>5th</b>	404	Chris Nguta	Buffalo City		46	21	<b>67</b>
<b>6th</b>	393	Garikayi Mujuru	Zimbabwe		50	30	<b>80</b>
	395	Bulelani Jola	East London				
	390	Alain Nji	Gauteng				
	391	Blessing Samaringa	Zimbabwe				
	392	Andy Anthony	Seychelles				
	394	Bruno Saraiva	Mozambique				
	397	Jay Dever	US				
	398	Alastair Hyatt	Hout Bay				
	402	Quintin Bezuidenhout	Sedibeng				
	403	Harash Ramaruk	KZN				



**2016 IFBB ARNOLD CLASSIC  
JOHANNESBURG, SOUTH AFRICA**

**27-28 May 2016**

PLACE	NR	Bodybuilding upto/incl 80 kg	COUNTRY		Finals Rnd 2	Finals Rnd 3	Final Score
<b>1st</b>	414	Fabian Campher	Western Cape		10	5	<b>15</b>
<b>2nd</b>	407	William Osei Kankam	Ghana		32	17	<b>49</b>
<b>3rd</b>	408	Afolabi Michael Tunde	Nigeria		30	22	<b>52</b>
<b>4th</b>	409	Godwin Frimpong	Ghana		40	20	<b>60</b>
<b>5th</b>	411	Osears M Radebe	South Africa		44	20	<b>64</b>
<b>6th</b>	415	Hein van Kraayenburg	Mpumalanga		56	20	<b>76</b>
	410	Patrick Nyondo	Zambia				
	412	Gift Mautla	Gauteng				
	413	Dewald Pretorius	GC				

PLACE	NR	Bodybuilding upto/incl 85 kg	COUNTRY		Finals Rnd 2	Finals Rnd 3	Final Score
<b>1st</b>	431	Michael Adonis	Western Cape		14	7	<b>21</b>
<b>2nd</b>	421	Bongani Myaka	KZN		28	15	<b>43</b>
<b>3rd</b>	423	Cyrille Kofi Adja	Ghana		36	16	<b>52</b>
<b>4th</b>	426	Charles Bonginkosi Mazibuko	Gauteng Central		40	22	<b>62</b>
<b>5th</b>	430	Nhlanhla Mathibula	Gauteng		40	24	<b>64</b>
<b>6th</b>	420	Sanjay Jaggernath	KZN		50	23	<b>73</b>
	418	Blessing Nycipimbi	Zimbabwe				
	419	Junaid Shaik	KZN				
	422	Denver Moodley	Sedibeng				
	424	Mikyle Naidoo	KZN				
	425	Jude Gadzekpo	Ghana				
	427	Jean Thirion	Western Province				
	428	Jacques Muller	GN				
	429	Sergio Stanley	Nelson Mandela Bay				



**2016 IFBB ARNOLD CLASSIC  
JOHANNESBURG, SOUTH AFRICA**

**27-28 May 2016**

PLACE	NR	Bodybuilding upto/incl 90 kg	COUNTRY	Rnd 1	Finals Rnd 2	Finals Rnd 3	Final Score
<b>1st</b>	447	Dylan Ridley	KZN		20	13	<b>33</b>
<b>2nd</b>	443	Mansour A Alnaser	Kuwait		40	12	<b>52</b>
<b>3rd</b>	446	Samir Troudi	Sweden		36	24	<b>60</b>
<b>4th</b>	450	Nkululeko Cele	KZN		42	22	<b>64</b>
<b>5th</b>	439	Mohamed Aboelez	Egypt		44	21	<b>65</b>
<b>6th</b>	444	Elsayed Mohamed Elsayed	Egypt		56	26	<b>82</b>
<b>7th</b>	438	Yaw Azure	Ghana		58	27	<b>85</b>
<b>8th</b>	445	Thembelani Dlodlo	South Africa		54	33	<b>87</b>
	435	Ntumiso Dlodlo	Zimbabwe				
	436	Vincent Kandijero	Zimbabwe				
	437	Juan Gierz	Western Province				
	440	Hani Alhaj	Jordan				
	441	George Herwill	GC				
	442	Ahmed Mohamdy Kamal	Egypt				
	448	Carlos Nunes	Gauteng Central				
	449	Ryan Henrico	GN				

PLACE	NR	Bodybuilding upto/incl 95 kg	COUNTRY		Finals Rnd 2	Finals Rnd 3	Final Score
<b>1st</b>	458	Mohammad Shaban	Egypt		12	8	<b>20</b>
<b>2nd</b>	456	Darren Smit	KZN		20	12	<b>32</b>
<b>3rd</b>	454	Ziad Mekdachi	Seychelles		34	20	<b>54</b>
<b>4th</b>	462	Louis Bessenger	Buffalo City		40	16	<b>56</b>
<b>5th</b>	463	Gerhard Nel	Mpumalanga		46	24	<b>70</b>
<b>6th</b>	453	Thokozani Mntambo	KZN		56	31	<b>87</b>
	455	Mohamed Chili	Kwa Zulu Natal		66	27	<b>93</b>
	457	Solomon Mahone	Lesotho				
	459	Zayne Isaacs	Grassy Park				
	460	Neal Burchinal	Gauteng				
	461	Stiaan Ras	Gauteng Central				





**2016 IFBB ARNOLD CLASSIC  
JOHANNESBURG, SOUTH AFRICA**

**27-28 May 2016**

PLACE	NR	Bodybuilding upto/incl 100 kg	COUNTRY		Finals Rnd 2	Finals Rnd 3	Final Score
<b>1st</b>	468	Earl Abrahams	Western Province		10	7	<b>17</b>
<b>2nd</b>	469	Patrick Muller	Switzerland		28	13	<b>41</b>
<b>3rd</b>	470	Mohammed Abdallatif Hassan	Sudan		28	19	<b>47</b>
<b>4th</b>	471	Ahmad Al-Jaafeen	Jordan		36	17	<b>53</b>
<b>5th</b>	472	Abdullha Mohamed Al Sairfi	Kuwait		42	21	<b>63</b>
<b>6th</b>	475	Master Roderick	North West		60	29	<b>89</b>
	467	Junior van Coller	Mpumalanga				
	473	Sandile Buthelezi	South Africa				
	474	Seyed Arash Davami	Iran				

PLACE	NR	Bodybuilding over 100 kg	COUNTRY	Rnd 1	Finals Rnd 2	Finals Rnd 3	Final Score
<b>1st</b>	486	Salaiman Abdullah Al Tarkait	Kuwait		12	6	<b>18</b>
<b>2nd</b>	481	Werlou van Tonder	Hermanus		28	17	<b>45</b>
<b>3rd</b>	479	Femi Adesoye	Nigeria		36	17	<b>53</b>
<b>4th</b>	482	Edmund Weyer	Buffalo City		48	20	<b>68</b>
<b>5th</b>	490	Shanti Mitchell	Gauteng Central		46	24	<b>70</b>
<b>6th</b>	487	Chitenge Mwila	Zambia		52	22	<b>74</b>
<b>7th</b>	493	Roelof Coertze	GN		62	32	<b>94</b>
	478	Ashton Mitchell	KZN				
	480	Jonathan Luke Miller	Zimbabwe				
	483	Mustafa Jaber Khater	Jordan				
	484	Chris Roode	Western Province				
	485	Clement Shamboko	Zambia				
	488	Waledeld Mhmoud Sued	Egypt				
	489	Bennie Pelser	Sedibeng				
	491	Dewald Barendse	GC				
	492	Chi Ndyamba	Gauteng				

PLACE	NR	Bodybuilding Overall	COUNTRY		Final Score
<b>1st</b>	468	Earl Abrahams	Western Province		6
<b>2nd</b>	486	Salaiman Abdullah Al Tarkait	Kuwait		10
<b>3rd</b>	458	Mohammad Shaban	Egypt		16
<b>4th</b>	388	Julian Ramdhari	Kwa Zulu Natal		24
<b>5th</b>	431	Michael Adonis	Western Cape		29
<b>6th</b>	447	Dylan Ridley	KZN		29
<b>7th</b>	414	Fabian Campher	Western Cape		32
<b>8th</b>	399	Mohamed Mostafa Mohamed	Egypt		35
<b>9th</b>	373	Naser Ali Alsairafi	Kuwait		45