

IFBB SA Champs 2018**GROUP A**

No.	Name	Province	Place
	<u>Junior under 18 years</u>		
1	Reece Moutsatsos	Ekurhuleni	1
6	Audacious Mokeri	North West	2
4	Mduduzi Nhlapo	Mpumalanga	3
5	Matthew Levendig	Ekurhuleni	4
	<u>Juniors under 23 u75kg</u>		
13	Philani Gabela	Kwa Zulu Natal	1
11	Mandisi Majova	OR Tambo	2
16	Sibabalwe Phakati	OR Tambo	3
24	Christian Lauw	Gauteng Central	4
25	Siphesihle Plaatjie	Buffalo City	5
9	Tumelo Mokone	Gauteng Central	6
	<u>Junior under 23 o75kg</u>		
26	Sandile Nkosi	Kwa Zulu Natal	1
23	Jacques Du Preez	Nelson Mandela Bay	2
29	James Shongwe	Gauteng North	3
30	Tristan Nepgen	Ekurhuleni	4
33	Henco Heinz Kolberg	Western Province	5
32	Bryan Nilson	Sedibeng	6
	<u>Masters over 40 u75kg</u>		
37	Kamlan Naicker	Sedibeng	1
38	Jacob Dijana	North West	2
43	Terrence Pillay	Kwa Zulu Natal	3
41	Nicketan Chopde	Mpumalanga	4
36	Smith Simphiwe Thomas	Northern Cape	5
42	Lufuno Mphephu	Sedibeng	6
	<u>Masters over 40 o75kg</u>		
49	Curtis Howells	West Rand	1
47	Jan Visser	Sedibeng	2
48	Andre Joubert	Western Province	3
46	Braan Verryne	North West	4
	<u>Masters over 50</u>		
52	Dumisani Jali	Kwa Zulu Natal	1
53	Pat Patela	Nelson Mandela Bay	2
	<u>Ladies Beach Bikini u163cm</u>		
56	Anesca Gouws	Gauteng Central	1
65	Alicia Kirsten	Mpumalanga	2
64	Shantelle Jeffrey	Sedibeng	3
58	Eurika Dreyer	Northern Cape	4
61	Cheryldene Jonck	Gauteng North	5

No.	Name	Province	Place
62	Meghan Oelofse	Mpumalanga	6
	<u>Ladies Beach Bikini o163cm</u>		
72	Elizabeth Swart	Mpumalanga	1
79	Leiere Falck	Western Province	2
71	Michelle Moore	West Rand	3
76	Natasha Byleveld	Ekurhuleni	4
75	Aliza Greyling	Sedibeng	5
69	Yolandi Atkinson	Kwa Zulu Natal	6
	<u>Ladies Junior Fitness Bikini</u>		
89	Kristen vd Lingen	Gauteng North	1
88	Kelly Ainsworth	Kwa Zulu Natal	2
86	Kayla Joubert	Sedibeng	3
87	Casey Danca	OR Tambo	4
84	Ki-yano Schroonraad	Nelson Mandela Bay	5
91	Angelique Roux	Kwa Zulu Natal	6
	<u>Mens Athletic Physique u174cm</u>		
104	Vuyelwethu Mkhencele	Nelson Mandela Bay	1
101	Wesley Durga	Kwa Zulu Natal	2
96	Muhammed Uziar Buckus	Kwa Zulu Natal	3
102	Philani Zondo	Ekurhuleni	4
93	Dlepu Luthando	OR Tambo	5
103	Sinako Mjindi	OR Tambo	6
	<u>Mens Athletic Physique u178cm</u>		
111	David Tshose	North West	1
112	Troy Fish	Western Province	2
114	Liza Nonjola	Kwa Zulu Natal	3
110	Sajidh Khan	Ekurhuleni	4
113	Tiaan Van Graan	Gauteng Central	5
123	Ephias Mkutchwa	Mpumalanga	6
	<u>Mens Athletic Physique o178cm</u>		
122	Khulekani Mkhize	Kwa Zulu Natal	1
107	Mendo Magwaza	Buffalo City	2
125	Jacques Fagan	Gauteng North	3
129	Dominic Von Pannier	Gauteng Central	4
121	Zander Mouton	Gauteng North	5
120	Monde Silosini	Ekurhuleni	6
	<u>Masters Athletic Physique</u>		
133	Greg Morris	Ekurhuleni	1
132	Koos Laas	Mpumalanga	2
134	Thys De Lange	Mpumalanga	3

<u>No.</u>	<u>Name</u>	<u>Province</u>	<u>Place</u>
	<u>Men's Muscular Physique</u>		
145	Trevor King	Western Province	1
147	Dylon du Plessis	North West	2
140	Marcus Reeves	Kwa Zulu Natal	3
137	Jaiden Steyn	Kwa Zulu Natal	4
146	Chris Chittenden	West Rand	5
139	Wildré Smith	North West	6
	<u>Men's Classic Physique</u>		
151	Wayne Jansen Van Rensburg	Mpumalanga	1
154	Juan Matthee	Western Province	2
149	Xavier Mgidlana	Gauteng North	3
150	Gerhard Ferreira	Western Province	4
152	Werner Hack	Kwa Zulu Natal	5
153	Adrian Brown	Gauteng Central	6
	<u>Classic Bodybuilding under175cm</u>		
158	Jonathan Koeberg	Gauteng North	1
160	Illario Mkunyana	Sedibeng	2
161	Bafana Ntamane	West Rand	3
162	Marco Ferruci	Buffalo City	4
157	Segole Steven Chesane	Sedibeng	5
156	Ndumiso Sibulawa	Sedibeng	6
	<u>Classic Bodybuilding over175cm</u>		
166	Ziyaad Martin	Western Province	1
169	Sabelo Mathenjwa	Kwa Zulu Natal	2
172	Tinotanda Mafuto	Nelson Mandela Bay	3
174	Lyle Singh	Kwa Zulu Natal	4
168	Yanga Makhamba	Mpumalanga	5
163	Juan Claase	Sedibeng	6
	<u>Womens Physique (one lineup)</u>		
182	Anna Marie Barnard	Western Province	1
181	Kaycee Mbambo	Kwa Zulu Natal	2
184	Katy Brand	Western Province	3
183	Simonne Paarman	Nelson Mandela Bay	4
	<u>OVERALL CLASSIC BODYBUILDING</u>		
166	Ziyaad Martin	Western Province	
	<u>OVERALL MASTERS</u>		
52	Dumisani Jali	Kwa Zulu Natal	
	<u>MENS ATHLETIC PHYSIQUE OVERALL</u>		
104	Vuyelwethu Mkhencele	Nelson Mandela Bay	
	<u>OVERALL BEACH BIKINI</u>		
56	Anesca Gouws	Gauteng Central	

IFBB SA Champs 2018**RESULTS**

No.	Name	Province	Place
GROUP B			
<u>Women's Wellness Fitness</u>			
192	Victoria Sethabela	Sedibeng	1
188	Annelize Dohne	Kwa Zulu Natal	2
189	Nombulelo Hlathi	North West	3
193	Veronique Mitchell	Ekurhuleni	4
186	Irina Tokar	Gauteng Central	5
194	Caryann Bhramadu	Kwa Zulu Natal	6
<u>Ladies Fitness Bikini up to 160</u>			
198	Rachel Brun	Kwa Zulu Natal	1
204	Natasha Koekemoer	Kwa Zulu Natal	2
197	Anel Coetzee	Gauteng Central	3
212	Cecile Swart	North West	4
206	Farai Gomwe	Gauteng Central	5
196	Lauren Kok	Sedibeng	6
<u>Ladies Fitness Bikini up to 166</u>			
202	Shelby Jessica Neves	Gauteng North	1
213	Savannah Jay Prenzler	Western Province	2
211	Marina Murray	Nelson Mandela Bay	3
217	Micaela Markides	Gauteng North	4
210	Kego Senokoane	Sedibeng	5
214	Larisse Naidoo	Gauteng North	6
<u>Ladies Fitness Bikini up to 172</u>			
222	Talitha Mayhew	Kwa Zulu Natal	1
220	Simone Caroline Harmsworth	Kwa Zulu Natal	2
221	Megan Wesson	Gauteng Central	3
223	Dianna Loock	Mpumalanga	4
<u>Ladies Fitness Bikini over 172</u>			
227	Hayley T-Rex Wright	Kwa Zulu Natal	1
226	Anneke Jordaan	Gauteng North	2
229	Stephany Delatour	West Rand	3
230	Jacquiline Grobler	Buffalo City	4
228	Lezane Rademeyer	North West	5
<u>Fitness Bikini o35yr up 166</u>			
231	Elsa de Sousa Bronco	Kwa Zulu Natal	1
232	Caroline Jooste	Gauteng North	2
234	Isabelle Klusener	Western Province	3
233	Debbie Ivins	Kwa Zulu Natal	4
<u>Fitness Bikini o35yr over 166</u>			
237	Izette Strydom	Kwa Zulu Natal	1
236	Sonette Zeelie	Mpumalanga	2
239	Kate Koen	Kwa Zulu Natal	3
247	Savyn Outram	Mpumalanga	4

No.	Name	Province	Place
238	Antoinette Nel	Gauteng Central	5
	<u>Fitness Bikin over 40 years</u>		
252	Karien Van der Wal	Mpumalanga	1
246	Rowanne Morris	Gauteng Central	2
250	Lizette Van Rensburg	Sedibeng	3
243	Alison Barnett	Western Province	4
241	Gill Holm	Kwa Zulu Natal	5
249	Isstelle J-Bosch	Western Province	6
	<u>Ladies Body Fitness up to 163cm</u>		
255	Cindy - lee Dredge	Buffalo City	1
257	Andrea Amier	Kwa Zulu Natal	2
256	Shirley Ann Meintjies	Gauteng North	3
258	Melanie Ann Gordon	West Rand	4
260	Sandra Groenling	Gauteng Central	5
259	Leanne Keelips	Gauteng North	6
	<u>Ladies Body Fitness up to 168cm</u>		
263	Nolene Burrage	Ekurhuleni	1
262	Helmine van Zyl	Kwa Zulu Natal	2
	<u>Ladies Body Fitness over168cm</u>		
269	Dominique Froneman	Gauteng North	1
268	Anneke Erasmus Mulder	Sedibeng	2
271	Chelese Hubner	West Rand	3
270	Elrine Terblanche	Western Province	4
264	Junelle Dobbins	Sedibeng	5
	<u>Men Bantamweight u65kg</u>		
279	Tshezi Unathi	OR Tambo	1
273	Sinalo Soci	Buffalo City	2
277	Tshepang Scheepers	North West	3
278	Yanga Dlakavu	Buffalo City	4
286	Johannes Lekganyone	Ekurhuleni	5
274	Morena Mokolokolo	Sedibeng	6
	<u>Men Lightweight u70kg</u>		
282	Vuisile Mnyameni	North West	1
285	Steve Nako	Buffalo City	2
284	Harash Ramaruk	Kwa Zulu Natal	3
292	Rusty Sayed	Gauteng Central	4
280	Bongani Manene	Sedibeng	5
288	Nkosi Magugu	Ekurhuleni	6
	<u>Men Welterweight u75kg</u>		
297	Simon Mwelase	Mpumalanga	1
294	Mzukisi Busani	Buffalo City	2
302	Benni Balepile	Gauteng North	3
303	Lazarus Shereni	North West	4
306	Lefa Madisha	Gauteng Central	5

No.	Name	Province	Place
296	Abonga Jibiwli	Nelson Mandela Bay	6
	<u>Men Light Middleweight u80kg</u>		
304	Njabulo Cele	Kwa Zulu Natal	1
295	France Moseki	North West	2
314	Rodney Moses	Western Province	3
313	Jan Cilliers	Sedibeng	4
299	Tebogo Malebana	Sedibeng	5
319	Star Tshikang	North West	6
	<u>Men Middleweight u85kg</u>		
317	Daniel Mathloha	Gauteng Central	1
318	Sanjay Juggernath	Kwa Zulu Natal	2
316	Terry Thompson	Sedibeng	3
321	Mbongeni Hlongwane	Kwa Zulu Natal	4
322	Barry Taylor	Gauteng North	5
308	Mfa Khoza	Kwa Zulu Natal	6
	<u>Men Light Heavyweight u90kg</u>		
331	Awonke Ngoma	Kwa Zulu Natal	1
325	Smangaliso Notha Sibisi	Kwa Zulu Natal	2
323	Andile Marasi	OR Tambo	3
329	Juan Gierz	Western Province	4
324	Manny Jardine	North West	5
327	Thomas Antonio	Northern Cape	6
	<u>Men up to 95kg</u>		
334	Wanda Khuzwayo	Kwa Zulu Natal	1
338	Koketso Makakase	North West	2
333	Shaun Emmerick	Mpumalanga	3
	<u>Men up to 100kg</u>		
339	Emmanuel Bukhosini	Kwa Zulu Natal	1
332	Emmanuel Forson	Ekurhuleni	2
335	Christopher Palmer	Sedibeng	3
	<u>Men over 100kg</u>		
342	Bennie Pelser	Sedibeng	1
341	Dewald Barendse	Gauteng Central	2
	<u>Mixed Couples</u>		
344	Simonne Paarman & Jacques Du Preez	Nelson Mandela Bay	1
	<u>Fitness Bikini Overall</u>		
202	Shelby Jessica Neves	Gauteng North	
	<u>Body Fitness Overall</u>		
269	Dominique Froneman	Gauteng North	
	<u>Mens Overall</u>		
317	Daniel Mathloha	Gauteng Central	