

INSPECTION REPORT



IFBB DIAMOND CUP INDIA 2019

Aurangabad (MH)- India

15th - 18th November 2019



Organized by
INDIAN BODYBUILDING & FITNESS FEDERATION

Welcome

Indian Bodybuilding & Fitness Federation (IBBFF) is glad to invite all the athletes around the world for the 2nd edition of IFBB Diamond Cup India. This year's IFBB Diamond Cup is to be held in Aurangabad, the Tourism Capital of Maharashtra.

About Aurangabad, the City

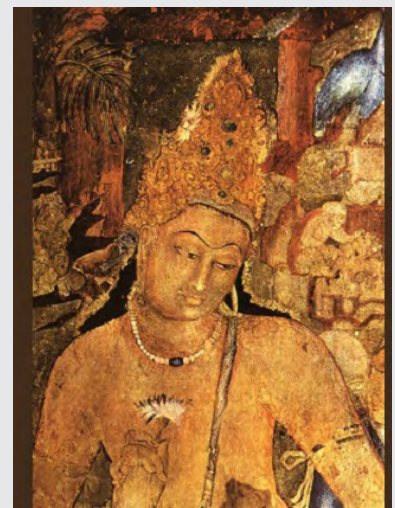
From its earliest days, Aurangabad has been a bustling hub of arts, cultural and commerce that welcomed other cultures with open arms. Learn more about this lovely City of Gates, including the rich history and current development or jump straight to the modern day and find out about the city's architecture and why it is the fastest growing city of Asia.

Aurangabad History & Culture

The history of Aurangabad stretches back to the 16th century, when prince Aurangzeb was appointed Viceroy of the Deccan for the second time, he made this city his capital and called it 'Aurangabad'; Since then the city came to be known as Aurangabad.

The original name of Aurangabad was Khadki (Window), founded in 1610 by Malik Ambar. When Fateh Khan, Malik Ambar's son turned successor in 1626, he gave the city the name 'Fatehpur' and came to be known as Aurangabad on the name of Aurangzeb.

The walls which enclose the central part of the city were added by Prince Aurangzeb in 1686. Most of the monuments in Aurangabad are of the Mughals and Maratha period. Aurangabad, The heritage hub of Maharashtra, is better known as the 'City of Gates'. There are 52 towering Darwazas (Gates), out of which very few are presently in good condition, mostly constructed by Aurangzeb during his over-stay in the Deccan. There are four main Darwazas leading into the city, which along with nine secondary darwazas formed part of the defense systems of the city.





Aurangabad as an Industrial Hub

Today Aurangabad is a lively city of Maharashtra with various big and small industries, fine silken textiles, and wonderful hand woven brocades of silver and gold fabrics, Himroo of world frame.

Aurangabad has a renowned industrial area and is divided into four zones namely Chikalthana, Waluj, Chitegaon & Shendra.

The major industry sectors in Aurangabad are Automotive, Auto Components, Pharmaceuticals, Breweries, White goods/Appliances and IT industries. Major companies that have unit in Aurangabad are Bajaj Auto, Wockhardt, Shreya Life

Science, Orchid, Lupin, Atra, Videocon, Nirlep, Skoda Auto, Colgate Palmolive, Endress+Hauser, Good Year and Siemens.

Modern Aurangabad In the recent fast paced city development Big and small shopping malls has been popped up in various places around the Aurangabad city. Malls like Biz Bazaar, Reliance Fresh, EasyDay, Pronzone, Wal-Mart etc has setup their shops in the city where you can get all kind of branded and non branded fashion collection, vegetables, groceries and everything which is used in day to day life of a common person. And when it comes to eating there are much to choose from like Dominos Pizza, KFC etc

and you will find branded "Wada Pav" stall at most of the crowded areas in the city like Aurangpura, Gulmandi, Connaught Garden, Nirala Bazaar, Osmanpura, City Chowk, Samarth Nagar etc.

And now there is a real big project coming to Aurangabad i.e Delhi-Mumbai Industrial Corridor, which will make Aurangabad city to become booming industrial zone and one of the fastest developing city in the whole Asia!





CLIMATE

The Climate of Aurangabad is pleasant during this time of the year, Temperature: Maximum 30 degree and minimum 15 degree Celsius.

LANGUAGES

In India, Hindi is the official language and in Maharashtra, Marathi is the official language. English is widely spoken in Hotels, Restaurants, Public Places and Tourists Places.

TIME DIFFERENCE

GREENWICH MEAN TIME is 5 hours 30 minutes behind INDIAN STANDARD TIME (IST)

CURRENCY

National currency is in Rupees. 1 US Dolor = 71.00 Rupees as for October 11th, 2019.

All major credit cards are widely accepted at most major hotels, department stores and restaurants.



How to reach Aurangabad by Flight

The airport in Aurangabad is at Chikalthana Airport, which is well connected to major cities like Mumbai, Pune, Delhi & Hyderabad.

How to reach Aurangabad by Rail

Aurangabad is well connected with major cities via railways, there are daily trains between Aurangabad and Mumbai, Delhi and Hyderabad.

How to reach Aurangabad by Road

Aurangabad is in center of Maharashtra state and you can visit the city via car or bus. Pune is 230 km from Aurangabad, Mumbai is around 300 km and Hyderabad is 500 km approximate.



OFFICIAL DATE

IFBB DIAMOND CUP INDIA 2019

will be held on 16th & 17th November 2019.

Official Athlete Registration is on **Friday 15th November 2019.**

**IMPORTANT ARRIVAL
AND CHECK-IN NOTICES**

THE OFFICIAL ARRIVAL DAY IS **Friday, November 15th, 2019.**

IMPORTANT NOTICE

***FOOD AND ACCOMMODATION CHARGES OF
THE PARTICIPANTS AND OFFICIALS WILL BE
COVERED BY THE ORGANIZERS.***

Official Hotel & Registration LOCATION

OFFICIAL HOTEL ADDRESS & IFBB Registration (15th Nov 4PM - 09PM) at :

Welcomhotel Rama International

AURANGABAD

Member ITC's hotel group

R-3, Chikhalthana

Aurangabad 431 003

MAHARASHTRA

INDIA

Website : welcomhotelrama.com

NOTE- A hotel security deposit of USD \$100 per person is required upon check-in for incidental and personal expenses that may arise (telephone, mini bar, laundry, damage of room etc.). The unused portion of this deposit will be refunded at check-out in the same currency as remitted.

In order to facilitate matters, the chief delegate or team leader will be asked to provide a credit card or cash to cover the deposit of the entire team. This individual will be fully responsible for all expenses incurred by any member of his/her team.

OFFICIAL DELEGATES PURSUANT TO IFBB RULES

1. THREE (3) OR MORE COMPETITORS – TWO (2) DELEGATES
2. TWO (2) OR LESS COMPETITORS – ONE (1) DELEGATE
3. NATIONAL FEDERATION WITH NO ATHLETE MAY SEND ONE (1) OFFICIAL DELEGATE, WHO WILL BE RESPONSIBLE FOR ALL HIS/HER EXPENSES.

Note- Food and Accommodation of only 2 delegates from each National Federation will be covered by the organizers. In case of more delegates, they will be responsible for his/her expenses and have to inform their presence before the registration ends.

THE TERM “OFFICIAL PARTICIPANT” MEANS:

1. AN ATHLETE, WHO IS DULY AUTHORIZED BY HIS/HER NATIONAL FEDERATION AND WHO IS REGISTERED BY AFBF TO COMPETE IN THE CHAMPIONSHIPS.
2. A DELEGATE, WHO IS DULY AUTHORIZED BY HIS/HER NATIONAL FEDERATION AND WHO IS REGISTERED BY AFBF TO COMPETE IN THE CHAMPIONSHIPS PURSUANT TO AFBF AND IFBB RULES.



REGISTRATION AND REGISTRATION FEE

- 1 Registration and weigh-in will take place on **Friday, November 15th, from 04 pm to 09 pm.**
All athletes will have to produce their Passports & IFBB International Cards at the registration. Any athlete who has not yet purchased or renewed his / her IFBB International Card will have to buy one at registration. At IFBB Diamond Cup India no direct registration will be accepted from athletes, as these must be processed by their respective IFBB -affiliated National Federations.
- 2 Final Entry Forms with athlete names and categories will only be considered if they are sent by respective Federations or the National Federation of the athlete and directly to IFBB Head Office and IFBB Technical Committee.
- 3 The final decision to allow an athlete to compete in this event rests with the IFBB. You will receive your tag or wrist band for athletes and coaches at the registration. All athletes must wear their posing attire during weigh-in for inspection.
- 4 Female competitors must also bring their shoes for inspection. Posing attire and Tanning must be in accordance with the IFBB rules. Any Tanning which can be wiped off is not allowed.

IFBB Registration Fees will be* \$200*****

The fee shall be paid through PayPal/Credit Card to the IFBB via <http://www.ifbb.com/competition-registration> (no later than November 04th), or either collected by an appointed IFBB Official at the registration.



PARTICIPATION

It is also the **FULL OBLIGATION AND RESPONSIBILITY** of a National Federation to **MONITOR ALL THE ATHLETES** affiliated to this National Federation who are actually fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes **WILL NOT REGISTER/ COMPETE/ OR PARTICIPATE IN ANY CAPACITY** in any event either at National or International level, Official or Invitational.

VISAS

A valid passport is required to enter India. An Official Letter of Invitation will be made available if required. It is responsibility of National Federation to obtain an entry visa for the country organizing the championship. All National Federations could ask for an invitation letter either to the Championship Organizer or IFBB. The invitation letter does not mean you are granted your visa. IFBB and Championship organizer are not responsible of attendant's visas. To receive invitation letter, the applicant should forward the following information to the IFBB or Championship organizer a copy (scan) of his/her passport.

If the visa is not granted, the Cancellation Policies for the championship will still apply.

An athlete, who requested and received an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned event for visa purposes and use this visa to unlawful stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures.

The relevant National Federation is responsible to carefully control the proper, legal use of the visa by its athlete and it will be subjected to a fine and /or a suspension, in case of any misuse and /or unlawful utilization of the same visa.



RULES

IFBB Diamond Cup India is arranged according to the rules set by the IFBB, AFBF and IBBFF

AWARDS

Top 3 winners will be felicitated by Medal, Trophy and Certificate. 4th, 5th and 6th place winners will be felicitated by Certificates.

RANKING : Top 5 athletes in Men's and Women's senior categories will be awarded points to the 2019 IFBB World ranking according to the World ranking Rules. Overall winners or open category winners in Men's Physique, Muscular Men's Physique, Classic Bodybuilding and Bodybuilding as well as in Women's Physique, Women's Body-fitness, Women's Bikini Fitness and Women's Wellness Fitness are eligible to apply for the IFBB Elite Pro Card through their National Federations

12 IFBB PRO ELITE CARDS

12 senior overall categories will be awarded with the IFBB Elite Pro Card (after application through their National Federation): Women's Bikini Fitness – 1 Elite Pro Card, Women's physique – 1 Elite Pro Card, Women's body fitness – 1 Elite Pro Card, Men's physique – 3 Elite Pro Card, Men's bodybuilding – 3 Elite Pro Card, Classic Men's bodybuilding– 3 Elite Pro Card.

IMPORTANT NOTICE:

In case of participation below the minimum number of participants required in the particular category the athletes in that category will not be given the IFBB Elite Pro Card.

***All rights are reserved with the organizers**

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage

JUDGES

Each of the participating national federations may nominate IFBB International judge. To be taken into consideration during selection of judges panels at the competition, IFBB International Judge must be included in the final entry form sent by the National Federation, according to the IFBB rules. For more information, you may please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com
IFBB International Judges must have a valid IFBB judges card with the IFBB yearly judges fee for 2019. This fee may be paid at the Chamionships in the Diamond Cup India 2019.

POSING MUSIC

All posing music must be on CD audio/MP3/Pendrive. The posing music must also be at the start of the CD. Each competitor must affix his name on the CD for easy identification. The use of profane, vulgar and offensive language is strictly prohibited in posing music.

IMPORTANT NOTICE TO COMPETITORS

Athletes participating at Diamond Cup INDIA will be given a wristband at the Official Athlete registration on **Friday, 15th November 2019**. This wristband has to be worn during your whole stay, will allow you in and out of the backstage area, and should not be removed. Access in the competition hall will be permitted only for ticket holders available on that day!

BACKSTAGE ACCESS

Access to the backstage and / or dressing room areas shall be strictly limited to essential Personnel, official Delegates/Trainers. Possessing the Backstage Pass will be allowed to enter the backstage area. These passes will be also on sale on Friday, November, 15th 2019 at the Athlete Registration area.

Please Note: There will be a limited number of extra Backstage Passes available at the Official Athlete Registration which can be purchased for Rs. 2000 each. This pass will allow the holder to go in and out of the venue during the weekend and will give access **ONLY** in backstage allocated seating area. This pass (wristband) has to be worn during your whole stay!

CAMERA/VIDEO EQUIPMENT

Camera and/or video recording equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by authorized media representatives, and in any event, these devices shall be strictly prohibited in dressing room areas.



About The Organizers

IFBB –International Federation of Bodybuilding Fitness

- Recognized by the OCA (Olympic Council of Asia)
- Affiliated to National Federations of 197 countries
- Member of Sport Accord
- Member of International World Games Association (IWGA)
- Member of the World Anti-Doping Agency
- Anti-doping program is in full compliance with the WADA Code.

AFBF –Asian Federation of Bodybuilding and Fitness

- Recognized by the Olympic Council of Asia (OCA)

IBBFF –Indian Bodybuilding and Fitness Federation

- Recognized by Association of Asian Beach Games
- Recognized AGB through Indian Olympic Association

Event Introduction

- The Global IFBB Diamond Cup INDIA –Body Building Event is coming to India for the second time
- IFBB Diamond Cup 2019 is an official bodybuilding event, which will be organized by The Indian Body Building and Fitness Federation
- This most awaited event is an opportunity for aspiring bodybuilders to showcase their *hard-earned physique*.

Event Facts

IFBB DIAMOND CUP & FITNESS EXHIBITION 2019, INDIA.

Date: 15th to 18th November 2019.

DIAMOND CUP & FITNESS EXHIBITION

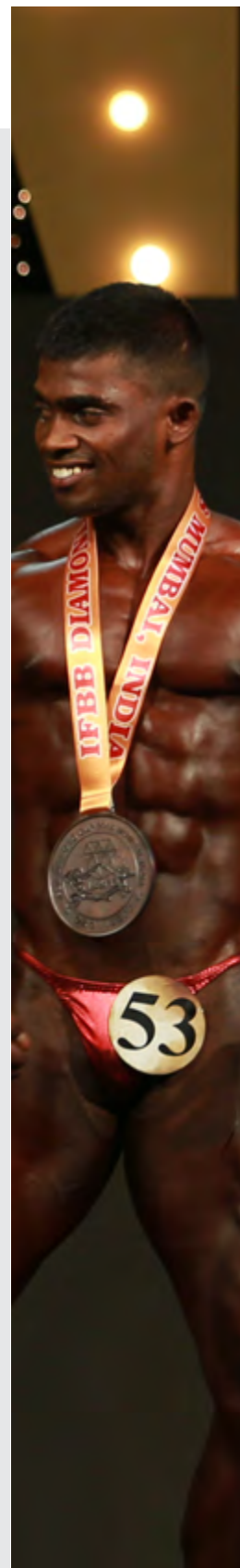
Championship Days 16th and 17th November 2019

Time: 02.00 PM -10.00 PM

Venue :

Divisional Sports Complex, Garkheda, Aurangabad. Maharashtra, 431005.

Note : Registration will be at your arranged Hotel from 04 PM onward on Friday, 15th November 2019.





Categories

Women

Women's Bikini Fitness –1 Elite Pro Card Open Class

Women's physique –1 Elite Pro Card Open Class

Women's body fitness –1 Elite Pro Card Open Class

Men

Men's physique –3 Elite Pro Card

Up to & incl. 171 cm

Up to & incl. 175 cm

Up to & incl. 180 cm

Over 180 cm





Men's bodybuilding –3 Elite Pro Card

Up to & incl. 60 kg

Up to & incl. 70 kg

Up to & incl. 80 kg

Up to & incl. 85 kg

Up to & incl. 90 kg

Up to & incl. 100

Over 100 kg

Classic Men's bodybuilding–3 Elite Pro Card

Up to & incl. 171 cm

Up to & incl. 175 cm

Up to & incl. 180 cm

Over 180 cm





Tentative Event Schedule

15th November 2019

- Arrivals
- Weighing in the evening (4 PM –9 PM) at the Hotel
- Note: Registration will be at the Hotel

16th November 2019

- Opening Ceremony
- Championship Day 1 (2PM –10PM)
- Parallel Health & Fitness Exhibition (10AM –7PM)
- Parallel Price Distributions

Venue: Divisional Sports Complex, Garkheda, Aurangabad. 431005.

17th November 2019

- Championship Day 2 (2PM –10PM)
- Parallel Health & Fitness Exhibition (10AM –7PM)
- Parallel Price Distributions

Venue: Divisional Sports Complex, Garkheda, Aurangabad. 431005.

18th November 2019

- Departures for their respective Countries.



Glimpses of IFBB Diamond Cup India 2018



IFBB DIAMOND CUP INDIA, 13TH - 14TH OCT 2018, MUMBAI, INDIA. ORG BY IBBFF. COPYRIGHT © IBBFF 2018



IFBB DIAMOND CUP INDIA, 13TH - 14TH OCT 2018, MUMBAI, INDIA. ORG BY IBBFF. COPYRIGHT © IBBFF 2018

Final Entry Form (FEF)

The deadline for the Final Entry Form is Wednesday, October 30th 2019. National Federation must submit the actual names of all Official Participants (athletes by discipline and category, Delegates, including judges). You must also include arrival and departure information. In order to guarantee hotel accommodation for your team, the final entry form must be returned not later than the deadline. Your cooperation is essential to ensuring your accommodation at the hotel and adequate transportation for your team.

IF THE FINAL ENTRY FORM RETURNS TO THE ORGANIZING COMMITTEE AFTER 30TH OCTOBER 2019 THEN THE NATIONAL FEDERATION WILL HAVE TO PAY THE FULL PACKAGE IN A DOUBLE ROOM OR IN A SINGLE ROOM FOR EACH MEMBER IF ITS NATIONAL TEAM (ATHLETES AND DELEGATES).

CORRESPONDENCE AND ENTRY FOR SENDING DETAILS

INDIAN BODY BUILDING & FITNESS FEDERATION

Plot. No. C3, Town Center, N-1, Aurangabad, Maharashtra

Mob. no. +91 9011027074

E-mail: ibbf_sanjaymore@live.com

contact@ibbff.com

Website- www.ibbff.com

COPY ALL CORRESPONDENCE TO

IFBB Head Office- Madrid, Spain

Ms. Diana Mozoz Phone: +34 915352819

E-mail: info@ifbb.com

IFBB Technical Committee, Mr. Andrew Michalak:

amichalak5@gmail.com

It is the responsibility of the President or General Secretary of each participating National Federation to ensure that all National Team Members (athletes, delegates, extra delegates) are fully aware of the rules and regulations governing participation at this Championships, to include the statements contained within this inspection report. If any of your athletes and/or delegates are travelling and arriving separate from your team manager or chief delegate, you must ensure they are familiar with the rules and regulations contained within the inspection report.

