



Angela Borges

★ ★ FITNESS CUP ★ ★

ABERTO MUNDIAL 2020

FEBRUARY
14 . 15 . 16

INSPECTION
REPORT



INSPECTION REPORT



WELCOME

Athlete ELITE PRO Angela Borges, IFBB International President Dr. Rafael Santonja, IFBB Brazil President Mauricio de Arruda Campos, and the Event Founder and President of IFBB Santa Catarina, Mrs. Taise Presotto Ferreira, welcome you to the Event: ANGELA BORGES FITNESS CUP.

PLACE

Infinity Blue Resort & SPA is located in Balneário Camboriú / SC, in Praia dos Amores, the resort is a complex that brings together a variety of entertainment, adventure, gastronomy, leisure and rest options for guests and locals alike. In an exclusive beach surrounded by lush nature, it offers a unique and different experience for those who seek to live unforgettable moments with friends, two or family.

<https://www.infinityblue.com.br/>

@infinityblueresortspa

Infinity Blue Resort & Spa, 1000 Queen's Road,
Balneário Camboriú /SC



HOW TO GET

AIRPLANE

Navegantes Airport (NVT): distance of 22 Km

Florianopolis Airport (FLN): distance of 90 Km

Joinville Airport (JOI): distance of 105 Km

* Santa & Bella Agency will be offering airport transfer services to the Event Accredited Hotels (for contact details)

SANTA & BELLA RECEPTIVE TOURISM

sales@santaebella.com.br

Whatsapp: (47) 992041116 / (47) 33446792

PARTICIPATION

The 199 IFBB-affiliated National Federations are eligible to register athletes for the ANGELA BORGES FITNESS CUP. The number of participating athletes is unlimited. Remember that ONLY athletes who are approved and nominated / summoned by their National Federation are accepted.

Please be aware that it is the NATIONAL FEDERATION'S RESPONSIBILITY AND OBLIGATION to verify that each of the athletes registering for this international event is NOT suspended or ineligible for any violation of the anti-doping rule or any disciplinary case at national or international level.

RECOMMENDED HOTELS

INFINITY BLUE RESORT & SPA

RESERVATIONS: reservas@infinityblue.com.br
(47)3261 0300

APART SUPERIOR SGL (1 child from 06 to 12 years old courtesy)	US\$ 172,16 - full board
APART SUPERIOR DBL (1 child 06-12 years complimentary)	US\$ 229,47 - full board
APART SGL LUXURY (1 child 6 to 12 years old courtesy)	US\$ 222,61 - full pension
APART DBL LUXURY (1 child 06-12 years old courtesy)	US\$ 286,79 - full pension
APART LUXURY TPL (1 child 06-12 years complimentary)	US\$ 372,76 - full board
APART SUPER LUXURY SGL (2 children 06-12 years old courtesy)	US\$ 292,61 - full board
APART SUPER LUXURY DBL (2 children 06-12 years old courtesy)	US\$ 390,00 - full board
APART SUPER LUXURY TPL (2 children 06-12 years complimentary)	US\$ 507,08 - full board

Full Board: Breakfast, lunch and dinner

- Check in 15hrs and check out 12hrs;
- ISS (Service Tax) is charged 2.5% on daily rates.
- The resort charges a 3% service charge.
- Drinks are separate according to the letter of the day.
- Room Tax - Tourism Tax launched - optional payment contribution to the Municipal Convention & Visitors Bureau for tourism incentives, US\$ 0,62 per night.

HOTEL D`SINTRA

Reservations: (47) 21044080 / 21044000
www.hoteldsintra.com.br

Single Lateral Luxury	US\$ 84,32
Double / Double Luxury Side	US\$ 94,77
Triple Side Luxury	US\$ 115,92

Check in: 2:00 pm / Check out: 12:00 pm.
Breakfast is included in the daily rate when served in the hotel's coffee lounge. Valet parking US\$ 6,71 per vehicle / day

CENTROMAR HOTEL

Reservations: (47) 33671816 / 9 91795123
Reservations2@centromarhotel.com.br
www.centromarhotel.com.br

SGL	US\$ 41,29
DBL	US\$ 49,75
TPL	US\$ 64,67
QDPL	US\$ 74,12
Suit. Exec	US\$ 57,46
Suit. Luxury	US\$ 78,35
CHD 06 a 09	US\$ 7,96

Payment: 50% in advance via deposit or card and remaining balance at check-in.
Or the total amount at 06x on the interest free card.

Or to match

*** - The reservation is only guaranteed by sending the deposit slip and sending the booking confirmation by the hotel.

INCLUDED IN:

- Buffet breakfast;
- Heated pool, games room, tv room, kids space, wifi internet in fit and social areas;
- Hot water machine and microwave in the overshoot for common use by guests;

MARAMBAIA HOTEL E CONVENÇÕES

Reservas: (47) 991929608, eventos@marambaia.com.br

Apartamento individual (01 adulto)	R\$ 345,00
Apartamento duplo (02 adultos)	R\$ 383,00
Apartamento triplo (03 adultos)	R\$ 503,00
Apartamento quadruplo (04 adultos)	R\$ 613,00

Café da manhã incluso, Tarifa NET, Horário de check-in: a partir das 15h, Horário de check-out: até as 11h.

Amounts reported by hotels may change according to US dollar quotation on the day of booking.

OTHER NEXT HOTELS

Canto da Brava - (47) 2033-9968

Hotel and Guest House Reimar – (47) 3360-6410

Guest House Ondas da Brava – (47) 3366-1970

Camboriu Beach – (47) 3263-9000

The Woods Hotel - (47) 3367-0211

Positive Hostel - (47) 3081-1272

H Hotel - (47) 3056-9601

Hamburg Palace - (47) 3367-1585

San Marino Casino - (47) 3360-0000

Brut By Slavieiro Hotel – (47) 3081-9600

NOTES

- It is important to bring bed and bath linen, since any ink stain will be charged by the athlete's hotel.
- IFBB Santa Catarina president, Taise Presotto Ferreira, clarifies that each athlete will be responsible for the reservation and the cost of their accommodation.
- Travel, transportation and meal costs are the sole responsibility of each athlete.

IMPORTANT INFORMATION

OFFICIALS AND OFFICIAL DELEGATES MUST BOOK HOTEL ON THEIR OWN. Please book your stay in advance to avoid embarrassment.

REGISTRATION FEE

The registration fee is USD \$200 and must be paid in advance online by credit or debit card through <http://www.ifbb.com/competition-registration/> by FEBRUARY 03rd, 2020. Please register your name during online payment and bring a copy of the payment confirmation to be presented during weighing upon registration. **The online payment system will be switched off on February 03rd, 2020, 24:00 (midnight, CET > UCT + 1).** If paying at the Registration on February 14th, 2020, it will be USD \$250 per participant. **Crossovers (second category): additional EUR €100 per person will be charged.**

IFBB CARD

It is mandatory for all athletes to present their IFBB International Card with the seal of 2020. Athletes who do not have the IFBB Card or those who have, but do not have the stamp for the year 2020, must pay the international annuity. weighing in the amount of USD \$45.

MUSIC

Music must be delivered on USB (MP3) only.
The use of profane, vulgar and offensive language is strictly prohibited in performing music.

REGISTRATION AND WEIGH-IN

Official Athlete Registration will take place on February 14th, 2020 (Friday) at D`SINTRA HOTEL (Avenida Atlantica, 1040, Centro, Balneario Camborui / SC) - Cascais Room from 09:00 to 18:00 hrs, and will be run in the following order:

SCHEDULE	CATEGORIES
09:00	Culturismo Clássico, Games Classic e Classic Physique
11:00	Culturismo Senior
13:00	Body Fitness, Women`s Physique e Fitness Coreográfico
14:00	Wellness Fitness

15:00	Bikini Fitness
16:00	Muscular Physique
17:00	Men's Physique

It is the team delegate's responsibility to ensure that athletes arrive on time. Late athletes will not be accepted to participate.

All athletes will be required to present their IFBB passports and international cards at the time of registration. IFBB international cards cost USD \$45 per year and are mandatory. Any athlete who has not yet purchased this card will have to buy one at the time of registration.

Travel, transportation and meals costs are the responsibility of the athlete and / or official delegate. Check out more information with your State Federation. The list of recommended hotels and contacts are offered in this document.

AMATEUR COMPETITION TIME

The event will be held on the following days:

Saturday, February 15th, 2020

Start - 10:00 to 22:00 - Semifinals and Finals

Access to the venue for warming-up and tanning from 08:00

Sunday, February 16th, 2020

Start - 10:00 to 18:00 - Semifinals and Finals

Access to the venue for warming-up and tanning from 08:00

IFBB ELITE PRO COMPETITION TIME

Sunday, February 16th, 2020

Start - 19:00

More schedule information and other competition details will be available at www.ifbb.com; or with your state federation.

Each athlete participating in the championship and official delegates will receive a wristband for access to the competition venue during the 2 (two) days of the event, the wristband must not be removed.

Travel, transportation and meals costs are the responsibility of the athlete and / or official delegate. Check out more information with your State Federation. The list of recommended hotels and contacts are offered in this document.

BODY TANNING

PROTAN BRASIL WILL PROVIDE THIS SERVICE TO ATHLETES:

CONTACT: WhatsApp +55 (11) 99987.8625

Service description

Pro Tan® will offer 2 layers of bronze, Show Shine application (Finishing shine) and Bikini Bite (bikini glue) and any touch up if necessary.

Overnight Competition Color, Bikini Bronze, Physique Bronze and Bodybuilder Bronze will be used according to each athlete's skin tone and category.

Pro Tan® has the best materials and the most experienced sprayers in Brazil to provide a perfect bronze!

Values:

1st Lot: From December 1st until December 31th, \$65

2nd Lot: From January 1st to Championship Day: \$75

Link to purchase: <https://protanbr.com.br/produto/angela-borges-fitness-cup-2020/>

JUDGES

To participate in the Judging Panel, IFBB International Judges must be included in the Entry Form (completed by the National Federation) in accordance with IFBB rules.

IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of USD \$60 paid for 2020. This fee may also be paid at the Registration in Balneário Camboriú.

All judges shall be present at the Team Managers and Judges Meeting. Any judge absent from the Meeting will not be able to judge at the championship.

Brazilian Referees: International referees will be called upon by the board of the Brazilian Bodybuilding and Fitness Confederation with the consent of the National Judging Director.

BACKSTAGE ACCESS

Access to backstage will be strictly limited to support staff (official delegates).

Green cards, used to limit access during prejudging and finals, will be distributed at the Team Managers and Judges Meeting, in the following way:

Five (5) or more athletes: two (2) Green Cards

Less than five athletes: one (1) Green Card

ACCESS OF TECHNICIANS AND COACHES

Technicians and trainers will be required to gain access at Weighing / Registration

Value Access: \$60

* Must be purchased during Official Athlete Registration on 14 February 2020.

PHOTO / VIDEO CAMERA

Professionals interested in registering for the event should contact us by phone:
(47) 9 97276876

The use of photography and video equipment in the dressing room and / or locker room is strictly prohibited, except when used by persons authorized by IFBB and in any case these devices are prohibited in backstage.

VISA

Passports from 90 countries do not require a visa to Brazil for a period of 90 days. To check, visit <http://www.portalconsular.itamaraty.gov.br/images/qgrv/QGRV-simples-ing-Aug02.pdf>. For other countries Brazil offers a special type of visa for athletes and companions. Please contact the Brazilian embassy in your country. An official invitation letter will be available if required. Send email to secretaria.ifbb@gmail.com; angelaborgesfitnesscup@gmail.com

An athlete, on an official team of his national federation, who requests and receives an invitation letter from the IFBB official office or the organizing committee of an IFBB-sanctioned event for visa purposes and uses this visa to illegally stay in the country, host or in any other country, will be subject to disciplinary action and procedures. The corresponding National Federation is responsible for carefully monitoring the correct and legal use of the visa by your athlete and will be subject to a fine and / or suspension in the event of any misuse and / or illegal use of the visa.

TIME ZONE

UTC / GMT - 3 hours

CURRENCY

The official currency in Brazil is the "Real" (BRL) or (R\$)
USD \$1.00 = approximately BRL 4.18 (as for mid Nov. 2019)
EUR €1.00 = approximately BRL 4.58 (as for mid Nov. 2019)
Current rates at: <https://x-rates.com/table/?from=BRL&amount=1>

CREDIT CARDS

International credit cards such as Visa, Master and American Express are widely accepted in major hotels, shops and restaurants. You may need to present your passport at the time of payment.

ELECTRICITY

220 V, 60 Hz, type C or N plugs. Check at: <https://www.worldstandards.eu/electricity/plug-voltage-by-country/brazil/>

LANGUAGE

The official language in Brazil is Brazilian Portuguese

CLIMATE

Summer in Balneario Camboriu begins from December until March, and it is during this time that the temperature begins to rise. January and February are marked by warmer months, very hot and fast showers in the late afternoon.

Summer is one of the best times to visit the city, because, besides the blue sky, the weather remains pleasant throughout the day, with temperatures between 21° and 32°C.

FINAL ENTRY FORM

Brazilian athletes

Email the State Federation where you are affiliated.

International Athletes

Contact your National Federation to be approved.

National Federations

The deadline to submit the Final Entry Form is February 03rd, 2020. Send to:

Organizing Committee:

IFBB SANTA CATARINA

Secretary: Mr. Felipe Assumpção
E-mail: secretaria.ifbbsc@gmail.com
angelaborgesfitnesscup@gmail.com

INTERNATIONAL FEDERATION OF BODYBUILDING AND FITNESS

Head Office:
Ms. Diana Mozos:
Email: info@ifbb.com
and
IFBB Technical Committee
Eng. Andrew Michalak
E-mail: amichalak5@gmail.com

CATEGORIES OPEN AT THE ANGELA BORGES FITNESS CUP

MALE CATEGORIES

**MEN'S BODYBUILDING
JUNIORS - AGE 16-23 YEARS**
Open

**MASTERS - AGE 40 YEARS &
OVER**
Up to & incl. 80 kg
Over 80 kg

MEN (SENIORS)
Up to & incl. 70 kg
Up to & incl. 75 kg
Up to & incl. 80 kg
Up to & incl. 85 kg
Up to & incl. 90 kg
Up to & incl. 95 kg
Up to & incl. 100 kg
Over 100 kg

**MEN'S GAMES CLASSIC BODY-
BUILDING**
Up to & incl. 175 cm
Over 175 cm

**MEN'S CLASSIC BODYBUILDING
JUNIORS - AGE 16-23 YEARS**
Open category

**MASTERS - AGE 40 YEARS &
OVER**
Open category

MEN (SENIORS)
Up to & incl. 171 cm
Up to & incl. 175 cm
Up to & incl. 180 cm
Over 180 cm

MEN'S CLASSIC PHYSIQUE
Up to & incl. 171 cm
Up to & incl. 175 cm
Up to & incl. 180 cm
Over 180 cm

**MEN'S PHYSIQUE
JUNIORS- AGE 16-23 YEARS**
Up to & incl. 174 cm
Over 174 cm

**MASTERS - AGE 40 YEARS &
OVER**
Open category

MEN (SENIORS)
Up to & incl. 170 cm
Up to & incl. 173 cm
Up to & incl. 176 cm
Up to & incl. 179 cm
Up to & incl. 182 cm
Over 182 cm

MUSCULAR MEN'S PHYSIQUE
Up to & incl. 175 cm
Over 175 cm

MEN'S FITNESS
Open category

CHILDREN FITNESS - BOYS
Open category

CATEGORIES OPEN AT THE ANGELA BORGES FITNESS CUP

FEMALE CATEGORIES

BODYFITNESS WOMEN (SENIORS)

Up to & incl. 163 cm
Up to & incl. 168 cm
Over 168 cm

MASTERS - AGE 35 YEARS & OVER

Open category

WOMEN`S PHYSIQUE WOMEN (SENIORS)

Up to & incl. 163 cm
Over 163 cm

MASTERS - AGE 35 YEARS & OVER

Open category

WOMEN`S FITNESS

Open Category

CHILDREN FITNESS - GIRLS

Open Category

BIKINI FITNESS WOMEN (SENIORS)

Up to & incl. 160 cm
Up to & incl. 164 cm
Up to & incl. 169 cm
Over 169 cm

JUNIORS - AGE 16-23 YEARS

Open Category

MASTERS - AGE 35 YEARS & OVER

Open Category

WELLNESS FITNESS WOMEN (SENIORS)

Up to & incl. 158 cm
Up to & incl. 163 cm
Up to & incl. 168 cm
Over 168 cm

JUNIORS - AGE 16-23 YEARS

Open category

MASTERS - AGE 35 YEARS & OVER

Up to & incl. 163 cm
Over 163 cm

CATEGORIES OPEN AT THE ANGELA BORGES FITNESS CUP

MALE CATEGORIES

Men's Bodybuilding
Men's Classic Bodybuilding
Men's Games Classic Bodybuilding
Men's Classic Physique
Men's Physique
Muscular Men's Physique

FEMALE CATEGORIES

Women's Bikini Fitness
Women's Wellness Fitness
Women's Bodyfitness
Women's Physique

AWARDS

TOP 6 in each category will receive a trophy

OVERALL in each discipline will receive a trophy

TOP 5 in each male and female category, senior division, will score for the 2020 IFBB World Ranking according to the rules available at www.ifbb.com

IFBB ELITE PRO CARD for OVERALL WINNERS

TENTATIVE SCHEDULE

Friday, February 14th, 2020

09:00 to 18:00 hrs - Official Athlete Registration: HOTEL D`SINTRA

18:30 - Team Managers and Judges Meeting

20:00 - WELCOME MEETING HOTEL D`SINTRA

Saturday, February 15th, 2020

10:00 to 21:00 hrs - Semifinals and Finals, part 1*

Sunday, February 16th, 2020

10:00 to 18:00 hrs - Semifinals and Finals, part 2*

19:00 pm - IFBB ELITE PRO COMPETITION

* Running Order will be published soon

DOPING CONTROLS

Doping control will be conducted by the IFBB Anti-Doping Commission pursuant to the IFBB Anti-Doping Rules, using a WADA accredited laboratory.

In order to compete in the Championships, all competitors at the weigh-in and registration will be required to sign a Drug Testing Consent & Waiver of Liability Form (available in the appendix).

Doping tests may be conducted using any of the following methods:

- Random Selection: A number of athletes selected at random throughout the event e.g. at weigh-in.

- Weighted Selection: A number of athletes selected at random from among the top finalists e.g. at finals.

- The IFBB reserves the rights to target test any athlete.

The IFBB is a signatory to the WADA Code. Participating National Federations have a duty and an obligation to ensure that their national team athletes are competing drug-free at the IFBB international competitions.

PHOTOGRAPHER

Official Company IFBB 2C Studio (@ 2cstudio)

Photographer: Leandro da Silva

Phone: +55 62 98325-2485

The photographic service can be scheduled directly with the photographer at the register and weighing or by the phone number above.

ATTENTION: The use of professional or semi-professional film or photography equipment by non-accredited persons will not be allowed in all venues of the event.



resultado



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