



2020 IFBB WORLD CHILDREN FITNESS CHAMPIONSHIP

**ČAČAK, SERBIA
OCTOBER 23rd - 25th, 2020**

INSPECTION REPORT



WELCOME:

The Organizing Committee of the SERBIAN FEDERATION OF BODY BUILDING AND FITNESS extends a warm welcome to all IFBB-affiliated National Federations planning to participate in the 2020 IFBB World Children Fitness Championship:

ČAČAK, SERBIA, OCTOBER 23rd - 25th, 2020.



Serbia has connected West with East for centuries – a land in which civilizations, cultures, faiths, climates and landscapes meet and mingle.

It is located in the centre of the Balkan Peninsula, in southeastern Europe. The northern portion belongs to central Europe, but in terms of geography and climate it is also partly a Mediterranean country. Serbia is landlocked but as a Danube country it is connected to distant seas and oceans. Serbia is a crossroads of Europe and a geopolitically important territory. The international roads and railway lines, which run through the country's river valleys, form the shortest link between Western Europe and the Middle East.

From the agricultural regions of the Pannonian Plain in the north, across the fertile river valleys and orchard-covered hills of Šumadija, the landscape of Serbia continues southward, gradually giving way to mountains rich in canyons, gorges and caves, as well as well-preserved forests. Serbia's beautiful mountains, national parks, rivers and lakes are the perfect location for an active outdoor holiday – from hunting and fishing to extreme sports.

Many times during its rich, centuries-long history, Serbia has been at the centre of Europe's and the world's attention, out of all proportion to its modest size, economic might and number of inhabitants. Many lessons on bravery, patriotism and the struggle for freedom can be learned wherever you turn in Serbia, as you pass through its cities and regions.

The cultural and historical heritage of Serbia begins with prehistoric archaeological sites and its legacy from classical antiquity. Perhaps its greatest riches, though, are in the many mediaeval Serbian churches and monasteries, some of which are included on the UNESCO World Heritage list.

All year round, numerous cultural, entertainments, traditional and sporting events are held in Serbia, demonstrating the creative power and spiritual vitality of this country.

Today, Serbia is a modern, democratic European country, on the path to membership of the European Union, which a diverse range of visitors – from young backpackers to participants in congresses and fairs – visit every day.

ČAČAK – A HISTORICALLY RICH

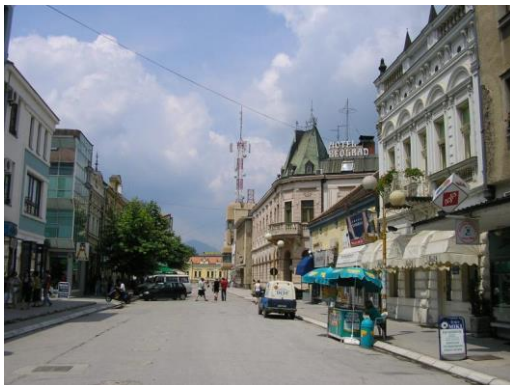


Serbia can be felt in every pore, every brick and every tree of Čačak. It is a small town on the river Morava, enclosed by the mountains of Jelica, Vujan, Ovcар and Kablar. In historical and geographical sense, a lot can be seen in this town. Čačak was built on remains of a former Roman settlement. This fact was verified by many findings such as Roman hot baths, monuments to Jupiter, and numerous “villae rusticae”, that is agricultural estates of the Roman Empire. Nearby, on the Jelica Mountain, there is a huge archaeological site, named Gradina, which is yet to reveal its hidden secrets.

As far as “newer history” is concerned, a protected natural attraction, packed with monasteries and churches and known as the Ovcар-Kablar canyon, lies near Čačak, making it the holy ground of Serbia. A neighboring town of Dragacevo, is placed nearby as well, and it is the venue of the famous Guca festival. Each year, the festival is visited by over half a million people.



Čačak from the air



A street in Čačak city center



Čačak by night

CULTURAL AND HISTORIC SIGHTS

The National museum, The Jovana Obrenovic residence (1835), The "Nadezda Petrovic" art gallery, The Town library, Roman hot baths (4th century), A unique monument dedicated to the soldiers of the First World War (1934), The Tanasko Rajic monument, A monument dedicated to participants of the Hadzi-Prodan rebellion, The duke Stepa Stepanovic monument. There are also the monasteries of Ovcар and Kablar such as: St. John's Monastery (1536), St. Nicholas Monastery (14th century), The Vujan Monastery, The Holy Trinity Monastery (16th century), St. Sava's church (1938).



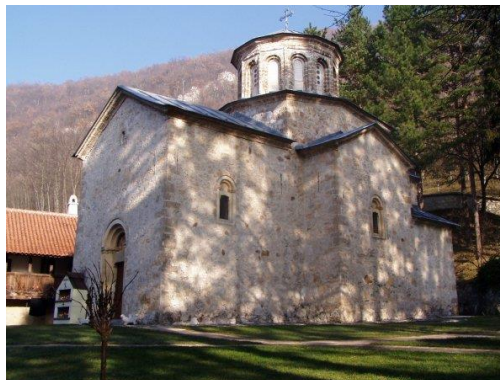
The National Museum in Čačak



The Tanasko Rajić monument



The Nikolje Monastery



The Monastery of the Holy Trinity

EVENTS

The Vladislav Petkovic Dis Spring (May), The Assembly of Serbia's pipers "Oj Moravo" (July), The Nadezda Petrovic memorial (Autumn), The "Čačak" art colony (Summer), The "Serbian holy mountain" festival in the Ovcara spa (July).

ČAČAK SURROUNDINGS

It may as well be concluded that a town like Čačak, surrounded by such dazzling slopes of Jelica, Vujan, Ovcara and Kablar, has a surplus of natural attractions. When speaking about the Ovcara-Kablar canyon, its monasteries are of exceptional beauty, and sights that shouldn't be missed! Of course, there is the "Grujine livade" picnic site, situated on the Jelica Mountain, and unavoidable healing waters of Ovcara, Slatina and Gornja Trepča spas. The latter being famous for its mineral water, thus often referred to as the "Atomic spa".



Ovcara-Kablar Gorge near Čačak



View from Kablar mountain

ACCOMMODATION

OFFICIAL HOTEL: Hotel „Livade“, Preljina, Čačak

Hotel "Livade"

Preljina b.b. 32000 Čačak, Srbija

Telefon: +381 32 381 088

Telefon: +381 32 381 095

Fax: +381 32 381 954

Mob: +381 63 665 142

E-mail: info@hotellivade.com

<http://hotellivade.com>

Official delegates and competitors will be accommodated at the Hotel “Livade”. Hotel has enough beds and is also available for all extra delegates and supporters that wish to be at the same Hotel as the athletes and official delegates.



Hotel „ BEOGRAD „ - Čačak

Tel: +38132 324 594

Email: office@hotelbeograd.rs



IMPORTANT NOTICE

Only the Organizing Committee is authorized to arrange hotel reservations (including accommodations before the Official Arrival Date of Friday, October 23rd, 2020. and/or after the Official Departure Date of Sunday, October 25th, 2020) for all Official Participants (Athletes and Delegates) and extra delegates.

ACCOMMODATION

The Organizing Committee will provide free-of-charge accommodations and three meals per day for Official Delegates pursuant to the following IFBB rules:

Three (3) or more competitors = two (2) delegates

Two (2) competitor or less = one (1) delegate

The term "Official Participant" means 1) an Athlete who is duly authorized by his or her National Federation and who is registered by the IFBB to compete in the Championships in A-Team or B-Team, and 2) a Delegate who is duly authorized by his or her National Federation and who is registered by the IFBB to participate in the Championships in A-Team or B-Team pursuant to IFBB Rules.

National Federations with no athlete(s) may send one (1) official delegate; however, this delegate will be responsible for all of his or her own expenses.

All Athletes and Delegates will be accommodated in double rooms (two persons per room) and triple rooms (three persons per room).

The Official Arrival Date is Friday, October 23rd, 2020.

The Official Departure Date is Sunday, October 25th, 2020.

IMPORTANT NOTICE

All National Team Official Participants (Athletes and Delegates) must check-in BEFORE the start of the Registration; by Friday, October 23rd, 2020. 17:00 hrs. Any Official Participant not checked-in by this deadline will be classified as an “extra delegate” and will be responsible for all of his or her expenses.

Any judge, coach, or trainer who is not an Official Participant will be responsible for all of his or her own expenses. If your National Federation wishes to bring a judge, coach, or trainer, it is recommended that your Federation select this individual to be a member (e.g. delegate) for your Federation; otherwise, these individuals will be responsible for all of their own expenses. The same rule applies to all family members. **NO EXCEPTIONS WILL BE MADE UNDER ANY CIRCUMSTANCES.**

SPECIAL & GROUP PACKAGES

SPECIAL PACKAGE RATES FOR EXTRA DELEGATES, SUPPORTERS, MEDIA AND OTHERS:

The Organizing Committee has established a Full Special Package Rate, which includes two (2) nights' accommodations with three (3) meals per day (breakfast, lunch and dinner), tickets to the Prejudging and Finals, tickets to the Farewell Banquet, and onsite transportation* at a cost of EUR €200 per person.

The Organizer has also established a Partial Special Package Rate, which includes tickets to the Prejudging and Finals, tickets to the Farewell Banquet, and onsite transportation* at a cost of EUR €100. Onsite transportation* - limited to transportation between the competition venue site and official hotel for the Prejudging and Finals.

VENUE SITE:



**SPORTS HALL OF THE "ZRČAK" INSTITUTION
NUSICEVA 24, ČAČAK**

OFFICIAL AIRPORT



NIKOLA TESLA

BELGRADE AIRPORT

Phone number: +381 (0)11 209 4444

120 km far from Čačak - with the new highway you can reach Čačak from Belgrade in an hour!

Please be advised that the OFFICIAL AIRPORT of the World Children Fitness Championships in Čačak (Serbia) will be the Nikola Tesla Airport, Belgrade.

The organizer will arrange for those National Delegations arriving to the Nikola Tesla Airport, Belgrade, special Shuttle Bus on the following conditions:

1. The collecting point will be at the terminal no. – to be advised.
2. The price per person, two-way (airport-hotel-airport), will be EUR €60
3. The deadline of booking this service will be October 14th, 2020.
4. Without the confirmation by the organizer, no person or official participant will be able to use this shuttle. Please make sure that you have received the booking confirmation.

Please notify the Organizing Committee of the details of your arrival time by October 14th, 2020, so that suitable transportation can be arranged for your National Team members.

IF YOU DO NOT COOPERATE BY PROVIDING THE ORGANIZING COMMITTEE WITH THE DETAILS OF YOUR ARRIVAL, YOU MAY NOT BE TRANSPORTED IN A TIMELY MANNER FROM THE NIKOLA TESLA AIRPORT BELGRADE TO HOTEL "LIVADE".

EARLY ARRIVALS/LATE DEPARTURES

The Official Arrival Date is Friday, October 23rd, 2020.

The Official Departure Date is Sunday, October 25th, 2020.

Any National Federation, including any of its individual team members, arriving before the Official Arrival Date of October 23rd, 2020. and/or staying on after the Official Departure Date of October 25th, 2020. will be responsible for all of their own expenses, including arranging their own transportation between the airport and the hotel.

IMPORTANT NOTICE

Please contact the Organizing Committee NO LATER THAN October 14th, 2020 for accommodations and other arrangements if you intend to arrive before the Official Arrival Date and/or depart after the Official Departure Date.

VISAS

A valid passport is required to enter the territory of the European Union. EU-country citizens do not need a visa (only an Identity Card). All other persons should consult the Serbian Embassy or Consulate in their country to determine if they need a visa. An Official Letter of Invitation will be made available if required.

PARTICIPATION AND FEES

This competition is open for ALL IFBB-affiliated National Federations. Each eligible National Federation may enter an unlimited number of athletes. Registration of athletes will only be considered if they are nominated by their IFBB-affiliated National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this event rests with the IFBB.

- The Organizer will provide free-of-charge accommodation, meals and access to the Prejudging, Finals and Farewell Banquet to a maximum of 9 (nine) girls, 5 (five) boys and 2 (two) delegates from each National Federation. They only have to pay the IFBB Registration Fee of EUR €60 per person for each of these competitors and delegates (according to the IFBB Rules, see point ACCOMMODATION). This fee should be paid in cash at the Registration in Čačak.
- Additional competitors (unlimited number), extra delegates and supporters will have to pay the Full Special Package Rate of EUR €200 per person. This package shall comprise the competitor accommodation, meals, onsite transportation, and access for Prejudging, Finals and Farewell Banquet and includes the IFBB Registration Fee. This should be paid in cash at the Registration in Čačak.
- All competitors shall compete for placings and awards, including the Best National Team award.

OFFICIAL ATHLETE REGISTRATION

Athlete registration will be run on Friday, October 23rd, 2020, from 12:00 till 17:00 hrs, in the Hotel "LIVADE" lobby.

All athletes will have to produce their Passports or Identity Cards (with exact date of birth) as well as their music for posing routines, failing which the competitor will not be registered. The music must be on CD, at the start of the CD. The athlete's name must be affixed on the CD for identification purposes.

The use of profane, vulgar and offensive language is strictly prohibited in the posing music.

Each athlete participating in the Championship will be provided with a competitor wrist band at the Registration. This wrist band allows daily admission to the competition venue and should not be removed.

CATEGORIES

Categories that are open for competition at these Championships are:

FITNESS GIRLS

Class A:	up to &incl. 7years of age
Class B:	8 years of age
Class C:	9 years of age
Class D:	10 years of age

Class E:	11 years of age
Class F:	12 years of age
Class G:	13 years of age
Class H:	14 years of age
Class I:	15 years of age



FITNESS BOYS

Class A:	age up to & incl. 7 years
Class B:	age 8 – 9 years
Class C:	age 10 – 11 years
Class D:	age 12 – 13 years
Class E:	age 14 – 15 years

Children participate in their age group through the whole year in which they reach their upper age limit.

A category can only be run if there are not less than 5 athletes in this category. If less than 5 athletes, categories will be combined with older class except the oldest class, which will be combined with younger class.

Maximum duration of routine for all categories is 90 seconds.

According to the IFBB Rules, Section 10, Children Fitness, Art. 5:

The attire for Elimination Round, Round 2 and Round 4 will conform to the following criteria:

- Girls: Top bra (not bikini style!) and tight shorts. G-strings and classic two-piece bikini are strictly prohibited
 - Boys: Tight shorts, like in Men's Fitness (see Section 5: Men's Fitness, Art. 6). Bodybuilding-style trunks are strictly prohibited.
1. The costume will be plain opaque in style.
 2. The colour of the attire should be black.
 3. Competitors will perform barefoot.

The IFBB has banned all tans and bronzers that can be wiped off. If the tan comes off by simply wiping, the athlete will not be allowed to enter the stage. Artificial body colouring and self-tanning products may be used provided that it is applied at least twenty-four hours prior to the Prejudging.

SECRETARIAT

During the official dates of the Championships, the Organizer will maintain a Secretariat in the Lobby of the Hotel "LIVADE".

HOTEL SECURITY DEPOSIT

No hotel deposit is required. Please inform the members of your team before departure not to create additional expenses. If any damage occurs in a room, the damaged property should be shown to the occupant(s) and his/her team manager and then the decision should be made on the final compensation or additional costs to be paid by the team manager.

NATIONAL ANTHEM

All participating National Federations must bring with them a CD with their national anthem. The national anthem must be the only music on the CD.

PLEASE BRING ONLY THE SHORT VERSION ... LESS THAN 60 SECONDS

PARADE OF NATIONS

All delegates are reminded that the dress code for the Parade of Nations is the official IFBB uniform.

The dress code for all athletes taking part in the Parade of Nations is posing attire. One (1) delegate and one (1) competitor per country must take part in the Parade of Nations.

JUDGES

To be taken into consideration during selection of judges panels at the Championships, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

IMPORTANT NOTICE IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50 paid for 2020. This fee may also be paid at the Championships in Čačak.

All judges must be present at the Team Managers and Judges Meeting. Any judge absent at this Meeting, will not be allowed to judge at these Championships.

If any of the above conditions hasn't been met, judges will be unable to carry out their duties at the Championships.

TEAM MANAGERS & JUDGES MEETING

Each National Federation must ensure that its nominated judges and its chief official and/or team manager attends the Team Managers & Judges Meeting. All Judges must attend the Team Managers & Judges Meeting, failing which they will not be allowed to judge.

MEDIA ACCREDITATION

All media accreditation, excepting Serbian National and local media, shall be controlled by the IFBB. All persons wishing to obtain media accreditation for this event must register with the IFBB by completing and signing an IFBB Media Accreditation Form, said form which must be remitted to the IFBB Press Commission by e-mail: amichalak5@gmail.com no later than October 14, 2020.

Contact to the Organizer on email: serbiaifbb@gmail.com

COMPETITOR INFORMATION FORM

This form must be completed by each competitor (with assistance of his/her team manager) BEFORE the registration and must be given to the IFBB Registrar at the registration. This information is used to promote the competitor in the press, on TV, the website and other media.

GREEN CARDS

Green cards, used to limit access to the backstage area during the Prejudging and Finals, will be distributed at the Judges/Team Managers Meeting as follows: five (5) or more competitors – three (3) green cards; less than five (5) competitors – two (2) green cards **IF A NATIONAL FEDERATION DOES NOT ATTEND THE TEAM MANAGERS & JUDGES MEETING, IT WILL NOT BE ISSUED A GREEN CARD.**

BACKSTAGE ACCESS/DRESSING ROOM ACCESS

Pursuant to IFBB Rules, access to the backstage area and/or dressing room area is strictly limited to essential personnel only. Coaches and trainers who assist athletes in the dressing room area must be of the same sex as the athlete they are assisting.

CAMERA/VIDEOTAPE EQUIPMENT

Camera and videotape equipment is strictly prohibited in the backstage area and/or dressing room area except when used by duly recognized press personnel and, in any event, these devices are strictly prohibited in the dressing room area.

USEFUL INFORMATION

The electrical outlets are 220 V, 50 Hz. Socket / plug of type C plug with two round prongs, popularly known as the europlug and used in all continental Europe countries. More information at: <http://www.worldstandards.eu/electricity/plug-voltage-by-country/>

The Serbian Dinar (RSD) is the currency in Serbia. Exchange rates:

1 EUR = 118,12 RSD

1 USD = 104,68 RSD

Current rates are available at: <http://www.xe.com/currency/rsd-serbian-dinar>

Hotels, restaurants and shops are not accepting any other currency, but you have many exchange offices.

Hotels are accepting major credit cards.

Serbian is the official language, although English is widely spoken. It is not necessary to speak Serbian.

English is spoken in hotels, travel agencies, shops, etc.

FAILURE TO HONOR FINAL ENTRY FORM DEADLINE

Deadlines are set to assist the Organizer with arranging accommodations, meals, onsite transportation and other Championship activities. A failure to respect these deadlines is a breach of IFBB Rules. The IFBB reserves the right to deny participation to any National Federation that does not respect the deadlines for submitting the Final Entry Form.

If a National Federation fails to respect the deadline written on the Final Entry Form, each “Official Participant” from that federation will be required to pay all of his or her own expenses, including accommodations, meals, onsite transportation, and access to the Prejudging, Finals and Farewell Banquet.

MISREPRESENTATION

Misrepresentation is a serious breach of the IFBB Code of Ethics and occurs when an “official” of a National Federation deliberately misrepresents the number of Athletes and Delegates so as to obtain free-of-charge accommodations, meals, onsite transportation, access to the Prejudging, Finals and Farewell Banquet, and other amenities at the expense of the Organizer.

Part of this misrepresentation may be a false claim that a person is an Athlete only to have that so-called Athlete fail to officially register as a competitor at the Weigh-in or, once having officially registered, fail to compete.

Any National Federation found guilty of misrepresentation will be immediately disqualified from the Championships and will be fined an amount equal to the Special Package Rate for each person involved.

MEDICAL WITHDRAWAL

Once officially registered, no Athlete may withdraw from competition without the prior approval of the IFBB Chief Judge. It is not acceptable for a National Federation to unilaterally withdraw an Athlete without the prior approval of the IFBB Chief Judge, who has the right to verify the reason for the withdrawal.

Any National Federation that fails to seek the prior approval of the IFBB Chief Judge before withdrawing an Athlete shall, for that Athlete’s non-participation, be fined an amount equal to the Special Package Rate.

FAILURE TO COOPERATE

Failure to cooperate with the Organizing Committee is contrary to the IFBB Code of Ethics and may result in disciplinary measures being taken by the IFBB against the offending National Federation.

FINAL ENTRY FORM

The deadline date for sending the Final Entry Form is October 14th, 2020. National Federations must submit the actual names of all Official Participants (Athletes by category and Delegates, including judges). You must also include flight arrival and departure information. In order to guarantee hotel accommodations for your team, the Final Entry Form must be returned not later than the deadline date.

Your cooperation is essential to ensuring your accommodations at the hotel and adequate transportation for your team.

Please download the Final Entry Form [HERE >>>](#)

Or contact us on email: serbiaifbb@gmail.com

Final Entry Forms must be sent to:

Serbian Federation General Secretary

Dr. Predrag Bicanin

serbiaifbb@gmail.com

Mob. +381603303031

With a copy to:

IFBB Head Office

Ms. Diana Mozos

E-mail: info@ifbb.com

IFBB Technical Committee

Eng. Andrew Michalak

E-mail: amichalak5@gmail.com

ČAČAK - TENTATIVE SCHEDULE

Friday, October 23rd, 2020.	
12:00 – 17:00	OFFICIAL ATHLETE REGISTRATION – HOTEL "LIVADE" LOBBY
17:30 – 18:00	TEAM MANAGERS & JUDGES MEETING
20:00 – 22:00	DINNER

Saturday, October 24th, 2020. (Venue site: Sports hall of the "Zrčak" Institution, Nusiceva 24, Čačak)	
07:00 – 09:00	BREAKFAST (at the hotel)
10:00 – 15:00	SEMIFINALS AND FINALS – PART 1
15:00 – 16:00	LUNCH PACKAGE (at the venue site)
16:00	OPENING CEREMONY, SEMIFINALS AND FINALS – PART 2
21:00	FAREWELL BANQUET

Sunday, October 25th, 2020.up to 12:00	
07:00 – 09:00	BREAKFAST
Up to 12:00	Departures of National Teams

VERY IMPORTANT NOTICE

It is the responsibility of the president or general-secretary of each participating National Federation to ensure that all National Team members (athletes, delegates, extra delegates) are fully aware of the rules and regulations governing participation at these Championships, to include the statements contained within this Inspection Report. If any of your athletes and/or delegates are travelling and arriving separately from your Team Manager or Chief Delegate, you must ensure they are familiar with the rules and regulations contained within the Inspection Report.