



IFBB DIAMOND CUP BELGIUM

MAIN INFORMATION



NAME OF THE EVENT: 2021 IFBB Diamond Cup Belgium		
CITY / COUNTRY: Mons, Belgium		
DATE: October 22nd-23rd 2021		
EVENT OPEN FOR: All IFBB-Affiliated European National Federations		
IFBB ELITE PRO CARD QUALIFIER YES <input checked="" type="checkbox"/> NO <input type="checkbox"/>		
IFBB INTERNATIONAL RANKING QUALIFIER YES <input checked="" type="checkbox"/> NO <input type="checkbox"/>		
DAY OF ARRIVAL 22/10/2021		
DAY OF DEPARTURES 24/10/2021		
REGISTRATION DAY: 22/10/2021	TIME: 17:00-19:00	PLACE: WellFit Expo, Lotto Expo , 2 Thomas Edison Ave., 7000 Mons
WEIGHT-IN DAY: 22/10/2021	TIME: 17:00-19:00	PLACE: WellFit Expo, Lotto Expo , Avenue Thomas Edison 2, 7000 Mons
<p>*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.</p>		
RECOMMENDED AIRPORT: Brussels International Airport Zaventem (76 km) or Brussels South Charleroi airport (48 km)		
VISA INFORMATION: A valid passport is required to enter Belgium (Schengen Zone). Detailed information on which countries need a visa to enter Belgium: https://en.wikipedia.org/wiki/Visa_policy_of_the_Schengen_Area		
<p>*Due to the COVID-19 situation, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulation to avoid any inconveniences when travelling. The National Federations, athletes, and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.</p>		
<p>*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.</p>		
VENUE: Lotto Mons Expo, 2 Thomas Edison Ave., 7000 Mons		

HOTEL INFORMATION:

RECOMMENDED HOTEL: **Van Der Valk Hotel Mons** <https://www.hotelmons.eu/en>
Ibis Mons Centre Gare: <https://all.accor.com/hotel/5490/index.en.shtml>

REGISTRATION FEE:

Athletes must pay the IFBB registration fee of **200 € (EUROS)** each.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **50 € (EUROS)** per person.

CROSSOVERS: 100 € (EUROS) per each of additional categories

DEADLINE FOR ONLINE PAYMENT: 12/10/2021

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **35 € (EUROS)** and are mandatory.

* All posing music must be on an audio CD or USB pendrive. The posing music must also be at the start of the CD. Each competitor must affix his/her name on the CD or USB for easy identification. Pendrive should be packed in an envelope. The use of profane, vulgar and offensive language is strictly prohibited in the posing music.

CATEGORIES:

Junior Women's Bikini 16-23 years	OPEN	Junior Men's Physique 16-23 years	OPEN
Women's Bikini	Up to 160 cm	Men's Physique	Up to 173 cm
Women's Bikini	Up to 166 cm	Men's Physique	Up to 176 cm
Women's Bikini	Up to 172 cm	Men's Physique	Up to 179 cm
Women's Bikini	Over 172 cm	Men's Physique	Over 179 cm
Women's Bikini	OVERALL	Men's Physique	OVERALL
Master Women's Bikini >35 years	OPEN	Master Men's Physique >40 years	OPEN
Women's Wellness	OPEN	Muscular Men's Physique	OPEN
Women's Bodyfitness	Up to 163 cm	Men's Games Classic Bodybuilding	OPEN
Women's Bodyfitness	Over 163 cm	Men's Classic Bodybuilding	Up to 175 cm
Women's Bodyfitness	OVERALL	Men's Classic Bodybuilding	Over 175 cm
Master Women's Bodyfitness >35 years	OPEN	Men's Classic Bodybuilding	OVERALL
Fit-Pairs		Men's Classic Physique	OPEN
POSSIBLE CROSSOVERS:		Junior Men's Bodybuilding 16-23 years	OPEN
Games Classic Bodybuilding - Classic Bodybuilding		Men's Bodybuilding	Up to 80 kg
		Men's Bodybuilding	Up to 90 kg
		Men's Bodybuilding	Up to 100 kg
		Men's Bodybuilding	Over 100 kg

<p>– Classic Physique – Bodybuilding Also Juniors and Masters in the Senior categories.</p>	<p>Men's Bodybuilding Master Men's Bodybuilding >40 years</p>	<p>OVERALL OPEN</p>
---	--	-------------------------

AWARDS:

Top three athletes in each category will be awarded with **medals**.
 Top six athletes in each category will be awarded with a **Certificate of Excellence** and trophies.
 Overall winner will have a **trophy**.

IFBB ELITE PRO CARDS:

8 IFBB ELITE PRO CARDS

DISTRIBUTION:

- Women's Bikini Overall – the winner
- Women's Bodyfitness Overall – the winner
- Women's Wellness Open – the winner
- Men's Physique Overall – the winner
- Men's Classic Bodybuilding Overall – the winner
- Men's Classic Physique Open – the winner
- Men's Bodybuilding Overall – the winner
- Muscular Men's Physique Overall – the winner

*REGISTRATION DEADLINE

PRELIMINARY ENTRY FORM: **No**
 FINAL ENTRY FORM: **11/10/2021**

CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

EXTRA GREEN CARDS: **YES** **NO** **N/A**

PRICE: **50 € (EUROS)** each.

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

PROFESSIONAL TANNING SERVICE: **YES** **NO**

Contact: <https://www.protanbenelux.com/en/spray-tan-10584828/competition-spray-tan/ifbb-competitions/A>

CONTACT INFORMATION:

Please send your Entry Form to:
Contact: **Mr. Andre Wouters, BIFBB President**
E-mail: info@ifbbb Belgium.be

Please send a copy to IFBB Technical Committee:
Eng. Andrew Michalak
E-mail: amichalak5@gmail.com

Please send a copy to IFBB Head Office:
Ms. Alba Sanchez
E-mail: info@ifbb.com

Contact details for additional correspondence:
Belgian Federation President
Mr. Andre Wouters
E-mail: info@ifbbb Belgium.be
Event Promotor: Amir BIFBB / ABC Events: amir@ifbbb Belgium.be

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Team Managers and Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **50 € (EUROS)** paid for the current year. This fee may also be paid at the EVENT at the Team Managers and Judges Meeting.