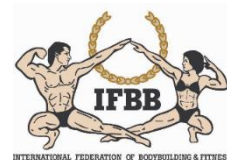


IFBB EUROPEAN CHAMPIONSHIPS

MAIN INFORMATION



NAME OF THE CHAMPIONSHIPS: **EBFF EUROPEAN BODYBUILDING & FITNESS CHAMPIONSHIPS 2021**

CITY / COUNTRY: **SANTA SUSANNA, BARCELONA, SPAIN**

DATE: **13/05/2021 – 17/05/2021**

CHAMPIONSHIPS OPEN FOR: **ALL EUROPEAN NATIONAL FEDERATIONS AFFILIATED TO THE IFBB**

IFBB ELITE PRO CARD QUALIFIER YES NO

IFBB INTERNATIONAL RANKING QUALIFIER YES NO

DAY OF ARRIVAL **13/05/2021**

DAY OF DEPARTURES **17/05/2021**

REGISTRATION DAY:
13/05/2021

TIME: **10:00 - 19:00**

PLACE: **DON ANGEL HOTEL- SANTA SUSANNA**

WEIGHTIN DAY:
13/05/2021

TIME: **10:00 – 19:00**

PLACE: **DON ANGEL HOTEL- SANTA SUSANNA**

*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: **INTERNATIONAL AIRPORT JOSEP TARRADELLAS (EL PRAT) BARCELONA-SPAIN**

VISA INFORMATION: A valid passport is required to enter Spain. EU-Countries, Iceland, Norway, and Switzerland citizens do not need to obtain a visa, all other countries should check at: https://en.wikipedia.org/wiki/visa_requirements_for_spanish_citizens, an official letter of invitation will be available if required, it is national federations responsibility to obtain an entry visa for the country organizing the championships. All national federations could ask for an invitation letter either to the Organizer or the IFBB. The invitation letter does not mean you are granted your visa. IFBB and the Organizer are not responsible of attendant's visas. To receive invitation letter, the applicant should forward a copy (scan) of passport to the IFBB or to the Organizer, if the visa is not granted, the cancellation policies for the championships will still apply.

*Due to the COVID-19 situation, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulation to avoid any inconveniences when travelling. The National Federations, athletes, and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.

*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned CHAMPIONSHIPS for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary

proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: POLI ESPORTIU PARC DEL COMER - PARC DEL COLOMER S/N SANTA SUSANNA, BARCELONA, SPAIN.

HOTEL INFORMATION

OFFICIAL HOTEL: DON ANGEL HOTEL – Carrer del Pla de la Torre, 14, 08398 Santa Susanna, Barcelona, Spain.

REGISTRATION FEE & ACCOMODATION:

Each athlete and Delegate or Extra Delegate must pay the IFBB registration fee of **385 € (EUROS)** each. This fee includes 4 hotel nights' accommodation in a double room plus three meals per day (starting with dinner on 13/05/2021 and finishing with breakfast on 17/05/2021)

The IFBB registration fee is separate from the hotel security deposit. A hotel security deposit of **100 € (EUROS)** per person is required upon check-in for incidental and personal expenses that may arise (telephone, mini-bar, laundry, etc.). The unused portion of this deposit will be refunded at check-out in the same currency as remitted.

In case any athlete or Delegate wish to have accommodation in a single room, the rate will be **530 € (EUROS)**

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of 50€.

CROSSOVERS: 100 € (EUROS)

DEADLINE FOR ONLINE PAYMENT: 03/05/2021

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this CHAMPIONSHIPS rests with the IFBB.

*It is the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any CHAMPIONSHIPS either at National or International level, Official or Invitational.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are EUR €35/45\$ and are mandatory.

*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

SPECIAL PACKAGES RATES FOR EXTRA DELEGATES, SUPPORTERS, MEDIA & OTHERS

The Organizing Committee has established a full special package rate, which includes 4 nights 'accommodation, with three (3) meals per day (breakfast, lunch & dinner), and onsite transportation at a special cost.

- For single room EUR € 530 per person
- For double room EUR € 395 per person

SECURITY DEPOSIT

A hotel security deposit of **100 € (EUROS)** per person is required upon check-in for incidental and personal expenses that may arise (telephone, mini-bar, laundry, etc.). The unused portion of this deposit will be refunded at check-out in the same currency as remitted.

To facilitate matters, the chief delegate or team leader will be asked to provide a credit card or cash to cover the deposit for the entire team. This individual will be fully responsible for all expenses incurred by any member of his/her team.

CATEGORIES:

MEN'S BODYBUILDING

MEN'S CLASSIC BODBUILDING

MEN'S PHYSIQUE

MEN'S GAMES CLASSIC BODYBUILDING

MEN'S WHEELCHAIR BODYBUILDING

MEN'S FITNESS

MEN'S PHYSIQUE

MUSCULAR MEN'S PHYSIQUE

WOMEN'S FITNESS

WOMEN'S BIKINI FITNESS

WOMEN'S BODYFITNESS

WOMEN'S WELLNESS FITNESS

WOMEN'S PHYSIQUE

MIXED PAIRS

FIT PAIRS

AWARDS:

Top three athletes in each category will be awarded with [medals](#).

Top six athletes in each category will be awarded with a [Certificate of Excellence](#) and [trophies](#).

Overall winner will have a [trophy](#).

IFBB ELITE PRO CARDS:

TOTAL NUMBER OF IFBB ELITE PRO CARDS: 56

DISTRIBUTION

MEN'S BODYBUILDING (SENIOR & MASTER) – ALL CATEGORIES

MEN'S CLASSIC BODYBUILDING (SENIOR) – ALL CATEGORIES

MEN'S PHYSIQUE (SENIOR) – ALL CATEGORIES

WOMEN'S BODYFITNESS (SENIOR & MASTER) – ALL CATEGORIES

WOMEN'S BIKINI FITNESS (SENIOR & MASTER) – ALL CATEGORIES

WOMEN'S WELLNESS FITNESS (SENIOR) – ALL CATEGORIES

OFFICIALS

National Federations with no competitors may send [one \(1\)](#) delegate who will be responsible for all his or her own expenses.

*REGISTRATION DEADLINE

PRELIMINAR ENTRY FORM:**07/04/2021**

FINAL ENTRY FORM:**01/05/2021**

CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any CHAMPIONSHIPS, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

CONTACT INFORMATION:

Please send Your Entry Form to:
Contact: **Vanessa León**
E-mail: contact@ifbb.com

Please send a copy to IFBB Technical Committee:
Eng. Andrew Michalak
E-mail: amichalak5@gmail.com

Please send a copy to IFBB Head Office:
Ms. Alba Sanchez
E-mail: info@ifbb.com

Contact details for additional correspondence:
President of **Spanish Bodybuilding and Fitness Federation (FEFF)**
Mr. José Ramos
E-mail: secretaria@ifbb-spain.com

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Technical Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50/60\$ paid for the current year. This fee may also be paid at the Championships at the Technical Meeting