



IFBB DIAMOND CUP TUNISIA

MAIN INFORMATION



NAME OF THE EVENT: IFBB DIAMOND CUP TUNISIA		
CITY / COUNTRY: HAMMAMET / TUNISIA		
DATE: 26th - 28th November 2021		
EVENT OPEN FOR: Africa, Asia, and European National Federations Affiliated to the IFBB		
IFBB ELITE PRO CARD QUALIFIER YES <input checked="" type="checkbox"/> NO <input type="checkbox"/>		
IFBB INTERNATIONAL RANKING QUALIFIER YES <input checked="" type="checkbox"/> NO <input type="checkbox"/>		
DAY OF ARRIVAL 26/11/2021		
DAY OF COMPETITION 27/11/2021		
DAY OF DEPARTURES 28/11/2021		
REGISTRATION DAY: 26/11/2021	TIME: 15.00 – 19.00	PLACE: DIAR LEMDINA HOTEL, YASMINE HAMMAMET
WEIGHT-IN DAY: 26/11/2021	TIME: 15.00 – 19.00	PLACE: DIAR LEMDINA HOTEL, YASMINE HAMMAMET
<p>*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.</p>		
RECOMMENDED AIRPORT: Tunis Carthage International Airport, Tunisia - around 60 km from the Hotel. Airlines and destinations may be found here: https://en.wikipedia.org/wiki/Tunis%E2%80%93Carthage_International_Airport		
<p>VISA INFORMATION: A valid passport is required to enter TUNISIA. All countries should consult the Tunisian Embassy in their country to determine if they need a visa. An Official Letter of Invitation will be made available if required. It is S.A.C.E responsibility to obtain an entry visa for the country organizing the championship. All National Federations could ask for an Invitation letter either to the Championship Organizer or IFBB. The invitation letter does not mean you are granted your visa. IFBB and Championship organizer are not responsible of attendant's visas. To receive invitation letter, the applicant should forward the following information to the IFBB or Championship organizer a copy (scan) of his/her passport. If the visa is not granted, the Cancellation Policies for the championship will still apply. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by its athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.</p> <p>Citizens of 97 countries don't need a visa for short stays (up to 90 days). Other may apply for a Visa.</p> <p>VISA INFORMATION: Detailed information on which countries need a visa to enter Tunisia: https://www.onlinevisa.com/visa-policy/tunisia/ and here: https://en.wikipedia.org/wiki/Visa_policy_of_Tunisia Covid-19 restrictions entering Tunisia may be found here: https://www.visatunisia.com/entry-restrictions/</p>		

*Due to the COVID-19 situation, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulation to avoid any inconveniences when travelling. The National Federations, athletes, and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.

*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: **Grand Hall "Hannibal", DIAR LEMDINA HOTEL, YASMINE HAMMAMET**

<https://diarlemdina.medinahotelsandresorts.com/en/meetings-events>

HOTEL INFORMATION

RECOMMENDED HOTEL: : **DIAR LEMDINA HOTEL, YASMINE HAMMAMET and Medina belisaire & Thalasso**
The Organizing Committee has once again established a full special package rate in order to encourage athletes to participate and facilitate their preparations and stay in Tunisia.

The rate per athlete is 200 € (EUROS) and includes:

- **2-nights accommodation at a 4* hotel**

- **Transportation**

- **100 € (EUROS) to be added for 5* Hotel Upgrade**

- **Tanning services are not included (Elite Tan IFBB official sponsor)**

All athletes, delegates and supporters are strongly advised to book the accommodation through the Scandinavian Academy for Coaching Excellence (SACE) to benefit from the special rates and packages. Rooms are limited.

Contact: sace.scandinavianacademy@gmail.com for more information.

REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **200 € (EUROS)** each.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **50€ (EUROS)** .

CROSSOVERS: 100 € (EUROS)

DEADLINE FOR ONLINE PAYMENT: 15/11/2021

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **35 € (EUROS)** and are mandatory.

*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

CATEGORIES:

Men's Bodybuilding (Open)

Up to and incl. 75 kg

Up to and incl. 80 kg

Up to and incl. 90 kg

Up to and incl. 100 kg

Over 100 kg

Men's Classic Bodybuilding (Open)

Class C: Up to & incl. 175 cm

Class D: Up to & incl. 180 cm

Over 180 cm

Men's Physique (Open)

Up to & including 170 cm

Up to & including 173 cm

Up to & including 176 cm

Up to & including 179 cm

Up to & including 182 cm

Over 82 cm

Men's Classic Physique (Open)

Up to & incl. 175 cm

Up to & incl. 180 cm

Over 180 cm

Women's Bikini (Open)

Up to and incl. 166 cm

Up to and incl. 169 cm

Up to and incl. 172 cm

Over 172 cm

Women's Bodyfitness (Open)

Up to and incl. 163 cm

Over 163 cm

Possible crossovers :

Men's Bodybuilding – Classic Bodybuilding- Classic Physique

AWARDS:

Top three athletes in each category will be awarded with [medals](#).

Top six athletes in each category will be awarded with a [Certificate of Excellence](#) and [trophies](#).

Overall winner will have a [trophy](#).

IFBB ELITE PRO CARDS:

6 IFBB ELITE PRO CARDS

DISTRIBUTION

1 ELITE PRO CARD FOR THE OVERALL WINNERS - Men's Bodybuilding

1 ELITE PRO CARD FOR THE OVERALL WINNERS - Men's Classic Bodybuilding

1 ELITE PRO CARD FOR THE OVERALL WINNERS - Men's Physique

1 ELITE PRO CARD FOR THE OVERALL WINNERS - Men's Classic Physique

1 ELITE PRO CARD FOR THE OVERALL WINNERS - Women's Bikini Fitness

1 ELITE PRO CARD FOR THE OVERALL WINNERS - Women's Bodyfitness

*REGISTRATION DEADLINE

PRELIMINARY ENTRY FORM:**No**

FINAL ENTRY FORM:**14/11/2021**

CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

EXTRA GREEN CARDS: **YES** **NO** **N/A**

PRICE: 25 € (**EUROS**) each.

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

PROFESSIONAL TANNING SERVICE: **YES** **NO**

Contact: management@ifbb.com

CONTACT INFORMATION:

Please send Your Entry Form to:
Contact: **Mr. MOHAMED SALAH OUERGI**
E-mail: sace.scandinavianacademy@gmail.com

Please send a copy to IFBB Technical Committee:
Eng. Andrew Michalak
E-mail: amichalak5@gmail.com

Please send a copy to IFBB Head Office:
Ms. Alba Sanchez
E-mail: info@ifbb.com

Contact details for additional correspondence:
President of Scandinavian Academy for Coaching Excellence(SACE)
Mr. MOHAMED SALAH OUERGI
E-mail: sace.scandinavianacademy@gmail.com

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Team Managers and Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **50 € (EUROS)** paid for the current year. This fee may also be paid at the EVENT at the Team Managers and Judges Meeting.