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2020 Grand Prix PEPA Opava

IFBB Amateur International Competition

December 5th, 2020



INFORMATION

Welcome:

The Organizing Committee of the PEPA Fitness, the City of Opava and Mr. Stanislav Pesat take this opportunity to invite all IFBB-affiliated European National Federations to participate in the 42nd edition of the GP PEPA Opava international competition to be held in Opava, Czech Republic, on December 5, 2020.

Location

The city of Opava is located 360 km East from Prague and 30 km from the city of Ostrava. Opava is situated at the confluence of the Silesian rivers Opava and Moravice. The earliest written record of the existence of Opava dates back to 1195, to the days when it was a crossroad of trade routes. But it was only by a decree, issued by King Přemysl I in 1224, that it received recognition as a town. Two market places were established in the centre of the town. Opava as part of the Czech crown lands became the centre of the Opava region's principality. In 1742, after Austria lost the war of their "inheritance" against Prussia, Opava became the capital of so-called Austria-Silesia and simultaneously the seat of the authorities that administered the land on behalf of the rulers. In 1820 the most prominent European monarchs and diplomats of the time convened here at the "Opava Congress".

Opava – rich in history and historic landmarks – is also an important **cultural centre** for the region. Since 1805 the Silesian Theatre has staged shows. The oldest museum in the Czech Republic, which is in Opava, opened its doors to the public in 1814.

Education system in Opava gained prestige in 1991 with the establishment of the Silesian University. In fact it has become the centre of important sports events



Venue Site



The Prejudging and Finals of the IFBB physique sports will take place at The **LIDOVY DUM** in Opava, 10 Otická Str.

FITNESS PEPA



Official Hotel

The **KORUNA HOTEL** - 11 Pekarska Street. The hotel is located in the centre of Opava in the immediate vicinity of the pedestrian zone. Ideal for businessmen and tourist.



Accommodation

The Organizing Committee will provide accommodation and 3 meals (2 for athletes) per day for all official A-team members: 8 athletes and delegate(s) according to the IFBB rules:

1. Three (3) or more competitors = Two (2) delegates
2. Two (2) competitors or less = One (1) delegate
3. Any judges, coaches or trainers who are not official delegates will be responsible for all their own expenses.

Supporters and Photographers

The Organizing Committee has established a Special Package including: 2 nights with all meals included, tickets for semifinals and finals, closing banquet at: **EUR €140** per person in a double room or **EUR €160** in a single room. For more information please ask the Organizing Committee.

Arrivals

The official arrival day is Friday, December 4th, 2020. After your arrival you are expected to come to the FITNESS CENTRUM PEPA in the Breda and Weinstein Business Center, 49/10 U Fortny Str, Opava. Fitness PEPA is located in front of the Koruna Hotel in the city center.

Transportation

Opava is located only 30 km away from the Ostrava city. You can come from Ostrava to Opava by car, bus or train. There is also an airport in Ostrava but none in Opava. If you need to secure transport, contact the organizer.

Categories

- Men's Bodybuilding: up to including 80 kg, up to including 90 kg, over 90 kg
- Master Men's Bodybuilding over 40 years – one open category
- Juniors Men's Bodybuilding 16 to 23 years – one open category
- Men's Classic Bodybuilding – one open category
- **(1) IFBB Elite Pro Card for the Men's Bodybuilding CBB Overall winner**
- Men's Classic Physique – one open category
- Men's Physique – up to 175 cm, over 175 cm
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- Women's Bikini Fitness – up to 163 cm, up to 168 cm, over 168 cm
- Junior Women's Bikini Fitness – one open category
- **(1) IFBB Elite Pro Card for the Women's Bikini Fitness Overall winner**
- Women's Wellness Fitness – one open category
- Women's Bodyfitness – one open category
- Women's Physique – one open category

Participation

The contest is open for all IFBB-affiliated National Federations. Registration of athletes will only be considered if they are nominated by their IFBB-affiliated National Federation by sending the Final Entry Forms with their names to the Organizing Committee. The number of competitors participating in these competition is **unlimited**.

Please be aware that it is FULL RESPONSIBILITY AND OBLIGATION OF THE NATIONAL FEDERATION to verify if each one of the athletes to be registered on this international event are NOT suspended or fulfilling any period of ineligibility due to Anti-Doping Rule Violation or any disciplinary case at national or international level. Be also aware that if any athlete from your National Federation register and compete being suspended due to an Anti-Doping Rule Violation, both the athlete and the National Federation will be subject to sanctions according to the World Anti-Doping Code, the IFBB Anti-Doping Rules and the IFBB Constitution and Rules.



Registration and Registration Fee

Official Registration (weigh-in) will take place at LIDOVY DUM, on Saturday, from 8:00 till 10:00.

Registration of athletes will only be considered if they are entered by the National Federation of the athlete by sending the Final Entry Form with their names directly to the promoter GP PEPA 2020. The final decision to allow an athlete to compete in this event rests with the IFBB.

It is the responsibility of the chief delegate or team leader to make sure that the athletes are on time. Any athlete who is late will not be accepted to participate.

Each official athlete participating in the competition will be required to pay the REGISTRATION FEE of one hundred euros (100€) in the categories of Bodybuilding and Bikini Fitness, in the rest of categories, a registration fee of sixty euros (60€) shall be charged per person. This fee is payable to the Organizing Committee upon arrival in Opava. Masters, who want to participate in the Men's Bodybuilding open class (crossover) also, will be charged the additional fee EUR € 20 for the second category.

Each country can enter up to 8 athletes and 2 delegates, who will be accommodated at the expense of the organizer. Everyone else will pay for the accommodation.

Additional athletes pay the registration fee of **EUR €60** and they are offered 2-night hotel accommodation at a special price of **EUR €80** per person. The same offer for extra delegates but without the registration fee.

If they need only 1-night hotel accommodation, they will pay **EUR €40** per person.

To summarize:

	<i>Registration Fee</i>	<i>Accommodation</i>
A-Team (8 athletes + 2 delegates)	EUR € 60	EUR € 0.00 (free)
Additional athletes	EUR € 60	EUR € 40 (1 night offer) EUR € 80 (2 nights offer)
Extra delegates	No	EUR € 40 (1 night offer) EUR € 80 (2 nights offer)
Supporters, media	No	EUR € 140 package (double room) EUR € 160 package (single room)

All posing music **must be sent in advance** in the MP3 format by email to the e-mail address: stanislav.pesat@gmail.com .

The use of profane, vulgar and offensive language is strictly prohibited in the posing music.

All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance to IFBB rules. Any tanning which can be wiped off is not allowed.

You will receive your tags for athletes and coaches at the registration.

Cameras and videotapes shall be strictly prohibited in the backstage area and dressing room area except when used by duly recognized press personnel and, in any event, these devices shall be **STRICTLY PROHIBITED IN THE DRESSING ROOM AREA.**

Judges

To be taken into consideration during selection of judges panels at the competition, IFBB International Judges **must be included in the Final Entry Forms** sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to Opava.

IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50 paid for 2020. This fee may also be paid at the Championships in the Czech Republic.



Visas

EU-country citizens do not need to obtain a visa. All other countries should consult the Czech Republic's diplomatic missions in their countries to determine if they need a visa. Detailed information at: http://www.mzv.cz/jnp/en/information_for_alien/general_visa_information/

An Official Letter of Invitation will be made available if required.

Time Difference – UTC + 1 (CET winter).

Climate - During the month of November, the daily mean temperature is around 10°C.

Electrical Current - 220 Volts, 50 Hz, europlug (2 round pins) – type C.

Currency

The national currency in the Czech Republic is the Czech Crown (Koruna, abbreviated Kč or CZK). One Euro is approximately 26,50 CZK, but the rates can fluctuate. All major credit cards are accepted in hotels, restaurants and most of the shops.

Final Entry Form

Deadline date to send the Final Entry Form is **December 2nd, 2020**. Please confirm the actual names of delegates and competitors and their weight/height category. Also include arrival and departure information.

Prizes

Competitors will be awarded with trophies.

Overall winners will be awarded the GAND PRIX PEPA Gold Ring.

The winner of Men's Bodybuilding Overall and Women Bikini Overall will be awarded with a Pro Card.

Please send all correspondence to:

Fitness PEPA

OC Breda & Weinstein
U Fortny 49/10,
746 01, Opava,
Czech Republic

Available by phone:

09:00 - 20:00 - 00420 777 776-262 (mobile)
Stanislav PESAT
e-mail: stanislav.pesat@gmail.com
www.grandprixpepa.cz

Tentative Schedule

Saturday, December 5th, 2020

08:00 – 10:00	OFFICIAL ATHLETE REGISTRATION (weigh-in) in the LIDOVY DUM
10:00 – 18:00	GP PEPA Semifinals and Finals and Superfinals in the LIDOVY DUM
18:00 – 20:00	Elite Czechia-PRO in the LIDOVY DUM

