



# IFBB BELLUX CUP LUXEMBOURG

## MAIN INFORMATION



NAME OF THE EVENT: <b>2021 IFBB BELLUX CUP LUXEMBOURG</b>		
CITY / COUNTRY: <b>Munsbach, Luxembourg</b>		
DATE: <b>October 08th-10th, 2021</b>		
EVENT OPEN FOR: <b>All European and African National Federations affiliated to the IFBB.</b>		
IFBB ELITE PRO CARD QUALIFIER	YES <input checked="" type="checkbox"/>	NO <input type="checkbox"/>
IFBB INTERNATIONAL RANKING QUALIFIER	YES <input checked="" type="checkbox"/>	NO <input type="checkbox"/>
DAY OF ARRIVAL <b>08/10/2021</b>		
DAY OF DEPARTURES <b>10/10/2021</b>		
REGISTRATION DAY: <b>08/10/2021</b>	TIME: <b>14:00-20:00</b>	PLACE: <b>Centre Culturel Munsbach 185, Rue Principale L-5366 Munsbach</b>
WEIGH-IN DAY: <b>08/10/2021</b>	TIME: <b>14:00-20:00</b>	PLACE: <b>Centre Culturel Munsbach 185, Rue Principale L-5366 Munsbach</b>
<p>*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.</p>		
RECOMMENDED AIRPORT: <b>Luxembourg Airport, Sandweiler (4 km)</b>		
VISA INFORMATION: <b>EU COUNTRY CITIZEN DO NOT NEED TO OBTAIN A VISA. ALL OTHER COUNTRIES SHOULD CONSULT THEIR MINISTRY TO DETERMINE IF THEY NEED A VISA.</b>		
<p>*Due to the COVID-19 situation, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulations to avoid any inconveniences when travelling. The National Federations, athletes, and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.</p>		
<p>*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.</p>		
VENUE: <b>CENTRE CULTUREL &amp; SPORTIF MUNSBACH 185,rue Principale I5366 Munsbach.</b>		

## HOTEL INFORMATION

RECOMMENDED HOTEL: **HOTEL LEGERE MUNSBACH 11,rue Gabriel Lippmann L5365 Munsbach.**

## REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **200 € (EUROS)**.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **50 € (EUROS)** .

**CROSSEOVERS: 100 € (EUROS) for each additional category.**

**DEADLINE FOR ONLINE PAYMENT: 28/09/2021**

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **35 € (EUROS)** per calendar year and are mandatory.

\*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

## CATEGORIES:

**JUNIOR WOMEN'S BIKINI 16-23 years - OPEN**

**WOMEN'S BIKINI UP TO 160 CM**

**WOMEN'S BIKINI UP TO 164 CM**

**WOMEN'S BIKINI UP TO 169 CM**

**WOMENS BIKINI UP TO 172 CM**

**WOMEN'S BIKINI OVER 172 CM**

**WOMEN'S BIKINI OVERALL**

**MASTER WOMEN'S BIKINI 35 YRS & OVER - OPEN**

**WOMEN'S BODYFITNESS UP TO 163 CM**

**WOMEN'S BODYFITNESS OVER 163 CM**

**WOMEN'S BODYFITNESS OVERALL**

**MASTER WOMEN'S BODYFITNESS >35 YRS - OPEN**

**WOMEN'S PHYSIQUE - OPEN**

**WOMEN'S WELLNESS - OPEN**

**MEN'S CLASSIC BODYBUILDING UP TO 175 CM**

**MEN'S CLASSIC BODYBUILDING OVER 175 CM**

**MEN'S CLASSIC BODYBUILDING OVERALL**

**MEN'S CLASSIC PHYSIQUE - OPEN**

**MEN'S BODYBUILDING UP TO 75 KG**

**MEN'S BODYBUILDING UP TO 80 KG**

**MEN'S BODYBUILDING UP TO 90 KG**

**MEN'S BODYBUILDING UP TO 100 KG**

**MEN'S BODYBUILDING OVER 100 KG**

**MEN'S BODYBUILDING OVERALL**

**MASTER MEN'S BODYBUILDING 40 YRS & OVER - OPEN**

**JUNIOR MEN'S PHYSIQUE 16-23 YEARS - OPEN**

**MEN'S PHYSIQUE UP TO 173 CM**

**MEN'S PHYSIQUE UP TO 179 CM**

**MEN'S PHYSIQUE UP TO 182 CM**

**MEN'S PHYSIQUE OVER 182 CM**

**MEN'S PHYSIQUE OVERALL**

**MASTER MEN'S PHYSIQUE 40 YEARS & OVER - OPEN**

**MUSCULAR MEN'S PHYSIQUE - OPEN**

## AWARDS:

Top three athletes in each category will be awarded with **medals**.

Top six athletes in each category will be awarded with a **Certificate of Excellence** and **trophies**.

Overall winner will have a **trophy**.

Top 5 in each senior category will receive points to the 2021 IFBB World Ranking

## IFBB ELITE PRO CARDS:

**19 IFBB Elite Pro Cards will be awarded.**

### DISTRIBUTION

MEN'S BODYBUILDING: (3) IFBB ELITE PRO CARDS FOR THE TOP OVERALL WINNERS

MASTER MEN'S BODYBUILDING: (1) IFBB MASTER ELITE PRO CARD FOR THE CATEGORY WINNER

MEN'S CLASSIC BODYBUILDING: (1) IFBB ELITE PRO CARD FOR THE OVERALL WINNER

MEN'S PHYSIQUE: (3) IFBB ELITE PRO CARDS FOR THE TOP OVERALL WINNERS

MEN'S CLASSIC PHYSIQUE: (1) IFBB ELITE PRO CARD FOR THE CATEGORY WINNER

MUSCULAR MEN'S PHYSIQUE: (1) IFBB ELITE PRO CARD FOR THE CATEGORY WINNER

WOMEN'S BODYFITNESS: (2) IFBB ELITE PRO CARDS FOR THE TOP OVERALL WINNERS

MASTER WOMEN'S BODYFITNESS: (1) IFBB MASTER ELITE PRO CARD FOR THE CATEGORY WINNER

WOMEN'S BIKINI: (3) IFBB ELITE PRO CARDS FOR THE TOP OVERALL WINNERS

MASTER WOMEN'S BIKINI: (1) IFBB MASTER ELITE PRO CARD FOR THE CATEGORY WINNER

WOMEN'S WELLNESS (1) IFBB ELITE PRO CARD FOR THE CATEGORY WINNER

WOMEN'S PHYSIQUE (1) IFBB ELITE PRO CARD FOR THE CATEGORY WINNER

## \*REGISTRATION DEADLINE

PRELIMINARY ENTRY FORM: **NO**

FINAL ENTRY FORM: **27/09/2021**

## CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

## GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

EXTRA GREEN CARDS: **YES**  **NO**  **N/A**

PRICE: **30 € (EUROS)** each.

## TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

PROFESSIONAL TANNING SERVICE: **YES**  **NO**

Contact: **patriciatanning@gmail.com**

## CONTACT INFORMATION:

Please send Your Entry Form to:  
Contact: **Mr. Guy KRIDEL**  
E-mail: [info@ifbbluxembourg.com](mailto:info@ifbbluxembourg.com)

Please send a copy to the IFBB Technical Committee:  
Eng. Andrew Michalak  
E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Please send a copy to the IFBB Head Office:  
Ms. Alba Sanchez  
E-mail: [info@ifbb.com](mailto:info@ifbb.com)

Contact details for additional correspondence:  
President of **the LUXEMBOURGISH FEDERATION**  
**Mr. Guy KRIDEL**  
E-mail: [info@ifbbluxembourg.com](mailto:info@ifbbluxembourg.com)

### JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Team Managers and Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **50 € (EUROS)** paid for the current year. This fee may also be paid at the EVENT at the Team Managers and Judges Meeting.