



# IFBB FITNESS SPORTS GAMES BODYBUILDING AND FITNESS CHAMPIONSHIPS

## MAIN INFORMATION

NAME OF THE EVENT: **IFBB FITNESS SPORTS GAMES BODYBUILDING AND FITNESS CHAMPIONSHIPS**

CITY / COUNTRY: **Santa Susanna, Barcelona, Spain**

DATE: **01/07/2021 – 05/07/2021**

EVENT OPEN FOR: **All National Federations affiliated to the IFBB**

IFBB ELITE PRO CARD QUALIFIER YES  NO

IFBB INTERNATIONAL RANKING QUALIFIER YES  NO

DAY OF ARRIVAL **01/07/2021**

DAY OF DEPARTURES **05/07/2021**

REGISTRATION DAY:  
**01/07/2021**

TIME:**10:00 – 19:00**

PLACE: **Don Angel Hotel – Santa Susanna**

WEIGHT-IN DAY:  
**01/07/2021**

TIME:**10:00 – 19:00**

PLACE: **Don Angel Hotel – Santa Susanna**

\*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: **International Airport Josep Tarradellas (El Prat) Barcelona-Spain**

VISA INFORMATION:

A valid passport is required to enter Spain. Citizens of the EU-Countries, Iceland, Norway, and Switzerland do not need to obtain a visa; all other countries should check at: <https://www.axaschengen.com/en/apply-schengen-visa/spain-tourist-visa>, an official letter of invitation will be available if required, it is national federations responsibility to obtain an entry visa for the country organizing the championships. All national federations could ask for an invitation letter either to the Organizer or the IFBB. The invitation letter does not mean you are granted your visa.

The IFBB and the Organizer are not responsible of attendant's visas. To receive invitation letter, the applicant should forward a copy (scan) of passport to the IFBB or to the Organizer, if the visa is not granted, the cancellation policies for the championships will still apply.

\*Due to the COVID-19 situation, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulation to avoid any inconveniences when travelling. The National Federations, athletes, and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.

\*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

**VENUE: Poliu Esportiu Parc del Colomer – Parc del Colomer s/n Santa Susanna, Barcelona, Spain**

#### **HOTEL INFORMATION**

**OFFICIAL HOTEL: Don Angel Hotel – 14 Carrer del Pla de la Torre, 08398 Santa Susanna, Barcelona, Spain**

#### **REGISTRATION FEE & ACCOMMODATION:**

Each athlete and official delegate must pay the IFBB registration fee of **385 € (EUROS)** each. This fee includes 4 hotel nights' accommodation in a double room plus three meals per day (starting with dinner on 01/07/2021 and finishing with breakfast on 05/07/2021).

Extra Delegates must pay the IFBB registration fee of **395 € (EUROS)** each.

The IFBB registration fee is separate from the hotel security deposit. A hotel security deposit of **100 € (EUROS)** per person is required upon check-in for incidental and personal expenses that may arise (telephone, mini-bar, laundry, etc.). The unused portion of this deposit will be refunded at check-out in the same currency as remitted.

In case any athlete or Delegate wish to have accommodation in a single room, the rate will be **530 € (EUROS)**

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of 50€.

#### **CROSSOVERS: 100 € (EUROS)**

Crossovers between the following men's sports divisions are allowed:

- a) Games Classic Bodybuilding – Classic Bodybuilding – Classic Physique – Bodybuilding.
- b) Men's Fitness-Men's Physique.

Crossovers between the following women's sports divisions are allowed:

- a) Women's Acrobatic Fitness – Women's Bodyfitness.
- b) Women's Artistic Fitness – Women's Bikini.

**DEADLINE FOR ONLINE PAYMENT: 21/06/2021**

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **35 € (EUROS)** and are mandatory.

\*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

## CATEGORIES:

### SENIOR CATEGORIES:

Category  
Men Bodybuilding Up to 70 kg  
Men Bodybuilding Up to 75 kg  
Men Bodybuilding Up to 80 kg  
Men Bodybuilding Up to 85 kg  
Men Bodybuilding Up to 90 kg  
Men Bodybuilding Up to 95 kg  
Men Bodybuilding Up to 100 kg  
Men Bodybuilding Over 100 kg  
Men Classic Bodybuilding \* Up to 168 cm  
Men Classic Bodybuilding \* Up to 171 cm  
Men Classic Bodybuilding \* Up to 175 cm  
Men Classic Bodybuilding \* Up to 180 cm  
Men Classic Bodybuilding \* Over 180 cm  
Men Classic Physique\* Up to 168 cm  
Men Classic Physique\* Up to 171 cm  
Men Classic Physique\* Up to 175 cm  
Men Classic Physique\* Up to 180 cm  
Men Classic Physique\* Over 180 cm  
Games Classic Bodybuilding\* Up to 175 cm  
Games Classic Bodybuilding\* Over 175 cm  
Men's Wheelchair Bodybuilding Open  
Women's Physique Up to 163 cm  
Women's Physique Over 163 cm  
Women Bodyfitness Up to 158 cm  
Women Bodyfitness Up to 163 cm  
Women Bodyfitness Up to 168 cm  
Women Bodyfitness Over 168 cm  
Women Bikini Up to 158 cm  
Women Bikini Up to 160 cm  
Women Bikini Up to 162 cm  
Women Bikini Up to 164 cm  
Women Bikini Up to 166 cm  
Women Bikini Up to 169 cm  
Women Bikini Up to 172 cm  
Women Bikini Over 172 cm  
Women Acrobatic Fitness Up to 163 cm  
Women Acrobatic Fitness Over 163 cm  
Women Artistic Fitness\*\* Up to 163 cm  
Women Artistic Fitness\*\* Up to 168 cm  
Women Artistic Fitness\*\* Over 168 cm  
Women Wellness Up to 158 cm  
Women Wellness Up to 163 cm  
Women Wellness Up to 168 cm  
Women Wellness Over 168 cm  
Men Fitness Open

### JUNIORS 21-23 YEARS OLD CATEGORIES:

Category  
Junior Women Bodyfitness Open  
Junior Women Acrobatic Fitness Up to 163 cm  
Junior Women Acrobatic Fitness Over 163 cm  
Junior Women Artistic Fitness Open  
Junior Women Bikini Up to 160 cm  
Junior Women Bikini Up to 166 cm  
Junior Women Bikini Over 166 cm  
Junior Women Wellness Up to 163 cm  
Junior Women Wellness Over 163 cm  
Junior Men Bodybuilding Up to 75 kg  
Junior Men Bodybuilding Over 75 kg  
Junior Games Classic Bodybuilding Open\*  
Junior Men Classic Bodybuilding Open\*  
Junior Men Classic Physique Open\*  
Junior Men Fitness Open  
Junior Men's Physique Up to 174 cm  
Junior Men's Physique Up to 178 cm  
Junior Men's Physique Over 178 cm  
MASTERS CATEGORIES:  
Age (years) Category  
Master Women Bikini 35-39 Up to 164 cm  
Master Women Bikini 35-39 Over 164 cm  
Master Women Bikini 40-44 Open  
Master Women Bikini >45 Open  
Master Women Bodyfitness 35-39 Open  
Master Women Bodyfitness 40-44 Open  
Master Women Bodyfitness >45 Open  
Master Women Wellness 35-39 Open  
Master Women Wellness 40-44 Open  
Master Women Wellness >45 Open  
Master Women's Physique >35 Open  
Master Men's Physique 40-44 Open  
Master Men's Physique 45-49 Open  
Master Men's Physique >50 Open  
Master Men Bodybuilding 40-44 Up to 70 kg  
Master Men Bodybuilding 40-44 Up to 80 kg  
Master Men Bodybuilding 40-44 Up to 90 kg  
Master Men Bodybuilding 40-44 Over 90 kg  
Master Men Bodybuilding 45-49 Up to 70 kg  
Master Men Bodybuilding 45-49 Up to 80 kg  
Master Men Bodybuilding 45-49 Up to 90 kg  
Master Men Bodybuilding 45-49 Over 90 kg  
Master Men Bodybuilding 50-54 Up to 80 kg  
Master Men Bodybuilding 50-54 Over 80 kg  
Master Men Bodybuilding 55-59 Up to 75 kg

Men's Physique Up to 170 cm  
 Men's Physique Up to 173 cm  
 Men's Physique Up to 176 cm  
 Men's Physique Up to 179 cm  
 Men's Physique Up to 182 cm  
 Men's Physique Over 182 cm  
 Muscular Men's Physique Open  
 Mixed-Pairs Open  
 Fit-Pairs Open  
**JUNIORS 16-20 YEARS OLD CATEGORIES:**  
 Junior Women Bodyfitness Open  
 Junior Women Acrobatic Fitness Up to 163 cm  
 Junior Women Acrobatic Fitness Over 163 cm  
 Junior Women Artistic Fitness Open  
 Junior Women Bikini Up to 160 cm  
 Junior Women Bikini Up to 166 cm  
 Junior Women Bikini Over 166 cm  
 Junior Women Wellness Open  
 Junior Men Bodybuilding Up to 75 kg  
 Junior Men Bodybuilding Over 75 kg  
 Junior Games Classic Bodybuilding Open\*  
 Junior Men Classic Bodybuilding Open\*  
 Junior Men Classic Physique Open\*  
 Junior Men's Physique Open  
 Junior Men Fitness Open

**FITNESS CHALLENGE**  
 Additional category 50€

Master Men Bodybuilding 55-59 Over 75 kg  
 Master Men Bodybuilding >60 Open  
 Master Men Classic Bodybuilding 40-44 Open\*  
 Master Men Classic Bodybuilding 45-49 Open\*  
 Master Men Classic Bodybuilding >50 Open\*  
 Master Men Classic Physique 40-44 Open\*  
 Master Men Classic Physique 45-49 Open\*  
 Master Men Classic Physique >50 Open\*  
 Master Games Classic Bodybuilding 40-44 Open\*  
 Master Games Classic Bodybuilding >45 Open\*  
**BEGINNERS CATEGORIES:**  
 Men's Bodybuilding Up to 70kg  
 Men's Bodybuilding Up to 80kg  
 Men's Bodybuilding Up to 90kg  
 Men's Bodybuilding Over 90Kg  
 Men's Physique Up to 173cm  
 Men's Physique Up to 179cm  
 Men's Physique Over 179cm  
 Bikini Up to 160 cm  
 Bikini Up to 166cm  
 Bikini Over 166cm  
 \*- Categories with weight / height limits.  
 \*\* - The following acrobatic elements are not allowed:  
 - Flips (salto) – any type  
 - Handsprings – any type  
 - Aerial cartwheel  
 - Round off  
 - Dive roll  
 - Any combination of the above mentioned moves  
 Crossover between Acrobatic Fitness and Artistic Fitness are not allowed.

**AWARDS:**

Top three athletes in each category will be awarded with medals.  
 Top six athletes in each category will be awarded with a Certificate of Excellence and trophies.  
 Overall winner will have a trophy.

**IFBB ELITE PRO CARDS:**

- 62 ELITE PRO CARDS**
- DISTRIBUTION
- MEN'S BODYBUILDING (SENIOR & MASTER) – ALL CATEGORIES**
- MEN'S CLASSIC BODYBUILDING (SENIOR) – ALL CATEGORIES**
- MEN'S PHYSIQUE (SENIOR) – ALL CATEGORIES**
- MEN'S CLASSIC PHYSIQUE (SENIOR) – ALL CATEGORIES**
- WOMEN'S PHYSIQUE (SENIOR) – ALL CATEGORIES**
- WOMEN'S BODYFITNESS (SENIOR & MASTER) – ALL CATEGORIES**
- WOMEN'S BIKINI (SENIOR & MASTER) – ALL CATEGORIES**
- WOMEN'S WELLNESS (SENIOR) – ALL CATEGORIES**

**\*REGISTRATION DEADLINE**

PRELIMINARY ENTRY FORM:**24/05/2021**  
 FINAL ENTRY FORM:**21/06/2021**

## CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

## GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

EXTRA GREEN CARDS: **YES**  **NO**  **N/A**

PRICE: **25,00 € (EUROS)** each.

## TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

PROFESSIONAL TANNING SERVICE: **YES**  **NO**

Contact: **patriciatanning@gmail.com**

## CONTACT INFORMATION:

Please send Your Entry Form to:  
Contact: **Ms. Patricia Schez**  
E-mail: [secretaria@ifbb-spain.com](mailto:secretaria@ifbb-spain.com)

Please send a copy to IFBB Technical Committee:  
Eng. Andrew Michalak  
E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Please send a copy to IFBB Head Office:  
Ms. Alba Sanchez  
E-mail: [info@ifbb.com](mailto:info@ifbb.com)

Contact details for additional correspondence:  
President of **Spanish Bodybuilding & Fitness Federation (FEFF)**  
**Mr. José Ramos**  
E-mail: [secretaria@ifbb-spain.com](mailto:secretaria@ifbb-spain.com)

## JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Team Managers and Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **50 € (EUROS)** paid for the current year. This fee may also be paid at the EVENT at the Team Managers and Judges Meeting.