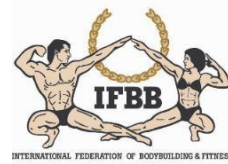


# IFBB BALKAN CHAMPIONSHIPS 2021

## MAIN INFORMATION



NAME OF THE EVENT: **2021 IFBB BALKAN CHAMPIONSHIPS**

CITY / COUNTRY: **Drobeta - Turnu Severin, ROMANIA**

DATE: **June 11th-12th, 2021**

EVENT OPEN FOR: **ALL BALKAN NATIONAL FEDERATIONS AFFILIATED TO THE IFBB**

IFBB ELITE PRO CARD QUALIFIER      YES       NO

IFBB INTERNATIONAL RANKING QUALIFIER      YES       NO

DAY OF ARRIVAL **11/06/2021**

DAY OF DEPARTURES **13/06/2021**

REGISTRATION DAY:  
**11/06/2021**

TIME: **14:00 – 19:00**

PLACE: **"Theodor Costescu" Culture Palace, Carol Blvd. Drobeta - Turnu Severin**

WEIGH-IN DAY:  
**11/06/2021**

TIME: **14:00 – 19:00**

PLACE: **"Theodor Costescu" Culture Palace**

\*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: **International Airport Henri Coandă - BUCHAREST**

VISA INFORMATION: A valid passport is required to enter Romania. EU country citizens do not need to obtain a visa. All other countries should consult the Romanian Embassy in their country to determine if they need a visa. An Official Letter of Invitation will be made available if required. It is National Federations responsibility to obtain an entry visa for the country organizing the championship. All National Federations could ask for an Invitation letter either to the Championship Organizer or IFBB. The invitation letter does not mean you are granted your visa. IFBB and Championship organizer are not responsible of attendant's visas. To receive invitation letter, the applicant should forward the following information to the IFBB or Championship organizer a copy (scan) of his/her passport. If the visa is not granted, the Cancellation Policies for the championship will still apply. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by its athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

\*Due to the COVID-19 situation, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulation to avoid any inconveniences when travelling. The National Federations, athletes, and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.

\*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary

proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: "Theodor Costescu" Culture Palace, Carol Blvd., Drobeta - Turnu Severin city

## HOTEL INFORMATION

RECOMMENDED HOTEL: Continental Hotel: <https://continental-drobeta-turnu-severin.continentalhotels.ro/>  
Elite Hotel: <https://romania.directbooking.ro/cazare-motel-restaurant-elite-drobeta-turnu-severin-oferta-rezervare-sejur-2289919.aspx>

## REGISTRATION FEE:

**Each athlete must pay the IFBB registration fee of 150 € (EUROS).**

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **50€ (EUROS)**.

**Officials and Athletes must pay 150 € in double room, and 200€ for a single room.**

**Extra-delegates must pay 160€ in double room, and 220€ in single room.**

**This is Registration Fee includes Accomodation and meals in the Price.**

**CROSSOVERS: 100 € (EUROS)**

**DEADLINE FOR ONLINE PAYMENT: 07/06/2021**

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **35 € (EUROS)** and are mandatory.

\*All posing music must be on CDs only. The posing music in the MP3 format must also be the only file on the CD. Each competitor must affix his/her name on the CD for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

## CATEGORIES:

### JUNIORS (16 - 20 YEARS OLD)

- MEN BODYBUILDING:	Open
- MEN CLASSIC BODYBUILDING*:	Open
- MEN GAMES CLASSIC BODYBUILDING*:	Open
- MEN'S PHYSIQUE:	Open
- WOMEN BODYFITNESS:	Open
- WOMEN BIKINI:	Open

### JUNIORS (21 - 23 YEARS OLD)

- MEN BODYBUILDING:	Up to 75 kg
- MEN BODYBUILDING:	Over 75 kg
- MEN BODYBUILDING:	OVERALL
- MEN CLASSIC BODYBUILDING*:	Open
- MEN GAMES CLASSIC BODYBUILDING*:	Open

### SENIORS (MEN & WOMEN):

- MEN BODYBUILDING:	Up to 70 kg
- MEN BODYBUILDING:	Up to 80 kg
- MEN BODYBUILDING:	Up to 90 kg
- MEN BODYBUILDING:	Up to 100 kg
- MEN BODYBUILDING:	Over 100 kg
- MEN BODYBUILDING:	OVERALL
- MEN CLASSIC BODYBUILDING*:	Up to 175 cm
- MEN CLASSIC BODYBUILDING*:	Over 175 cm
- MEN CLASSIC BODYBUILDING:	OVERALL
- MEN GAMES CLASSIC BODYBUILDING*:	Open
- MEN CLASSIC PHYSIQUE:	Open
- MEN FITNESS:	Open

- MEN CLASSIC PHYSIQUE*:	Open	- MEN'S PHYSIQUE:	Up to 173 cm
- MEN FITNESS:	Open	- MEN'S PHYSIQUE:	Up to 179 cm
- MEN'S PHYSIQUE:	Up to 178 cm	- MEN'S PHYSIQUE:	Over 179 cm
- MEN'S PHYSIQUE:	Over 178 cm	- MEN'S PHYSIQUE:	OVERALL
- MEN'S PHYSIQUE	OVERALL	- MUSCULAR MEN'S PHYSIQUE:	Open
- WOMEN ACROBATIC FITNESS:	Open	- WOMEN PHYSIQUE:	Open
- WOMEN BODYFITNESS:	Open	- WOMEN BODYFITNESS:	Open
- WOMEN BIKINI:	Up to 166 cm	- WOMEN ACROBATIC FITNESS:	Open
- WOMEN BIKINI:	Over 166 cm	- WOMEN BIKINI:	Up to 162 cm
- WOMEN BIKINI:	OVERALL	- WOMEN BIKINI:	Up to 169 cm
- WOMEN WELLNESS:	Open	- WOMEN BIKINI:	Over 169 cm
		- WOMEN BIKINI:	OVERALL
		- WOMEN WELLNESS:	Open
		- WOMEN FIT-MODEL:	Open
<b>MEN MASTERS:</b>			
- MEN BODYBUILDING 40-49 yrs:	Up to 80 kg	- FIT-PAIRS:	Open
- MEN BODYBUILDING 40-49 yrs:	Over 80 kg	- MEN WHEELCHAIR BODYBUILDING:	Open
- MEN BODYBUILDING >50 yrs:	Up to 80 kg		
- MEN BODYBUILDING >50 yrs:	Over 80 kg		
- MASTER MEN BODYBUILDING	OVERALL		
- MEN CLASSIC BODYBUILDING >40 yrs*:	Open		
- MEN'S PHYSIQUE 40-49 yrs:	Open		
- MEN'S PHYSIQUE > 50 yrs:	Open		
- MASTER MEN'S PHYSIQUE	OVERALL		
<b>WOMEN MASTERS:</b>			
- WOMEN BODYFITNESS 35-39 yrs:	Open		
- WOMEN BODYFITNESS >40 yrs:	Open		
- MASTER WOMEN BODYFITNESS:	OVERALL		
- WOMEN BIKINI 35-39 yrs:	Open		
- WOMEN BIKINI >40 yrs:	Open		
- MASTER WOMEN BIKINI:	OVERALL		
- MASTER WOMEN WELLNESS:	Open		

\*- Categories with weight / height limits

Possible crossovers:

Games Classic Bodybuilding - Classic Bodybuilding -  
 Classic Physique - Bodybuilding;  
 Men's Fitness - Men's Physique;  
 Women Acrobatic Fitness – Women Bodyfitness;  
 Women's Bikini - Women's Fit-Model;  
 Also junior and masters in senior classes.

#### AWARDS:

Top three athletes in each category will be awarded with medals.

Top six athletes in each category will be awarded with a Certificate of Excellence and trophies.

Overall winner will have a trophy.

#### IFBB ELITE PRO CARDS:

- **NO.**

#### \*REGISTRATION DEADLINE

PRELIMINARY ENTRY FORM: **NO**

FINAL ENTRY FORM: **07/06/2021**

#### CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

## GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

EXTRA GREEN CARDS: YES  NO  N/A

PRICE: **0,00 PLEASE SELECT** each.

## TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

PROFESSIONAL TANNING SERVICE: YES  NO

Contact: **office@frcf.ro**

## CONTACT INFORMATION:

Please send Your Entry Form to:

Contact: **Ms. Tanita Groza-Zetea**

E-mail: **office@frcf.ro**

Please send a copy to IFBB Technical Committee:

**Eng. Andrew Michalak**

E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Please send a copy to IFBB Head Office:

**Ms. Alba Sanchez**

E-mail: [info@ifbb.com](mailto:info@ifbb.com)

Contact details for additional correspondence:

President of **ROMANIAN FEDERATION OF BODYBUILDING & FITNESS**

**Mr. Prof. Gabriel Toncean**

E-mail: **secretariat@frcf.ro**

## JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Team Managers and Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **50 € (EUROS)** paid for the current year. This fee may also be paid at the EVENT at the Team Managers and Judges Meeting.