The INTERNATIONAL FEDERATION OF BODYBUILDING AND FITNESS (IFBB) was founded in 1946 and has its head office in Madrid (Spain).

Today, the IFBB is one of the world’s largest international amateur sport governing bodies, with 199 National Affiliates, 5 Continental Federations and 4 Regional Federations.
THE IFBB RECOGNITIONS

The IFBB is a member of and/or is recognized by most of the international sports associations and organizations worldwide.
A. Member of Global Association of International Sports Federations (GAISF)

B. WADA Code Signatory

C. IFBB Recognitions

1. Olympic Organizations:
   1.1 Olympic Council of Asia (OCA)
   1.2 Panam Sports (PASO)
   1.3 Central American and Caribbean Sports Organization (ODECABE)
   1.4 Central American Sports Organization (ORDECA)
   1.5 South American Sports Organization (ODESUR)
   1.6 Association of National Olympic Committees of Africa (ANOCA)

2. International Sports Associations
   2.1 Association of Pan-American Sports Confederations (ACODEPA)
   2.2 Association of African Sports Confederations (AASC)
   2.3 Alliance of Independent Recognized Members of Sport (AIMS)
   2.4 International World Games Association (IWGA)
   2.5 International University Sports Federation (FISU)

3. Membership / Partnership with Sports-Related Associations
   3.1 European Union Sport Forum
   3.2 European College of Sport Science
   3.3 International Sport Press Association
   3.4 International Council for Coaching Excellence
   3.5 International Council of Sport Science and Physical Education
   3.6 International Pierre de Coubertin Committee
   3.7 Peace and Sport
   3.8 Sport Academy Europe
A. The IFBB is a member of the Global Association of International Sports Federations (GAISF)

The IFBB was officially recognized by GAISF in 1971 (https://gaisf.sport/members/).
B. The IFBB is a WADA Code Signatory

The IFBB is firmly committed in the fight against doping in sport and is a defendant of the public health. As a consequence, the IFBB is the unique international federation in the sports of bodybuilding and fitness being recognised by the World Anti-Doping Agency since 2003, when it became a WADA Code Signatory (https://www.wada-ama.org/en/code-signatories).
1. Olympic Organizations

1.1 Olympic Council of Asia (OCA)

https://www.ocasia.org/sports/81-bodybuilding-bo.html
1.2 Panam Sports Organization (PASO)

https://www.lima2019.pe/deportes-panamericanos/fisicoculturismo
1.3 Central American and Caribbean Sports Organization (ODECABE)


ODECABE Executive Committee approves three new sports for Panama 2020, among them, bodybuilding.
1. Olympic Organizations

1.4 Central American Sports Organization (ORDECA)
1. Olympic Organizations

1.5 South American Sports Organization (ODESUR)

Bodybuilding is included in the sports program of the South American Games to be held in Asunción (Paraguay) in 2022.
1.6 Association of National Olympic Committees of Africa (ANOCA)
2. International Sports Associations

2.1 Association of Pan-American Sports Confederations (ACODEPA)

http://acodepa.org/en/confederations
2. International Sports Associations

2.2 Association of African Sports Confederations (AASC)

https://www.ucsa-aasc.org/confederation-members
2. International Sports Associations

2.3 Alliance of Independent Recognized Members of Sport (AIMS)

http://aimsisf.org/news/author/bodybuilding/
2. International Sports Associations

2.4 International World Games Association (IWGA)

https://www.theworldgames.org/sports/Bodybuilding-45
2. International Sports Associations

2.5 International University Sports Federation (FISU)
3. Membership / Partnership with Sports-Related Associations

- European Union Sport Forum
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  Peace and Sport
- Sport Academy Europe

Being conscientious of the benefits that a bodybuilding lifestyle can play in the populations health, the IFBB maintains active relationships with scientific and sport international organizations, expanding its practice as an ideal anti-aging tool for which the best examples are the legion of outstanding athletes who compete in the IFBB master categories.