



**14 IFBB ELITE
PRO CARDS**

**DIAMOND CUP
ROMA 2021**



**4-5 DICEMBRE 2021
MARRIOTT PARK HOTEL
ROMA**

HOTEL

The ROME MARRIOTT PARK HOTEL has a total of 601 luxury rooms and suites in classic italian style .

The address is VIA COLONNELLO TOMMASO MASALA 54, ROME, the hotel is 10 minutes from Fiumicino Airport and 14 km from Rome city center. The hotel organized the shuttles to/from the Airport Rome FIUMICINO and to and from the center of Rome, for guests arriving by car we offer a paid guarded parking.

For reservation please contact MARRIOTT PARK HOTEL :
mhrs.romau.reservations@marriott-hotels.com
phone 00.39.06.658821



DIAMOND CUP ROMA 2021

DATE

Day of arrival 04 december 2021.

Day of departure 06 december 2021.

REGISTRATION FEE

Each athlete must pay the IFBB REGISTRATION FEE of 250 € in advance by credit/debit card or Paypal at <http://www.ifbb.com/competition-registration>.

Payments at arrival shall have an extra charge 50 €.

CROSSOVER

The fee for each of additional categories is 100 €, they can be paid directly at the weight-in.

DEADLINE FOR ON LINE PAYMENT

23 november 2021

WEIGHT-IN and REGISTRATION

SALA BRAMANTE inside of PARK HOTEL MARRIOTT via Colonnello Tommaso Masala 54 Roma.

Time of registration from 10 am to 08 pm.



DIAMOND CUP ROMA 2021

VENUE

SALA MICHELANGELO inside of PARK HOTEL MARRIOTT via
Colonnello Tommaso Masala 54 Roma.
Event start time 10 am.

CATEGORIES

JUNIOR (UP 23 YEARS OLD):

- MEN'S BODYBUILDING OPEN
- MEN'S PHYSIQUE OPEN
- WOMEN'S BIKINI OPEN

MEN'S MASTERS:

- MASTERS MEN'S CLASSIC BODY BUILDING OPEN
- MASTERS MEN'S CLASSIC PHYSIQUE OPEN
- MASTERS MEN'S BODYBUILDING 40-49 OPEN
- MASTERS MEN'S BODYBUILDING OVER 50 OPEN
- MASTER MEN'S BODYBUILDING OVERALL
- MASTERS MEN'S PHYSIQUE 40-49 OPEN
- MASTERS MEN'S PHYSIQUE OVER 50
- MASTERS MASTER MEN'S PHYSIQUE OVERALL

WOMEN'S MASTER:

- MASTER WOMEN'S BODYFITNESS OVER 35 OPEN
- MASTER WOMEN'S BIKINI 35-39 OPEN
- MASTER WOMEN'S BIKINI OVER 40 OPEN
- MASTER WOMEN'S BIKINI OVERALL

SENIORS MEN'S :

- MEN'S BODYBUILDING UP TO 70 KG
- MEN'S BODYBUILDING UP TO 80 KG
- MEN'S BODYBUILDING UP TO 90 KG
- MEN'S BODYBUILDING OVER 90 KG
- MEN'S BODYBUILDING OVERALL
- MEN'S CLASSIC BODY BUILDING UP TO 175 CM
- MEN'S CLASSIC BODY BUILDING OVER 175 CM
- MEN'S CLASSIC BODY BUILDING OVERALL

- MEN'S CLASSIC PHYSIQUE UP TO 175 CM
- MEN'S CLASSIC PHYSIQUE OVER 175 CM
- MEN'S CLASSIC PHYSIQUE OVERALL

- MEN'S PHYSIQUE UP TO 170 CM
- MEN'S PHYSIQUE UP TO 176 CM
- MEN'S PHYSIQUE UP TO 179 CM
- MEN'S PHYSIQUE UP TO 182 CM
- MEN'S PHYSIQUE OVER 182 CM
- MEN'S PHYSIQUE OVERALL
- MUSCULAR MEN'S PHYSIQUE OPEN

SENIORS WOMEN'S:

- WOMEN'S PHYSIQUE OPEN
- WOMEN'S BODYFITNESS UP TO 163 CM
- WOMEN'S BODYFITNESS OVER 163 CM
- WOMEN'S BODYFITNESS OVERALL
- WOMEN'S BIKINI UP TO 160 CM
- WOMEN'S BIKINI UP TO 164 CM
- WOMEN'S BIKINI UP TO 166 CM
- WOMEN'S BIKINI UP TO 169 CM

- WOMEN'S BIKINI OVER 169 CM
- WOMEN'S BIKINI OVERALL

- WOMEN'S WELLNESS UP TO 163 CM
- WOMEN'S WELLNESS OVER 163 CM
- WOMEN'S WELLNESS OVERALL



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CROSSOVER

Possible crossover categories :
classic bbody building- classic physique- bodybuilding, also
junior and master in senior classes.

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TWO PRO CARDS FOR OVERALL:

- MEN'S PHYSIQUE
- MEN'S BODYBUILDING
- WOMEN'S BIKINI
- WOMEN'S BODYFITNESS



ONE PRO CARDS FOR OVERALL:

- MEN'S CLASSIC PHYSIQUE
- WOMEN'S WELLNESS
- MASTER MEN'S BODYBUILDING
- MASTER WOMEN'S BIKINI
- MEN'S CLASSIC BODYBUILDING

ONE PRO CARDS FOR WINNER:

- MASTER WOMEN'S BODYFITNESS

JUDGES

Please contact Mr. Pavel Filleborn Charmain of IFBB Judges
Committee , under adress: pawelfilleborn@gmail.com



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GREEN CARDS

Green cards are used in the backstage:
- one green card less than 5 athletes
- two green cards for 5 or more athletes
EXTRA GREEN CARDS 30 € each.

TANNING NEEDS

Professional tanning service please contact:
bettomondello@gmail.com

CONTACT INFORMATION

Please send your Entry Form to:
contact Mr Benedetto Mondello
e-mail: bettomondello@gmail.com

please send a copy:
Eng Andrew Michalak e-mail amichalak5@gmail.com

Ms Alba Sanchez e-mail info@ifbb.com