



RUNNING ORDER

EBFF & EBFF FITNESS CHALLENGE COMPETITION

TENTATIVE

Final version will be handled at the Technical and Judges Meeting in Santa Susana

THURSDAY, MAY 05th, 2022

10:00 – 19:00 – Continuous Registration of arriving National Teams – Don Angel Hotel

19:00 **EBFF ANNUAL CONGRESS** – Don Angel Hotel

Team Managers and Judges Meeting will be held at **EBFF CONGRESS** - Don Angel Hotel

FRIDAY, MAY 06th, 2022

BODYBUILDING & FITNESS COMPETITION

09:00 – ONE CONTINUOUS SESSION

Place: Parq Colomer - INDOOR

- Men Games Classic Bodybuilding: Juniors + Masters
- Women Wellness: Juniors + Masters
- Men Games Classic Bodybuilding: Seniors
- Women Wellness: Seniors
- Men Wheelchair Bodybuilding
- Men Bodybuilding: Masters 40-44 Years
- Men Bodybuilding: Master 50-54 Years
- Junior Women Artistic Fitness Semifinals – Rounds 1 + 2
- Junior Men Fitness Semifinals – Rounds 1 + 2
- Men Bodybuilding: Masters 45-49 Years
- Men Bodybuilding: Masters 50-59 Years
- Men Bodybuilding: Masters >60 Years
- Junior Women Acrobatic Fitness Semifinals – Rounds 1 + 2
- Fit-Pairs
- Men's Physique: Beginners
- Men's Physique: Junior + Masters
- Men's Physique: Seniors

FITNESS CHALLENGE (INDIVIDUAL COMPETITION)

12.00 – 14.00 OFFICIALS, JUDGES AND ATHLETES MEETING

Place: Parq Colomer - OUTDOOR

15.00-19.00 ONE CONTINUOUS SESSION

Place: Parq Colomer - OUTDOOR

SATURDAY, MAY 07th, 2022

BODYBUILDING & FITNESS COMPETITION

09:00 – ONE CONTINUOUS SESSION

Place: Parq Colomer - INDOOR

- Women Bodyfitness: Juniors
- Junior Women Acrobatic Fitness Finals – Rounds 3 + 4
- Junior Men Fitness Finals – Rounds 3 + 4
- Junior Women Artistic Fitness Finals – Rounds 3 + 4
- Women Bodyfitness: Seniors
- **OPENING CEREMONY**
- Women's Physique: Masters
- Women Bodyfitness: Masters
- Muscular Men's Physique
- Women Acrobatic Fitness: Seniors – Semifinals, Rounds 1 + 2
- Men Fitness: Seniors – Semifinals, Rounds 1 + 2
- Men Bodybuilding: Juniors
- Women's Physique: Seniors
- Men Bodybuilding: Seniors
- Women Artistic Fitness: Seniors – Semifinals, Rounds 1 + 2
- Mixed-Pairs

FITNESS CHALLENGE (COMPETITION BY COUPLES)

10.00-14.00 ONE CONTINUOUS SESSION

Place: Parq Colomer - OUTDOOR

SUNDAY, MAY 08th, 2022

BODYBUILDING & FITNESS COMPETITION

09:00 – ONE CONTINUOUS SESSION

Place: Parq Colomer - INDOOR

- Women Acrobatic Fitness Finals - Rounds 3 + 4
- Women Artistic Fitness Finals - Rounds 3 + 4
- Men Fitness Finals - Rounds 3 + 4
- Men Bodybuilding: Beginners
- Men Classic Bodybuilding: Juniors + Masters
- Women Bikini: Beginners
- Men Classic Bodybuilding: Seniors
- Women Bikini: Juniors
- Men Classic Physique: Juniors & Masters
- Women Bikini: Masters
- Men Classic Physique: Seniors
- Women Bikini: Seniors

FITNESS CHALLENGE (COMPETITION BY TEAMS)

10.00-14.00 ONE CONTINUOUS SESSION

Place: Parq Colomer - OUTDOOR

TENTATIVE RUNNING ORDER.

Final version will be handled at the Technical and Judges Meeting