



March 9-12, 2022, Kish, Iran

OFFICIAL CONTEST RESULTS

Junior Classic Bodybuilding

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	35	MOHAMMAD ANARI	IRAN		/	10	5			15
2	47	REZA KHAJTABAR	IRAN		/	20	10			30

$\Sigma=2$

Classic Bodybuilding (168CM)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	32	SEYED MOHAMADREZA HOSSEINI	IRAN		/	16	7			23
2	54	MAZIYAR JAFARI	IRAN		/	22	8			30
3	6	BAHADOR JAVADI	IRAN		/	22	15			37
4	7	SHAHIN KIANI NEZHAD	IRAN		/	40	20			60
5	83	MEHDI ABEDINI KORDKHILI	IRAN		/	50	25			75

$\Sigma=5$

Classic Bodybuilding (171CM)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	49	KIANOSH RAHIMI	IRAN		/	10	5			15
2	24	SEYED ALIREZA TABATABAEI	IRAN		/	30	14			44
3	45	SEYED MAJID HOSSEINI	IRAN		/	32	16			48
4	12	YOUSEF SHABANI	IRAN		/	34	19			53
5	5	HAMED ZARINJOOI	IRAN		/	42	20			62

$\Sigma=5$

Classic Bodybuilding (175CM)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	30	MOHAMMAD MOHAMMADI	IRAN		/	10	6			16
2	37	SAEID ZARE	IRAN		/	20	10			30
3	56	BEHZAD SAAREM	IRAN		/	32	17			49
4	9	MOSTAFA AHMADI	IRAN		/	38	21			59
5	21	ESMAIL JAMSHIDI	IRAN		/	50	23			73
6	196	IMAN GHORBANI	IRAN		/	60	30			90

$\Sigma=6$

Classic Bodybuilding (180CM)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	106	AHMAD SHAREH	IRAN		/	10	5			15
2	60	MEHRDAD DERIKVAND	IRAN		/	20	10			30
3	148	SASAN AFRASIABI	IRAN		/	30	15			45

$\Sigma=3$

Classic Bodybuilding (+180CM)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	58	HAMID ALAMI	IRAN		/	16	7			23
2	16	MOHAMMAD KHALES HAGHIGHI	IRAN		/	18	9			27
3	86	MOHSEN KOHANJAMEH	IRAN		/	28	14			42
4	149	SAIED SHAHRESTANI	IRAN		/	42	21			63
5	15	FARZAD RAJAEI FARD	IRAN		/	44	23			67
6	2	ARMAN SALEHI	IRAN		/	60	30			90

Σ=6

Classic Bodybuilding OVERALL

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	30	MOHAMMAD MOHAMMADI	IRAN		/	6				6
2	49	KIANOSH RAHIMI	IRAN		/	9				9
3	106	AHMAD SHAREH	IRAN		/	17				17
4	58	HAMID ALAMI	IRAN		/	18				18
5	32	SEYED MOHAMADREZA HOSSEINI	IRAN		/	25				25

Σ=5

Junior Classic Physique

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	118	NAVID DEGHANI	IRAN		/	14	7			21
2	44	ALIREZA TAGHIBEYGI	IRAN		/	16	8			24

Σ=2

Master Classic Physique

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	144	MORTEZA YOMAR	IRAN		/	10	6			16
2	146	OMID JAFARI	IRAN		/	20	9			29

Σ=2

Classic Physique (168CM)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	28	MASOOD SADEGHI	IRAN		/	16	5			21
2	27	ALI AKBAR ZAKER MOUSAVI	IRAN		/	16	12			28
3	17	AMJAD BARAMSIN	IRAN		/	28	11			39

Σ=3

Classic Physique (171CM)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	31	OMID REZAI SOLEYMAN POOR	IRAN		/	10	5			15
2	55	SAEID NORMOHAMMADI	IRAN		/	20	14			34
3	61	MOJTABA BAHREYNI	IRAN		/	30	11			41

Σ=3

Classic Physique (180CM)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	25	SAMAN OLFATI	IRAN		/	10	5			15
2	93	ABDOLHOSEYN KESHVARI	IRAN		/	20	10			30
3	43	HASSAN KOOCHAKI	IRAN		/	30	15			45
4	89	ROHOL AMIN MESHKANI	IRAN		/	40	20			60
5	77	SEYED MOHAMAD EHSAN MIRJANI	IRAN		/	50	25			75

$\Sigma=5$

Classic Physique (+180CM)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	98	ALI NOUROZI	IRAN		/	5	5			10
2	29	AMIR SAYAH AMIRI	IRAN		/	10	10			20

$\Sigma=2$

Junior Bodybuilding

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	72	MOHAMMAD JAVAD EBRAHIMI	IRAN		/	10	5			15
2	130	NAVID DEGHANI	IRAN		/	20	10			30

$\Sigma=2$

Master Bodybuilding (-80KG)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	80	AHMAD DAVOOD ZADEH	IRAN		/	10	5			15
2	195	MORTEZA KOMAR	IRAN		/	20	10			30
3	10	FARDIN MARDANI	IRAN		/	30	15			45

$\Sigma=3$

Master Bodybuilding (+80KG)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	63	MOHTASHAM KHOZEYMEH	IRAN		/	10	5			15
2	11	ALIREZA SHAHIN	IRAN		/	20	10			30

$\Sigma=2$

Bodybuilding (60KG)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	100	EHSAN KHAJAVI	IRAN		/	10	5			15
2	33	SAJJAD HEYDARI	IRAN		/	22	12			34
3	151	SAEID BIZHANI	IRAN		/	28	13			41
4	19	MOHSEN SHAMS	IRAN		/	40	20			60

$\Sigma=4$

Bodybuilding (65KG)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	42	ALI ASGHAR MOHAMMAD POOR	IRAN		/	14	7			21
2	39	HAMID DERISI	IRAN		/	16	8			24
3	8	FARDIN MARDANI	IRAN		/	30	15			45

$\Sigma=3$

Bodybuilding (70KG)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	91	SAJJAD SALEMI	IRAN		/	10	5			15
2	75	MOHAMMAD AKHLAGHI	IRAN		/	20	10			30

$\Sigma=2$

Bodybuilding (75KG)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	41	MOHAMMAD MOFTAKHAR	IRAN		/	10	5			15
2	99	SAEID KASHEFI	IRAN		/	20	10			30
3	112	ERFAN SAYYADI	IRAN		/	30	15			45
4	46	SHAHAB DEGHAN	IRAN		/	38	20			58

$\Sigma=4$

Bodybuilding (80KG)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	50	SHAHRIAR SHOOL	IRAN		/	10	7			17
2	66	MOHSEN NEKOEI	IRAN		/	22	8			30
3	189	MEHRDAD ATASH AFRAZ	IRAN		/	32	16			48
4	26	YAHYA MOHEGH	IRAN		/	36	19			55

$\Sigma=4$

Bodybuilding (85KG)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	115	BIZHAN SHIRZAD	IRAN		/	14	5			19
2	57	NADER BABAEI	IRAN		/	16	10			26
3	141	HAMID HORMOZI	IRAN		/	32	15			47
4	114	HADI NAZERI	IRAN		/	38	20			58

$\Sigma=4$

Bodybuilding (90KG)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	18	AMIRHOSEYN MOHAMMADI	IRAN		/	10	6			16
2	62	EBRAHIM YAZDANI	IRAN		/	20	10			30
3	145	VAHID RANAEI RAOOF	IRAN		/	30	13			43
4	88	SEDGHI ABOLFAZL	IRAN		/	40	20			60
5	51	AMIN ROSHANAI	IRAN		/	50	25			75
6	193	REZA DEGHANI	IRAN		/	60	32			92
7	147	BABAK BABAEI POOR	IRAN		/	68	32			100

$\Sigma=7$

Bodybuilding (95KG)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	23	MAJID GHARAGHOZLOO	IRAN		/	18	11			29
2	102	MAJID PARSAMEHR	IRAN		/	20	10			30
3	64	TOFIGH SHAHKOOMAHALI	IRAN		/	24	14			38
4	65	MOHAMMAD AGHAEI	IRAN		/	40	16			56
5	150	FARHANG ABBASIAN	IRAN		/	50	25			75

$\Sigma=5$

Bodybuilding (100KG)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	52	KAZEM KAZEM ZOLFAGHARI	IRAN		/	10	5			15
2	192	ABOLFAZL MASHAYEKH	IRAN		/	20	10			30
3	198	HAMED ROOHPARVAR	IRAN		/	30	15			45
4	76	MOHSEN HEYDARI	IRAN		/	40	20			60

Σ=4

Bodybuilding (+100KG)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	20	MASOOD GHADIRIAN	IRAN		/	10	5			15
2	105	KAMBIZ SAMADI	IRAN		/	22	11			33
3	107	ALI ASGHAR KABOLI	IRAN		/	28	14			42

Σ=3

Bodybuilding OVERALL

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	52	KAZEM KAZEM ZOLFAGHARI	IRAN		/	5				5
2	50	SHAHRIAR SHOOL	IRAN		/	16				16
3	115	BIZHAN SHIRZAD	IRAN		/	17				17
4	18	AMIRHOSEYN MOHAMMADI	IRAN		/	18				18
5	23	MAJID GHARAGHOZLOO	IRAN		/	26				26
6	20	MASOOD GHADIRIAN	IRAN		/	31				31
7	41	MOHAMMAD MOFTAKHAR	IRAN		/	34				34
8	91	SAJJAD SALEMI	IRAN		/	41				41
9	100	EHSAN KHAJAVI	IRAN		/	45				45
10	42	ALI ASGHAR MOHAMMAD POOR	IRAN		/	47				47

Σ=10

Junior Men's Physique

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	194	ALIREZA EKBATANI			/	5				5
2	92	MEHDI KAZEMI AZAR	IRAN		/	10				10

Σ=2

Men's Physique (170CM)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	11	SAEID JALILVAND	IRAN		/	8				8
2	108	HESAM FATHI AZAR	IRAN		/	11				11
3	22	MOHAMAD HADI AZIZI	IRAN		/	14				14
4	13	HAMID MOHAMADIAN	IRAN		/	19				19
5	142	ALI HEYDARI	IRAN		/	23				23

Σ=5

Men's Physique (176CM)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	3	HAMED DEGHANI NIA	IRAN		/	11				11
2	4	SHAHIN MOLAEI	IRAN		/	11				11
3	74	HOSEYN NASIR AHMADI			/	12				12
4	110	AHMAD JAMSHIDI	IRAN		/	20				20
5	68	MAHMOOD BAYAT	IRAN		/	23				23
6	197	SEYED AMIR SALAR KAMALI	IRAN		/	30				30
7	120	MOHAMAD AMIN GOODARZI	IRAN		/	34				34

Σ=7

Men's Physique (179CM)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	133	AYOUB BASSAMI	IRAN		/	5				5
2	38	KEYVAN RASHIDI	IRAN		/	13				13
3	53	MOHAMAD HOSEYN SADEGH ZADEH	IRAN		/	15				15
4	59	ALI TAMANAI	IRAN		/	17				17
5	67	SINA KASHIRI	IRAN		/	24				24
6	79	HAMI ANOOSHEH	IRAN		/	30				30

Σ=6

Men's Physique (182CM)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	1	MEHDI MONTAZERI	IRAN		/	8				8
2	119	MORTEZA ASGHARI	IRAN		/	10				10
3	104	MOHAMAD HOSEYN MANSOURI	IRAN		/	15				15
4	140	HASHEM MOHAMADI	IRAN		/	17				17
5	117	SAEID BAYAT	IRAN		/	25				25

Σ=5

Men's Physique (+182CM)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	48	HAMIDREZA MARANGI MIANEH	IRAN		/	5				5
2	34	MOHAMAD EHSAN SADEGHI	IRAN		/	12				12
3	87	ASGHAR MAHER	IRAN		/	13				13
4	109	REZA NIAZI	IRAN		/	23				23
5	122	SEYED MORTEZA DARYABARI			/	23				23
6	11	SAEID JAMALI ZADEH	IRAN		/	29				29

Σ=6

Men's Physique OVERALL

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	133	AYOUB BASSAMI	IRAN		/	5				5
2	48	HAMIDREZA MARANGI MIANEH	IRAN		/	10				10
3	11	SAEID JALILVAND	IRAN		/	17				17
4	1	MEHDI MONTAZERI	IRAN		/	20				20
5	3	HAMED DEGHANI NIA	IRAN		/	23				23

Σ=5

Muscular Men's Physique

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	199	RAMTIN NADERI	IRAN		/	9				9
2	96	SALAR RAVANSHAD	IRAN		/	13				13
3	127	ALI GHOLAMI ASL	IRAN		/	15				15
4	36	AMIR MOKHTARI	IRAN		/	20				20
5	103	SASAN HOSEYNI	IRAN		/	22				22
6	78	MOHAMMAD HASAN DAEI	IRAN		/	24				24
7	101	MOJTABA AFSHARI	IRAN		/	35				35

$\Sigma=7$

Men's Fit-Model (-175CM)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	124	AMIN MOHAMMADI	IRAN		/	9	5			14
2	191	MOHSEN HOSEYNI	IRAN		/	5	12			17
3	190	AMIR HOSEYN KHORVASH	IRAN		/	13	9			22

$\Sigma=3$

Men's Fit-Model (+175CM)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	97	MOHAMAD HASAN VARGHAEI	IRAN		/	5	5			10
2	40	SHOEYB HOSEYNI	IRAN		/	12	10			22
3	131	SEYED AMIR SOLTANI NIA	IRAN		/	11	19			30
4	82	HOSEYN MAANI KHAH	IRAN		/	17	14			31

$\Sigma=4$

Men's Fitness (-175CM)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	84	VAHID HANIFEH LOO	IRAN		/	5	8			13
2	81	PAYAM HASAN NEJAD	IRAN		/	10	5			15
3	125	MIAD ZARGAR			/	15	15			30

$\Sigma=3$

Men's Fitness (+175CM)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	14	AMIR REZA AALIPOOR	IRAN		/	5	8			13
2	113	HOSEYN TEYMOORI	IRAN		/	10	5			15
3	185	MERSAD ZARGAR	IRAN		/	15	15			30

$\Sigma=3$

Asian Cup

free cup

Level

Gold

Date

3/11/2022

Comptetion

individual

Name	Numbe	Pullup	Box Jump	Dips	walking lunge	Situps	Burpee-Pushu	Tota
aldo raygoa	56	41	54	65	52	41	13	266
mehdi soltan abadi	55	31	44	62	60	49	19	265
hosein teymoori	54	38	45	51	50	54	14	252
abolfazl rastkhiz	58	31	52	55	53	39	16	246
ali taheri	62	40	52	41	50	40	15	238
ali talesh hoseini	59	25	52	18	52	50	17	214

Asian Cup

free cup

Level

Silver

Date

3/11/2022

Comptetion

individual

Name	Numbe	Column1	Column2	Column	Column4	Column	Column6	Tota
alireza shabani	64	43	62	74	57	56	63	355
SAEED FARSHCHI	66	36	42	71	45	59	48	301
nasrolah shirvani	65	31	46	54	38	50	58	277

Asian fitness Championships

Level	Gold				Date	10/03/2022				
Competition	Couple									
Name	Country	Number	Total	Pullup	Box Jump	Dips	Walking lunges	Situps	Burpee-Pushup	
milad soltani/hamid heydari	Iran	55/57	453	60	75	130	77	80	31	
kambiz osati/Mahmoud zoughi	Iran	47/49	448	62	68	123	64	105	26	
Mohamad Nabi/Khashayar Amini Marmari	Iran	59 60	447	69	68	118	75	84	33	
Hosein Rahimi/Sajad Parvin	Iran	43/45	446	62	75	97	95	80	37	
Mahdi Azad/Hamid Mohammadpoor	Iran	51/53	430	40	67	144	75	72	32	

Asian fitness Championships

Level

Silver

Date

10/03/2022

Competition

Couple

Name	country	Number	Pullup	Box Jump	Dips	walking lunges	Situps	Burpee-Pushup	Total
Milad soltanoi/Ahmad aghai	Iran	63/64	99	92	140	86	105	79	601
hamid heydari/omid mohamadjani	Iran	31/32	93	93	135	87	111	70	589
amar hamdan/mahmoud zahira	Syria	65/66	89	98	160	84	84	73	588
abdolaiz alzerli/aldo raygoza	Syria	99 100	80	113	145	84	86	80	588
milad babakan/mohamad taghinia	Iran	33/34	85	92	130	88	110	66	571
reza azad/omid kalji	Iran	67/68	81	83	137	82	82	69	534

Asian fitness Championships

Level	Gold	Date	3/11/2022
Comptetion	individual		

Name	Numbe	Pullup	Box Jump	Dips	walking lunge	Situps	Burpee-Pushu	Total
omid mohammad jani	74	35	61	62	57	59	20	294
kambiz osati	4	27	53	65	56	56	26	283
omid kalji	38	36	45	67	62	48	22	280
hosein rahimi	28	29	60	56	58	42	25	270
mehdi azad	24	39	53	54	57	43	23	269
khashayar amini	37	33	49	55	51	61	20	269
reza azad	96	26	52	63	57	49	20	267
mohammad nabi moameri	41	36	53	53	53	44	23	262
hamid mohammadpoor	91	27	58	57	55	47	18	262
milad babakan	26	28	56	47	46	43	20	240
mohammd taghinaya	79	30	55	35	31	49	21	221

Asian fitness Championships

Level	silver	Date	3/11/2022
Comptetion	individual		

Name	Numbe	Lying-Pullup	Jefferson Squat	Bench Dips	Lunges	Situps	KB snatch	Total
omid kalji	42	53	60	107	63	69	58	410
mahmod zahira	46	48	72	84	70	58	73	405
kambiz osati	13	45	60	77	65	77	68	392
seyed ahmad aghayi	36	44	75	85	54	67	67	392
hosein rahimi	41	40	78	81	58	62	69	388
amar hamdan	45	49	71	79	66	57	66	388
milad soltani	30	47	77	61	56	73	71	385
sajjad parvin	46	37	65	92	46	64	78	382
hamid heydari	43	48	60	81	53	70	64	376
reza azad	35	30	60	90	59	65	66	370

