



IFBB International GRAND PRIX Romania MAIN INFORMATION

NAME OF THE EVENT: IFBB International GRAND PRIX Romania		
CITY / COUNTRY: Sibiu, ROMANIA		
DATE: 2nd – 4th of September 2022		
EVENT OPEN FOR: All National Federations affiliated with the IFBB.		
IFBB ELITE PRO CARD QUALIFIER YES <input checked="" type="checkbox"/> NO <input type="checkbox"/>		
IFBB INTERNATIONAL RANKING QUALIFIER YES <input checked="" type="checkbox"/> – Level 2 NO <input type="checkbox"/>		
DAY OF ARRIVAL 02/09/2022		
DAY OF DEPARTURES 04/09/2022		
REGISTRATION DAY: 02/09/2022	TIME: 14:00 – 19:00	PLACE: Transilvania Sports Hall, Octavian Goga Street no.1, Sibiu 550370
WEIGH-IN DAY: 02/09/2022	TIME: 14:00 – 19:00	PLACE: Transilvania Sports Hall, Octavian Goga Street no.1, Sibiu 550370
<p>*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.</p>		
RECOMMENDED AIRPORT: Sibiu International Airport		
<p>VISA INFORMATION: A valid passport is required to enter Romania. EU country citizens do not need to obtain a visa. All other countries should consult the Romanian Embassy in their country to determine if they need a visa. Detailed information here: https://www.mae.ro/en/node/2035</p> <p>An Official Letter of Invitation will be made available if required. It is National Federations responsibility to obtain an entry visa for the country organizing the championship. All NationalFederations could ask for an Invitation letter either to the Championship Organizer or IFBB. The invitationletter does not mean you are granted your visa. IFBB and Championship organizer are not responsible of attendant's visas. To receive invitation letter, the applicant should forward the following information to the IFBB or Championship organizer a copy (scan) of his/her passport. If the visa is not granted, the Cancellation Policies for the championship will still apply.</p> <p>The relevant National Federation is responsible to carefully control the proper, legal use of the visa by its athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.</p> <p>*Due to the COVID-19 situation, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulation to avoid any inconveniences when travelling. Current Covid restriction to enter Romania available here: https://www.dfa.ie/travel/travel-advice/a-z-list-of-countries/romania/#travelto</p> <p>The National Federations, athletes, and officials, must adopt and strictly follow anyhealthy and other measures imposed, required, or recommended by the competent authoritieswith respect to the COVID-19 pandemic situation.</p>		

*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: Transylvania Sports Hall, Octavian Goga Street no.1, Sibiu 550370

HOTEL INFORMATION

RECOMMENDED HOTEL:

OFFICIAL HOTEL: JOYME HOTEL****
Cala Dumbravii 28-32, Sibiu 557260
<https://joymehotel.ro/>

REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **EUR €200.**

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **50 € (EUROS)** .

CROSSOVERS: EUR €100 per each of the additional categories.

DEADLINE FOR ONLINE PAYMENT: August 23rd, 2022 midnight.

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **35 € (EUROS)** and are mandatory.

*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

CATEGORIES:

JUNIOR'S CATEGORIES (16 - 23 years old)

- Junior Women's Bikini: open category;
- Junior Men's Physique: open category;
- Junior Men's Bodybuilding: open category.

MASTER'S CATEGORIES

- Women's Bikini (>35 years): open category
- Women's Bodyfitness (>35 years): open category
- Men's Bodybuilding (>40 years): 85 kg & + 85 kg
- Men's Classic Bodybuilding (>40 years): open category
- Men's Physique (>40 years): open category.

Possible crossovers: Classic Bodybuilding - Classic Physique – Bodybuilding; Bikini & Wellness – Women's Fit-Model; juniors & masters in senior classes.

WOMEN'S CATEGORIES

- Women's Bodyfitness: open category
- Women's Wellness: 168 cm & +168 cm
- Women's Fit-Model: open category
- Women's Bikini: 162 cm, 169 cm & +169 cm

MEN'S CATEGORIES

- Men's Bodybuilding: 80 kg, 90 kg, 100 kg & +100 kg
- Men's Classic Bodybuilding: 175 cm & +175 cm
- Men's Physique: 173 cm, 179 cm & +179 cm
- Muscular Men's Physique: open category;
- Men's Wheelchair Bodybuilding: open category;
- Fit-Pairs: open category;
- Men's Classic Physique: 175 cm & +175 cm

AWARDS:

Top three athletes in each category will be awarded with [medals](#).

Top six athletes in each category will be awarded with [Certificate of Excellence](#).

First athlete in each category will be awarded with Certificate of Excellence and a trophy

Overall winner will have a [trophy](#).

IFBB ELITE PRO CARDS:

15 IFBB ELITE PRO CARDS

DISTRIBUTION :

- **Women's Bodyfitness: 1 IFBB Elite Pro Card for the winner;**
- **Women's Wellness: 1 IFBB Elite Pro Card for the Overall winner;**
- **Women's Bikini: 3 IFBB Elite Pro Cards for the top 3 Overall winners;**
- **Men's Bodybuilding: 3 IFBB Elite Pro Cards for the top 3 Overall winners;**
- **Men's Classic Bodybuilding: 1 IFBB Elite Pro Card for the Overall winner;**
- **Men's Physique: 3 IFBB Elite Pro Cards for the top 3 Overall winners;**
- **Men's Classic Physique categories: 1 IFBB Elite Pro Card for the Overall winner.**

- **Master Women's Bikini (>35 years): 1 IFBB Elite Pro Card for winner.**
- **Master Men's Bodybuilding (>40 years): 1 IFBB Elite Pro Card for the Overall winner.**

*REGISTRATION DEADLINE

PRELIMINARY ENTRY FORM:05/08/2022

FINAL ENTRY FORM:22/08/2022

Note, please, that each National Federation wishing to participate in this competition must have paid the IFBB (EUR €500) affiliation fee for 2022. Otherwise, this Federation will not be allowed to participate. According to the IFBB Constitution, Art. 17, this fees should be paid in January of each year.

CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

EXTRA GREEN CARDS: **YES** **NO** **N/A**
PRICE: **EUR €30** each.

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

PROFESSIONAL TANNING SERVICE: **YES** **NO**
Contact: office@frcf.ro

CONTACT INFORMATION:

Please send Your Entry Form to:
Contact: **Ms. Tanita Groza Zetea**
E-mail: office@frcf.ro

Please send a copy to the IFBB
Technical Committee:
Eng. **Andrew Michalak**
E-mail: amichalak5@gmail.com

Please send a copy to IFBB Head Office:
Ms. Alba Sanchez
E-mail: info@ifbb.com

Contact details for additional correspondence:
President of the **ROMANIAN FEDERATION OF BODYBUILDING AND FITNESS**
Mr. Prof. Gabriel Sebastian Toncean
E-mail: secretariat@frcf.ro

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Team Managers and Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **50 € (EUROS)** paid for the current year. This fee may also be paid at the EVENT at the Team Managers and Judges Meeting.

