

TENTATIVE
2022 WORLD FITNESS CHAMPIONSHIPS RUNNING ORDER
(SHORT VERSION)

WEDNESDAY, OCTOBER 19th, 2022

10:00 – 20:00 – Official Athlete Registration – Yeongju Sports Centre
17:00 Team Managers and Judges Meeting

THURSDAY, OCTOBER 20th, 2022

10:00 – MORNING SESSION

- Junior Women Acrobatic Fitness Finals
- Junior Women Artistic Fitness Finals
- Women Wellness: Juniors + Masters
- Men Games Classic Bodybuilding: Seniors
- **LUNCH BREAK – 90 MINUTS**
- Women Wellness: Seniors
- Men Classic Physique: Seniors
- Men's Physique: Seniors
- Women Acrobatic Fitness Semifinals
- Women Artistic Fitness Semifinals

FRIDAY, OCTOBER 21st, 2022

09:30 – MORNING SESSION

- Men Classic Bodybuilding
- Women Bodyfitness: Juniors + Masters
- **LUNCH BREAK – 90 MINUTS**
- **OPENING CEREMONY**
- Women Bodyfitness: Seniors
- Women's Physique: Masters
- Women's Acrobatic Fitness Finals
- Men's Fitness Finals
- Women's Artistic Fitness Finals
- Women's Physique: Seniors
- Men Bodybuilding: Seniors
- Mixed-Pairs

SATURDAY, OCTOBER 22nd, 2022

09:00 ~ 13:00 ONE CONTINUOUS SESSION

- Women Bikini: Juniors + Masters
- Women Bikini: Seniors
- Fit-Pairs
- **LUNCH**