



BELLUX CUP LUXEMBOURG 2022

MAIN INFORMATION



NAME OF THE EVENT: IFBB BELLUX CUP LUXEMBOURG 2022		
CITY / COUNTRY: Mondorf-les-Bains - Luxembourg		
DATE: SEPT 23&24th 2022 - SEMI-FINALS & FINALS Saturday 24th 09:00 a.m. -19:00 p.m.		
EVENT OPEN FOR: all European & Africa National Federations affiliated to the IFBB		
IFBB ELITE PRO CARD QUALIFIER YES <input checked="" type="checkbox"/> NO <input type="checkbox"/>		
IFBB INTERNATIONAL RANKING QUALIFIER YES <input checked="" type="checkbox"/> NO <input type="checkbox"/>		
DAY OF ARRIVAL 23/09/2022		
DAY OF DEPARTURES 25/09/2022		
REGISTRATION DAY: 23/09/2022	TIME: 14:00-18:00	PLACE: CASINO 2000 5, rue FLAMMANG L5618 MONDORF-LES-BAINS Luxembourg
WEIGHT-IN DAY: 23/09/2022	TIME: 14:00-18:00	PLACE: CASINO 2000 5, rue Flammang L5618 MONDORF-LES-BAINS
<p>*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.</p>		
RECOMMENDED AIRPORT: LUXAIRPORT Luxembourg (17km)		
VISA INFORMATION: EU COUNTRIES DO NOT NEED TO OBTAIN A VISA. ALL ATHLETES COMING FROM OTHER COUNTRIES KINDLY CONSULT THE EMBASSY7CONSULATE7MINISTRY IN YOUR COUNTRY TO DETERMINE IF YOU NEED A VISA.		
<p>*Due to the COVID-19 situation, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulation to avoid any inconveniences when travelling. The National Federations, athletes, and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.</p>		
<p>*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.</p>		

VENUE: CASINO 2000 L-5618 MONDORF-LES-BAINS 5, rue Flammang

HOTEL INFORMATION

RECOMMENDED HOTEL: HOTELS are available in MONDORF-LES-BAINS /IBIS & IBIS BUDGET Luxembourg SUD & Luxembourg-City (please check by booking.com etc) There is no official Hotel. Hotel rooms CASINO 2000 are not available for athletes!

REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **200,00€ (EUROS)** each.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **50€ (EUROS)** .

CROSSEOVERS: 100,00€ (EUROS)

DEADLINE FOR ONLINE PAYMENT: 19/09/2022

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **35 € (EUROS)** and are mandatory.

*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

CATEGORIES:

WOMENS FIT MODEL OPEN
JUNIOR WOMENS BIKINI 16-23 years OPEN
WOMENS BIKINI UP TO 160CM
WOMENS BIKINI UP TO 164CM
WOMENS BIKINI UP TO 169CM
WOMENS BIKINI UP TO 172CM
WOMENS BIKINI OVER 172CM
MASTER WOMENS BIKINI 35 YEARS& OVER
WOMENS BODYFITNESS UP TO 163 CM
WOMENS BODYFITNESS OVER 163 CM
MASTER WOMENS BODYFITNESS 35 Y & OVER
WOMENS PHYSIQUE OPEN
WOMENS WELLNESS UP TO 163 cm
WOMENS WELLNESS OVER 163 cm
FIT PAIRS

MENS CLASSIC BODYBUILDING UP TO 175 CM
MENS CLASSIC BODYBUILDING OVER 175 CM
MENS CLASSIC PHYSIQUE OPEN
MENS BODYBUILDING UP TO 75KG
MENS BODYBUILDING UP TO 80KG
MENS BODYBUILDING UP TO 90KG
MENS BODYBUILDING UP TO 100KG
MENS BODYBUILDING OVER 100KG
MASTER MENS BODYBUILDING 40 Y & OVER
JUNIOR MENS PHYSIQUE OPEN
MENS PHYSIQUE UP TO 173 CM
MENS PHYSIQUE UP TO 179 CM
MENS PHYSIQUE UP TO 182 CM
MENS PHYSIQUE OVER 182 CM
MASTER MENS PHYSIQUE 40 Y & OVER OPEN
MUSCULAR MENS PHYSIQUE OPEN

Possible Crossovers
Classic Bodybuilding
Classic Physique
Bodybuilding
Women's Bikini
Women's Fit Model
Women's Wellness
Women's Fit Model

Also Junior and Masters in senior classes

AWARDS:

Top three athletes in each category will be awarded with [medals](#).
Top six athletes in each category will be awarded with a [Certificate of Excellence](#) and [trophies](#).
Overall winner will have a [trophy](#).

IFBB ELITE PRO CARDS:

TOTAL NUMBER : 19

DISTRIBUTION

WOMEN BIKINI FITNESS OVERALL (3)
MASTER WOMEN BIKINI FITNESS OPEN (1)
WOMEN WELLNESS OVERALL (1)
WOMEN BODYFITNESS OVERALL (2)
MASTER WOMEN BODYFITNESS OPEN (1)
WOMEN PHYSIQUE OPEN (1)
MEN PHYSIQUE OVERALL (3)
MUSCULAR MEN'S PHYSIQUE OPEN (1)
MEN CLASSIC BODYBUILDING CLASSIC OVERALL (1)
MEN CLASSIC PHYSIQUE OPEN (1)
MEN BODYBUILDING OVERALL (3)
MASTER MEN BODYBUILDING OPEN (1)

*REGISTRATION DEADLINE

PRELIMINARY ENTRY FORM:16/09/2022
FINAL ENTRY FORM:16/09/2022

CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

EXTRA GREEN CARDS: **YES** **NO** **N/A**

PRICE: **50,00€ € (EUROS)** each.

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

PROFESSIONAL TANNING SERVICE: **YES** **NO**

Contact: **patriciatanning@gmail.com**

CONTACT INFORMATION:

Please send Your Entry Form to:

Contact: **Guy KRIDEL**

E-mail: info@ifbbluxembourg.com

Please send a copy to IFBB Technical Committee:

Eng. Andrew Michalak

E-mail: amichalak5@gmail.com

Please send a copy to IFBB Head Office:

E-mail: info@ifbb.com

Contact details for additional correspondence:

President of **IFBB LUXEMBOURG**

Mr. Guy KRIDEL

E-mail: info@ifbbluxembourg.com

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Team Managers and Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **50 € (EUROS)** paid for the current year. This fee may also be paid at the EVENT at the Team Managers and Judges Meeting.