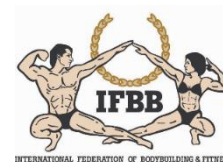


# 2022 NOCCO Pro Qualifier



## MAIN INFORMATION

NAME OF THE EVENT: **2022 IFBB NOCCO Pro Qualifier**

CITY / COUNTRY: **Stockholm / Sweden**

DATE: **April 9th-10th, 2022**

EVENT OPEN FOR: **All European National Federations affiliated to the IFBB**

IFBB ELITE PRO CARD QUALIFIER: **YES**  **NO**

IFBB INTERNATIONAL RANKING QUALIFIER: **YES**  - Level 2 **NO**

DAY OF ARRIVAL: **April 8th, 2022**

DAY OF DEPARTURES: **April 10th / 11th, 2022**

REGISTRATION DAY: <b>April 9th</b>	TIME: <b>09:00 -12:00</b>	PLACE: <b>Solnahallen, Ankdammsgatan 46, Solna, Stockholm</b>
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WEIGH-IN DAY: <b>April 9th</b>	TIME: <b>09:00 -12:00</b>	PLACE: <b>Solnahallen, Ankdammsgatan 46, Solna, Stockholm</b>
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\*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: **Stockholm Arlanda Airport (ARN), 190 45 Stockholm-Arlanda**

### VISA INFORMATION:

A valid passport is required to enter the territory of the European Union (Schengen Zone). Schengen Area nowadays covers most of the European Countries with an exception made for the United Kingdom and the countries that are soon to be part of this agreement as Romania, Bulgaria, Croatia, Cyprus and Ireland. The following countries: Norway, Iceland, Switzerland and Lichtenstein are also part of the Schengen Zone. Detailed info at: <https://www.migrationsverket.se/English/Startpage.html>

\*Due to the COVID-19 situation, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulation to avoid any inconveniences when travelling. The National Federations, athletes, and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.

\*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: **Solnahallen, Ankdammsgatan 46, Solna, Stockholm**

## HOTEL INFORMATION

RECOMMENDED HOTEL: **Park Inn by Radisson, Solna, Hotellgatan 11, 17125 Solna**

## REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **EUR €200**.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **EUR €50**.

CROSSOVERS: **EUR €100**.

DEADLINE FOR ONLINE PAYMENT: **March 29<sup>th</sup>, 2022**

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €35** and are mandatory.

\*All posing music must be in the high quality MP3-format, or lossless FLAC/AAC and sent to the Organizing Committee Officer at [info@tyngre.se](mailto:info@tyngre.se) no later than Friday, 1st of April 2022. Otherwise, it must be brought to the registration on an USB drive, where the music must be the only file on the USB. Competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

## CATEGORIES:

### Women's Bikini

Up to & incl. 164 cm

Up to & incl. 169 cm

Over 169 cm

Overall

### Women's Wellness

Up to & incl. 163 cm

Over 163 cm

Overall

### Women's Bodyfitness

Up to & incl. 163 cm

Over 163 cm

Overall

### Men's Classic Physique\*

Up to & incl. 180 cm

Over 180 cm

Overall

### Men's Classic Bodybuilding\*

Up to & incl. 180 cm

Over 180 cm

Overall

### Men's Physique

Up to & incl. 174 cm

Up to & incl. 178 cm

Over 178 cm

Overall

\*- categories with weight / height limits

**Possible crossovers:** Men's Classic Bodybuilding – Men's Classic Physique

Top 5 athletes in each category will receive points to the 2022 IFBB World Ranking (Level 2 competition).

## AWARDS:

Top three athletes in each category will be awarded with **medals**.  
Top six athletes in each category will be awarded with a **Certificate of Excellence and trophies**.  
Overall winner will have a **trophy**.

## IFBB ELITE PRO CARDS:

**A total of 6 Pro Cards will be given to the overall winners in:**

**Women's Bikini**  
**Women's Bodyfitness**  
**Women's Wellness**  
**Men's Physique Classic**  
**Men's Physique**  
**Men's Classic Bodybuilding**

## \*REGISTRATION DEADLINE

PRELIMINARY ENTRY FORM: **March 15<sup>th</sup>, 2022**

FINAL ENTRY FORM: **March 28<sup>th</sup>, 2022**

***Note, please, that each National Federation wishing to participate in this competition must have paid the IFBB (EUR €500) and EBFF (EUR €300) affiliation fee for 2022. Otherwise, this Federation will not be allowed to participate. According to the IFBB Constitution, Art. 17, this fees should be paid in January of each year.***

## CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

## GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. For this event green cards will only be issued to the athlete's specified (and named) coach. They will be distributed at the registration/weigh in as follows:

- **1 green card per athlete**

EXTRA GREEN CARDS: **NO**

## TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

PROFESSIONAL TANNING SERVICE: **YES**  **NO**

Booking: <http://www.onsitetan.com/book-here/>

Contact: [info@onsitetan.com](mailto:info@onsitetan.com)

## CONTACT INFORMATION:

Please send Your Entry Form to:  
Contact: **Mr. Alex Danielsson**  
E-mail: [alex@tyngre.se](mailto:alex@tyngre.se)

Please send a copy to IFBB Technical  
Committee:  
**Eng. Andrew Michalak**  
E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Please send a copy to the IFBB Head Office:  
**Ms. Alba Sanchez**  
E-mail: [info@ifbb.com](mailto:info@ifbb.com)

Contact details for additional correspondence:  
**President of the Swedish Bodybuilding & Fitness Federation**  
**Mr. Jani Kaaria**  
E-mail: [jani@ifbbsweden.se](mailto:jani@ifbbsweden.se)

## JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Team Managers and Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50** paid for the current year. This fee may also be paid at the EVENT at the Team Managers and Judges Meeting.



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