

International Federation of Bodybuilding & Fitness

Dublin 39/I – Europolis – Las Rozas - Madrid – 28232 – Spain - Tel: **(34) 5352819** Fax: **(34) 5351518**

E-mail: headquarters@ifbb.com Website: [www.ifbb.com](http://www.ifbb.com)

FINAL ENTRY FORM

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| **2022 IFBB FITNESS CHALLENEGE ASIAN CHAMPIONSHIPS****IFBB ASIAN CUP****Kish, Iran, March 09th – 13th, 2022*****OPEN TO ALL IFBB-AFFILIATED ASIAN NATIONAL FEDERATIONS*** |

**Deadline date to send the Final Entry Form is Tuesday, March 01st, 2022.**

***This Entry Form is to be completed and sent by National Federations, NOT by individual athletes***

*It is full responsibility and obligation of the National Federation to verify if each one of the athletes to be registered on this international event are NOT SUSPENDED or fulfilling any period of ineligibility due to Anti-Doping Rule Violation or any disciplinary case at national or international level.*

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| **COUNTRY** | **NATIONAL FEDERATION’S NAME** | **NF PRESIDENT’S NAME** |
|  |  |  |
| **FEDERATION CONTACT NO. (OFFICE OR CELL PHONE)** | **NATIONAL FEDERATION’S E-MAIL ADDRESS** |
|  |  |
|  | **If applicable: Responsible Delegate(s) name at this event** | **Cell phone** | **PASSPORT No.** |
| 12 |  |  |  |
| **Complete this Form in ENGLISH LETTERS and leave it in the WORD format, so we can copy/paste the athletes’ names on our list. DO NOT change it to PDF format, please.** |
|  | **Competitor’s:****1 Given** NAME + 1 **Family** NAME | **CATEGORY** | **IFBB IC or** **PASSPORT No.** |
| **1** |  |  |  |
| **2** |  |  |  |
| **3** |  |  |  |
| **4** |  |  |  |
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| **15** |  |  |  |

***IF YOU HAVE MORE ATHLETES, CONTINUE THIS TABLE, PLEASE.***

**IMPORTANT NOTES:**

**ALL THE COSTS FOR TRAVELLING, HOTEL ACCOMMODATIONS AND MEALS (AND TRANSPORT FROM AND TO THE AIRPORT) MUST BE COVERED BY NATIONAL FEDERATIONS. HOTEL RESERVATION MUST BE DONE BY DIRECT COMMUNICATION BETWEEN THE NATIONAL FEDERATION AND THE ORGANIZING COMMITTEE. CHECK WITH YOUR NATIONAL FEDERATION FOR MORE INFORMATION.**

**The Organizer of the event in Iran will not accept any direct registration from athletes.**

**This Final Entry Form will only be considered if it is sent by the National Federation of the athlete and directly to the Organizer; IFBB Headquarters in Madrid and IFBB Technical Committee (see email addresses below). The final decision to allow an athlete to compete in this event rests with the IFBB.**

**Categories accepted at the 2022 IFBB Fitness Challenge Asian Championships
and Asian Cup, Iran:**

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| **IFBB Fitness Challenge Asian Championships (Junior, Senior and Master)** |
| * **Teams**
* **Individuals**
* **Couples**
* **GOLD Men Individual**
* **GOLD Women Individual**
 | * **GOLD Mixed Couples**
* **GOLD Mixed Teams**
* **SILVER Men Individual**
* **SILVER Women Individual**
* **SILVER Mixed Couples**
* **SILVER Mixed Teams**
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| **Asian Cup** |
| **Men’s Bodybuilding** Up to & incl. 65 kgUp to & incl. 70 kgUp to & incl. 75 kgUp to & incl. 80 kgUp to & incl. 85 kgUp to & incl. 90 kgUp to & incl. 100 kgOver 100 kg**Junior Men’s Bodybuilding 16-23 yrs. – OPEN****Master Men’s Bodybuilding >40 yrs:** Up to & incl. 80 kgOver 80 kg **Men’s Classic Physique\***Up to & incl. 168 cmUp to & incl. 171 cmUp to & incl. 175 cm Up to & incl. 180 cmOver 180 cm **Junior Men’s Classic Physique** **16-23 yrs. – OPEN****Master Men’s Classic Physique >40 yrs. – OPEN** | **Men’s Classic Bodybuilding\***Up to & incl. 168 cmUp to & incl. 171 cmUp to & incl. 175 cm Up to & incl. 180 cmOver 180 cm **Junior Men’s Classic Bodybuilding 16-23 yrs. – OPENMaster Men’s Classic Bodybuilding >40 yrs. – OPEN****Men’s Physique**Up to & incl. 170 cmUp to & incl. 173 cmUp to & incl. 176 cmUp to & incl. 179 cmUp to & incl. 182 cmOver 182 cm**Junior Men’s Physique** **16-23 yrs. – OPEN****Master Men’s Physique >40 yrs. – OPEN****Muscular Men’s Physique – OPEN****Men’s Fit-Model - OPEN** |

 **Possible Crossovers:** Classic Bodybuilding – Classic Physique – Bodybuilding, also juniors and masters in senior classes.

***\*- categories with weight / height limits***

***Note: Minimum number of competitors to run a category should be 5. If less than 5 athletes, categories will be combined, wherever possible.***

**Registration fee is EUR €200 per athlete and will have to be paid in advance by credit/debit card or PayPal at IFBB webpage** [**http://www.ifbb.com/competition-registration**](http://www.ifbb.com/competition-registration) **. Please add your name during online payment and bring a copy of your payment confirmation to the registration. The deadline date for the online payment is March 01st, 2022. The online payment system will be switched off on Tuesday, March 01st, at 24:00 (midnight, Central European Time, UTC+1). If paying at the Registration in Kish, on March 09th, 2022, it will be EUR €250 per participant. Crossovers (additional categories) - additional fee of EUR €100 per each of additional categories will be charged.**

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| **Please send Entry Form no later than March 01st, 2022 to:** **Organizing Committee****Ms. Sadegh Hashemi:** **international@iranbbf.ir****IFBB Technical Committee****Eng. Andrew Michalak****E-mail:** **amichalak5@gmail.com** | **Please send a copy to:****IFBB Head Office:Ms. Vanessa Leon****E-mail:** **contact@ifbb.com** |

**Please list your IFBB INTERNATIONAL JUDGES coming to this event:**

|  |  |  |
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|  | **NAME (AS WRITTEN IN PASSPORT)** | **PASSPORT NUMBER** |
| 1 |  |  |
| 2 |  |  |
| 3 |  |  |

***Date of issue:***

***Completed by (****your name & position in the NF****):***