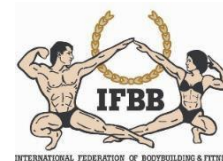




**IFBB Asian Fitness Challenge Championships and
Asian Cup
MAIN INFORMATION**



NAME OF THE EVENT: IFBB Asian Fitness Challenge Championships & Asian Cup

CITY / COUNTRY: Kish, Iran

DATE: March 10th – 12th, 2022

EVENT OPEN FOR: All IFBB-Affiliated Asian National Federations

DAY OF ARRIVAL: 09/03/2022

DAY OF COMPETITION: March 10th – 12th, 2022

DAY OF DEPARTURES: 13/03/2022

**REGISTRATION DAY:
09/03/2022**

TIME: 09:00 – 20:00

PLACE: is Talare – Shahr complex in kish
(Address: Hormozgan Province, Kish, Ferdowsi St).

- All Athletes must wear their competition attire during registration

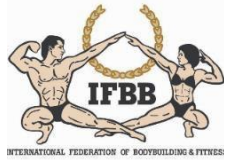
AIRPORT: Kish International Airport

VISA INFORMATION:

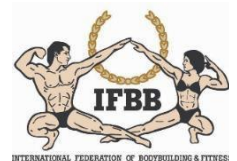
Detailed information on which countries need a visa to enter Iran:
<https://visaguide.world/asia/iran-visa/>

- Due to the COVID-19 situation, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulation to avoid any inconveniences when travelling. The National Federations, athletes, and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.
- An Official Letter of Invitation will be available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any.

VENUE: Talare – Shahr complex in kish **(Address:** Hormozgan Province, Kish, Ferdowsi St).



IFBB Asian Fitness Challenge Championships and Asian Cup MAIN INFORMATION



HOTEL INFORMATION:

- **RECOMMENDED HOTEL:** 5-star Iran Hotel, Kish, Address: G2R8+C5V, Kish, Hormozgan Province. This hotel is the official hotel of the event. Athletes, delegates, and supporters may be accommodated in this hotel or in 4-star hotels (see point REGISTRATION FEE).

- **EUR €50** / day/ person (4-stars hotel, breakfast included).

- **EUR €75** / day/ person (5-stars Hotel Iran Hotel Kish, breakfast included – competition venue).

REGISTRATION FEES:

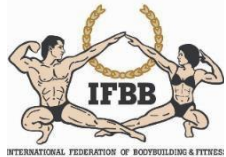
Each athlete must pay the IFBB registration fee of **EUR 200**, that not includes accommodation

Registration fee for athletes and special packages to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **EUR €50**.

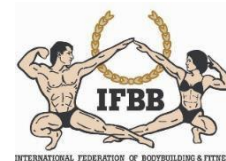
DEADLINE FOR ONLINE PAYMENT: **01/03/2022**

CROSSOVER: **EUR €100** per each additional category will be charged.

- Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.
The final decision to allow an athlete to compete in this EVENT rests with the IFBB.
- It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.
- All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **€35 (Euros)** and mandatory.



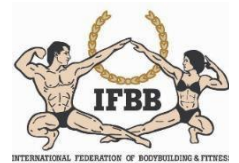
**IFBB Asian Fitness Challenge Championships and
Asian Cup
MAIN INFORMATION**



Categories	
Fitness Challenge (Junior, Senior and Master) <ul style="list-style-type: none"> • Teams • Individuals • Couples <ul style="list-style-type: none"> ○ GOLD Men Individual ○ GOLD Women Individua 	<ul style="list-style-type: none"> ○ GOLD Mixed Couples ○ GOLD Mixed Teams ○ SILVER Men Individual ○ SILVER Women Individual ○ SILVER Mixed Couples ○ SILVER Mixed Teams
<ul style="list-style-type: none"> · UP TO & INCL. 65 KG · UP TO & INCL. 70 KG · UP TO & INCL. 75 KG · UP TO & INCL. 80 KG · UP TO & INCL. 85 KG · UP TO & INCL. 90 KG · UP TO & INCL. 100 KG · OVER 100 KG JUNIOR MEN'S BODYBUILDING 16-23 years - OPEN MASTER MEN'S BODYBUILDING +40 years: <ul style="list-style-type: none"> · UP TO & INCL. 80 KG · OVER 80 KG MEN'S PHYSIQUE: <ul style="list-style-type: none"> · UP TO & INCL. 170 CM · UP TO & INCL. 173 CM · UP TO & INCL. 176 CM · UP TO & INCL. 179 CM · UP TO & INCL. 182 CM · OVER 182 CM JUNIOR MEN'S PHYSIQUE 16-23 years - OPEN MASTER MEN'S PHYSIQUE +40 years – OPEN MUSCULAR MEN'S PHYSIQUE – OPEN Crossovers: Classic Bodybuilding – Classic Physique – Bodybuilding, also juniors and masters in senior classes.	MEN'S CLASSIC BODYBUILDING: <ul style="list-style-type: none"> · UP TO & INCL. 168 CM · UP TO & INCL. 171 CM · UP TO & INCL. 175 CM · UP TO & INCL. 180 CM · OVER 180 CM JUNIOR MEN'S CLASSIC BODYBUILDING 16-23 years - OPEN MASTER MEN'S CLASSIC BODYBUILDING +40 years – OPEN MEN'S CLASSIC PHYSIQUE: <ul style="list-style-type: none"> · UP TO & INCL. 168 CM · UP TO & INCL. 171 CM · UP TO & INCL. 175 CM · UP TO & INCL. 180 CM · OVER 180 CM JUNIOR MEN'S CLASSIC PHYSIQUE: 16-23 years - OPEN MASTER MEN'S CLASSIC PHYSIQUE +40 years – OPEN MEN'S FIT-MODEL - OPEN
REGISTRATION DEADLINE:	
FINAL ENTRY FORM: 01/03/2022	



**IFBB Asian Fitness Challenge Championships and
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CAMERA / VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS:

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges / team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

EXTRA GREEN CARDS: **YES** **NO** **N/A**

PRICE: **20 € (Euros)** each.

TENTATIVE SCHEDULE:

Wednesday, March 9th : Arrivals and Registration (09:00 – 20:00)

Thursday, March 10th : Competition

FRIDAY, March 11th : Competition

SATURDAY, March 12th : Competition

SUNDAY, March 13th : Departures

CONTACT INFORMATION:

Please send Your Entry Form to: **Mr. Sadegh Hashemi**

E-mail: international@iranbbf.ir

Please send a copy to IFBB Technical Committee: Eng.

Andrew Michalak

E-mail: amichalak5@gmail.com

Please send a copy to IFBB Head Office: Ms. Vanessa León

E-mail: contact@ifbb.com

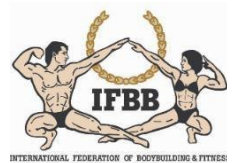
Contact details for additional correspondence:

Head of international affairs of Iran federation : **Mr. Sadegh Hashemi**

E-mail: international@iranbbf.ir



IFBB Asian Fitness Challenge Championships and Asian Cup MAIN INFORMATION



JUDGES:

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules.

All international judges must bring their International Judge's Cards to the Team Managers and Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **50 € (Euros)** paid for the current year. This fee may also be paid at the EVENT at the Team Managers and Judges Meeting.