



ELITE PRO CARDS • IFBB Elite PROFESSIONAL QUALIFIER • IFBB WORLD RANKING EVENT

TIGER CLASSIC - DIAMOND CUP ROMANIA

The 15th Edition: Bucharest, May 13th-15th, 2022

INSPECTION REPORT

OFFICIAL DATE:

May 13th: Arrival, official weigh-in & athlete registration, at official Venue location: **Daimon Social Club (Calea Piscului no. 10)** , from 14:00 to 19:00 – local time

May 14th: Tiger Classic – **DIAMOND CUP ROMANIA**, from **10:00** – local time

After-Party, for all athletes and officials, from 21:00 – local time

May 15th: Departure

The poster for the Tiger Classic Diamond Cup Romania Bucharest, 13/14 May 2022, features a central tiger head logo and the event title. Below the title, there are photos of winners in various categories. The poster is framed by a grid of sponsor logos, including Elcriston, MH Muscle Health, IFBB, IFBB Elite Pro, RETAL, ZETEA, DAIMON SPORTS S.P.A., and many others. The text 'powered by' is visible above the ZETEA logo. The bottom of the poster includes the text '13 + 2' and 'Edition XV'.



TIGER CLASSIC



FEDERATIA ROMANA DE CULTURISM SI FITNESS



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LOCATION: Bucharest City

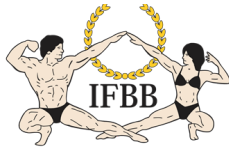


WELCOME

The Organizing Committee of the Romanian Bodybuilding and Fitness Federation together with the International Bodybuilding & Fitness Federation (IFBB) gives a most warm welcome to athletes from all National Federations Affiliated with the IFBB, that will be participating at the **IFBB TIGER CLASSIC - DIAMOND CUP ROMANIA**, in the city of Bucharest, Romania!

VENUE LOCATION: Bucharest, **Daimon Social Club** - Calea Piscului no. 10





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Official Hotels:

Caro Hotel**** (30 min from Venue Location, by car)
 Barbu Vacarescu Street, no. 164 A, Bucharest
<https://www.carohotel.ro/>



Located in Bucharest, a city bursting with life, Caro Hotel is steeped in local history, yet it has a decidedly forward-thinking attitude. It has earned the reputation of being one of the “hippest” hotels in Bucharest, offering a uniquely designed property which perfectly blends the contemporary with the reminders of the past.

RAZVAN HOTEL*** (12 min from Venue Location, by car)
<https://hotelrazvan.com/en/>



IMPORTANT NOTICE: REGARDING THE HOTELS



There are many international conferences and meetings held in Bucharest every weekend, so hotels may be booked up quickly. Please reserve your rooms well in advance to avoid disappointment.



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HOW TO TRAVEL TO BUCHAREST

By plane: International Airport Henri Coandă <http://www.bucharestairports.ro/en>

Direct access from the airport:

TAXI: we strongly recommend the best taxi-company, **BLACK CAB** - official partner **IFBB Tiger Classic** – **DIAMOND CUP ROMANIA** → <https://www.blackcab.ro/en/>

Registration and weigh-in will take place on Friday, May 13th, 2022, from 14:00 to 19:00 hrs., at the Venue location: **Daimon Social Club**.

All athletes will have to produce their Passports & IFBB International Cards at the registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are EUR €35 and are mandatory.

At the **IFBB Tiger Classic – DIAMOND CUP ROMANIA** event, any direct registration from athletes will not be accepted, as these must be processed by their respective national IFBB federations.

Final Entry Forms will only be considered if they are sent by the National Federation of the athlete and directly to the Organizaing Committee, IFBB Head Office in Madrid and IFBB Technical Committee. The final decision to allow an athlete to compete in this event rests with the IFBB.

You will receive your tags or wrist band for athletes and coaches at the registration. All athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

The IFBB registration fees are as follows:

Registration fee for athletes is EUR €200. For junior categories it will be EUR €50. For competing in more categories (crossovers), the additional fee of EUR €100 per each of the additional categories will be charged.

Fees have to be paid in advance by credit/debit card or PayPal at the IFBB webpage: <http://www.ifbb.com/competition-registration>, for your best comfort and convenience. Please add your name during online payment and bring a copy of your payment confirmation to the registration.

The deadline date to do the online payment is **May 09th**, 24:00 hrs (midnight- Central European Summer Time, UTC +2), then the online payment system will be switched off.

If paying at the Registration, an extra fee of EUR €50 per participant will be charged.

LANGUAGE

The official language in Bucharest is Romanian. English is widely spoken in hotels, restaurants, shopping centers and tourist areas.

CURRENCY

The national currency in Romania is lei (LEU). One Euro is approximately equal to 5 lei, but the rates can fluctuate. All major credit cards are widely accepted at most major hotels, department stores and restaurants. You may be requested to show your passport.



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ELECTRIC CURRENT

The electrical current is 220 volts, 50 Hz. Plugs/sockets type C and F (2 round prongs).

TIME DIFFERENCE

Bucharest is in the Eastern European Time zone (UTC +3 hours – in summer).

VISAS

A valid passport is required to enter in Romania. EU-country citizens do not need to obtain a visa. All other countries should consult the Romanian Embassy in their country to determine if they need a visa. Detailed information here: <https://www.mae.ro/en/node/2035> . Current Covid restriction travelling to Romania available here: <https://www.dfa.ie/travel/travel-advice/a-z-list-of-countries/romania/#travelto>

An Official Letter of Invitation will be made available if required.

It is National Federations responsibility to obtain an entry visa for the country organizing the championship. All National Federations could ask for an Invitation letter either to the Championships Organizer or IFBB. The invitation letter does not mean you are granted your visa. IFBB and Championship organizer are not responsible of attendants visas.

To receive invitation letter, the applicant should forward the following information to the IFBB or Championship organizer : A copy (scan) of passport.

If the visa not granted, the Cancellation Policies for the championship will still apply.

An athlete, who requested and received an invitation from IFBB Head Office or the Organizing Committee of an IFBB sanctioned event for visa purposes and used this visa to unlawful stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures.

CATEGORIES OPEN FOR COMPETITION

JUNIOR'S CATEGORIES (16 - 23 years old)

- Junior Women's Bikini: open category;
- Junior Men's Physique: open category;
- Junior Men's Bodybuilding: open category.

WOMEN'S CATEGORIES

- Women's Bodyfitness: open category;
- Women's Wellness: 168 cm and +168 cm;
- Women's Fit-Model: open category;
- Women's Bikini: 162 cm, 169 cm and +169 cm.

MEN'S CATEGORIES

- Men's Bodybuilding: 80 kg, 90 kg and +90 kg;
- Men's Classic Bodybuilding: 175 cm and +175 cm;
- Men's Physique: 173 cm, 179 cm and +179 cm;
- Muscular Men's Physique: open category;
- Men's Wheelchair Bodybuilding: open category;
- Fit-Pairs: open category;
- Men's Classic Physique: 175 cm and +175 cm.



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MASTER'S CATEGORIES

- Women's Bikini (>35 years): open category;
- Women's Bodyfitness (>35 years): open category;
- Men's Bodybuilding (>40 years): 85 kg and + 85 kg;
- Men's Classic Bodybuilding (>40 years): open category;
- Men's Physique (>40 years): open category.

Note 1: A category can only be run if there are not less than 5 athletes. If less than 5 athletes, the categories will be combined with the next heavier/taller/older class, wherever possible.

Note 2: Possible crossovers: Classic Bodybuilding - Classic Physique – Bodybuilding; Bikini & Wellness – Women's Fit-Model. Also juniors & masters in senior classes.

- At the time of the Official Athlete Registration competitor must produce documentary evidence of his or her date of birth (eg: passport, birth certificate, etc.)

- An athlete, male or female, may compete as a JUNIOR competitor from January 1st of the year in which the athlete reaches his or her 16th birthday up to and including December 31st of the year in which the athlete reaches his or her 23rd birthday.

- An athlete, male or female, may compete as JUNIOR competitor in the category 16-20 years from January 1st of the year in which the athlete reaches his/her 16th birthday up to and including December 31st of the year in which the athlete turns 20. From January 1st of the next year, 21-23 years of age.

-An athlete male or female, may compete as JUNIOR competitor in the category 21-23 years from January 1st of the year in which the athlete reaches his/her 21 birthday up to and including December 31st of the year in which the athlete turns 23. From January 1st of the next year, he/she may compete in the men's or women's open category.

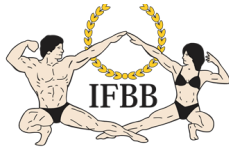
****Please check carefully below the Bodyweight Limits (according to IFBB Rules):**

Men and Master Men's Classic Bodybuilding bodyweight limits:

- Up to 168 cm: Athletes bodyweight [kg] = (Athletes height [cm] - 100) + 0 [kg]
- Up to 171 cm: Athletes bodyweight [kg] = (Athletes height [cm] - 100) + 2 [kg]
- Up to 175 cm: Athletes bodyweight [kg] = (Athletes height [cm] - 100) + 4 [kg]
- Up to 180 cm: Athletes bodyweight [kg] = (Athletes height [cm] - 100) + 7 [kg]
- Up to 188 cm: Athletes bodyweight [kg] = (Athletes height [cm] - 100) + 9 [kg]
- Up to 196 cm: Athletes bodyweight [kg] = (Athletes height [cm] - 100) + 11 [kg]
- Over 196 cm: Athletes bodyweight [kg] = (Athletes height [cm] - 100) + 13 [kg]

Men Classic Physique bodyweight limits:

- Up to 168 cm: Athletes bodyweight [kg] = (Athletes height [cm] - 100) + 4 [kg]
- Up to 171 cm: Athletes bodyweight [kg] = (Athletes height [cm] - 100) + 6 [kg]
- Up to 175 cm: Athletes bodyweight [kg] = (Athletes height [cm] - 100) + 8 [kg]
- Up to 180 cm: Athletes bodyweight [kg] = (Athletes height [cm] - 100) + 11 [kg]
- Up to 188 cm: Athletes bodyweight [kg] = (Athletes height [cm] - 100) + 13 [kg]
- Up to 196 cm: Athletes bodyweight [kg] = (Athletes height [cm] - 100) + 15 [kg]
- Over 196 cm: Athletes bodyweight [kg] = (Athletes height [cm] - 100) + 17 [kg]



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Female Masters

May compete as a MASTER competitor in the category over 35 years of age from January 1st of the year in which she reaches her 35th birthday.

- May compete as a MASTER competitor in the category 35-39 years of the age from January 1st of the year in which she reaches 35th birthday up to and including December 31st of the year in which she turns 39. From January 1st of the next year, she may compete in the category over 40 years of age.

Male Masters

May compete as a MASTER competitor in the category over 40 years of age from January 1st of the year in which he reaches his 40th birthday.

- May compete as a MASTER competitor in the category 40-49 years of age from January 1st of the year in which the athlete reaches his 40th birthday up to and including December 31st the year in which the athlete turns 49. From January 1st of the next year, he may only compete in the category over 50 years of age.

AWARDS

- Top three athletes in each category will be awarded with medals.
- Top six athletes in each category will be awarded with a Certificate of Excellence and trophies.
- Overall winner will have a trophy.

15 IFBB ELITE PRO CARDS

DISTRIBUTION :

- Women's Bodyfitness: 1 IFBB Elite Pro Card for the winner;
- Women's Wellness: 1 IFBB Elite Pro Card for the Overall winner;
- Women's Bikini: 3 IFBB Elite Pro Cards for the top 3 Overall winners;
- Men's Bodybuilding: 2 IFBB Elite Pro Cards for the top 2 Overall winners;
- Men's Classic Bodybuilding: 2 IFBB Elite Pro Cards for the Overall winner;
- Men's Physique: 3 IFBB Elite Pro Cards for the top 3 Overall winners;
- Men's Classic Physique categories: 1 IFBB Elite Pro Card for the Overall winner;
- Master Women's Bikini (+35 years): 1 IFBB Master Elite Pro Card for the winner;
- Master Men's Bodybuilding (+40 years): 1 IFBB Master Elite Pro Card for the Overall winner.

PARTICIPATION

The **IFBB Tiger Classic – DIAMOND CUP ROMANIA** are open for **ALL** National Federations Affiliated with the IFBB. Registration of athletes will only be considered if they are nominated by their IFBB-affiliated National Federation by sending the Final Entry Form with their names.

The deadline date for submitting the Final Entry Forms is **May 9th, 2022**.

SECRETARIAT

The Organizing Committee will maintain a Secretariat in the Venue Location, to start from 12:00 till 20:00 from Friday – May 13th to Saturday – May 14th.

BACKSTAGE ACCESS/DRESSING ROOM ACCESS

A limited number of backstage passes will be for sale during registration, May 13th.

Only official Delegates/Trainers possessing the *Backstage Pass* will be allowed to enter the backstage area.

Please NOTE: There will be a limited number of extra Backstage Passes, available at the Official Athlete Registration which can be purchased for EUR €30 each. This pass will allow the holder to go in and out of the



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venue during the weekend and will give access ONLY to the backstage allocated seating area. This pass (wristband) has to be worn during your whole stay!

Coaches and trainers who assist athletes in the dressing room area must be of the same sex as the athlete they are assisting.

CAMERA/ VIDEO TAPE EQUIPMENT

Camera and/or videotape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by IFBB-authorized media persons and, in any event, these devices shall be strictly prohibited in the dressing room area.

DOPING CONTROLS

Doping controls will be conducted by the IFBB Medical Commission pursuant to the IFBB Anti-Doping rules, using a WADA accredited laboratory. In order to compete in the championships, all competitors at the weigh-in and registration will be required to sign a Drug Testing Consent & Waiver of Liability Form (available in the appendix)

Doping controls may be conducted using any of the following methods:

- Random Selection: A number of athletes selected at random throughout the event e.g. at weigh-in.
- Weighted Selection: A number of athletes selected at random from among the top finalists e.g. at finals.

The IFBB reserves the rights to target test any athlete.

The IFBB is a signatory to the WADA code. Participating national federations have a duty and an obligation to ensure that their national team athletes are competing drug-free at the IFBB international competitions.

PASSPORT/MUSIC

All competitors must provide their PASSPORT and MUSIC at the Registration. The music must be only on the USB memory stick, in MP3 format.

IMPORTANT NOTICE

The use of profane, vulgar and/or offensive language is strictly prohibited in posing music.

JUDGES

To be taken into consideration during selection of judges panels at the Championships, IFBB International Judges (as well as test judges) **must be included in the Final Entry Forms** sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

PLEASE DO NOT FAX YOUR NOMINATIONS OF JUDGES TO THE IFBB HEADQUARTERS.

All international judges must bring their valid international judge's cards to Bucharest.

IMPORTANT NOTICE

All judges who wish to be included in the judges' panels at these Championships should be specified in the Final Entry Form. The test-judges should be specified there as well. Judges have to pay the yearly Judges' Licence Fee of EUR €50 for 2022. This fee may be paid at the Championships. Test judges should pay a test fee of EUR €50. This fee may be paid at the Championships. All judges must attend the Team Managers and Judges Meeting. If the above conditions haven't been met, judges will not be able to carry out their duties at the Championships.



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MEDIA ACCREDITATION

All media accreditation, accept local media, shall be controlled by the IFBB. All persons wishing to obtain media accreditation for this event must register with the IFBB by completing and signing an IFBB Media Accreditation Form, said form which must be remitted to the IFBB by e-mail at info@ifbb.com & ifbb.romania@gmail.com no later than May 7th, 2022.

TANNING NEEDS:

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

MEDICAL WITHDRAWAL

Once officially registered, no athlete may withdraw from competition without the prior approval of the IFBB chief judge. It is not accepted for a national federation to unilaterally withdraw an athlete without prior approval of the IFBB Chief Judge, who has the right to verify the reason for the withdrawal.

PRELIMINARY ENTRY FORM (PEF)

The deadline to send the PEF is **April 22nd**. The National Federations must email back the PEF to the Organizing Committee as soon as possible but no later than the deadline, which confirms the intention of its federation to participate in the championship.

If at this moment you do not know the names official of the official participants, indicate the total number of athletes who will participate in the championship from your federation.

FINAL ENTRY FORM (FEF)

The deadline to send the Final Entry Form is **May 9th**. The National Federations must display the official names of all the participants (athletes by category, delegates and judges). It also must include the details of flights for arrival and departure.

CORRESPONDENCE AND ENTRY FORM SENDING DETAILS

- IFBB Technical Committee
Eng. Andrew Michalak
E-mail: amichalak5@gmail.com
- Organizing Committee
Mr. Mihai Tigora
E-mail: ifbb.romania@gmail.com
- Please send a copy to the International Bodybuilding and Fitness Federation Head Office
Ms. Alba Sanchez
E-mail: info@ifbb.com