



IFBB WORLD FIT-MODEL CHAMPIONSHIP 2022

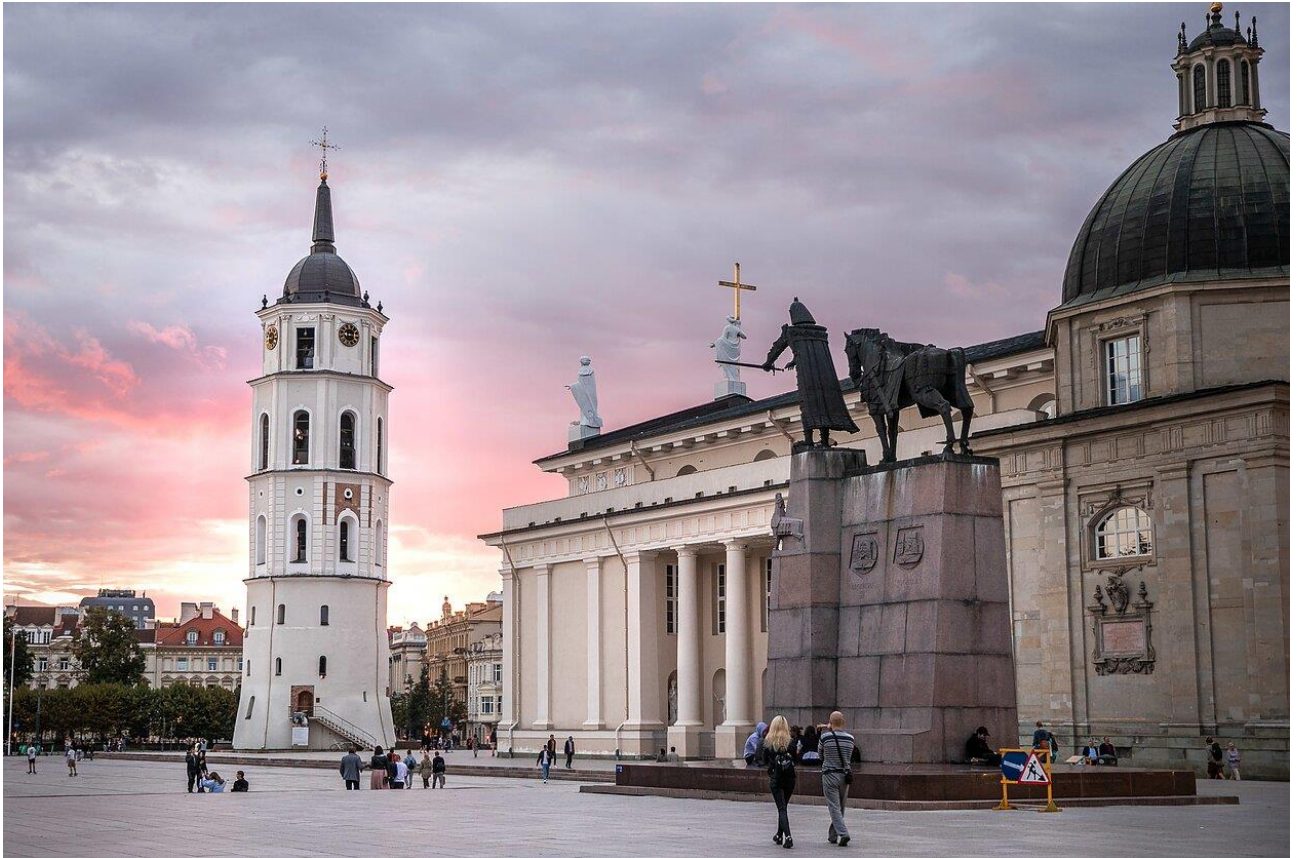
October 1 – October 3, 2022

VILNIUS, LITHUANIA

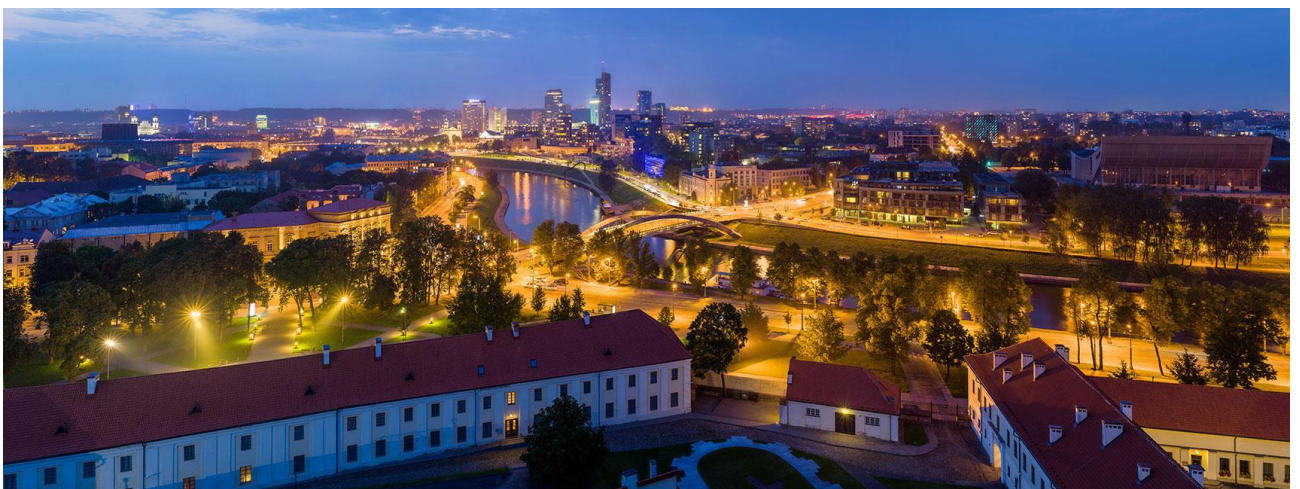
ABOUT VILNIUS

Welcome to VILNIUS, the capital city of Lithuania. The city, situated at the confluence of the rivers Neris and Vilnia, received the status of capital city in 1323, when Gediminas, the Grand Duke of Lithuania, in his letters addressed to West European merchants and craftsmen, invited them to settle 'in Vilnius, the capital city'.

Vilnius is an outstanding example of a medieval foundation which exercised a profound influence on architectural and cultural developments in a wide area of Eastern Europe over several centuries.



The magical Old Town of Vilnius holds many secrets and a long history. The cobblestone streets lead you on a romantic walk through the UNESCO World Heritage site. But Vilnius has more tricks up its sleeve. Vilnius is home to many talented contemporary artists, which means you can attend a play or a film by a world-famous Lithuanian director, listen to the best opera singer in the world, or visit the exhibition of an acclaimed contemporary artist.



On behalf of the Lithuanian Bodybuilding and Fitness Federation, it is a great honor to invite IFBB-affiliated National Federations from Europe to participate in the 2022 IFBB World Fit-Model Championship.

OFFICIAL AIRPORT

Vilnius International Airport, 02189, Vilnius.



The Lithuanian Bodybuilding and Fitness Federation will provide transport for all the athletes, judges and official delegates from the airport to the official hotel for the registration.

VENUE SITE

COMPENSA CONCERT HALL, 84 Kernaves str. Vilnius, Lithuania



OFFICIAL HOTELS

Official Hotel: Artis Centrum Hotels, 23 Totoriu str., Vilnius



Accommodation in a double room 70 EUR/per person for 1 night.

Accommodation in a single room 60 EUR/per person for 1 night.

reservations.artis@centrumhotels.com

Recommended hotel: Grata by Centrum Hotels, 9 Vytenio str., Vilnius



Accommodation in a double room 38 EUR/per person for 1 night.

Accommodation in a single room 35 EUR/per person for 1 night.

www.gratahotel.com LKF2022

PARTICIPATION

This competition is open for IFBB-affiliated National Federations from World. Participation is unlimited. Registration of athletes will only be considered if they are nominated by their IFBB-affiliated National Federation by sending the Final Entry Form with the names of athletes and judges directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid not later than September 19th, 2022. The final decision to allow an athlete to compete in this event rests with the IFBB.

IMPORTANT NOTICE:

Please be aware that is FULL RESPONSIBILITY AND OBLIGATION OF THE NATIONAL FEDERATION to verify if each one of the athletes to be registered on this international event are NOT suspended or fulfilling any period of ineligibility due to Anti-Doping Rule Violation or any disciplinary case at national or international level.

It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to monitor all the athletes affiliated to this National Federation who are actually fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT register/compete or participate in any capacity in any event either at National or International level, Official or Invitational.

OFFICIAL ATHLETE REGISTRATION

The official arrival day is Saturday, October 1th, 2022. The Registration of athletes will take place on Saturday, October 1th, 2022, between 14:00 and 17:00 at the Conference Hall of the Official Hotel (Artis Centrum Hotels, 23 Totoriu Str., Vilnius).

All athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

All athletes will have to produce their Passports or Identity Cards and the IFBB International Card at the registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card, he/she will have to buy one at Registration. IFBB Cards are 35 EUR per year and are mandatory. Each athlete may pay his/her IFBB annual memberships fee of 35 EUR at the IFBB website or at the Registration in Vilnius.

PLEASE NOTE: Reservation, booking and all costs for hotel accommodation, travelling are the responsibilities of the National Federations or individual athletes. Check with your National Federation for more information. Transport to and from the airport and from the hotels (Artis Centrum Hotels and Grata by Centrum Hotels) to the venue site is organized by the organizing federation.

TEAM MANAGERS AND JUDGES MEETING

Team Managers and Judges Meeting will start on Sunday, October 1th at 17:00 at the Official Hotel.

REGISTRATION FEE

The Registration fee is **250 EUR** for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of 50 EUR.

NB:

For one official delegate or judge from one country, the Lithuanian Bodybuilding and Fitness Federation provides free accommodation during the competition.

The online payment system will be switched off on September 19th, at 24:00. If paying at the Registration on October 1th, 2022, an extra fee of 50 Eur per participant will be charged.

Crossover: **100 EUR** will be charged.

JUDGES

To be taken into consideration during selection of judging panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Technical Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50/60\$ paid for the current year. This fee may also be paid at the EVENT at the Technical Meeting.

All Judges must be present at the Team Managers and Judges Meeting, Saturday, October 1th at 17:00 at the Official Hotel. Any Judges absent at this Meeting will not be allowed to judge at this competition.

CATEGORIES

Women's Fit-Model: Up to & incl. 160 cm

Women's Fit-Model: Up to & incl. 164 cm

Women's Fit-Model: Up to & incl. 168 cm

Women's Fit-Model: Up to & incl. 172 cm

Women's Fit-Model: Over 172 cm

Masters Women's Fit-Model >35 years: Open

Junior Women's Fit-Model: Open

Beginners Women's Fit-Model: Open

Men's Fit-Model: Open

Minimum number of athletes to run a category is 5. If there is less than 5 athletes, categories will be combined.

The rules for the female and male Fit-Models categories can be found on www.ifbb.com.

AWARDS

CASH PRIZE – 6000 EUR.

Top three athletes in each category will be awarded with medals.

Top six athletes in each category will be awarded with a Certificate of Excellence and trophies.

Overall winner will have a trophy.

THE BEST TEAM CLASSIFICATION

The Best National Teams scoring includes top 3 female athletes from each National Team, but no more than 2 one category, 1 Master Women's Fit-Model athlete and 1 male athlete.

MEDIA ACCREDITATION

All media accreditation, except local media, shall be controlled by the IFBB. All persons wishing to obtain media accreditation for this event must register with the IFBB by completing and signing an IFBB Media Accreditation Form.

BACKSTAGE ACCESS/DRESSING ROOM ACCESS

Access to the backstage and dressing room areas shall be strictly limited to essential personnel only. Coaches and trainers who assist in the dressing room area must be of the same sex as the athlete they are assisting.

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & amp, finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

Additional green cards can be purchased at registration for 50 EUR.

CAMERA/VIDEOTAPE EQUIPMENT

Camera and/or videotape equipment shall be strictly prohibited in the backstage and dressing room areas except when used by IFBB-authorized media persons and, in any event, these devices shall be strictly prohibited in the dressing room area.

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

FINALY ENTRY FORM

The deadline date for sending the Final Entry Form is Monday, September 19th, 2022. National Federations must submit the actual names of all Official Participants (Athletes by category and Delegates, including judges) in the Final Entry Form.

It is the responsibility of the President or General Secretary of each participating National Federation to ensure that all National Team members (athletes, delegates, extra delegates) are fully aware of the rules and regulations governing participation at this Championship, to include the statements contained within this Inspection Report. If any of your delegates are travelling and arriving separate

from your Team Manager or Chief Delegate, you must ensure they are familiar with the rules and regulations contained within the Inspection Report.

CORRESPONDENCE & ENTRY FORM SENDING DETAILS

Please send Your Entry Form to: Lithuanian Federation General Secretary

Contact: Ms. Kristina Karaliute - Stoliaroviene

E-mail: info@ifbb.lt

Tel. Nr.: +370 685 81775

Please send a copy to IFBB Technical Committee:

Eng. Andrew Michalak

E-mail: amichalak5@gmail.com

Please send a copy to IFBB Head Office:

Ms. Maria Sanson

E-mail: contact@ifbb.com

Contact details for additional correspondence:

Ms. Sandra Martinkiene

President of Lithuanian bodybuilding and fitness federation

E-mail: smartinkiene@gmail.com