



THURSDAY MAY, 5TH, 2022

- 10:00 -20:00 Arrival of official delegations (Athletes and delegates)
- 10:00 - 20:00 Athletes Weight-in (Hotel Don Angel)
- 19:00 - 21:30 EBFF Annual Congress (Hotel Don Angel)/Team Managers & Judges Meeting
- 19:00 - 22:00 Dinner (At your corresponding hotel)

FRIDAY MAY, 6TH, 2022

- 07:00 -10:00 Breakfast (At your corresponding hotel)
- 9:00 Prejudging and Finals part 1 (one continuous session)Poliesportiu Parc del Colomer
- 12:00 - 13:00 **TECHNICAL MEETING FOR JUDGES AND ATHLETES - FITNESS CHALLENGE (Parc del Colomer)**
- 13:00 - 14:30 Luch (At your corresponding hotel)
- 15:00 - 19:00 **FITNESS CHALLENGE COMPETITION (INDIVIDUAL COMPETITION) Parc del Colomer -Outdoor**
- 19:00 - 22:00 Dinner (At your corresponding hotel)

SATURDAY MAY, 7TH, 2022

- 07:00 -10:00 Breakfast (At your corresponding hotel)
- 9:00 Prejudging and Finals part 2 (one continuous session)Poliesportiu Parc del Colomer
- 10:00 - 14:00 **FITNESS CHALLENGE COMPETITION (COMPETITION BY COUPLES) Parc del Colomer -Outdoor**
- 13:00 - 14:30 Luch (At your corresponding hotel)
- 19:00 - 22:00 Dinner (At your corresponding hotel)

SUNDAY MAY, 8TH, 2022

- 07:00 -10:00 Breakfast (At your corresponding hotel)
- 9:00 Prejudging and Finals part 3 (one continuous session)Poliesportiu Parc del Colomer
- 10:00 - 14:00 **FITNESS CHALLENGE COMPETITION (COMPETITION BY TEAMS) Parc del Colomer -Outdoor**
- 13:00 - 14:30 Luch (At your corresponding hotel)
- 19:00 - 22:00 Dinner (At your corresponding hotel)

MONDAY MAY, 9TH, 2022

- 07:00 - 10:00 Breakfast (At your corresponding hotel)
- Till 12:00 Departures of delegations