



2022

IFBB Fitness Women's World Championships &
IFBB Men's World Cup

Arrival and Departure – Practical Information for All delegates attending the 2022 IFBB Fitness Women's World Championships & IFBB Men's World Cup.

출국전 확인사항 Prior to Departure	<ul style="list-style-type: none"> ○ 한국 입국시 빠른 입국 수속을 위해 Q-코드¹⁾ 제출 Q-Code is an online application form that simplifies the arrival process at the airport in Seoul(Incheon). All Delegates and athletes are required to complete this application prior to boarding their flight and present the QR Code generated at the end of the application upon arrival in Seoul(Incheon). A detailed guide on how to complete the Q-Code application is below to this document.
도착 Arrival	<ul style="list-style-type: none"> ○ 공항 도착 후 터미널 1, 터미널 2에서 웰컴 데스크가 선수단 및 대표단을 맞이할 것입니다. 웰컴 데스크 직원이 호텔로 가는 교통편을 안내해 줄 것입니다. Upon arrival at Incheon Airport, delegates should visit the 2>Welcome Desk in the arrivals hall of Terminal 1 and Terminal 2. The staff at the Welcome Desk will guide you to the transportation team to go to your hotel in Yeongju.
입국 후 PCR 검사 PCR Test After Arrival	<ul style="list-style-type: none"> ○ 입국 후 PCR 검사는 10월 1일 0시 이후 대한민국 입국자는 입국 후 PCR검사 의무가 중단됩니다. Those who entered the Republic of Korea after midnight on October 1ST do not have to undergo the COVID-19 PCR TEST after entering the country.
교통 Transport	<ul style="list-style-type: none"> ○ 공항에서 공식 숙소까지 이동은 10월 18일 당일에만 제공합니다. 버스 출발시간은 웰컴데스크 직원들이 알려줄 예정입니다. Transport from the official airports will be provided to the hotels only until 18 October. The bus departure times to the airport will be announced by Welcome Desk staffs.
등록 Registration	<ul style="list-style-type: none"> ○ 탄, 사진, 헤어 및 메이크업 신청 / 환전안내(은행서들)은 미정입니다. Tanning, Photo, Hair and Make-up application will be applied as same as Registration Day. FEE: Cash only. Currency Exchange on sites of venue will be announced.
계측 Weigh-In	<ul style="list-style-type: none"> ○ 계측일시는 19일이며 계측장소는 시합장 옆 건물이다. Weigh-In is 19 Oct 2022. Place is located next building of venue.
식사 Meals	<ul style="list-style-type: none"> ○ 식사는 대회 장소 지하이며 아침 점심 저녁을 제공한다 Meals(Breakfast, Lunch, and Dinner) will be provided in designated area.(Underground of Venue)
탄작업 Tanning Zone	<ul style="list-style-type: none"> ○ 탄작업은 대회 옆 탄 작업 장소에서 하며 최대 4명이 동시에 수행할 수 있다. Applying for the tanning place is located next to the Venue. Maximum Capabilities are 4.(2 for male, 2 for female)
펌핑공간 Pump-In Zone	<ul style="list-style-type: none"> ○ 펌핑 공간은 탄 작업장소 옆에 위치하며 선수 휴게 공간과 같이 사용한다 Zone for Pump in(Warm up) is located next to Tanning Zone. This place is also used as rest zone for the athletes.
선수휴게실 Rest Zone	<ul style="list-style-type: none"> ○ 선수 메인 휴게 공간은 경기장 2층에 위치한다. 또한 탄 작업 장소 옆 펌핑공간 또한 휴게공간으로 제공한다. Main rest zone is located in 2 floor of the venue. Next to Tanning zone or Pump-in zone also is provided as rest zone.
선수대기실 Waiting Zone	<ul style="list-style-type: none"> ○ 선수대기실은 펌핑공간 옆에 위치한다. Waiting area is next to Pump-in zone.
포토존 Photo Zone	<ul style="list-style-type: none"> ○ 경기장 정문에 위치한 소나무 아래 하나 / 경기장 1층 내부에 하나 위치한다. It will be placed in front of Gate B under the Pine Tree and 1st floor of Venue.
환송연 Farewell Banquet	<ul style="list-style-type: none"> ○ 장소미정 TBA
출국 Departure	<ul style="list-style-type: none"> ○ Transport from the official hotels will be provided to the airports only until 23 October. The bus departure times to the airport will be communicated upon your departures in Yeongju.

- ★ When you input your information in Q-Code, step 5(quarantine information), do not necessary to upload as well as do not necessary to upload PCR Test Certificate in Step 6(Input your Health condition).
- ★ From 18 to 23 Oct, Gym is available for all of the delegates and athletes
- ★ Regarding Venue Zone Map is attached to this document.

1) Q-Code link: <https://cov19ent.kdca.go.kr/cpassportal/biz/befatstmrnt/main.do?lang=en>
 2) Welcome Desk is a kind of welcoming persons. They consist of 1 Volunteer, 1 interpreter, 1 KBBF Officer, etc

From 1 October 2022, for 24h assistance and for urgent matters regarding entry issues,
 please contact: kbbf1987@naver.com