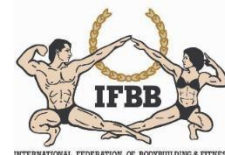




# GRAND PRIX PHILIPPINES



## MAIN INFORMATION

<b>NAME OF THE EVENT: 2022 IFBB GRAND PRIX PHILIPPINES</b>		
<b>CITY / COUNTRY: SAN FERNANDO CITY / PAMPANGA PROVINCE, PHILIPPINES</b>		
<b>DATE: OCTOBER 28<sup>th</sup> - 29<sup>th</sup>, 2022</b>		
<b>EVENT OPEN FOR : ALL IFBB-AFFILIATED NATIONAL FEDERATIONS</b>		
<b>IFBB ELITE PRO CARD QUALIFIER</b>	YES <input checked="" type="checkbox"/>	NO <input type="checkbox"/>
<b>IFBB INTERNATIONAL RANKING QUALIFIER LEVEL 2</b>	YES <input checked="" type="checkbox"/>	NO <input type="checkbox"/>
<b>DAY OF ARRIVAL: OCTOBER 27<sup>th</sup>, 2022</b>		
<b>DAY OF DEPARTURES: OCTOBER 30<sup>th</sup>, 2022</b>		
<b>REGISTRATION DAY: OCTOBER 28<sup>th</sup>, 2022</b>	<b>TIME: 10:00 -17:00</b>	<b>PLACE: LAUSGROUP EVENT CENTRE SAN FERNANDO CITY, PAMPANGA, PHILIPPINES <a href="https://www.lausgroupeventcentre.com/">https://www.lausgroupeventcentre.com/</a></b>
<b>WEIGH-IN DAY: OCTOBER 28<sup>th</sup>, 2022</b>	<b>TIME: 10:00 -17:00</b>	<b>PLACE: LAUSGROUP EVENT CENTRE SAN FERNANDO CITY, PAMPANGA PHILIPPINES</b>
<p>*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.</p>		
<b>RECOMMENDED AIRPORT: CLARK INTERNATIONAL AIRPORT, MABALACAT PAMPANGA</b> <a href="https://en.wikipedia.org/wiki/Clark_International_Airport">https://en.wikipedia.org/wiki/Clark_International_Airport</a> <b>or NINOY AQUINO INTERNATIONAL AIRPORT</b> <a href="https://www.manila-airport.net/">https://www.manila-airport.net/</a>		
<b>VISA INFORMATION: 157 VISA FREE COUNTRIES:</b> <a href="https://dfa.gov.ph/list-of-countries-for-21-day-visa">https://dfa.gov.ph/list-of-countries-for-21-day-visa</a> <b>CHECK UPDATED TRAVEL RESTRICTIONS AT BUREAU OF IMMIGRATION, REPUBLIC OF THE PHILIPPINES FACEBOOK PAGE</b> or visit <a href="https://www.philippinesvisa.com/travel-restrictions/">https://www.philippinesvisa.com/travel-restrictions/</a>		
<p>*Due to the COVID-19 situation, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulation to avoid any inconveniences when travelling. The National Federations, athletes and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.</p> <p>*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.</p>		
<b>VENUE: LAUSGROUP EVENT CENTRE</b> LGC BOULEVARD, LAUSGROUP COMPLEX, JOSE ABAD SANTOS AVENUE CITY OF SAN FERNANDO, PAMPANGA <a href="http://www.lausgroupeventcentre.com">www.lausgroupeventcentre.com</a>		

## HOTEL INFORMATION

RECOMMENDED HOTEL: MICROTEL BY WYNDHAM

LGC BOULEVARD, LAUSGROUP COMPLEX, JOSE ABAD SANTOS AVENUE

CITY OF SAN FERNANDO, PAMPANGA

Hotel Rate: Twin Room- USD \$90

Triple Room USD \$110

Reservation: [pinaybb\\_rm@hotmail.com](mailto:pinaybb_rm@hotmail.com)

WhatsApp: +639692340825

Viber: +629998813871

## REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **EUR €200** except Newcomers.

For Newcomers (Beginners) it is **EUR €100**.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **EUR €50**.

**CROSSOVERS: EUR €100** per each of the additional categories.

**DEADLINE FOR ONLINE PAYMENT: OCTOBER 18<sup>th</sup>, 2022.**

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €35/USD \$45** and are mandatory.

\*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

### **IFBB definition of a Newcomer / Beginner:**

- The athlete must not have competed before in international events.
- The athletes cannot have been in a national event (except in the current year National Beginner's event)
- The athlete may keep the beginner level during the whole year.
- If the athlete competes in senior categories during the year, will lose his/her condition as a beginner.
- The athlete doesn't need to be previously a member of his/her National Federation but will be required the confirmation of his/her National Federation in order to fulfill the registration and his/her incorporation on the competitors' lists.

## CATEGORIES:

### WOMEN'S BIKINI

Up to & incl. 158 cm

Up to & incl. 160 cm

Up to & incl. 162 cm

Over 162 cm

Overall

Masters 35 - 39 yrs - **OPEN**

Masters 40 yrs & over – **OPEN**

Masters Overall

Newcomers - **OPEN**

**WOMEN'S WELLNESS - OPEN**

**WOMEN'S BODYFITNESS - OPEN**

**WOMEN'S PHYSIQUE - OPEN**

### MUSCULAR MEN'S PHYSIQUE

Up to & incl. 173 cm

Over 173 cm

Overall

NOTE: NEWCOMER'S REGISTRSTION FEE IS EUR €100.

### Possible crossovers:

Classic Physique – Bodybuilding;

Also juniors and masters in senior classes.

### MEN'S PHYSIQUE

Up to & incl. 170 cm

Up to & incl. 173 cm

Up to & incl. 176 cm

Up to & incl. 179 cm

Over 179 cm

Overall

Juniors 16 - 23 yrs - **OPEN**

Masters 40 yrs & over - **OPEN**

Newcomers - **OPEN**

### MEN'S CLASSIC PHYSIQUE

Up to & incl 168 cm

Up to & incl 171 cm

Up to & incl 175 cm

Up to & incl 180 cm

Over 180 cm

Overall

### MEN'S BODYBUILDING

Up to & incl. 65 kg

Up to & incl. 70 kg

Up to & incl. 75 kg

Up to & incl. 80 kg

Up to & incl. 85 kg

Over 85 kg

Overall

Masters 40 yrs & over - **OPEN**

## AWARDS:

Top three athletes in each category will be awarded with **medals**.

Top six athletes in each category will be awarded with a **Certificate of Excellence** and **trophies**. Overall winner will have a **trophy**.

## IFBB ELITE PRO CARDS:

TOTAL NUMBER: 11

DISTRIBUTION:

WOMEN'S BIKINI - TOP 2 OVERALL WINNERS

MEN'S PHYSIQUE - TOP 2 OVERALL WINNERS

MEN'S BODYBUILDING - TOP 2 OVERALL WINNERS

WOMEN'S WELLNESS – THE WINNER

WOMEN'S BODYFITNESS – THE WINNER

WOMEN'S PHYSIQUE – THE WINNER

MUSCULAR MEN'S PHYSIQUE – THE OVERALL WINNER

MEN'S CLASSIC PHYSIQUE – THE OVERALL WINNER

## \*REGISTRATION DEADLINE

PRELIMINAR ENTRY FORM: **AUGUST 30<sup>th</sup>, 2022**

FINAL ENTRY FORM: **OCTOBER 17<sup>th</sup>, 2022**

## CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

## GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

## TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

TANNING: USD \$100 ; HAIR & MAKE UP: Traditional USD \$120; Airbrush USD \$150.

CONTACT: [adrianjustinebarboza@gmail.com](mailto:adrianjustinebarboza@gmail.com) or [pinaybb\\_rm@hotmail.com](mailto:pinaybb_rm@hotmail.com)

WhatsApp: +639692340825

Viber: +639998813871/+639219474940

## CONTACT INFORMATION:

Please send Your Entry Form to:  
Contact: Ms. ROWENA WALTERS  
E-mail: [pinaybb\\_rm@hotmail.com](mailto:pinaybb_rm@hotmail.com)

Please send a copy to the IFBB Technical Committee:  
Eng. Andrew Michalak  
E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Please send a copy to IFBB Head Office:  
Ms. Maria Sanson  
E-mail: [contact@ifbb.com](mailto:contact@ifbb.com)

Contact details for additional correspondence:

Ms. ROWENA WALTERS  
President of the IFBB PHILIPPINES  
E-mail: [pinaybb\\_rm@hotmail.com](mailto:pinaybb_rm@hotmail.com)

## JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Technical Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50/USD \$60 paid for the current year. This fee may also be paid at the EVENT at the Technical Meeting.

