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| TENTATIVE SCHEDULE | | |
| SATURDAY 26 NOVEMBER  ONE CONTINOUS SESSION | | |
| 09:00 | **ACTIVITY** | **PLACE** |
| 1 | JUNIOR MEN’S BODYBUILDING: |  |
| 2 | MASTER MENS BODYBUILDING |  |
| 3 | JUNIORS WOMEN’S BIKINI. |  |
| 4 | MASTERS WOMEN’S BIKINI. |  |
| 5 | MASTERS WOMEN’S BODYFITNESS |  |
| 6 | MASTERS WOMEN’S WELLNESS: |  |
| 7 | JUNIORS MEN’S PHYSIQUE. |  |
| 8 | MASTERS MEN’S PHYSIQUE >40 YEARS: >50 YEARS: |  |
| 9 | WOMEN’S FIT-MODEL: |  |
| 10 | MEN’S CLASSIC PHYSIQUE: up to & including 175 cm over 175 cm  OVERALL |  |
| 11 | WOMEN’S BODYFITNESS: |  |
| 12 | WOMEN’S BIKINI: Up to & including 164cm Up to & including 169cm Over 169 cm OVERALL |  |
| 13 | WOMEN’S WELLNESS: |  |
|  | MENS CLASSIC BODYBUILDING |  |
| 14 | MEN’S BODYBUILDING: Up to &including 80 kg Up to & including 90 kg Up to & including 100 kg Over 100 kg OVERALL |  |
| 16 | MEN’S PHYSIQUE: Up to & including 170cm Up to & including 176cm Up to & including 182cm Over 182cm OVERALL |  |
| 17 | MUSCULAR MENS PHYSIQUE |  |
| 18 | FIT PAIRS |  |