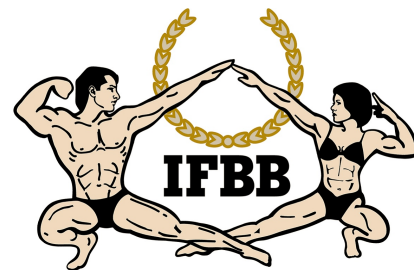


IFBB NORDIC CHAMPIONSHIPS 2022

7-9.10.2022, Lahti, Finland



**OFFICIAL CONTEST RESULTS**

**WOMEN'S BIKINI UP TO 160 CM**

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	7	Noora Paukku	Finland	1997	/157,8	11	6			6
2	3	Roosa Räsänen	Finland	1995	/155,6	7	9			9
3	8	Josefiina Jääskeläinen	Finland	1998	/156,5	9	9			9
4	4	Clarissa Pajukoski	Finland	1992	/156	8	10			10
5	6	Liis Rosenthal	Estonia	1983	/155,6	12	12			12
6	2	Laura Annola	Finland	1999	/156	20	18			18
7	5	Oona Salminen	Finland	2003	/155,8	21				
8	10	Linda Hiltunen	Finland	2000	/158,4	26				
9	1	Essi Partanen	Finland	1990	/155	26				
10	9	Emmi-Liisa Salminen	Finland	1993	/158,6	30				
11	11	Saara Aura	Finland	1987	/158,9	33				

Σ=11

**WOMEN'S BIKINI UP TO 163 CM**

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	13	Lisa Frojd	Sweden	1995	/161,1	4	3			3
2	25	Venla Vierto	Finland	1997	/162,7	8	7			7
3	14	Wilma Brogren	Sweden	1998	/163	6	8			8
4	15	Riina Kainulainen-Mutanen	Finland	1989	/161,2	12	13			13
5	21	lida-Lotta Mäki	Finland	2002	/162,7	19	13			13
6	22	Minna Mäkeläinen	Finland	1982	/161,9	20	18			18
7	18	Carina Narusk	Estonia	1993	/162,3	23				
8	17	liris Romo	Finland	2004	/160,5	24				
9	24	Jenni Rissanen	Finland	1998	/161	27				
10	12	Angela Absalon	Estonia	2001	/161,9	28				
11	16	Karolin Nomm	Estonia	1991	/161,8	34				
12	26	Patricia Viitanen	Finland	1992	/162	35				
13	20	lina Taimi	Finland	1998	/160,6	38				
14	19	Susann Levander	Finland	1986	/160,4	41				
15	23	Siina Bogdanoff	Finland	1993	/161,9	45				

Σ=15

## WOMEN'S BIKINI UP TO 166 CM

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	40	Anna Belova	Estonia	1991	/164,6	10	4			4
2	38	Liza Blomqvist	Sweden	2001	/163,3	7	8			8
3	32	Josefine Bilberg	Sweden	1990	/164	6	10			10
4	41	Ella Mård	Finland	1996	/163,4	12	11			11
5	34	Salla Erkkilä	Finland	1999	/166	20	12			12
6	27	Ella Alanko	Finland	1999	/166	9	18			18
7	28	Moa Wikstrom	Sweden	1998	/163,4	23				
8	37	Ellen Tullinen	Finland	1980	/163,4	24				
9	31	Riina Kiikkala	Finland	1993	/164,7	26				
10	35	Ella Pakarinen	Finland	1996	/163,5	28				
11	36	Mira Ollikainen	Finland	1994	/164,6	33				
12	39	Iida Södergård	Finland	1997	/165,3	35				
13	30	Ellen Väärä	Finland	2004	/164,3	40				
14	29	Annu Kangas	Finland	1989	/164,6	41				
15	33	Roosa Uitus	Finland	1996	/163,9	44				

Σ=15

## WOMEN'S BIKINI UP TO 169 CM

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	49	Tuulia Aula	Finland	1996	/168,9	3	3			3
2	46	Vendela Rosengren	Sweden	2002	/166,3	9	7			7
3	52	Jenna Saarinen	Finland	2001	/167,1	10	9			9
4	48	Minja Purhonen	Finland	1999	/166,7	8	11			11
5	47	Nina Turunen	Finland	2000	/166,5	19	13			13
6	42	Mikaela Paavolainen	Finland	1999	/167,4	15	18			18
7	43	Iina Tatarinov	Finland	1995	/168,2	21				
8	50	Essi Alanen	Finland	2000	/168,6	22				
9	45	Nelli Paldanius	Finland	1990	/169	29				
10	44	Serena Rauhala	Finland	1990	/167,4	30				
11	51	Cecilia Patjas	Finland	1996	/166,4	32				

Σ=11

## WOMEN'S BIKINI UP TO 172 CM

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	56	Saga Granlund	Finland	1999	/171,6	4				4
2	55	Elli Iso-Tuisku	Finland	1999	/171	7				7
3	58	Emilia Rosten	Finland	1992	/170,8	8				8
4	59	Emma Louevuo	Finland	1998	/170,9	11				11
5	54	Kati Viitala	Finland	1987	/170,4	15				15
6	57	Elly Kunnap	Estonia	1987	/170	18				18
7	53	Silja Kuusela	Finland	1999	/170,7	21				21

Σ=7

## WOMEN'S BIKINI OVER 172 CM

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	60	Linnea Flink	Sweden	1992	/172,5	5	4			4
2	66	Lisa Mertens	Sweden	2000	/174,3	6	5			5
3	67	Kristiin Veri	Estonia	1994	/173,5	10	10			10
4	63	Lilia Hosko	Finland	1991	/172,8	8	11			11
5	61	Carita Rantaeskola	Finland	1997	/173,6	15	15			15
6	65	Vera Salmi	Finland	1994	/172,5	19	18			18
7	69	Tuulia Takanen	Finland	1995	/175	19				
8	72	Kaisa Kaltiola	Finland	1979	/172,9	24				
9	64	Katariina Karlsson	Finland	1980	/172,2	27				
10	62	Sanna-Maija Aalto	Finland	1995	/174,3	32				
11	68	Karoliina Oksanen	Finland	1984	/173,6	33				
12	71	Kati Jokinen	Finland	1983	/174,1	34				
13	70	Minna Lietzen	Finland	1970	/174,1	39				

Σ=13

## WOMEN'S BIKINI OVERALL

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	49	Tuulia Aula	Finland	1996	/168,9	4				4
2	60	Linnea Flink	Sweden	1992	/172,5	5				5
3	56	Saga Granlund	Finland	1999	/171,6	9				9
4	13	Lisa Frojd	Sweden	1995	/161,1	13				13
5	40	Anna Belova	Estonia	1991	/164,6	15				15
6	7	Noora Paukku	Finland	1997	/157,8	17				17

Σ=6

## WOMEN'S WELLNESS UP TO 158 CM

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	77	Meriliis Tamm	Finland	2001	/155,5	3				3
2	76	Tanja Tuohino	Finland	1989	/157,4	6				6
3	75	Elin Liewendahl	Finland	1994	/155,8	9				9
4	74	Eerika Kehusmaa	Finland	1992	/155	12				12
5	73	Ella Jalava	Finland	1994	/157,9	15				15

Σ=5

## WOMEN'S WELLNESS UP TO 163 CM

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	82	Jessica Pap	Sweden	1993	/161	3	3			3
2	83	Ida Salminen	Finland	1996	/161,5	7	7			7
3	86	Johanna Keikko	Finland	1993	/159,8	8	9			9
4	79	Tove Norden	Sweden	1999	/158,7	12	12			12
5	80	Matleena Niskanen	Finland	1997	/162	18	16			16
6	85	Milla Korpela	Finland	1994	/161,6	15	17			17
7	84	Eevi Hiltunen	Finland	1999	/160	21				
8	81	Heidi Nykänen	Finland	1994	/159	24				
9	78	Reija Vaikkola	Finland	1973	/161,6	27				

Σ=9

## WOMEN'S WELLNESS UP TO 168 CM

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	94	Maris Lember	Estonia	1990	/166,9	4	4			4
2	99	Sara-Maria Nevaranta	Finland	2000	/164	5	5			5
3	89	Salla Kelander	Finland	1989	/164,5	16	9			9
4	90	Janette Ketola	Finland	1994	/166,7	9	13			13
5	87	Marina Tsarik	Estonia	1976	/163,2	14	15			15
6	91	Henna Tuomainen	Finland	1991	/165,3	18	16			16
7	88	Satu Kaleva	Finland	1990	/165,7	19				
8	93	Nicoline Aström	Finland	1989	/164,6	25				
9	100	Niina Bauer	Estonia	1978	/167,4	29				
10	97	Miina Meinvald	Estonia	1988	/164	30				
11	95	Maija Hoving	Finland	1997	/165,6	31				
12	96	Miia Seppälä	Finland	1994	/163,8	31				
13	98	Johanna Vekara	Finland	1988	/166,4	37				
14	92	Nita Tenho	Finland	2004	/167,6	42				

Σ=14

## WOMEN'S WELLNESS OVER 168 CM

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	106	Sanna Raumala	Finland	1977	/168,5	6	6			6
2	102	Anniina Lackman	Finland	1995	/169,8	7	7			7
3	108	Salla Martikainen	Finland	1997	/171,1	9	7			7
4	107	Suvi Nieminen	Finland	1996	/168,8	9	10			10
5	101	Rannveig Jonsdottir	Iceland	1995	/172,4	15	14			14
6	105	Frida Leino	Finland	2001	/171,8	19	18			18
7	104	Katja Tarkkonen	Finland	1991	/171,7	20				
8	109	Kaisa Nisula	Finland	1999	/170,2	24				
9	103	Pihla Räsänen	Finland	1999	/169,2	27				

Σ=9

## WOMEN'S WELLNESS OVERALL

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	82	Jessica Pap	Sweden	1993	/161	3				3
2	77	Meriliis Tamm	Finland	2001	/155,5	6				6
3	106	Sanna Raumala	Finland	1977	/168,5	10				10
4	94	Maris Lember	Estonia	1990	/166,9	11				11

Σ=4

## MEN'S PHYSIQUE UP TO 175 CM

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	112	Sebastian Jansson	Sweden	1991	/165,6	4	4			4
2	113	Dorian Pavlovic	Sweden	1997	/173,7	7	7			7
3	114	Zakarias El-Zein	Sweden	2000	/170,5	10	10			10
4	111	Dennis Jensen	Norway	1997	/166,6	11	11			11
5	119	Petteri Nousiainen	Finland	1991	/171,7	15	16			16
6	117	Mohammad Kader	Finland	1999	/171,1	19	17			17
7	115	Olli Nurmikanta	Finland	1993	/173,3	23				
8	118	Ilkka Ollila	Finland	1980	/171,5	23				
9	116	Janne-Pekka Marttila	Finland	1975	/169,8	25				
10	110	Jesse Lattu	Finland	1997	/173,1	30				

Σ=10

### MEN'S PHYSIQUE UP TO 180 CM

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	127	Titus Linte	Sweden	1998	/179,6	3	3			3
2	121	Salahaddin Kabiri	Finland	1999	/177,4	6	6			6
3	125	Anton Qaraman	Finland	1999	/177,1	10	9			9
4	122	Marius Gangmark	Norway	1989	/180	11	12			12
5	124	Elyas Saeedi	Finland	1993	/177	16	16			16
6	123	Kaarle Wasama	Finland	1991	/175,9	17	17			17
7	126	Pasi Puumala	Finland	1994	/178,4	21				
8	120	Pekka Posio	Finland	1981	/179,8	24				

Σ=8

### MEN'S PHYSIQUE OVER 180 CM

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	132	Rebwar Sohrabi	Finland	1986	/180,2	3				3
2	133	Jere-Arttu Saarenpää	Finland	1992	/181,1	6				6
3	134	Lari Kaltiola	Finland	1979	/187,8	12				12
4	130	Santeri Sorasahi	Finland	1994	/188,5	13				13
5	129	Mart Erm	Estonia	1987	/182,9	13				13
6	131	Tero Leinonen	Finland	1980	/181,4	16				16
7	128	Jaakko Siipola	Finland	1999	/184,2	21				21

Σ=7

### MEN'S PHYSIQUE OVERALL

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	127	Titus Linte	Sweden	1998	/179,6	4				4
2	112	Sebastian Jansson	Sweden	1991	/165,6	5				5
3	132	Rebwar Sohrabi	Finland	1986	/180,2	9				9

Σ=3

### WOMEN'S BODYFITNESS UP TO 158 CM

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	3	Niina Söderman	Finland	1985	/156,8	5				5
2	2	Marika Nyström	Finland	1989	/156,8	6				6
3	5	Tiina Niinimäki	Finland	1966	/151,5	7				7
4	6	Karoliina Ollanketo	Finland	1992	/153,5	13				13
5	1	Suvi Ahokas	Finland	1997	/155,2	14				14
6	4	Minna Korhonen	Finland	1989	/155,7	18				18

Σ=6

## WOMEN'S BODYFITNESS UP TO 163 CM

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	18	Jenny Karjalainen	Finland	1994	/160,5	3	3			3
2	9	Anu Koski	Finland	1989	/160,8	8	8			8
3	17	Annika Klemetti	Finland	1991	/161	11	8			8
4	14	Suvi Tihinen	Finland	1989	/161,3	8	10			10
5	10	Vilma Wik	Finland	2000	/160,5	19	16			16
6	12	Heli Karhu	Finland	1992	/162,1	16	17			17
7	7	Marika Myyry	Finland	1992	/162,8	20				
8	15	Netta Sanna	Finland	1997	/160,3	23				
9	13	Elisa Koski	Finland	1997	/160,9	29				
10	11	Janna Myllynen	Finland	1988	/160,3	30				
11	8	Roosa Seppänen	Finland	1994	/162,2	31				
12	16	Laura Pollari	Finland	1994	/159,4	36				

Σ=12

## WOMEN'S BODYFITNESS UP TO 168 CM

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	33	Mira Hotti	Finland	1993	/166,3	3	5			5
2	21	Sini Lehtonen	Finland	1989	/166,6	6	5			5
3	32	Marianne Kankaisto	Finland	1989	/168	9	8			8
4	27	Jasmin Kettunen	Finland	1998	/164,5	10	10			10
5	26	Linda Vallin	Finland	1996	/163,9	20	15			15
6	20	Heidi Järvinen	Finland	1985	/164,5	14	17			17
7	31	Heli Marttila	Finland	1996	/164,1	20				
8	19	Mindi Nuutti	Finland	2002	/164	22				
9	22	Anniina Tapanosilta	Finland	1990	/165,6	28				
10	30	Jenna Rätty	Finland	1998	/166,1	29				
11	29	Emilia Alitalo	Finland	2000	/165,5	33				
12	28	Mari Oikari	Finland	1986	/165	36				
13	25	Juulia Hagel	Finland	1994	/165,4	42				
14	23	Tessa Olsbo	Finland	1991	/166,5	42				
15	24	Jenni Aro	Finland	1979	/166,1	43				

Σ=15

## WOMEN'S BODYFITNESS OVER 168 CM

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	41	Henriikka Kempainen	Finland	1994	/176	3	3			3
2	39	Linda Vainio	Finland	1989	/171	7	8			8
3	42	Hilla Härkönen	Finland	1993	/168,1	9	8			8
4	47	Marika Gunnarsson	Sweden	1971	/171	11	10			10
5	49	Sarianna Hietala	Finland	1993	/178,7	15	15			15
6	43	Jaana Vehkamaa	Finland	1983	/169,8	21	18			18
7	35	Aleksandra Nevski	Estonia	1988	/170,9	22				
8	44	Emilia Jyrkiäinen	Finland	2000	/170,2	25				
9	40	Ilina Huttu	Finland	1989	/170,8	26				
10	34	Eeva Isotalo	Finland	1986	/172,2	28				
11	38	Karoliina Keisala	Finland	1993	/176,1	33				
	36	Linda Furunäs	Finland	1976	/172,3					
	37	Essi Vuorinen	Finland	1993	/168,5					
	45	Susanna Villanen	Finland	1991	/169					
	46	Anna-Maria Sallinen	Finland	1996	/175,6					
	48	Sohra Wallenius	Finland	1955	/183,3					
	50	Sirpa Polvi	Finland	1982	/171,5					

Σ=17

## WOMEN'S BODYFITNESS OVERALL

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	18	Jenny Karjalainen	Finland	1994	/160,5	3				3
2	41	Henriikka Kempainen	Finland	1994	/176	7				7
3	33	Mira Hotti	Finland	1993	/166,3	8				8
4	3	Niina Söderman	Finland	1985	/156,8	12				12

Σ=4

## WOMEN'S ARTISTIC FITNESS OPEN

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	51	Iiris Romo	Finland	2004	/160,5	3	3			6
2	52	Venla Paasonen	Finland	2001	/156,8	7	6			13
3	53	Hannele Eronen	Finland	1984	/161,7	8	9			17

Σ=3

## WOMEN'S ACROBATIC FITNESS OPEN

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1	RD2			Score
1	54	Maikku Hiljanen	Finland	1992	/166,7	3	3			6
2	55	Margit Kuuse	Estonia	2005	/165,4	6	6			12

Σ=2

## WOMEN'S PHYSIQUE OPEN

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	57	Eveliina Koski	Finland	1988	/167	6	6			12
2	56	Karoliina Messo	Finland	1988	/165,7	12	8			20
3	59	Ulpu Silvennoinen	Finland	1985	/166,3	18	4			22
4	58	Aagot-Cecilie Brandslien	Norway	2003	/151,2	28	12			40
5	60	Susanna Hurskainen	Finland	1983	/161,4	26	15			41

Σ=5

## MEN'S CLASSIC PHYSIQUE OPEN

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	61	Moein Shokreh	Finland	1995	76,4/174,5	6	6			12
2	64	Rickard Andersson-Wigh	Sweden	1994	91,8/184,7	12	5			17
3	62	Denis Bystrov	Finland	1989	79,1/182,7	20	9			29
4	63	Juho Murtonen	Finland	1993	85,5/185,9	22	10			32
DNC	65	Abdulnasser Bnaeean	Finland	1991	89,6/179,8					

Σ=5

## MEN'S CLASSIC BODYBUILDING UP TO 180 CM

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	68	Antti Heisto	Finland	1992	84,2/178,8	6	5			11
2	69	Tuukka Heikkinen	Finland	1981	74,4/173,5	14	7			21
3	66	Robert Nitz	Finland	1977	83,3/177,3	16	11			27
4	70	Tuomas Liikala	Finland	1988	66,8/168,4	24	12			36
5	67	Santeri Körkkö	Finland	1999	67/170,4	30	11			41
6	71	Eemil Vesa	Finland	1998	75,8/179,2	36	17			53
7	72	Aleksi Santala	Finland	1983	76,7/174,7	42	21			63

Σ=7

## MEN'S CLASSIC BODYBUILDING OVER 180 CM

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1x 2	RD2			Score
1	76	Olari Perlin	Estonia	1990	88/181,5	8	7			15
2	74	Rickard Andersson-Wigh	Sweden	1994	91,8/184,7	12	4			16
3	79	Nikolas Itälä	Finland	1999	84,5/182,5	16	9			25
4	78	Teemu Tahvanainen	Finland	1999	90,8/187,3	24	10			34
5	73	Aleksi Suominen	Finland	1999	77,4/181,5	30	16			46
6	77	Marko Aro	Finland	1991	85,5/184,4	38	18			56
7	75	Joona Pyrrö	Finland	1996	91,3/186,8	40	19			59

Σ=7

## MEN'S CLASSIC BODYBUILDING OVERALL

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	RD1				Score
1	76	Olari Perlin	Estonia	1990	88/181,5	3				3
2	68	Antti Heisto	Finland	1992	84,2/178,8	6				6

Σ=2