



# 2022 IFBB DIAMOND CUP LUXEMBOURG MAIN INFORMATION

NAME OF THE EVENT: <b>2022 IFBB DIAMOND CUP LUXEMBOURG</b>		
CITY / COUNTRY: <b>Mondorf-les-Bains - Luxembourg</b>		
DATE: <b>JUNE 17th -19th, 2022</b> <b>SEMIFINALS &amp; FINALS – Saturday, June 18th, 09:00 -19:00</b>		
EVENT OPEN FOR: <b>European &amp; African National Federations affiliated with the IFBB</b>		
IFBB ELITE PRO CARD QUALIFIER      YES <input checked="" type="checkbox"/> NO <input type="checkbox"/>		
IFBB INTERNATIONAL RANKING QUALIFIER      YES <input checked="" type="checkbox"/> NO <input type="checkbox"/>		
DAY OF ARRIVAL <b>17/06/2022</b>		
DAY OF DEPARTURES <b>19/06/2022</b>		
REGISTRATION DAY: <b>17/06/2022</b>	TIME: <b>14:00-18:00</b>	PLACE: <b>CASINO 2000</b> <b>5 FLAMMANG Str.</b> L5618 MONDORF-LES-BAINS Luxembourg
WEIGHT-IN DAY: <b>17/06/2022</b>	TIME: <b>14:00-18:00</b>	PLACE: <b>CASINO 2000</b> 5 Flammang Str. L5618 MONDORF-LES-BAINS
<p>*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.</p>		
RECOMMENDED AIRPORT: <b>LUXAIRPORT Luxembourg (17 km)</b>		
VISA INFORMATION: EU COUNTRIES DO NOT NEED TO OBTAIN A VISA. ALL ATHLETES COMING FROM OTHER COUNTRIES KINDLY CONSULT THE EMBASSY/CONSULATE/MINISTRY IN YOUR COUNTRY TO DETERMINE IF YOU NEED A VISA. Visa information for other countries citizens and current Covid-19 requirements visiting Luxembourg available here: <a href="https://guichet.public.lu/en/citoyens/immigration/moins-3-mois/ressortissant-tiers/entree-visa.html">https://guichet.public.lu/en/citoyens/immigration/moins-3-mois/ressortissant-tiers/entree-visa.html</a>		
<p>*Due to the COVID-19 situation, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulation to avoid any inconveniences when travelling. The National Federations, athletes, and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.</p>		
<p>*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the</p>		

proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: **CASINO 2000 L-5618 MONDORF-LES-BAINS; 5 Flammang Str.**

## HOTEL INFORMATION

RECOMMENDED HOTEL: **HOTELS are available in MONDORF-LES-BAINS: IBIS & IBIS BUDGET Luxembourg SUD & Luxembourg-City (please check by booking.com etc). There is no official Hotel. Hotel rooms CASINO 2000 are not available for athletes!**

## REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **200 € (EUROS)** each.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **50€ (EUROS)**.

**CROSSEOVERS: 100 € (EUROS)**

**DEADLINE FOR ONLINE PAYMENT: 07/06/2022**

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **35 € (EUROS)** and are mandatory.

\*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

## CATEGORIES:

WOMENS FIT-MODEL OPEN  
JUNIOR WOMEN'S BIKINI 16-23 years OPEN  
WOMEN'S BIKINI UP TO 160 cm  
WOMEN'S BIKINI UP TO 164 cm  
WOMEN'S BIKINI UP TO 169 cm  
WOMEN'S BIKINI UP TO 172 cm  
WOMEN'S BIKINI OVER 172 cm  
MASTER WOMEN'S BIKINI >35 YEARS OPEN  
WOMEN'S BODYFITNESS UP TO 163 cm  
WOMEN'S BODYFITNESS OVER 163 cm  
MASTER BODYFITNESS >35 YEARS OPEN  
WOMEN'S PHYSIQUE OPEN

**MEN'S CLASSIC BODYBUILDING UP TO 175 cm**  
**MEN'S CLASSIC BODYBUILDING OVER 175 cm**  
**MEN'S CLASSIC PHYSIQUE OPEN**  
**MEN'S BODYBUILDING UP TO 75 kg**  
**MEN'S BODYBUILDING UP TO 80 kg**  
**MEN'S BODYBUILDING UP TO 90 kg**  
**MEN'S BODYBUILDING UP TO 100 kg**  
**MEN'S BODYBUILDING OVER 100 kg**  
**MASTER MEN'S BODYBUILDING >40 YEARS OPEN**  
**JUNIOR MEN'S PHYSIQUE OPEN**  
**MEN'S PHYSIQUE UP TO 173 cm**  
**MEN'S PHYSIQUE UP TO 179 cm**  
**MEN'S PHYSIQUE UP TO 182 cm**

WOMEN'S WELLNESS UP TO 163 cm  
WOMEN'S WELLNESS OVER 163 cm

Possible crossovers: Women's Bikini & Wellness – Women's Fit-Model  
Men's Classic Bodybuilding – Classic Physique – Bodybuilding.

**MEN'S PHYSIQUE OVER 182 cm**  
**MASTER MEN'S PHYSIQUE >40 YEARS OPEN**  
**MUSCULAR MEN'S PHYSIQUE OPEN**

**Juniors & Masters may compete in the senior classes**

#### AWARDS:

Top three athletes in each category will be awarded with **medals**.  
Top six athletes in each category will be awarded with a **Certificate of Excellence** and **trophies**.  
Overall winner will have a **trophy**.

#### IFBB ELITE PRO CARDS:

**NUMBER OF PRO CARDS: 19**

DISTRIBUTION

**WOMEN'S BIKINI OVERALL – TOP 3**

**MASTER WOMEN'S BIKINI OPEN – THE WINNER**

**WOMEN'S WELLNESS OVERALL – THE WINNER**

**WOMEN'S BODYFITNESS OVERALL – TOP 2**

**MASTER WOMEN'S BODYFITNESS OPEN – TOP 2**

**WOMEN'S PHYSIQUE OPEN – THE WINNER**

**MEN'S PHYSIQUE OVERALL – TOP 3**

**MUSCULAR MEN'S PHYSIQUE OPEN – THE WINNER**

**MEN'S CLASSIC BODYBUILDING OVERALL – THE WINNER**

**MEN'S BODYBUILDING OVERALL – TOP 3**

**MASTER MEN'S BODYBUILDING OPEN – THE WINNER**

#### \*REGISTRATION DEADLINE

PRELIMINARY ENTRY FORM: **NO**

FINAL ENTRY FORM: **06/06/2022**

#### CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

#### GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

EXTRA GREEN CARDS: **YES**  **NO**  **N/A**

PRICE: **50 € (EUROS)** each.

#### TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

PROFESSIONAL TANNING SERVICE: **YES**  **NO**

Contact: [patriciatanning@gmail.com](mailto:patriciatanning@gmail.com)

## CONTACT INFORMATION:

Please send Your Entry Form to:

Contact: **Guy KRIDEL**

E-mail: [info@ifbbluxembourg.com](mailto:info@ifbbluxembourg.com)

Please send a copy to IFBB Technical Committee:

Eng. Andrew Michalak

E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Please send a copy to IFBB Head Office:

Ms. Alba Sanchez

E-mail: [info@ifbb.com](mailto:info@ifbb.com)

Contact details for additional correspondence:

President of **IFBB LUXEMBOURG**

**Mr. Guy KRIDEL**

E-mail: [info@ifbbluxembourg.com](mailto:info@ifbbluxembourg.com)

## JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Team Managers and Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **50 € (EUROS)** paid for the current year. This fee may also be paid at the EVENT at the Team Managers and Judges Meeting.