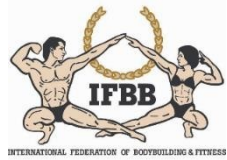




# IFBB North American Championships



## MAIN INFORMATION

**NAME OF THE EVENT:** IFBB North American Championships

**CITY / COUNTRY:** Mexico City / Mexico

**DATE:** September 23<sup>rd</sup> and 24<sup>th</sup>, 2022

**EVENT OPEN FOR :** All National Federations affiliated to IFBB

**IFBB ELITE PRO CARD QUALIFIER** YES  NO

**IFBB INTERNATIONAL RANKING QUALIFIER** YES  NO

**DAY OF ARRIVAL:** September 22<sup>nd</sup>, 2022

**DAY OF DEPARTURES:** September 25<sup>th</sup>, 2022

**REGISTRATION / WEIGHT IN DAY:**  
September 23<sup>rd</sup>, 2022

**TIME:** 14:00 pm  
up to 19:00 pm

**PLACE:** Teatro Ferrocarrilero  
Avenida Ricardo Flores Magón número 206  
Colonia Buenavista, zip code 06300

**COMPETITION DAY:** September 24<sup>th</sup>,  
2022

**TIME:** 14:00 pm

**PLACE:** Teatro Ferrocarrilero  
Avenida Ricardo Flores Magón número 206  
Colonia Buenavista, zip code 06300

\*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

**RECOMMENDED AIRPORT:** Benito Juárez, Mexico City, International Airport

**VISA INFORMATION:** PLEASE REVIEW NEEDED INFORMATION AT THE SITE  
<https://www.inm.gob.mx/gobmx/word/index.php/paises-requieren-visa-para-mexico/> for the countries who need  
**VISA for the entrance to México.**

\*Due to the COVID-19 situation, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulation to avoid any inconveniences when travelling. The National Federations, athletes and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.

\*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

**VENUE:** Teatro Ferrocarrilero

Avenida Ricardo Flores Magón, número 206, Buenavista, Cuauhtémoc, 06300, Mexico City

## HOTEL INFORMATION

**RECOMMENDED HOTEL:** Option 1. **Lepanto Hotel:** Avenida Guerrero, número 90, Buenavista, Mexico City. Phone: +52-55-57-03-39-65 Reservations / e mail: [ventasreservaciones@hotellepanto.com](mailto:ventasreservaciones@hotellepanto.com)

Option 2. **Ramada Reforma Hotel:** Puente de Alvarado 22, Mexico City, 06030 Phone: +52-55-50-97-02-77  
[reservas@ramadareforma.com](mailto:reservas@ramadareforma.com)

## REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of each.

\$100 USD

Registration fee for international athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of : 50 usd.

For all Mexican athletes the registration fee shall be paid in registration and weight in day.

The cost of it will be of \$100 USD.

**CROSSOVERS: \$100 usd**

**DEADLINE FOR ONLINE PAYMENT: September 19<sup>th</sup> , 2022**

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are EUR €35/45\$ and are mandatory.

\*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

## CATEGORIES:

### Men's Bodybuilding

- Up to 70 kg
- Up to 75 kg
- Up to 80 kg
- Up to 85 kg
- Up to 90 kg
- Over 90 kg

### Men's Classic Bodybuilding

- Up to 170 cms
- Over 170 kg

### Men's Physique

- Up to 170 cms
- Up to 175 cms
- Over 175 cms

### Men's Classic Physique

- Up to 170 cms
- Over 170 cms

### Master Men's Bodybuilding 40-44 years – Open

### Master Men's Bodybuilding 45-49 years – Open

### Master Men's Bodybuilding 50 years and over – Open

### Master Classic Physique 40 years and over – Open

### Master Men's Physique 40 years and over – Open

### Games Men's Classic Bodybuilding – Open

### Women's Bikini Fitness

- Up to 158 cms
- Up to 164 cms
- Over 164 cms

### Women's Wellness Fitness

- Up to 158 cms
- Up to 164 cms
- Over 164 cms

### Women's Body Fitness – Open

### Women's Physique – Open

### Master Women's Bikini Fitness 35 years and over – Open

### Master Women's Wellness Fitness 35 years and over – Open

### Master Women's Body Fitness 35 years and over – Open

## AWARDS:

Top three athletes in each category will be awarded with **trophies**.

Top six athletes in each category will be awarded with a **Certificate of Excellence** and **medals**. Overall winner will have a **medal**.

## IFBB ELITE PRO CARDS:

**10 (ten)**

## DISTRIBUTION

Men's Bodybuilding (2) one for the Overall Winner & one for the 2<sup>nd</sup> place

Men's Classic Bodybuilding (1) one for the Overall Winner

Men's Physique (1) one for the Overall Winner

Men's Classic Physique (1) one for the Overall Winner

Master Men's Bodybuilding (1) one for the Overall Winner

Women's Bikini Fitness (1) one for the Overall Winner

Women's Wellness Fitness (1) one for the Overall Winner

Women's Body Fitness (1)

Women's Physique (1)

## \*REGISTRATION DEADLINE

PRELIMINARY ENTRY FORM: August 31<sup>st</sup>, 2022

FINAL ENTRY FORM: September 19<sup>th</sup>, 2022

## CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

## GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

## TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

## CONTACT INFORMATION:

Please send Your Entry Form to:  
Organizing Committee  
Contact: IFBB North American VP  
Mr. Marco Antonio Cabezas  
E-mail:  
[mac.cabezasmexico@gmail.com](mailto:mac.cabezasmexico@gmail.com)

Please send a copy to IFBB Technical  
Committee  
Eng. Andrew Michalak  
E-mail: [amichalak51@gmail.com](mailto:amichalak51@gmail.com)

Please send a copy to IFBB Head Office:  
Ms. Maria Sanson  
E-mail: [contact@ifbb.com](mailto:contact@ifbb.com)

Contact details for additional correspondence:  
Mr. Francisco Cabezas  
President of Mexican Federation of Bodybuilding and  
Fitness  
E-mail: [fmff2001@hotmail.com](mailto:fmff2001@hotmail.com)

## JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Technical Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50/60\$ paid for the current year. This fee may also be paid at the EVENT at the Technical Meeting