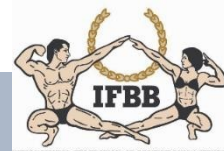


# SWEFITOPEN ELITE PRO Qualifier



## MAIN INFORMATION

NAME OF THE EVENT: **2022 IFBB SWEFITOPEN ELITE PRO QUALIFIER**

CITY / COUNTRY: **ALINGSAS / SWEDEN**

DATE: **November 25<sup>th</sup> - 26<sup>th</sup>, 2022**

EVENT OPEN FOR: **All National Federations affiliated with the IFBB.**

IFBB ELITE PRO CARD QUALIFIER                      YES   **X**                      NO  

IFBB INTERNATIONAL RANKING LEVEL 2 QUALIFIER    YES   **X**                      NO  

DAY OF ARRIVAL: Friday, **November 25<sup>th</sup>, 2022**

DAY OF DEPARTURES: Sunday, **November 27<sup>th</sup>, 2022**

REGISTRATION AND WEIGH-IN DAY:  
Friday, **November 25<sup>th</sup>, 2022**

TIME: **17:30 – 20:30**

PLACE:  
International Handball Arena Estrad  
Bankgatan 2, Alingsås - Sweden

\*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: Gothenburg Landvetter

### VISA INFORMATION:

A valid passport is required to enter the territory of the European Union (Schengen Zone). Schengen Area nowadays covers most of the European Countries with an exception made for the United Kingdom and the countries that are soon to be part of this agreement as Romania, Bulgaria, Croatia, Cyprus and Ireland. The following countries: Norway, Iceland, Switzerland and Lichtenstein are also part of the Schengen Zone. Detailed info at: <https://www.migrationsverket.se/English/Startpage.html>

\*Due to the COVID-19 situation, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulation to avoid any inconveniences when travelling. The National Federations, athletes and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.

\*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: International Handball Arena Estrad - Bankgatan 2, Alingsås, Sweden

### HOTEL INFORMATION

OFFICIAL HOTELS: Grand Hotel – Bankgtan 1, Alingsås, Sweden

## REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **EUR €200**.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **EUR €50**.

**CROSSOVERS: EUR €100.**

**DEADLINE FOR ONLINE PAYMENT: November 15<sup>th</sup>, 2022**

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are EUR €35/USD \$45 and are mandatory.

\*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

## CATEGORIES:

### WOMEN'S BIKINI

Up to 160 cm

Up to 163 cm

Up to 166 cm

Up to 169 cm

Up to 172 cm

Over 172 cm

**JUNIOR WOMEN'S BIKINI 16-23 YEARS - OPEN**

**MASTER WOMEN'S BIKINI >35 YEARS - OPEN**

### WOMENS BODYFITNESS

Up to 158 cm

Up to 163 cm

Up to 168 cm

Over 168 cm

**JUNIOR WOMENS BODYFITNESS 16-23 YEARS - OPEN**

**MASTER WOMENS BODYFITNESS >35 YEARS - OPEN**

### WOMEN'S WELLNESS

Up to 158 cm

Up to 163 cm

Up to 168 cm

Over 168 cm

**WOMEN'S ACROBATIC FITNESS - OPEN**

**WOMEN'S PHYSIQUE - OPEN**

### MEN'S PHYSIQUE

Up to 173 cm

Up to 180 cm

Over 180 cm

**JUNIOR MEN'S PHYSIQUE 16-23 YEARS - OPEN**

**MASTER MEN'S PHYSIQUE >40 YEARS - OPEN**

### MEN'S CLASSIC PHYSIQUE

Up to 180 cm

Over 180 cm

**JUNIOR MEN'S CLASSIC PHYSIQUE 16-23 YEARS - OPEN**

### MEN'S CLASSIC BODYBUILDING

Up to 180 cm

Over 180 cm

**JUNIOR MEN'S CLASSIC BODYBUILDING 16-23 YEARS - OPEN**

**MASTER MEN'S CLASSIC BODYBUILDING >40 YEARS - OPEN**

### MEN'S BODYBUILDING - OPEN

**The overall winners of Women's Bikini, Bodyfitness, Wellness, Men's Physique, Classic Physique and Classic Bodybuilding will get the IFBB Elite Pro Card.**

## AWARDS:

Top three athletes in each category will be awarded with **medals**.

Top six athletes in each category will be awarded with a **Certificate of Excellence** and **trophies**. Overall winner will have a **trophy**.

#### IFBB ELITE PRO CARDS:

**TOTAL NO: 6**

#### DISTRIBUTION:

- **Women's Bikini – Overall winner**
- **Women's Bodyfitness – Overall winner**
- **Women's Wellness – Overall winner**
- **Men's Classic Bodybuilding – Overall winner**
- **Men's Classic Physique – Overall winner**
- **Men's Physique – Overall winner**

#### \*REGISTRATION DEADLINE

PRELIMINAR ENTRY FORM: No.

FINAL ENTRY FORM: **November 14<sup>th</sup> 2022.**

#### CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

#### GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

#### TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

#### CONTACT INFORMATION:

Please send Your Entry Form to:  
Contact: **Saram Daneshmand**  
E-mail: [shapebysharam@gmail.com](mailto:shapebysharam@gmail.com)

Please send a copy to the IFBB Technical Committee:  
Eng. **Andrew Michalak**  
E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Please send a copy to IFBB Head Office:  
**Ms. Maria Sanson**  
E-mail: [contact@ifbb.com](mailto:contact@ifbb.com)

Contact details for additional correspondence:

**Mr. Jani Karri**  
President of the Swedish Bodybuilding and Fitness Federation  
E-mail: [jani@ifbbSweden.se](mailto:jani@ifbbSweden.se)

#### JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact **Mr. Pawel Filleborn**, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Technical Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50/USD \$60 paid for the current year. This fee may also be paid at the EVENT at the Technical Meeting





