

NAME OF THE EVENT

MAIN INFORMATION



| NAME OF THE EVENT: 2022 IFBB Arnold Classic Africa. | | | | | |
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| CITY / COUNTRY: Ruimsig Stadium, Roodepoort, Johannesburg, South Africa | | | | | |
| DATE: June 03 rd – 05 th , | 2022. | | | | |
| CHAMPIONSHIPS OPEN FOR: All IFBB-affiliated National Federations worldwide. | | | | | |
| IFBB ELITE PRO CARD QUALIFIER YES 🛛 NO 🗆 | | | | | |
| IFBB ELITE PRO CARDS: TOTAL NUMBER: 19 | | | | | |
| DISTRIBUTION : Men's Bodybuilding - top 3 Overall winners Men's Classic Bodybuilding - top 3 Overall winners Men's Physique - top 3 Overall winners Women's Bikini - top 3 Overall winners Women's Bodyfitness - top 3 Overall winners Women's Wellness - top 3 Overall winners Women's Physique - Overall winner | | | | | |
| IFBB INTERNATIONAL RANKING QUALIFIER LEVEL 2 YES ☑ NO □ | | | | | |
| DAY OF ARRIVAL 02/06/2022. | | | | | |
| DAY OF DEPARTURES 06/06/2022 | | | | | |
| REGISTRATION DAY: 02/06/2022 | TIME: 10:00 -3 | | CE: Ruimsig Sta depoort, Johanr | - | |
| WEIGH-IN DAY: | TIME: 10:00- | | CE: Ruimsig Sta | - | |
| 02/06/2022 Roodepoort, Johannesburg *All Athletes must wear their posing attire during weigh-in for inspection. Female competitors mustalso bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed. | | | | | |
| RECOMMENDED AIRPOR Lanseria Internationa | | | port (50 min. d | rive) or | |
| VISA INFORMATION: Nati the entry visa to visit So here: http://www.dha.go Some other countries ma Current Covid-19 restrict https://www.gov.za/cov * Due to the COVID-19 restrictions, w the current regulation to avoid any ind follow any healthy and other measur pandemic situation. | outh Africa. Detaile ov.za/index.php/in ay apply for visa o tions for travellers id-19/individuals-a re recommend you check wi conveniences when travellir | ed list and perm mmigration-ser online. available here and-households ith the corresponding a ng. The National Feder | itted periods of s vices/exempt-cou : s/travel-coronavir uthorities of the country (C ations, athletes and official | tay available intries us-covid-19 onsulate, Embassy, etc.), Is, must adopt and strictly | |

*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned event for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by its athletes and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

| VENUE: Ruimsig Stadium, Roodepoort, Johannesburg | | | | |
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| CATEGORIES: | | | | |
| Men's Fitness Open Men's Bodybuilding: 65 kg; 70 kg; 75 kg; 80 kg; 85 kg; 90 kg; 95 kg; 100 kg; Over 100 kg Junior Men's Bodybuilding 16-23 yrs open Masters Men's Bodybuilding 40-49 yrs; Over 50 yrs Men's Classic Bodybuilding: 171 cm; 175 cm; 180 cm; Over 180 cm Junior Men's Classic Bodybuilding 16-23 yrs open Men's Classic Physique: 180 cm; Over 180 cm Men's Physique: 170 cm; 174 cm; 178 cm; Over 178 cm Junior Men's Physique 16-23 yrs open Masters Men's Physique 40-44 yrs; Over 45 yrs Muscular Men's Physique Open POSSIBLE CROSSOVERS: Men's Classic Bodybuilding – Classic Physique – Bodybuilding; Men's Fitness – Men's Physique; Women's Acrobatic Fitness – Women's Bodyfitness; Women's Wellness – Women's Fit-Model; Women's Wellness – Women's Fit-Model. Also junior and masters in senior classes. RECOMMENDED HOTEL | Women's Acrobatic Fitness Open Women's Bikini: 160 cm; 166 cm; 169 cm; Over 169 cm Junior Women's Bikini 16-23 yrs open Masters Women's Bikini over 35 yrs: Open Women's Bodyfitness: 158 cm; 163 cm; 168 cm; Over 168 cm Women's Wellness: 163 cm; Over 163 cm Women's Physique: 163 cm; Over 163 cm Women's Fit-Model: 166 cm; Over 166 cm | | | |
| OFFICIAL HOTEL: As per the Inspection Report | | | | |

PAYMENTS NOT LATER THAN: 25/05/2022

Each athlete paying online **NOT LATER THAN 25 May 2022** will pay the IFBB registration fee of **USD \$250 for international athletes** and **USD \$150 for South Africans athletes**.

PAYMENTS AFTER 25/05/2022

Each athlete paying **AFTER 25/05/2022** will pay the IFBB registration fee of **USD \$300 for** international athletes and **USD \$200 for South African athletes.**

CROSSOVERS: USD \$100 per each of the additional categories.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are EUR €35 / USD \$45.

 ONLINE PAYMENT may be done by credit/debit cardor PayPal at

 http://www.ifbb.com/competition-registration.

 You can also make the Payment via Bank Transfer to the following bank account:

 Beneficiary:
 IFBB

 BANK
 BBVA

 ACCOUNT:
 ES51 0182 6127 1102 0158 4781

 SWIFT:
 BBVAESMMXXX

 Please add your name during online payment and bring a copy of your payment confirmation to the registration.

***REGISTRATION DEADLINE**

PRELIMINARY ENTRY FORM: No

FINAL ENTRY FORM: 25/05/2022

Please notice that to send the FEF is MANDATORY. Any National Federation attending the event without having previously sent the FEF before the deadline will be charged with an additional **0,00 currency** fee.

IMPORTANT NOTICE

*Participating athletes must be recommended by their National Federation by sending the FinalEntry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this CHAMPIONSHIPS rests with the IFBB.

*It is the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any CHAMPIONSHIPS either at National or International level, Official or Invitational.

*All posing music must be on an USB drive only. The posing music in the MP3 format must also bethe only file on USB. Each competitor must affix his/her name on the USB for easy identification. Theuse of profane, vulgar, and offensive language is strictly prohibited in the posing music.

AWARDS:

Top three athletes in each category will be awarded with medals. Top six athletes in each category will be awarded with a Certificate of Excellence and trophies. Overall winner will have a trophy.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging and finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes two (2) green cards.
- Less than (5) athletes one (1) green card.

TANNING

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes at the backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

Official tanning services available at the event: YES ⊠ NO □ If yes, please indicate brand-named and contact: **www.jantanaafrica.com** for bookings.

CONTACT INFORMATION:

Please send Your Entry Form to:

Ms. Marie v.d. Westhuizen E-mail: <u>ifbbsasecretary@gmail.com</u> Please send a copy to the IFBB Technical Committee:

Eng. Andrew Michalak E-mail: amichalak5@gmail.com

Please send a copy to the **IFBB Head Office:** E-mail: **info@ifbb.com**

IFBB Vice-President for Africa Dr. Eng. Adel Fahim E-mail: <u>ifbbcairo@gmail.com</u>

Contact details for additional correspondence: President of the South African Bodybuilding and Fitness Federation: **Mr. Wayne Price** E-mail: <u>wayne@arnoldclassicsa.co.za</u>

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Technical Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR€50 / USD \$60 paid for the current year. This fee may also be paid at the Championships at the Technical Meeting

TENTATIVE SCHEDULE

FRIDAY, JUNE 03rd, 2022, 09:00:

Junior Women's Bikini Fitness Men's Physique Men's Classic Bodybuilding Women's Physique Muscular Men's Physique Masters Men's Bodybuilding Junior Men's Classic Bodybuilding Masters Men's Physique

SATURDAY, JUNE 04th, 2022, 09:00:

Junior Men's Physique Women's Bodyfitness Women's Wellness Men's Classic Physique Women's Acrobatic Fitness Men's Fitness Women's Bikini Masters Women's Bikini Women's Fit-Model

SUNDAY, JUNE 05th, 2022, 09:00:

Men's Bodybuilding