



NAME OF THE EVENT

MAIN INFORMATION

NAME OF THE EVENT: 2022 IFBB DIAMOND CUP ROME

CITY / COUNTRY: ROME / ITALY

DATE: DECEMBER 03-04, 2022

EVENT OPEN FOR : EUROPEAN NATIONAL FEDERATIONS AFFILIATED TO THE IFBB

IFBB ELITE PRO CARD QUALIFIER YES NO

IFBB INTERNATIONAL RANKING QUALIFIER YES NO

DAY OF ARRIVAL: 3/12/2022

DAY OF DEPARTURE: 5/12/2022

REGISTRATION AND WEIGH-IN DAY:
3/12/2022

TIME:
11:00-18:00

PLACE: MARRIOTT PARK HOTEL, ROME

*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: FIUMICINO INTERNATIONAL AIRPORT, ROME

VISA INFORMATION:

*Due to the COVID-19 situation, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulation to avoid any inconveniences when travelling. The National Federations, athletes and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.

*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: SALA MICHELANGELO, MARRIOTT PARK HOTEL, VIA COLONNELLO TOMMASO MASALA 54, ROME

HOTEL INFORMATION

OFFICIAL HOTELS:

MARRIOTT PARK HOTEL, VIA COLONNELLO TOMMASO MASALA 54. ROME

REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **EUR €250** .

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **EUR €50**.

CROSSOVERS: EUR €100 per each of the additional categories.

DEADLINE FOR ONLINE PAYMENT: 22/11/22

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are EUR €35/45\$ and are mandatory.

*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

CATEGORIES:

JUNIOR (16-23 YEARS OLD):

- MEN'S BODYBUILDING OPEN
- MEN'S PHYSIQUE OPEN
- WOMEN'S BIKINI OPEN

MEN'S MASTERS:

- MASTER MEN'S CLASSIC BODYBUILDING OPEN
- MASTER MEN'S CLASSIC PHYSIQUE OPEN
- MASTER MEN'S BODYBUILDING 40-49 YRS OPEN
- MASTER MEN'S BODYBUILDING >50 YRS OPEN
- MASTER MEN'S BODYBUILDING OVERALL
- MASTER MEN'S PHYSIQUE 40-49 YRS OPEN
- MASTER MEN'S PHYSIQUE >50 YRS OPEN
- MASTER MEN'S PHYSIQUE OVERALL

WOMEN'S MASTERS:

- MASTER WOMEN'S BODYFITNESS >35 YRS OPEN
- MASTER WOMEN'S BIKINI 35-39 YRS OPEN
- MASTER WOMEN'S BIKINI >40 YRS OPEN
- MASTER WOMEN'S BIKINI OVERALL

POSSIBLE CROSSOVERS:

CLASSIC BODYBUILDING-CLASSIC PHYSIQUE-
BODYBUILDING
ALSO JUNIORS AND MASTERS IN SENIOR CLASSES

MEN'S SENIORS:

- MEN'S BODYBUILDING UP TO 70 KG
- MEN'S BODYBUILDING UP TO 80 KG
- MEN'S BODYBUILDING UP TO 90 KG
- MEN'S BODYBUILDING OVER 90 KG
- MEN'S BODYBUILDING OVERALL

- MEN'S CLASSIC BODYBUILDING UP TO 175 CM
- MEN'S CLASSIC BODYBUILDING OVER 175 CM
- MEN'S CLASSIC BODYBUILDING OVERALL

- MEN'S CLASSIC PHYSIQUE UP TO 175 CM
- MEN'S CLASSIC PHYSIQUE OVER 175 CM
- MEN'S CLASSIC PHYSIQUE OVERALL

- MEN'S PHYSIQUE UP TO 170 CM
- MEN'S PHYSIQUE UP TO 176 CM
- MEN'S PHYSIQUE UP TO 179 CM
- MEN'S PHYSIQUE UP TO 182 CM
- MEN'S PHYSIQUE OVER 182 CM
- MEN'S PHYSIQUE OVERALL

- MUSCULAR MEN'S PHYSIQUE OPEN

WOMEN'S SENIORS:

- WOMEN'S PHYSIQUE OPEN

- WOMEN'S BODYFITNESS UP TO 163 CM
- WOMEN'S BODYFITNESS OVER 163 CM
- WOMEN'S BODYFITNESS OVERALL

- WOMEN'S BIKINI UP TO 160 CM
- WOMEN'S BIKINI UP TO 164 CM
- WOMEN'S BIKINI UP TO 166 CM
- WOMEN'S BIKINI UP TO 169 CM
- WOMEN'S BIKINI OVER 169 CM
- WOMEN'S BIKINI OVERALL

- WOMEN'S WELLNESS UP TO 163 CM
- WOMEN'S WELLNESS OVER 163 CM
- WOMEN'S WELLNESS OVERALL

AWARDS:

Top three athletes in each category will be awarded with [medals](#). Top six athletes in each category will be awarded with a [Certificate of Excellence](#) and [trophies](#). Overall winner will have a [trophy](#).

IFBB ELITE PRO CARDS:

14 ELITE PRO CARDS:

TWO PRO CARDS FOR OVERALL:

- MEN'S PHYSIQUE
- MEN'S BODYBUILDING
- WOMEN'S BIKINI
- WOMEN'S BODYFITNESS

ONE PRO CARD FOR OVERALL:

- MEN'S CLASSIC PHYSIQUE
- WOMEN'S WELLNESS
- MASTER MEN'S BODYBUILDING
- MASTER WOMEN'S BIKINI
- MEN'S CLASSIC BODYBUILDING

ONE PRO CARD FOR THE WINNER:

- MASTER WOMEN'S BODYFITNESS

*REGISTRATION DEADLINE

PRELIMINARY ENTRY FORM: NO
FINAL ENTRY FORM: 21/11/2022

CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

CONTACT INFORMATION:

Please send Your Entry Form to:
Mr. Benedetto Mondello
Contact: +39.348.0660375

E-mail: bettondello@gmail.com

Please send a copy to IFBB Technical Committee:
Eng. Andrew Michalak
E-mail: amichalak5@gmail.com

Please send a copy to IFBB Head Office:
Ms. Maria Sanson
E-mail: contact@ifbb.com

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Technical Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50/USD \$60 paid for the current year. This fee may also be paid at the EVENT at the Technical Meeting.