

Central Asian Championships					May 29 2022.
Men's Physique Up to 173 cm					8 Place
1	170	Ismail Yussubov	Kazakhstan	102	1
2	172.5	Barzami Akhmedov	Kazakhstan	109	2
3	171,5	Iliia Ishchuk	Kazakhstan	56	3
4	170.7	Rustem Zhunussov	Kazakhstan	73	4
5	170.3	Marat Zhalgas	Kazakhstan	112	5
6	171.5	Seilbek Sapar	Kazakhstan	144	6
7	168	Olly Akram Zaporat	Kazakhstan	100	7
8	173	Semyon Arykin	Kazakhstan	7	8
Men's Physique Up to 179 cm					7 Place
1	175,1	Andrei Bondarevskii	IFBB	219	1
2	178,1	Bakdaulet Saparbayev	Kazakhstan	162	2
3	174	Vadim Komissarov	Kazakhstan	135	3
4	175	Dastan Nauryz	Kazakhstan	171	4
5	173,5	Danil Kalitkin	Kazakhstan	208	5
6	175,4	Aibek Nugmanov	Kazakhstan	136	6
7	177	Nurzhaubek Bauk	Kazakhstan	101	7
Men's Physique Up to 182 cm					5 Place
1	179,2	Ianis Abramov	Kyrgyzstan	99	1
2	179	Nikolay Goncharenko	Kazakhstan	110	2
3	180,3	Maxim Veremeyenko	Kazakhstan	89	3
4	180	Anton Ignatchenko	Kazakhstan	196	4
5	180	Dinmukhamed Marat	Kazakhstan	125	5
Men's Physique Over 182 cm					5 Place
1	188	Uulu Abdizhalil	Kyrgyzstan	60	1
2	183,6	Ilyar Gapparov	Kazakhstan	142	2
3	181,7	Nurlan Junsaliyev	Kazakhstan	150	3
4	187	Viktor Shmidt	Kazakhstan	244	4
5	182,5	Rustem Zinagabdin	Kazakhstan	98	5
Men's Physique Overall					4 Place
1	179,2	Ianis Abramov	Kyrgyzstan	99	1
2	175,1	Andrei Bondarevskii	IFBB	219	2
3	188	Abdizhalil Uulu	Kyrgyzstan	60	3
4	170	Ismail Yussubov	Kazakhstan	102	4
Women's Bodyfitness Open					8 Place
1	157,4	Inna Tylets	IFBB	220	1
2	170,3	Anna Firsova	IFBB	230	2
3	159,3	Olga Tolstova	Kazakhstan	91	3
4	163,4	Yelena Kashirskaya	Kazakhstan	67	4
5	167,5	Natalya Kanakayeva	Kazakhstan	17	5
6	165,5	Violetta Kasyanova	Kazakhstan	143	6
7	155,7	Barrientos Munoz Roza Jussupova	Kazakhstan	170	7
8	161	Olga Tatossova	Kazakhstan	66	

<b>Men's Classic Bodybuilding Up to 171 cm</b> 3					
1	66.6/166	Vladislav Pochinov	Kazakhstan	179	1
2	66.9/165.5	Alexandr Ponomarev	Kazakhstan	189	2
3	71,15/171	Anton Polovnikov	Kazakhstan	32	3
<b>Men's Classic Bodybuilding Up to 175 cm</b> 5 Place					
1	75,95/174,5	Ruslan Pirmanov	Kazakhstan	8	1
2	77.1/173	Mutallib Mukhametov	Kazakhstan	156	2
3	69.6/172.6	Alexey Popov	Kazakhstan	178	3
4	174/75	Bakhtiyar Imanbekov	Kazakhstan	168	4
5	173,5/76,6	Igor Fofonov	Kazakhstan	38	
<b>Men's Classic Bodybuilding Up to 180 cm</b> 3 Place					
1	81.3/178.1	Dmitriy Kaporin	Алматы "А"	157	1
2	78/176.6	Konstantin Maslov	Алматы "А"	115	2
3	82.4/178.4	Chingis Duisengaliyev	Алматы	177	3
<b>Men's Classic Bodybuilding Over 180 cm</b> 5 Place					
1	89,5/183	Ivan Dmitriyev	Kazakhstan	118	1
2	89.5/181.8	Alexandr Legenchuk	Kazakhstan	129	2
3	88,75/185	Andrey Vtorushin	Kazakhstan	62	3
4	94/187.9	Viktor Dadayev	Kazakhstan	74	4
5	95.35/188	Alexandr Nikitin	Kazakhstan	93	
<b>Men's Classic Bodybuilding Overall</b> 4 Place					
1	89,5/183	Ivan Dmitriyev	Kazakhstan	118	1
2	75,95/174,5	Ruslan Pirmanov	Kazakhstan	8	2
3	81.3/178.1	Dmitriy Kaporin	Kazakhstan	157	3
4	66.6/166	Vladislav Pochinov	Kazakhstan	179	4
<b>Men's Classic Physique Open</b> 16 Place					
1	92.8/181	Vladislav Pikalov	Kazakhstan	214	1
2	79,4/172,9	Viktor Kudimov	IFBB	245	2
3	89,5/183	Ivan Dmitriyev	Kazakhstan	118	3
4	92,2/184,4	Andrey Kuchma	Kazakhstan	29	4
5	85,4/175,7	Evgenii Tsisar	IFBB	84	5
6	89.5/181.8	Alexandr Legenchuk	Kazakhstan	129	6
7	94/ 187.9	Viktor Dadayev	Kazakhstan	74	7
8	176 /81	Adil Yussufov	Kazakhstan	180	8
9	91,5/182	Andrey Kablyayev	Kazakhstan	92	9
10	72.55/169	Dauren Zhanseitov	Kazakhstan	218	10
11	78/176.6	Konstantin Maslov	Kazakhstan	115	11
12	77.1/173	Mutallib Mukhametov	Kazakhstan	156	12
13	79.8/173.5	Sultan Albekov	Kazakhstan	149	13
14	85.7/178	Daniil Novikov	Kazakhstan	152	14
15	174/75	Bakhtiyar Imanbekov	Kazakhstan	168	15
16	100/188	Yuriy Sapizhak	Kazakhstan	141	

<b>Women's Fit-Model Open</b>						16	Place
1	167,4	Ekvira Ibragimova	IFBB	210	<b>1</b>		
2	175	Karina Tulebayeva	Kazakhstan	131	<b>2</b>		
3	165,9	Ekaterina Neuytina	IFBB	216	<b>3</b>		
4	164,2	Irina Soboleva	IFBB	212	<b>4</b>		
5	178,1	Xenia Ivanova	Kazakhstan	137	<b>5</b>		
6	166,3	Zarina Zhursunova	Kazakhstan	133	<b>6</b>		
7	160,3	Ainur Mukhambetova	Kazakhstan	182	<b>7</b>		
8	162,8	Dina Baimakhan	Kazakhstan	169	<b>8</b>		
9	162,9	Assem Zharlylgap	Kazakhstan	167	<b>9</b>		
10	158	Aknur Zharkesheva	Kazakhstan	31	<b>10</b>		
11	162,3	Lyazzat Raiymbekova	Kazakhstan	103	<b>11</b>		
12	160,5	Inessa Tsarevskaya	IFBB	221	<b>12</b>		
13	173,5	Diana Matsenko-Kolokolova	Kazakhstan	148	<b>13</b>		
14	169,8	Evgenia Denisova	Kyrgyzstan	70	<b>14</b>		
15	162,5	Lolita Zholdaspayeva	Kazakhstan	236	<b>15</b>		
16	165,5	Zhanna Ospanova	Kazakhstan	76			
<b>Men's Bodybuilding Up to 70 kg</b>						3	Place
1	66.6	Vladislav Pochinov	Kazakhstan	179	<b>1</b>		
2	66.9	Alexandr Ponomarev	Kazakhstan	189	<b>2</b>		
3	65,5	Yesset Bissenbay	Kazakhstan	81	<b>3</b>		
<b>Men's Bodybuilding Up to 80 kg</b>						9	Place
1	79,4	Viktor Kudimov	IFBB	245	<b>1</b>		
2	79,9	Nikolay Tyulkin	Kazakhstan	13	<b>2</b>		
3	72.55	Dauren Zhanseitov	Kazakhstan	218	<b>3</b>		
4	77.1	Mutallib Mukhametov	Kazakhstan	156	<b>4</b>		
5	79,8	Rustam Dauletbaev	Kazakhstan	187	<b>5</b>		
6	78	Konstantin Maslov	Kazakhstan	115	<b>6</b>		
7	72.9	Bakytzhan Ismailov	Kazakhstan	145	<b>7</b>		
8	75	Bakhtiyar Imanbekov	Kazakhstan	168	<b>8</b>		
9	74,8	Vyacheslav Tunkin	Kazakhstan	54			
<b>Men's Bodybuilding Up to 90 kg</b>						6	Place
1	81,85	Ivan Ronin	Kazakhstan	90	<b>1</b>		
2	88	Evgeniy Klochkov	IFBB	250	<b>2</b>		
3	85,4	Evgenii Tsisar	IFBB	84	<b>3</b>		
4	83	Sagadat Salmanov	Kazakhstan	82	<b>4</b>		
5	81	Adil Yussufov	Kazakhstan	180	<b>5</b>		
6	85.7/178	Daniil Novikov	Kazakhstan	152	<b>6</b>		
<b>Men's Bodybuilding Over 90 kg</b>						7	Place
1	101.7	Maxim Yavorovich	Kazakhstan	121	<b>1</b>		
2	94	Viktor Dadayev	Kazakhstan	74	<b>2</b>		
3	102	Denis Sorokin	Kyrgyzstan	290	<b>3</b>		
4	98,2	Artem Yaroshenko	Kazakhstan	128	<b>4</b>		
5	94,9	Sergei Aslapovskii	Kyrgyzstan	86	<b>5</b>		
6	101,8	Mikhail Tikunov	Kazakhstan	27	<b>6</b>		
7	100	Yuriy Sapizhak	Kazakhstan	141			

<b>Men's Bodybuilding Overall</b>				4	Place
1	81,85	Ivan Ronin	Kazakhstan	90	<b>1</b>
2	101,7	Maxim Yavorovich	Kazakhstan	121	<b>2</b>
3	79,4	Viktor Kudimov	IFBB	245	<b>3</b>
4	66,6	Vladislav Pochinov	Kazakhstan	179	<b>4</b>
<b>Women's Bikini Up to 160 cm</b> 12 Place					
1	158	Aknur Zharkesheva	Kazakhstan	31	<b>1</b>
2	155,3	Darya Yelisseyeva	Kazakhstan	173	<b>2</b>
3	159,2	Elina Ikhsakova	IFBB	234	<b>3</b>
4	160	Alena Levina	Kazakhstan	113	<b>4</b>
5	159	Nazgul Zhussupova	Kazakhstan	273	<b>5</b>
6	154,5	Yelena Badareu	Kazakhstan	52	<b>6</b>
7	158,5	Svetlana Chizhevskaya	Kazakhstan	41	<b>7</b>
8	158,6	Gulnaz Ibragimova	Kazakhstan	134	<b>8</b>
9	158,2	Ilsiia Kaneva	Kazakhstan	104	<b>9</b>
10	158	Assailiya Sultanova	Kazakhstan	161	<b>10</b>
11	153	Dina Moldazhanova	Kazakhstan	119	<b>11</b>
12	159	Yelena Yatsenko	Kazakhstan	111	<b>12</b>
<b>Women's Bikini Up to 164 cm</b> 6 Place					
1	163	Diana Drozdova	Kyrgyzstan	77	<b>1</b>
2	160,5	Nargissa Mussabekova	Kazakhstan	155	<b>2</b>
3	163	Alyona Chsheglova	Kazakhstan	57	<b>3</b>
4	160,5	Inessa Tsarevskaya	IFBB	221	<b>4</b>
5	162,7	Lyudmila Medvedeva	Kazakhstan	122	<b>5</b>
6	161	Yelizaveta Stepanova	Kazakhstan	108	<b>6</b>
<b>Women's Bikini Up to 168 cm</b> 12 Place					
1	165,5	Assiya Askerova	Kazakhstan	96	<b>1</b>
2	166,6	Margarita Zaitdinova	Kazakhstan	140	<b>2</b>
3	167,5	Galiya Moisseyeva	Kazakhstan	200	<b>3</b>
4	167,4	Elvira Ibragimova	IFBB	210	<b>4</b>
5	165	Anastasiia Liubokonskis	Kyrgyzstan	51	<b>5</b>
6	167	Gulshat Bozhko	Kazakhstan	44	<b>6</b>
7	165,5	AnnaKolpakova	Kazakhstan	184	<b>7</b>
8	165,5	Anna Bogasheva	Kazakhstan	229	<b>8</b>
9	167	Valeriya Khubenova	Kazakhstan	95	<b>9</b>
10	165,5	Olessya Tenenbayeva	Kazakhstan	4	<b>10</b>
11	166,3	Olga Shestopalova	Kazakhstan	26	<b>11</b>
12	164,1	Olessya Lyu-Si-Gun	Kazakhstan	192	<b>12</b>
<b>Women's Bikini Up to 172 cm</b> 5 Place					
1	170	Yevgenia Sbitneva	Kazakhstan	97	<b>1</b>
2	170	Viktoria Chzhen	Kazakhstan	213	<b>2</b>
3	169,2	Tatyana Davydova	Kazakhstan	12	<b>3</b>
4	169,1	Xenia Kovalevskaya	Kazakhstan	158	<b>4</b>
5	168,6	Natalya Prokopyeva	Kazakhstan	69	<b>5</b>

<b>Women's Bikini Over 172 cm</b>						8	Place
1	176	Anastassiya Zhdanovich	Kazakhstan	116	<b>1</b>		
2	178,1	Xenia Ivanova	Kazakhstan	137	<b>2</b>		
3	179,2	Svetlana Kosheleva	Kyrgyzstan	87	<b>3</b>		
4	176	Irina Lyakutina	Kazakhstan	138	<b>4</b>		
5	175,5	Valentina Plotnikova	Kazakhstan	83	<b>5</b>		
6	173	Polina Vertey	Kazakhstan	106	<b>6</b>		
7	173,5	Diana Matsenko-Kolokolova	Kazakhstan	148	<b>7</b>		
8	174,3	Olga Sokhrabian	Kazakhstan	176	<b>8</b>		
<b>Women's Bikini Overall</b>						5	Place
1	176	Anastassiya Zhdanovich	Kazakhstan	116	<b>1</b>		
2	163	Diana Drozdova	Kyrgyzstan	77	<b>2</b>		
3	165,5	Assiya Askerova	Kazakhstan	96	<b>3</b>		
4	170	Yevgenia Sbitneva	Kazakhstan	97	<b>4</b>		
5	158	Aknur Zharkesheva	Kazakhstan	31	<b>5</b>		