



2022 MEN'S JUNIOR WORLDS



MAIN INFORMATION

NAME OF THE EVENT: **2022 IFBB MEN'S FITNESS CHALLENGE WORLD CHAMPIONSHIPS & IFBB MEN'S JUNIOR WORLD CHAMPIONSHIPS & IFBB MEN'S AND MASTERS CUP**

CITY / COUNTRY: **TEHRAN / IRAN**

DATE: **December 07th – 11th, 2022**

EVENT OPEN FOR : All IFBB-affiliated National Federations

ELITE PRO CARD QUALIFIER YES NO

IFBB INTERNATIONAL RANKING QUALIFIER YES NO

DAY OF ARRIVALS: **December 07th, 2022**

DAY OF DEPARTURES: **December 11th, 2022**

REGISTRATION DAY: December 07th	TIME: 09:00 – 18:00	PLACE: Olympic Hotel
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WEIGH-IN DAY: December 07th	TIME: 09:00 – 18:00	PLACE: Olympic Hotel
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*All Athletes must wear their posing attire during the weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: **Imam Khomeini International Airport, Tehran**

VISA INFORMATION: Passport holders of the following countries: Azerbaijan, Bolivia, Turkey, Syria, Lebanon, Georgia, Armenia, Venezuela, Egypt, Malaysia and China don't need to apply for the visa. Citizens of other countries must apply online for the visa. More details at: <https://evisa.mfa.ir/en/>

All visitors to Iran must hold a passport or travel document valid for 6 months at the time of departure.

Covid-19 restrictions: All passengers over the age of 12 travelling to Iran should be fully vaccinated, with more than 14 days since the second dose of a two shot vaccine (or the single dose of the Johnson & Johnson/Janssen vaccine). Passengers are also required to provide a negative PCR test taken within 72 hours prior to arrival. Passengers attempting to enter Iran with a vaccination certificate but no PCR test may be deported. Updated info at: <https://www.dfa.ie/travel/travel-advice/a-z-list-of-countries/iran/>

*Due to the COVID-19 situation, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulation to avoid any inconveniences when travelling. The National Federations, athletes and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.

*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who requests and receives an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully controlling the proper, legal use of the visa by his/her athlete, and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: **Azadi Sport Complex, Tehran**

HOTEL INFORMATION

RECOMMENDED HOTEL:

- **Olympic Hotel**, Azadi Stadium's West Blvd, Tehran: <http://en.olympichotel.ir/>, is an official hotel of the Championships. Booking: info@olympichotel.ir. Athletes, delegates and supporters may be accommodated in this hotel or in 4-star hotels (see point REGISTRATION FEE).- EUR €50 / day/ person (4-stars hotel, breakfast included).

REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **EUR €200**.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **EUR €50**.

CROSSOVERS: EUR €100

DEADLINE FOR ONLINE PAYMENT: November 22nd, 2022.

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are EUR €35/45\$ and are mandatory.

*All posing music must be on a USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

CATEGORIES:

WORLD JUNIOR CHAMPIONSHIPS

JUNIOR MEN 16-20 YEARS

- Junior Men Bodybuilding Up to 75 kg
- Junior Men Bodybuilding Over 75 kg
- Junior Games Classic Bodybuilding Open*
- Junior Men Classic Bodybuilding Open*
- Junior Men Classic Physique Open*
- Junior Men Fitness Open
- Junior Men's Physique Open

JUNIOR MEN 21-23 YEARS

- Junior Men Bodybuilding Up to 75 kg
- Junior Men Bodybuilding Over 75 kg
- Junior Games Classic Bodybuilding Open*
- Junior Men Classic Bodybuilding Open*
- Junior Men Classic Physique Open*
- Junior Men Fitness Open
- Junior Men's Physique Up to 174 cm
- Junior Men's Physique Up to 178 cm
- Junior Men's Physique Over 178 cm

WORLD CUP SENIOR

- Men Bodybuilding Up to 80 kg
- Men Bodybuilding Up to 90 kg
- Men Bodybuilding Over 90 kg
- Men Classic Bodybuilding Open
- Men Classic Physique Open
- Men's Physique Up 178 cm
- Men's Physique Over 178 cm

Possible crossovers:

Games Classic Bodybuilding - Classic Bodybuilding -

WORLD MEN'S AND MASTERS CUP

- Master Men's Physique 40-44 yrs,. up 178 cm
- Master Men's Physique 40-44 yrs, over 178 cm
- Master Men's Physique 45-49 yrs, Open
- Master Men's Physique >50 yrs, Open
- Master Men Bodybuilding 40-44 yrs, Up to 70 kg
- Master Men Bodybuilding 40-44 yrs, Up to 80 kg
- Master Men Bodybuilding 40-44 yrs, Up to 90 kg
- Master Men Bodybuilding 40-44 yrs, Over 90 kg
- Master Men Bodybuilding 45-49 yrs, Up to 70 kg
- Master Men Bodybuilding 45-49 yrs, Up to 80 kg
- Master Men Bodybuilding 45-49 yrs, Up to 90 kg
- Master Men Bodybuilding 45-49 yrs, Over 90 kg
- Master Men Bodybuilding 50-54 yrs, Up to 80 kg
- Master Men Bodybuilding 50-54 yrs, Over 80 kg
- Master Men Bodybuilding 55-59 yrs, Up to 75 kg
- Master Men Bodybuilding 55-59 yrs, Over 75 kg
- Master Men Bodybuilding >60 yrs, Open
- Master Men Games Classic Bodybuilding >40 yrs, Open
- Master Men Classic Bodybuilding 40-44 yrs, Open
- Master Men Classic Bodybuilding 45-49 yrs Open
- Master Men Classic Bodybuilding >50 yrs, Open
- Master Men Classic Physique 40-44 yrs, Open
- Master Men Classic Physique >45 yrs, Open

Possible crossovers:

Classic Bodybuilding - Classic Physique – Bodybuilding

Classic Physique – Bodybuilding;
Men’s Fitness – Men’s Physique

AWARDS:

The top three athletes in each category will be awarded with **medals**.
The top six athletes in each category will be awarded a **Certificate of Excellence** and **trophies**.
The overall winner will have a **trophy**.

IFBB ELITE PRO CARDS:

DISTRIBUTION

Master Men’s Bodybuilding Overall – top

*REGISTRATION DEADLINE

PRELIMINARY ENTRY FORM: October 30th, 2022.

FINAL ENTRY FORM: November 21st, 2022.

CAMERA/VIDEOTAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage, and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

CONTACT INFORMATION:

Please send Your Entry Form to
Organizing Committee
Mr. Sadegh Hashemi
Contact: 98(21) 88830803
E-mail: international@iranbbf.ir

Contact details for additional correspondence:
Mr. Abdolmehdi Nasirzade
President of the Iranian Federation
E-mail: international@iranbbf.ir

Please send a copy to IFBB Technical Committee:
Eng. Andrew Michalak
E-mail: amichalak5@gmail.com

Please send a copy to IFBB Head Office:
Ms. Maria Sanson
E-mail: contact@ifbb.com

JUDGES

To be taken into consideration during the selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Technical Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50/USD \$60 paid for the current year. This fee may also be paid at the EVENT at the Technical Meeting.

