**2022 JUNIOR MEN’S WORLD CHAMPIONSHIPS**

**2022 MEN’S AND MASTERS WORLD CUP**

**RUNNING ORDER***(The final version will be published after the registration, Wednesday night)*

**WEDNESDAY, DECEMBER 07th, 2022**

**10:00 – 20:00** – **Official Athlete Registration** – Azadi Sport Complex

**17:00** **Team Managers and Judges Meeting** – Azadi Sport Complex

**THURSDAY, DECEMBER 08th, 2022**

**12:00 – 17:00 ONE CONTINUOUS SESSION**

**(****GAMES CLASSIC BODYBUILDING: JUNIORS + MASTERS; CLASSIC BODYBUILDING:   
MAN + JUNIORS + MASTERS; CLASSIC PHYSIQUE: MAN + JUNIORS + MASTERS)**

(If there are 7 or less athletes in a category, there will be no pre-judging rounds)

It's athletes responsibility to be backstage before their category starts. Please, be aware that some categories might run very fast, so athletes must be long in advance ready at the venue.

1. Junior Games Classic Bodybuilding 16-20 years open Semifinal Round 1
2. Junior Games Classic Bodybuilding 21-23 years open Semifinal Round 1
3. Master Games Classic Bodybuilding >40 years Semifinal Round 1
4. Men’s Classic Physique open Semifinal Round 1
5. Junior Games Classic Bodybuilding 16-20 years open Finals Round 2
6. Junior Games Classic Bodybuilding 16-20 years open Finals Round 3
7. Junior Games Classic Bodybuilding 21-23 years open Finals Round 2
8. Junior Games Classic Bodybuilding 21-23 years open Finals Round 3
9. Master Games Classic Bodybuilding >40 years Finals Round 2
10. Master Games Classic Bodybuilding >40 years Finals Round 3
11. Men’s Classic Physique open Finals Round 2
12. Men’s Classic Physique open Finals Round 3

**VICTORY CEREMONY:   
- JUNIOR GAMES CLASSIC BODYBUILDING 16-20 YEARS OPEN**

**- JUNIOR GAMES CLASSIC BODYBUILDING 21-23 YEARS OPEN  
- MASTER GAMES CLASSIC BODYBUILDING >40 YEARS OPEN  
- MEN’S CLASSIC PHYSIQUE OPEN**

1. **JUNIOR GAMES CLASSIC BODYBUILDING OVERALL + AWARDING CEREMONY**
2. Junior Men Classic Bodybuilding 16-20 years open Semifinals Round 1
3. Junior Men Classic Bodybuilding 21-23 years open Semifinals Round 1
4. Master Men Classic Bodybuilding 40-44 years Semifinals Round 1
5. Master Men Classic Bodybuilding 45-49 years Semifinals Round 1
6. Master Classic Bodybuilding >50 years Semifinals Round 1
7. Junior Men Classic Bodybuilding 16-20 years open Finals Round 2
8. Junior Men Classic Bodybuilding 16-20 years open Finals Round 3
9. Junior Men Classic Bodybuilding 21-23 years open Finals Round 2
10. Junior Men Classic Bodybuilding 21-23 years open Finals Round 3
11. Master Men Classic Bodybuilding 40-44 years Finals Round 2
12. Master Men Classic Bodybuilding 40-44 years Finals Round 3
13. Master Men Classic Bodybuilding 45-49 years Finals Round 2
14. Master Men Classic Bodybuilding 45-49 years Finals Round 3
15. Master Classic Bodybuilding >50 years Finals Round 2
16. Master Classic Bodybuilding >50 years Finals Round 3  
    **VICTORY CEREMONY:   
    - JUNIOR MEN CLASSIC BODYBUILDING 16-20 YEARS, OPEN  
    - JUNIOR MEN CLASSIC BODYBUILDING 21-23 YEARS, OPEN  
    - MASTER MEN CLASSIC BODYBUILDING 40-44 YEARS, OPEN  
    - MASTER MEN CLASSIC BODYBUILDING 45-49 YEARS, OPEN  
    - MASTER MEN CLASSIC BODYBUILDING >50 YEARS, OPEN**
17. **JUNIOR MEN CLASSIC BODYBUILDING OVERALL + AWARDING CEREMONY**
18. **MASTER MEN CLASSIC BODYBUILDING OVERALL + AWARDING CEREMONY**
19. Men Classic Bodybuilding open Semifinal Round 1
20. Master Men Classic Physique 40-44 years Semifinal Round 1
21. Master Men Classic Physique >45 years Semifinal Round 1
22. Junior Men Classic Physique 16-20 years open Semifinal Round 1
23. Junior Men Classic Physique 21-23 years open Semifinal Round 1
24. Men Classic Bodybuilding open Finals Round 2
25. Men Classic Bodybuilding open Finals Round 3
26. Master Men Classic Physique 40-44 years Finals Round 2
27. Master Men Classic Physique 40-44 years Finals Round 3
28. Master Men Classic Physique >45 years Finals Round 2
29. Master Men Classic Physique >45 years Finals Round 3
30. Junior Men Classic Physique 16-20 years open Finals Round 2
31. Junior Men Classic Physique 16-20 years open Finals Round 3
32. Junior Men Classic Physique 21-23 years open Finals Round 2
33. Junior Men Classic Physique 21-23 years open Finals Round 3

**VICTORY CEREMONY:   
- MEN CLASSIC BODYBUILDING OPEN  
- MASTER MEN CLASSIC PHYSIQUE 40-44 YEARS, OPEN  
- MASTER MEN CLASSIC PHYSIQUE >45 YEARS, OPEN  
- JUNIOR MEN CLASSIC PHYSIQUE 16-20 YEARS, OPEN  
- JUNIOR MEN CLASSIC PHYSIQUE 21-23 YEARS, OPEN**

1. **MASTER MEN CLASSIC PHYSIQUE OVERALL + AWARDING CEREMONY**
2. **JUNIOR MEN CLASSIC PHYSIQUE OVERALL + AWARDING CEREMONY**

**FRIDAY, DECEMBER 09th, 2022**

**11:00 – 16:00 ONE CONTINUOUS SESSION  
(JUNIOR MEN FITNESS SEMIFINALS; BODYBUILDING MASTERS 50-54; 55-59; >60 YRS; JUNIOR MEN BODYBUILDING; JUNIOR MEN’S PHYSIQUE)**

(If there are 6 or less athletes in a category, there will be no pre-judging rounds)

It's athletes responsibility to be backstage before their category starts Please be aware that some categories might run very fast, so athletes must be long in advance ready at the venue.

1. Junior Men Fitness 16-20 years open Semifinals Round 1
2. Junior Men Fitness 21-23 years open Semifinals Round 1
3. Master Men Bodybuilding 50-54 years, up to 80 kg Semifinals Round 1
4. Master Men Bodybuilding 50-54 years, over 80 kg Semifinals Round 1
5. Master Men Bodybuilding 50-54 years, up to 80 kg Finals Round 2
6. Master Men Bodybuilding 50-54 years, up to 80 kg Finals Round 3
7. Master Men Bodybuilding 50-54 years, over 80 kg Finals Round 2
8. Master Men Bodybuilding 50-54 years, over 80 kg Finals Round 3
9. Master Men Bodybuilding 55-59 years, up to 75 kg Semifinals Round 1
10. Master Men Bodybuilding 55-59 years, over 75 kg Semifinals Round 1
11. Master Men Bodybuilding >60 years, open Semifinals Round 1
12. Men Fit-Model open Semifinals Round 1
13. Master Men Bodybuilding 55-59 years, up to 75 kg Finals Round 2
14. Master Men Bodybuilding 55-59 years, up to 75 kg Finals Round 3
15. Master Men Bodybuilding 55-59 years, over 75 kg Finals Round 2
16. Master Men Bodybuilding 55-59 years, over 75 kg Finals Round 3
17. Master Men Bodybuilding >60 years, open Finals Round 2
18. Master Men Bodybuilding >60 years, open Finals Round 3
19. Junior Men Fitness 16-20 years open Semifinals Round 2
20. Junior Men Fitness 21-23 years open Semifinals Round 2
21. Men Fit-Model open Semifinals Round 2

**VICTORY CEREMONY:   
- MASTER MEN BODYBUILDING 50-54 YEARS, UP TO 80 KG   
- MASTER MEN BODYBUILDING 50-54 YEARS, OVER 80 KG**

**- MASTER MEN BODYBUILDING 55-59 YEARS, 75 KG  
- MASTER MEN BODYBUILDING 55-59 YEARS, +75 KG  
- MASTER MEN BODYBUILDING >60 YEARS, OPEN**

1. Junior Men Bodybuilding 16-20 years, up to 75 kg Semifinals Round 1
2. Junior Men Bodybuilding 16-20 years, over 75 kg Semifinals Round 1
3. Junior Men Bodybuilding 21-23 years, up to 75 kg Semifinals Round 1
4. Junior Men Bodybuilding 21-23 years, over 75 kg Semifinals Round 1
5. Junior Men’s Physique 16-20 years open Semifinals Round 1
6. Junior Men’s Physique 21-23 years, up to 174 cm Semifinals Round 1
7. Junior Men’s Physique 21-23 years, up to 178 cm Semifinals Round 1
8. Junior Men’s Physique 21-23 years, over 178 cm Semifinals Round 1
9. Men Fit-Model open Finals Round 3
10. Junior Men Bodybuilding 16-20 years, up to 75 kg Finals Round 2
11. Junior Men Bodybuilding 16-20 years, up to 75 kg Finals Round 3
12. Junior Men Bodybuilding 16-20 years, over 75 kg Finals Round 2
13. Junior Men Bodybuilding 16-20 years, over 75 kg Finals Round 3
14. Junior Men Bodybuilding 21-23 years, up to 75 kg Finals Round 2
15. Junior Men Bodybuilding 21-23 years, up to 75 kg Finals Round 3
16. Junior Men Bodybuilding 21-23 years, over 75 kg Finals Round 2
17. Junior Men Bodybuilding 21-23 years, over 75 kg Finals Round 3
18. Junior Men’s Physique 16-20 years open Finals Round 2
19. Junior Men’s Physique 21-23 years, up to 174 cm Finals Round 2
20. Junior Men’s Physique 21-23 years, up to 178 cm Finals Round 2
21. Junior Men’s Physique 21-23 years, over 178 cm Finals Round 2
22. Men Fit-Model open Finals Round 4

**VICTORY CEREMONY:  
- JUNIOR MEN’S PHYSIQUE 16-20 YEARS, OPEN  
- JUNIOR MEN’S PHYSIQUE 21-23 YEARS, UP TO 174 CM  
- JUNIOR MEN’S PHYSIQUE 21-23 YEARS, UP TO 178 CM  
- JUNIOR MEN’S PHYSIQUE 21-23 YEARS, OVER 178 CM  
- JUNIOR MEN BODYBUILDING 16-20 YEARS UP TO 75 KG  
- JUNIOR MEN BODYBUILDING 16-20 YEARS OVER 75 KG  
- JUNIOR MEN BODYBUILDING 21-23 YEARS UP TO 75 KG  
- JUNIOR MEN BODYBUILDING 21-23 YEARS OVER 75 KG  
- MEN FIT- MODEL OPEN**

1. **JUNIOR MEN’S PHYSIQUE OVERALL + AWARDING CEREMONY**
2. **JUNIOR MEN BODYBUILDING OVERALL + AWARDING CEREMONY**

**SATURDAY, DECEMBER 10th, 2022**

**11:00 – 16:00 ONE CONTINUOUS SESSION  
(JUNIOR MEN FITNESS FINALS; MASTER MEN’S PHYSIQUE; MASTER MEN BODYBUILDING 40-44; 45-48 YRS)**

(If there are 6 or less athletes in a category, there will be no pre-judging rounds)

It's athletes responsibility to be backstage before their category starts Please be aware that some categories might run very fast, so athletes must be long in advance ready at the venue.

1. Junior Men Fitness 16-20 years, open Finals Round 3
2. Junior Men Fitness 21-23 years, open Finals Round 3
3. Master Men’s Physique 40-44 years, up to 178 cm Semifinals Round 1
4. Master Men’s Physique 40-44 years, over 178 cm Semifinals Round 1
5. Master Men’s Physique 45-49 years, open Semifinals Round 1
6. Master Men’s Physique >50 years, open Semifinals Round 1
7. Junior Men Fitness 16-20 years, open Finals Round 4
8. Junior Men Fitness 21-23 years, open Finals Round 4
9. Master Men’s Physique 40-44 years, up to 178 cm Finals Round 2
10. Master Men’s Physique 40-44 years, over 178 cm Finals Round 2
11. Master Men’s Physique 45-49 years, open Finals Round 2
12. Master Men’s Physique >50 years, open Finals Round 2

**VICTORY CEREMONY:  
- MASTER MEN’S PHYSIQUE 40-44 YEARS, UP TO 178 CM  
- MASTER MEN’S PHYSIQUE 40-44 YEARS, OVER 178 CM  
- MASTER MEN’S PHYSIQUE 45-49 YEARS, OPEN**

**- MASTER MEN’S PHYSIQUE >50 YEARS, OPEN**

**- JUNIOR MEN FITNESS 16-20 YEARS, OPEN  
- JUNIOR MEN FITNESS 21-23 YEARS, OPEN**

1. **JUNIOR MEN FITNESS OVERALL Part 1 (Quarter turns)**
2. **MASTER MEN’S PHYSIQUE OVERALL + AWARDING CEREMONY**
3. Men Bodybuilding up to 80 kg Semifinals Round 1
4. Men Bodybuilding up to 90 kg Semifinals Round 1
5. Men Bodybuilding over 90 kg Semifinals Round 1
6. Men’s Physique up to 178 cm Semifinals Round 1
7. Men’s Physique over 178 cm Semifinals Round 1
8. Men Bodybuilding up to 80 kg Finals Round 2
9. Men Bodybuilding up to 80 kg Finals Round 3
10. Men’s Physique up to 178 cm Finals Round 2
11. Men’s Physique over 178 cm Finals Round 2
12. Men Bodybuilding up to 90 kg Finals Round 2
13. Men Bodybuilding up to 90 kg Finals Round 3
14. Men Bodybuilding over 90 kg Finals Round 2
15. Men Bodybuilding over 90 kg Finals Round 3

**VICTORY CEREMONY:**

**- MEN’S PHYSIQUE UP TO 178 CM  
- MEN’S PHYSIQUE OVER 178 CM  
- MEN BODYBUILDING UP TO 80 KG  
- MEN BODYBUILDING UP TO 90 KG  
- MEN BODYBUILDING OVER 90 KG**

1. **MEN’S PHYSIQUE OVERALL + AWARDING CEREMONY**
2. **MEN BODYBUILDING OVERALL + AWARDING CEREMONY**
3. Master Men Bodybuilding 40-44 years, up to 70 kg Semifinals Round 1
4. Master Men Bodybuilding 40-44 years, up to 80 kg Semifinals Round 1
5. Master Men Bodybuilding 40-44 years, up to 90 kg Semifinals Round 1
6. Master Men Bodybuilding 40-44 years, over 90 kg Semifinals Round 1
7. Master Men Bodybuilding 40-44 years, up to 70 kg Finals Round 2
8. Master Men Bodybuilding 40-44 years, up to 70 kg Finals Round 3
9. Master Men Bodybuilding 40-44 years, up to 80 kg Finals Round 2
10. Master Men Bodybuilding 40-44 years, up to 80 kg Finals Round 3
11. Master Men Bodybuilding 40-44 years, up to 90 kg Finals Round 2
12. Master Men Bodybuilding 40-44 years, up to 90 kg Finals Round 3
13. Master Men Bodybuilding 40-44 years, over 90 kg Finals Round 2
14. Master Men Bodybuilding 40-44 years, over 90 kg Finals Round 3
15. **JUNIOR MEN FITNESS OVERALL Part 2 (routines)**  
    **VICTORY CEREMONY:**

**- MASTER MEN BODYBUILDING 40-44 YEARS, UP TO 70 KG  
- MASTER MEN BODYBUILDING 40-44 YEARS, UP TO 80 KG  
- MASTER MEN BODYBUILDING 40-44 YEARS, UP TO 90 KG  
- MASTER MEN BODYBUILDING 40-44 YEARS, OVER 90 KG**

**- JUNIOR MEN FITNESS OVERALL AWARDING CEREMONY**

1. Master Men Bodybuilding 45-49 years, up to 70 kg Semifinals Round 1
2. Master Men Bodybuilding 45-49 years, up to 80 kg Semifinals Round 1
3. Master Men Bodybuilding 45-49 years, up to 90 kg Semifinals Round 1
4. Master Men Bodybuilding 45-49 years, over 90 kg Semifinals Round 1
5. Master Men Bodybuilding 45-49 years, up to 80 kg Finals Round 2
6. Master Men Bodybuilding 45-49 years, up to 80 kg Finals Round 3
7. Master Men Bodybuilding 45-49 years, up to 90 kg Finals Round 2
8. Master Men Bodybuilding 45-49 years, up to 90 kg Finals Round 3
9. Master Men Bodybuilding 45-49 years, over 90 kg Finals Round 2
10. Master Men Bodybuilding 45-49 years, over 90 kg Finals Round 3

**VICTORY CEREMONY:**

**- MASTER MEN BODYBUILDING 40-44 YEARS, UP TO 70 KG  
- MASTER MEN BODYBUILDING 40-44 YEARS, UP TO 80 KG  
- MASTER MEN BODYBUILDING 40-44 YEARS, UP TO 90 KG  
- MASTER MEN BODYBUILDING 40-44 YEARS, OVER 90 KG**

1. **JUNIOR MEN’S WORLD CHAMPIONSHIPS BEST TEAMS CLASSIFICATION**
2. **MASTER MEN BODYBUILDING OVERALL + AWARDING CEREMONY**