

2022 JUNIOR MEN'S WORLD CHAMPIONSHIPS
2022 MEN'S AND MASTERS WORLD CUP
RUNNING ORDER

(The final version will be published after the registration, Wednesday night)

WEDNESDAY, DECEMBER 07th, 2022

10:00 – 20:00 – Official Athlete Registration – Azadi Sport Complex
17:00 Team Managers and Judges Meeting – Azadi Sport Complex

THURSDAY, DECEMBER 08th, 2022

12:00 – 17:00 ONE CONTINUOUS SESSION

(GAMES CLASSIC BODYBUILDING: JUNIORS + MASTERS; CLASSIC BODYBUILDING: MAN + JUNIORS + MASTERS; CLASSIC PHYSIQUE: MAN + JUNIORS + MASTERS)

(If there are 7 or less athletes in a category, there will be no pre-judging rounds)

It's athletes responsibility to be backstage before their category starts. Please, be aware that some categories might run very fast, so athletes must be long in advance ready at the venue.

1. Junior Games Classic Bodybuilding 16-20 years open	Semifinal	Round 1
2. Junior Games Classic Bodybuilding 21-23 years open	Semifinal	Round 1
3. Master Games Classic Bodybuilding >40 years	Semifinal	Round 1
4. Men's Classic Physique open	Semifinal	Round 1
5. Junior Games Classic Bodybuilding 16-20 years open	Finals	Round 2
6. Junior Games Classic Bodybuilding 16-20 years open	Finals	Round 3
7. Junior Games Classic Bodybuilding 21-23 years open	Finals	Round 2
8. Junior Games Classic Bodybuilding 21-23 years open	Finals	Round 3
9. Master Games Classic Bodybuilding >40 years	Finals	Round 2
10. Master Games Classic Bodybuilding >40 years	Finals	Round 3
11. Men's Classic Physique open	Finals	Round 2
12. Men's Classic Physique open	Finals	Round 3

VICTORY CEREMONY:

- JUNIOR GAMES CLASSIC BODYBUILDING 16-20 YEARS OPEN
- JUNIOR GAMES CLASSIC BODYBUILDING 21-23 YEARS OPEN
- MASTER GAMES CLASSIC BODYBUILDING >40 YEARS OPEN
- MEN'S CLASSIC PHYSIQUE OPEN

13. JUNIOR GAMES CLASSIC BODYBUILDING OVERALL + AWARDING CEREMONY

14. Junior Men Classic Bodybuilding 16-20 years open	Semifinals	Round 1
15. Junior Men Classic Bodybuilding 21-23 years open	Semifinals	Round 1
16. Master Men Classic Bodybuilding 40-44 years	Semifinals	Round 1
17. Master Men Classic Bodybuilding 45-49 years	Semifinals	Round 1
18. Master Classic Bodybuilding >50 years	Semifinals	Round 1
19. Junior Men Classic Bodybuilding 16-20 years open	Finals	Round 2
20. Junior Men Classic Bodybuilding 16-20 years open	Finals	Round 3

21. Junior Men Classic Bodybuilding 21-23 years open	Finals	Round 2
22. Junior Men Classic Bodybuilding 21-23 years open	Finals	Round 3
23. Master Men Classic Bodybuilding 40-44 years	Finals	Round 2
24. Master Men Classic Bodybuilding 40-44 years	Finals	Round 3
25. Master Men Classic Bodybuilding 45-49 years	Finals	Round 2
26. Master Men Classic Bodybuilding 45-49 years	Finals	Round 3
27. Master Classic Bodybuilding >50 years	Finals	Round 2
28. Master Classic Bodybuilding >50 years	Finals	Round 3

VICTORY CEREMONY:

- JUNIOR MEN CLASSIC BODYBUILDING 16-20 YEARS, OPEN
- JUNIOR MEN CLASSIC BODYBUILDING 21-23 YEARS, OPEN
- MASTER MEN CLASSIC BODYBUILDING 40-44 YEARS, OPEN
- MASTER MEN CLASSIC BODYBUILDING 45-49 YEARS, OPEN
- MASTER MEN CLASSIC BODYBUILDING >50 YEARS, OPEN

29. **JUNIOR MEN CLASSIC BODYBUILDING OVERALL + AWARDING CEREMONY**
 30. **MASTER MEN CLASSIC BODYBUILDING OVERALL + AWARDING CEREMONY**

31. Men Classic Bodybuilding open	Semifinal	Round 1
32. Master Men Classic Physique 40-44 years	Semifinal	Round 1
33. Master Men Classic Physique >45 years	Semifinal	Round 1
34. Junior Men Classic Physique 16-20 years open	Semifinal	Round 1
35. Junior Men Classic Physique 21-23 years open	Semifinal	Round 1

36. Men Classic Bodybuilding open	Finals	Round 2
37. Men Classic Bodybuilding open	Finals	Round 3
38. Master Men Classic Physique 40-44 years	Finals	Round 2
39. Master Men Classic Physique 40-44 years	Finals	Round 3
40. Master Men Classic Physique >45 years	Finals	Round 2
41. Master Men Classic Physique >45 years	Finals	Round 3
42. Junior Men Classic Physique 16-20 years open	Finals	Round 2
43. Junior Men Classic Physique 16-20 years open	Finals	Round 3
44. Junior Men Classic Physique 21-23 years open	Finals	Round 2
45. Junior Men Classic Physique 21-23 years open	Finals	Round 3

VICTORY CEREMONY:

- **MEN CLASSIC BODYBUILDING OPEN**
- **MASTER MEN CLASSIC PHYSIQUE 40-44 YEARS, OPEN**
- **MASTER MEN CLASSIC PHYSIQUE >45 YEARS, OPEN**
- **JUNIOR MEN CLASSIC PHYSIQUE 16-20 YEARS, OPEN**
- **JUNIOR MEN CLASSIC PHYSIQUE 21-23 YEARS, OPEN**

46. **MASTER MEN CLASSIC PHYSIQUE OVERALL + AWARDING CEREMONY**
 47. **JUNIOR MEN CLASSIC PHYSIQUE OVERALL + AWARDING CEREMONY**

FRIDAY, DECEMBER 09th, 2022

11:00 – 16:00 ONE CONTINUOUS SESSION

**(JUNIOR MEN FITNESS SEMIFINALS; BODYBUILDING MASTERS 50-54; 55-59; >60 YRS;
JUNIOR MEN BODYBUILDING; JUNIOR MEN'S PHYSIQUE)**

(If there are 6 or less athletes in a category, there will be no pre-judging rounds)

It's athletes responsibility to be backstage before their category starts Please be aware that some categories might run very fast, so athletes must be long in advance ready at the venue.

1. Junior Men Fitness 16-20 years open	Semifinals	Round 1
2. Junior Men Fitness 21-23 years open	Semifinals	Round 1
3. Master Men Bodybuilding 50-54 years, up to 80 kg	Semifinals	Round 1
4. Master Men Bodybuilding 50-54 years, over 80 kg	Semifinals	Round 1
5. Master Men Bodybuilding 50-54 years, up to 80 kg	Finals	Round 2
6. Master Men Bodybuilding 50-54 years, up to 80 kg	Finals	Round 3
7. Master Men Bodybuilding 50-54 years, over 80 kg	Finals	Round 2
8. Master Men Bodybuilding 50-54 years, over 80 kg	Finals	Round 3
9. Master Men Bodybuilding 55-59 years, up to 75 kg	Semifinals	Round 1
10. Master Men Bodybuilding 55-59 years, over 75 kg	Semifinals	Round 1
11. Master Men Bodybuilding >60 years, open	Semifinals	Round 1
12. Men Fit-Model open	Semifinals	Round 1
13. Master Men Bodybuilding 55-59 years, up to 75 kg	Finals	Round 2
14. Master Men Bodybuilding 55-59 years, up to 75 kg	Finals	Round 3
15. Master Men Bodybuilding 55-59 years, over 75 kg	Finals	Round 2
16. Master Men Bodybuilding 55-59 years, over 75 kg	Finals	Round 3
17. Master Men Bodybuilding >60 years, open	Finals	Round 2
18. Master Men Bodybuilding >60 years, open	Finals	Round 3
19. Junior Men Fitness 16-20 years open	Semifinals	Round 2
20. Junior Men Fitness 21-23 years open	Semifinals	Round 2
21. Men Fit-Model open	Semifinals	Round 2
VICTORY CEREMONY:		
- MASTER MEN BODYBUILDING 50-54 YEARS, UP TO 80 KG		
- MASTER MEN BODYBUILDING 50-54 YEARS, OVER 80 KG		
- MASTER MEN BODYBUILDING 55-59 YEARS, 75 KG		
- MASTER MEN BODYBUILDING 55-59 YEARS, +75 KG		
- MASTER MEN BODYBUILDING >60 YEARS, OPEN		
22. Junior Men Bodybuilding 16-20 years, up to 75 kg	Semifinals	Round 1
23. Junior Men Bodybuilding 16-20 years, over 75 kg	Semifinals	Round 1
24. Junior Men Bodybuilding 21-23 years, up to 75 kg	Semifinals	Round 1
25. Junior Men Bodybuilding 21-23 years, over 75 kg	Semifinals	Round 1
24. Junior Men's Physique 16-20 years open	Semifinals	Round 1
25. Junior Men's Physique 21-23 years, up to 174 cm	Semifinals	Round 1

26. Junior Men's Physique 21-23 years, up to 178 cm	Semifinals	Round 1
27. Junior Men's Physique 21-23 years, over 178 cm	Semifinals	Round 1
28. Men Fit-Model open	Finals	Round 3
29. Junior Men Bodybuilding 16-20 years, up to 75 kg	Finals	Round 2
30. Junior Men Bodybuilding 16-20 years, up to 75 kg	Finals	Round 3
31. Junior Men Bodybuilding 16-20 years, over 75 kg	Finals	Round 2
32. Junior Men Bodybuilding 16-20 years, over 75 kg	Finals	Round 3
33. Junior Men Bodybuilding 21-23 years, up to 75 kg	Finals	Round 2
34. Junior Men Bodybuilding 21-23 years, up to 75 kg	Finals	Round 3
35. Junior Men Bodybuilding 21-23 years, over 75 kg	Finals	Round 2
36. Junior Men Bodybuilding 21-23 years, over 75 kg	Finals	Round 3
37. Junior Men's Physique 16-20 years open	Finals	Round 2
38. Junior Men's Physique 21-23 years, up to 174 cm	Finals	Round 2
39. Junior Men's Physique 21-23 years, up to 178 cm	Finals	Round 2
40. Junior Men's Physique 21-23 years, over 178 cm	Finals	Round 2
41. Men Fit-Model open	Finals	Round 4

VICTORY CEREMONY:

- JUNIOR MEN'S PHYSIQUE 16-20 YEARS, OPEN
- JUNIOR MEN'S PHYSIQUE 21-23 YEARS, UP TO 174 CM
- JUNIOR MEN'S PHYSIQUE 21-23 YEARS, UP TO 178 CM
- JUNIOR MEN'S PHYSIQUE 21-23 YEARS, OVER 178 CM
- JUNIOR MEN BODYBUILDING 16-20 YEARS UP TO 75 KG
- JUNIOR MEN BODYBUILDING 16-20 YEARS OVER 75 KG
- JUNIOR MEN BODYBUILDING 21-23 YEARS UP TO 75 KG
- JUNIOR MEN BODYBUILDING 21-23 YEARS OVER 75 KG
- MEN FIT- MODEL OPEN

48. JUNIOR MEN'S PHYSIQUE OVERALL + AWARDING CEREMONY
 49. JUNIOR MEN BODYBUILDING OVERALL + AWARDING CEREMONY

SATURDAY, DECEMBER 10th, 2022

11:00 – 16:00 ONE CONTINUOUS SESSION

(JUNIOR MEN FITNESS FINALS; MASTER MEN'S PHYSIQUE; MASTER MEN BODYBUILDING 40-44; 45-48 YRS)

(If there are 6 or less athletes in a category, there will be no pre-judging rounds)

It's athletes responsibility to be backstage before their category starts Please be aware that some categories might run very fast, so athletes must be long in advance ready at the venue.

1. Junior Men Fitness 16-20 years, open	Finals	Round 3
2. Junior Men Fitness 21-23 years, open	Finals	Round 3
3. Master Men's Physique 40-44 years, up to 178 cm	Semifinals	Round 1
4. Master Men's Physique 40-44 years, over 178 cm	Semifinals	Round 1
5. Master Men's Physique 45-49 years, open	Semifinals	Round 1
6. Master Men's Physique >50 years, open	Semifinals	Round 1

7. Junior Men Fitness 16-20 years, open	Finals	Round 4
8. Junior Men Fitness 21-23 years, open	Finals	Round 4
9. Master Men's Physique 40-44 years, up to 178 cm	Finals	Round 2
10. Master Men's Physique 40-44 years, over 178 cm	Finals	Round 2
11. Master Men's Physique 45-49 years, open	Finals	Round 2
12. Master Men's Physique >50 years, open	Finals	Round 2

VICTORY CEREMONY:

- MASTER MEN'S PHYSIQUE 40-44 YEARS, UP TO 178 CM
- MASTER MEN'S PHYSIQUE 40-44 YEARS, OVER 178 CM
- MASTER MEN'S PHYSIQUE 45-49 YEARS, OPEN
- MASTER MEN'S PHYSIQUE >50 YEARS, OPEN
- JUNIOR MEN FITNESS 16-20 YEARS, OPEN
- JUNIOR MEN FITNESS 21-23 YEARS, OPEN

13. **JUNIOR MEN FITNESS OVERALL** **Part 1 (Quarter turns)**
 14. **MASTER MEN'S PHYSIQUE OVERALL + AWARDING CEREMONY**

15. Men Bodybuilding up to 80 kg	Semifinals	Round 1
16. Men Bodybuilding up to 90 kg	Semifinals	Round 1
17. Men Bodybuilding over 90 kg	Semifinals	Round 1
18. Men's Physique up to 178 cm	Semifinals	Round 1
19. Men's Physique over 178 cm	Semifinals	Round 1
20. Men Bodybuilding up to 80 kg	Finals	Round 2
21. Men Bodybuilding up to 80 kg	Finals	Round 3
22. Men's Physique up to 178 cm	Finals	Round 2
23. Men's Physique over 178 cm	Finals	Round 2
24. Men Bodybuilding up to 90 kg	Finals	Round 2
25. Men Bodybuilding up to 90 kg	Finals	Round 3
26. Men Bodybuilding over 90 kg	Finals	Round 2
27. Men Bodybuilding over 90 kg	Finals	Round 3

VICTORY CEREMONY:

- MEN'S PHYSIQUE UP TO 178 CM
- MEN'S PHYSIQUE OVER 178 CM
- MEN BODYBUILDING UP TO 80 KG
- MEN BODYBUILDING UP TO 90 KG
- MEN BODYBUILDING OVER 90 KG

28. **MEN'S PHYSIQUE OVERALL + AWARDING CEREMONY**
 29. **MEN BODYBUILDING OVERALL + AWARDING CEREMONY**

30. Master Men Bodybuilding 40-44 years, up to 70 kg	Semifinals	Round 1
31. Master Men Bodybuilding 40-44 years, up to 80 kg	Semifinals	Round 1
32. Master Men Bodybuilding 40-44 years, up to 90 kg	Semifinals	Round 1

33. Master Men Bodybuilding 40-44 years, over 90 kg	Semifinals	Round 1
34. Master Men Bodybuilding 40-44 years, up to 70 kg	Finals	Round 2
35. Master Men Bodybuilding 40-44 years, up to 70 kg	Finals	Round 3
36. Master Men Bodybuilding 40-44 years, up to 80 kg	Finals	Round 2
37. Master Men Bodybuilding 40-44 years, up to 80 kg	Finals	Round 3
38. Master Men Bodybuilding 40-44 years, up to 90 kg	Finals	Round 2
39. Master Men Bodybuilding 40-44 years, up to 90 kg	Finals	Round 3
40. Master Men Bodybuilding 40-44 years, over 90 kg	Finals	Round 2
41. Master Men Bodybuilding 40-44 years, over 90 kg	Finals	Round 3

42. **JUNIOR MEN FITNESS OVERALL**

Part 2 (routines)

VICTORY CEREMONY:

- **MASTER MEN BODYBUILDING 40-44 YEARS, UP TO 70 KG**
- **MASTER MEN BODYBUILDING 40-44 YEARS, UP TO 80 KG**
- **MASTER MEN BODYBUILDING 40-44 YEARS, UP TO 90 KG**
- **MASTER MEN BODYBUILDING 40-44 YEARS, OVER 90 KG**
- **JUNIOR MEN FITNESS OVERALL AWARDING CEREMONY**

26. Master Men Bodybuilding 45-49 years, up to 70 kg	Semifinals	Round 1
27. Master Men Bodybuilding 45-49 years, up to 80 kg	Semifinals	Round 1
28. Master Men Bodybuilding 45-49 years, up to 90 kg	Semifinals	Round 1
29. Master Men Bodybuilding 45-49 years, over 90 kg	Semifinals	Round 1
30. Master Men Bodybuilding 45-49 years, up to 80 kg	Finals	Round 2
31. Master Men Bodybuilding 45-49 years, up to 80 kg	Finals	Round 3
32. Master Men Bodybuilding 45-49 years, up to 90 kg	Finals	Round 2
33. Master Men Bodybuilding 45-49 years, up to 90 kg	Finals	Round 3
34. Master Men Bodybuilding 45-49 years, over 90 kg	Finals	Round 2
35. Master Men Bodybuilding 45-49 years, over 90 kg	Finals	Round 3

VICTORY CEREMONY:

- **MASTER MEN BODYBUILDING 40-44 YEARS, UP TO 70 KG**
- **MASTER MEN BODYBUILDING 40-44 YEARS, UP TO 80 KG**
- **MASTER MEN BODYBUILDING 40-44 YEARS, UP TO 90 KG**
- **MASTER MEN BODYBUILDING 40-44 YEARS, OVER 90 KG**

36. **JUNIOR MEN'S WORLD CHAMPIONSHIPS BEST TEAMS CLASSIFICATION**

37. **MASTER MEN BODYBUILDING OVERALL + AWARDING CEREMONY**