



BIOTECHUSA - IFBB SMART BEACH FITNESS CUP

INSPECTION REPORT



SIÓFOK, HUNGARY

July 24th 2022

WELCOME

The Organizing Committee of the Hungarian Bodybuilding & Fitness Federation extends a warm welcome to all IFBB National Federations to participate in the IFBB Smart Beach Fitness Cup in Siófok, Hungary, 24 July 2022.

OFFICIAL HOTEL

Hotel Azúr Siófok

8600 SIÓFOK, ERKEL FERENC U. 2/C HUNGARY

<https://hotelazur.hu/>



PLEASE NOTE: Reservation, booking and all costs for hotel accommodation, travelling, transport from and to the airport and meals, are the responsibilities of the national federations or individual athletes. Check with your National Federation for more information.

THE VENUE

Plázs Siófok Hungary /Balaton/

8600 Siófok, Petőfi sétány 3. Hungary

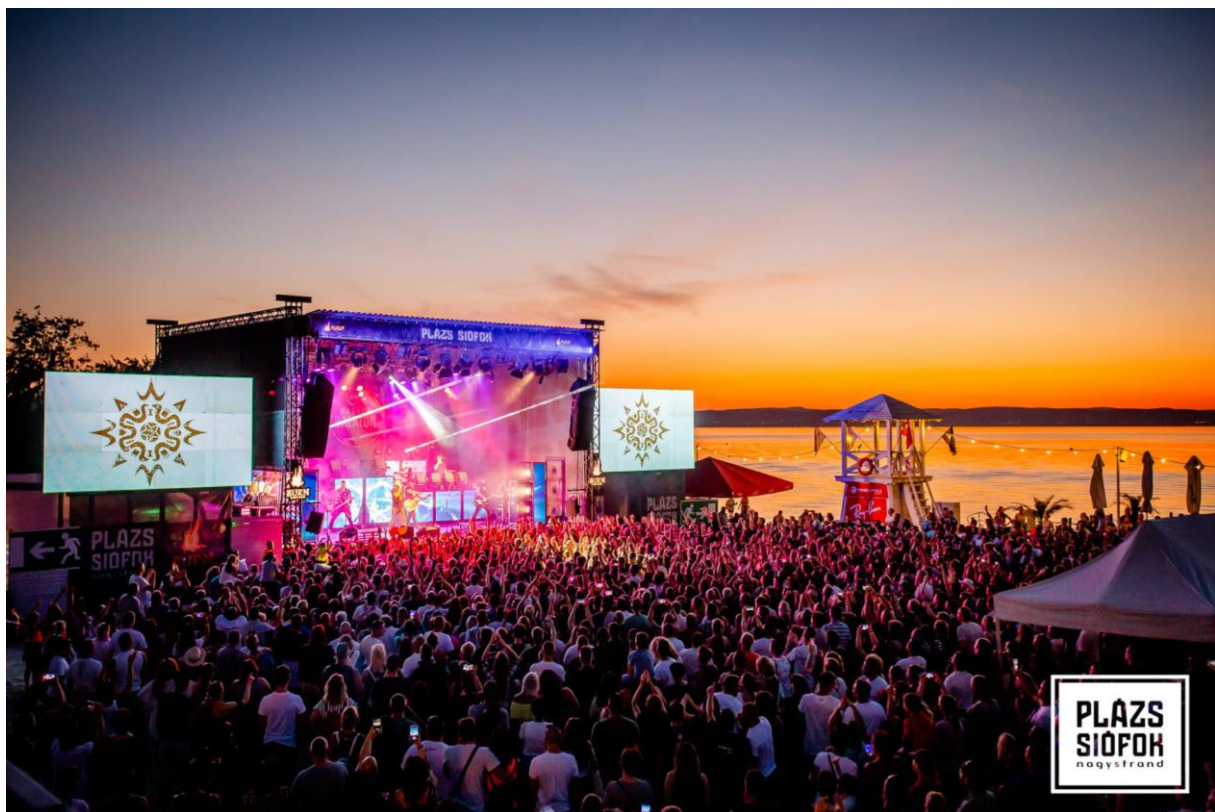
<https://plazssiofok.hu/>

IT STARTS HERE ON BALATON!

Plázs Siófok, the center of Siófok Nagystrand Hungary, is the alpha and omega of the holiday every summer, as it has both its programs and opportunities, which we can expect from a perfect holiday!

During the day, you can bathe in the foam, splash in the infinity pool, sunbathe on the sun deck, or play sports. While in the evening we can dance under the sky to the concerts of the most popular star performers, and then we can party until dawn to the sets of the best DJs.

110 KM FROM BUDAPEST THE CAPITAL OF SUMMER





ARRIVALS AND AIRPORT

Sunday, July 24th, 2022, is the official arrival day. Budapest **Ferenc Liszt International Airport** is the primary international airport . More information at: www.bud.hu (110 km from Siófok)

PARTICIPATION

The contest is open for National Federations from ~~all over the world~~. The number of competitors participating in these championships is **unlimited**. Participating athletes have to be recommended by their National Federation by sending the Final Entry Form with their names directly to the Hungarian Federation, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this event rests with the IFBB.

Please be aware that it is FULL RESPONSIBILITY AND OBLIGATION OF THE NATIONAL FEDERATION to verify if each one of the athletes to be registered on this international event are NOT suspended or fulfilling any period of ineligibility due to Anti-Doping Rule Violation or any disciplinary case at national or international level.

It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are actually fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any event either at National or International level, Official or Invitational.

REGISTRATION

Official Athlete Registration will take place at the:

Plázs Siófok

8600 Siófok, [Petőfi sétány 3. Hungary](#) on **Sunday, Julye 24th, 2022, from 7:30 till 09:00 hrs** in the morning.

Registration of athletes will only be considered if they are entered by the National Federation of the athlete by sending the Final Entry Form with their names directly to the Hungarian Federation, to the IFBB Technical Committee and IFBB Head Office in Madrid.

All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and

tanning must be in accordance to IFBB rules. Any tanning which can be wiped off is not allowed.

You will receive your tags for athletes and coaches at the registration.

REGISTRATION FEE

Registration fee for athletes to enter this competition is **EUR €100** which has to be paid in cash at the registration.

JUDGES

To be taken into consideration during selection of judges panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules.

For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to Hungary.

IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50 paid for 2022.

CATEGORIES OPEN AT THESE CHAMPIONSHIPS:

MEN'S PHYSIQUE:

UP TO 174 cm

OVER 174 cm

OVERALL

WOMEN'S WELLNESS: 1 OPEN CATEGORY

WOMEN'S BIKINI:

UP TO 163 cm

OVER 163 cm

OVERALL

WOMEN'S FIT-MODEL: only swimsuit (no evening gown)

1 OPEN CATEGORY

Minimum number of competitors to run a category should be 5. If less than 5 athletes, categories will be combined, wherever possible..

AWARDS

- **Top athletes** in each category will be awarded with medal and a certificate.
 - **Winners** in each category will be awarded with medal and trophy
 - **Overall** in each discipline will have a trophy and medal
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TANNING, HAIR & MAKE-UP SERVICES

Information: www.smartsportexpo.hu

Tanning- and other beauty services will be provided by our official partner: <https://luxbodytan.iwk.hu> (registration)

Make Up&Hair : Ágnes Faludi, +36302224065

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

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TIME DIFFERENCE

GMT +1 hour

CURRENCY

The national currency in Hungary is the Hungarian Forint. One Euro is approximately equal to 400 Forint (one USD is approximately equal to 400 Forint) but the rates can fluctuate. All major credit cards are widely accepted at

most major hotels, department stores and restaurants. You may be requested to show your passport.

CLIMATE

During the month of July, the average temperature is 23 – 25⁰ C.

ELECTRICAL CURRENT

The electrical outlet are 220 V, 50 Hz. Socket / plug of type C plug, with two round prongs, popularly known as the europlug and used in all continental Europe countries.

LANGUAGE

The official language in Siófok is Hungarian. English is widely spoken in hotels, restaurants, shopping centers and tourist areas.

CORRESPONDENCE AND INFORMATION

Further information can be requested by email addressed to ifbb.huber@gmail.com

bcs@justclear.hu

<p><u>Please send your Final Entry Form not later than 22nd July, 2022 to:</u></p> <p>Hungarian Federation of Bodybuilding and Fitness General Secretary Ms. Viola Vargha: E-mail: ifbb.huber@gmail.com</p> <p>IFBB Technical Committee Eng. Andrew Michalak E-mail : amichalak5@gmail.com</p>	<p><u>Please Send a copy to:</u></p> <p>International Federation of Bodybuilding and Fitness Head Office: E-mail: info@ifbb.com</p>
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TENTATIVE SCHEDULE OF ACTIVITIES

The following schedule of activities is tentative and is therefore subject to change. Please check regularly for updates:

WEIGH-IN, REGISTRATION		
Sunday July 24	7:30 - 9:00	Plázs Siófok 8600 Siófok, Petőfi sétány 3.
	10:00	Judges & Team Managers Meeting
Prejudging and Finals		
Sunday July 24	11:30-16:00	Plázs Siófok 8600 Siófok, Petőfi sétány 3.