

DATE	CHAMPIONSHIPS	PLACE
<b>MARCH</b>		
25-26	IFBB GIOVANI CLASSIC	Aruba
26	IFBB BATTLE OF SCANDINAVIA	Alingsas, Sweden
<b>APRIL</b>		
1-4	SIBERIAN POWER SHOW	Krasnoyarsk, Siberia
8-10	IFBB BALKAN CHAMPIONSHIPS	Knjaževac, Serbia
9-10	NOCCO PRO QUALIFIER	Stockholm, Sweden
10-11	IFBB AUSTRIAN TROPHY HUNGARY, ZCECH REPUBLIC, SLOVAKIA, SWITZERLAND AND LICHTENSTEIN (NO PRO QUALIFIER)	AUSTRIA
15-17	IFBB HERCULES GRAND PRIX	Skopje, Republic of North Macedonia
15-17	IFBB MISTER UNIVERSE ASIA	Pune, India
22-24	IFBB NORWAY GRAND PRIX	Oslo, Norway
23-24	IFBB DIAMOND CUP MALTA	Malta
29-1	CAMPEONATO CENTROAMERICANO HONDURAS	Honduras
30-1	IFBB INTERNATIONAL CACIQUE BODY & FITNESS 2022	San Juan, Puerto Rico
30-2	IFBB WORLD FIT MODEL CUP	Riga, Latvia
<b>MAY</b>		
5-9	IFBB EUROPEAN CHAMPIONSHIPS	Santa Susanna, Spain
13-15	IFBB TIGER CLASSIC & DIAMOND CUP ROMANIA	Bucharest, Romania
20-22	IFBB MISTER UNIVERSE EUROPE	Prague, Czech Republic
26-30	IFBB CENTRAL ASIAN CHAMPIONSHIPS KAZAKHSTAN	Kazakhstan
27-29	IFBB WORLD CHILDREN CHAMPIONSHIPS	Cacak, Serbia
27-29	IFBB DIAMOND CUP LYON	Lyon, France
27-29	IFBB EUROPEAN FIT MODEL CHAMPIONSHIPS	Tallin, Estonia
<b>JUNE</b>		
3-5	RIMINISTEEL CLASSIC	Rimini, Italy
3-5	ARNOLD SPORTS FESTIVAL AFRICA	Johannesburg, South Africa
3-5	IFBB DIAMOND CUP HUNGARY	Budapest, Hungary
3-5	IFBB MISTER ODÍN	Baja California, Mexico
10-11	IFBB DIAMOND CUP CZECHIA	Ostrava or Prague, Czech Republic
10-13	IFBB MISS & MISTER INTERNATIONAL	Santa Susanna, Spain
11-12	IFBB GEORGIA GRAND PRIX	Tbilisi, Georgia
17-19	IFBB DIAMOND CUP LUXEMBOURG	Mondorf-Les-Bains, Luxembourg
17-19	IFBB FIFTH BALKAN CUP	Knjazevac, Serbia
25-27	IFBB FLORIDA CLASSIC	Fort lauderdale, USA
<b>JULY</b>		
2-4	IFBB INTER ISLAND BODYBUILDING, FITNESS & PHYSIQUE CHAMPIONSHIPS	Saint Martin
13-16	IFBB WEST AFRICAN CHAMPIONSHIPS	Accra, Ghana
16-17	IFBB CLASSIC PHYSIQUE OF AMERICAN CUP	Guayaquil, Ecuador
24-26	IFBB SMART BEACH FITNESS CUP	Budapest, Hungria
28-31	ARAB CHAMPIONSHIP	Alexandria
27-1	IFBB CENTRAL AMERICAN AND CARIBBEAN CHAMPIONSHIPS	Barbados

<b>AUGUST</b>		
6-7	IFBB TATONS CUP	Caracas, Venezuela
12-14	IFBB MISTER UNIVERSE AMATEUR	Beirut, Lebanon
19-20	IFBB MISTER UNIVERSE BRASIL	Sao Paolo, Brasil
26-27	IFBB MIAMI GRAND PRIX	Miami, USA
<b>SEPTEMBER</b>		
2-3	IFBB ROMANIA INTERNATIONAL GRAND PRIX	Sibiu, Romania
2-5	IFBB ASIAN CHAMPIONSHIPS	Kyrgyzstan
3-5	IFBB MR MEXICO	Ciudad de Mexico
9-11	MISS & MR AMERICA IFBB CUP	Ambato, Ecuador
9-11	MR UNIVERSE JORDAN	Jordan
10-12	IFBB MALTA INTERNATIONAL GRAND PRIX	Malta
11	IFBB INTERNATIONAL LATVIAN CUP. RIGA PEARL	Riga, Latvia
15-19	ARNOLD CLASSIC EUROPE & FITNESS SPORTS GAMES	Seville, Spain
23-25	IFBB NORTH AMERICAN CHAMPIONSHIPS	Mexico DF, Mexico
23-25	IFBB BELLUX CUP	Mondorf-Les-Bains, Luxembourg
23-24	IFBB DIAMOND CUP OMAN	Oman
29-1	IFBB AHMED ALI DIAMOND CUP EGYPT	El Cairo, Egypto
30-2	IFBB DIAMOND CUP PRAGUE	Prague, Czech Republic
30-3	XII SOUTH AMERICAN REGIONAL OLYMPIC GAMES	Asunción, Paraguay
<b>OCTOBER</b>		
1-3	IFBB WORLD FIT MODEL CHAMPIONSHIPS	Lituania
6-9	47th SOUTH AMERICAN CHAMPIONSHIPS	San Paulo, Brazil
7-9	IFBB FITNESS MANIA	Kladno, Czech Republic
7-9	IFBB SANTO DOMINGO OPEN	Santo Doming, Dominican Republic
8-9	IFBB NORDIC CHAMPIONSHIPS	Lahti, Finland
13-16	IFBB AFRICAN CHAMPIONSHIPS	Algeria
14-16	IFBB DIAMOND CUP SKOPJE	Skopje, Republic of North Macedonia
15-16	IFBB DUBAI MUSCLE BEACH	Dubai
16	IFBB DIAMOND CUP AUSTRIA	Graz, Austria
18-23	IFBB FITNESS WOMEN'S WORLD CHAMPIONSHIP AND IFBB MEN'S WORLD CUP	Yeongju, Korea
21-23	IFBB DIAMOND CUP SERBIA	Serbia
21-22	IFBB SUDAMERICANO MUSCLE SHOW	Sucre, Bolivia
22	IFBB STOCKHOLM CLASSIC (INVITATIONAL NOT PROQUALIFIER)	Stockholm, Sweden
28-30	IFBB DIAMOND CUP CANCUN	Cancun, Mexico
28-30	IFBB PEPA GRAND PRIX	Opava, Czech Republic
28-30	DUBAI MUSCLE SHOW	Dubai
28-29	IFBB PHILIPPINES GRAND PRIX	Quezon City, Philippines
29-1	CENTRAL AMERICAN REGIONAL OLYMPIC GAMES	Costa Rica / Guatemala
<b>NOVEMBER</b>		
3-7	IFBB WORLD MEN'S CHAMPIONSHIPS & IFBB WOMEN'S WORLD CUP. IFBB WORLDCONGRESS	Santa Susanna
12-13	IFBB MEDITERRANEAN CHAMPIONSHIPS	Malta

<b>12-13</b>	IFBB NIGHT OF THE CHAMPIONS	Santiago Chile/Chile
<b>17-20</b>	IFBB MR AND MISS WORLD (IFBB ELITE PRO QUALIFIER)	Fujairah, UAE
<b>25-27</b>	IFBB SWEFITOPEN ELITE PRO QUALIFIER	Aingsas, Sweden
<b>25-27</b>	IFBB DIAMOND CUP PORTUGAL	Portugal
<b>DECEMBER</b>		
<b>2-4</b>	IFBB DIAMOND CUP ROME	Rome, Italy
<b>2-5</b>	IFBB BFC CUP FITNESS SHOW	Czech Republic
<b>7-11</b>	IFBB MEN'S FITNESS CHALLENGE WORLD CHAMPIONSHIP & IFBB MEN'S JUNIOR WORLDCHAMPIONSHIP & IFBB MASTER CUP	IRAN
<b>17-18</b>	MR UNIVERSE & ABU DHABI SPORTS FITNESS EXPO	Abu Dhabi