

TENTATIVE

Final version will be handled at the Technical and Judges Meeting in Bishkek

FRIDAY, SEPTEMBER 2d, 2022

OFFICIAL ARRIVAL DAY

10-17:00 Registration & Weigh-in

18:00-19:00 Team Managers & Judges Meeting

19:30-21:30 AFBF CONGRESS

SATURDAY, SEPTEMBER 3d, 2022

10:00-22:00

○ **WOMEN'S ARTISTIC FITNESS – OPEN**

ROUND 1

○ **WOMEN'S ACROBATIC FITNESS – OPEN**

ROUND 1

○ **MEN'S FITNESS - OPEN**

ROUND 1

○ **WOMEN'S PHYSIQUE - OPEN**

- **WOMEN'S ARTISTIC FITNESS – OPEN**

ROUND 2

- **WOMEN'S ACROBATIC FITNESS – OPEN**

ROUND 2

- **MEN'S FITNESS - OPEN**

ROUND 2

○ **WOMEN'S WELNESS**

Up to & including 163 cm

Over 163 cm

OVERVALL

○ **WOMEN'S BODYFITNESS:**

MASTER BODYFITNESS >35 YRS - OPEN

WOMEN'S BODYFITNESS:

Up to & including 163 cm

Over 163 cm

OVERVALL

○ **MEN'S FIT-MODEL - OPEN**

ROUND 1

30 MINUTES BREAK

○ **MEN'S FIT-MODEL - OPEN**

ROUND 2

○ **MEN'S BODYBUILDING**

BEGINNER BODYBUILDING - OPEN

JUNIOR BODYBUILDING 16-23 YEARS - OPEN

MASTER BODYBUILDING 40-49 YEARS - OPEN

MASTER BODYBUILDING 50 YEARS & OVER - OPEN

MEN'S BODYBUILDING:

Up to & including 60 kg

Up to & including 65 kg

Up to & including 70 kg

Up to & including 75 kg

Up to & including 80 kg

Up to & including 85 kg

Up to & including 90 kg

Up to & including 95 kg

Up to & including 100 kg

Over 100 kg

OVERVALL

SUNDAY, SEPTEMBER 4th, 2022

10:00-22:00

○ **MEN'S PHYSIQUE**

BEGINNER MEN'S PHYSIQUE - OPEN

JUNIOR MEN'S PHYSIQUE 16-23 YEARS - OPEN

MASTER MEN'S PHYSIQUE 40 YEARS & OVER - OPEN

MEN'S PHYSIQUE:

Up to & including 169 cm

Up to & including 172 cm

Up to & including 175 cm

Up to & including 178 cm

Over 178 cm

OVERVALL

○ **WOMEN'S FIT-MODEL**

Up to & including 163 cm

Over 163 cm

ROUND 1

○ **MUSCULAR MEN'S PHYSIQUE**

Up to & including 175 cm

Over 175 cm

OVERVALL

- WOMEN'S FIT-MODEL

Up to & including 163 cm

Over 163 cm

ROUND 2

OVERVALL

○ **MEN'S CLASSIC BODYBUILDING**

JUNIOR CLASSIC BODYBUILDING 16-23 YEARS - OPEN

MASTER CLASSIC BODYBUILDING >40 YEARS - OPEN

MEN'S CLASSIC BODYBUILDING:

Up to & including 171 cm

Up to & including 175 cm

Up to & including 180 cm

Over 180 cm

OVERVALL

30 MINUTES BREAK

○ **MEN'S CLASSIC PHYSIQUE**

Up to & including 175 cm

Over 175 cm

OVERVALL

○ **FIT-PAIRS - OPEN**

○ **WOMEN'S BIKINI**

BEGINNER BIKINI - OPEN

JUNIOR BIKINI 16-23 YEARS - OPEN

MASTER BIKINI >35 YEARS - OPEN

WOMEN'S BIKINI:

Up to & including 160 cm

Up to & including 163 cm

Up to & including 166 cm

Up to & including 169 cm

Up to & including 172 cm

Over 172 cm

OVERVALL

MONDAY, SEPTEMBER 5th, 2022

DEPARTURE DAY