



DIAMOND CUP LUXEMBOURG

MAIN INFORMATION

NAME OF THE EVENT: **2023 IFBB DIAMOND CUP LUXEMBOURG**

CITY / COUNTRY: **ROODT-SUR-SYR / LUXEMBOURG**

DATE: **October 06th - 07th, 2023** - Semifinals & Finals Saturday, 07.10.2023, 09:00 – 19:00

EVENT OPEN FOR: **IFBB-affiliated National Federations from Europe and Africa**

IFBB ELITE PRO CARD QUALIFIER YES ☒ NO ☐

IFBB INTERNATIONAL RANKING QUALIFIER LEVEL 2 YES ☒ NO ☐

DAY OF ARRIVAL: **06/10/2023**

DAY OF DEPARTURES: **08/10/2023**

REGISTRATION DAY: **06/10/2023**

TIME: **16:00 - 19:00**

PLACE: Centre Culturel SYRKUS,
L6910 ROODT/SYRE 20 rte de Luxembourg

WEIGH-IN DAY: **06/10/2023**

TIME: **16:00 - 19:00**

PLACE: Centre Culturel SYRKUS,
L6910 ROODT/SYRE, 20 rte de Luxembourg

*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: **LUXAIRPORT Luxembourg (7 km)**

VISA INFORMATION: EU COUNTRIES DO NOT NEED TO OBTAIN A VISA. ALL ATHLETES COMING FROM OTHER COUNTRIES KINDLY CONSULT THE EMBASSY / CONSULATE / MINISTRY IN YOUR COUNTRY TO DETERMINE IF YOU NEED A VISA.

*Due to the COVID-19 situation, we recommend you check with the corresponding authorities of the country (Consulate, Embassy, etc.), the current regulation to avoid any inconveniences when travelling. The National Federations, athletes and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.

*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: **Centre Culturel SYRKUS, 20, rte de Luxembourg L 6910 Roodt-sur-Syre**

HOTEL INFORMATION

RECOMMENDED HOTEL: **HOTEL LEGERE MUNSBACH** (4 km) L5365 Munsbach 11, rue Gabriel Lippmann (onepagebooking.com) & near LUXAIRPORT (7km) : NH, IBIS, IBIS BUDGET & Luxembourg (City 9 km) please check by booking.com etc.

REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **EUR €200**.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **EUR €50**.

CROSSEOVERS: EUR €100 per each of the additional categories.

DEADLINE FOR ONLINE PAYMENT: 26/09/2023.

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €40/USD \$50** and are mandatory.

*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

CATEGORIES:

WOMEN'S ARTISTIC FITNESS - OPEN

WOMEN'S FIT-MODEL OPEN

JUNIOR WOMEN'S BIKINI 16-23 YEARS - OPEN

WOMEN BIKINI UP TO & INCL. 160 CM

WOMEN'S BIKINI UP & INCL. 164 CM

WOMEN'S BIKINI UP TO & INCL. 169 CM

WOMEN'S BIKINI UP TO & INCL. 172 CM

WOMEN'S BIKINI OVER 172 CM

MASTER WOMEN'S BIKINI >35 YRS - OPEN

WOMEN'S BODYFITNESS UP TO & INCL. 163 CM

WOMEN'S BODYFITNESS OVER 163 CM

MASTER WOMEN'S BODYFITNESS >35 YRS - OPEN

WOMEN'S PHYSIQUE - OPEN

WOMEN'S WELLNESS UP TO & INCL. 163 CM

WOMEN'S WELLNESS OVER 163 CM

FIT-PAIRS

JUNIOR MEN'S PHYSIQUE 16-23 YEARS - OPEN

MEN'S PHYSIQUE UP TO & INCL. 173 CM

MEN'S PHYSIQUE UP TO & INCL. 179 CM

MEN'S PHYSIQUE UP TO & INCL 182 CM

MEN'S PHYSIQUE OVER 182 CM

MASTER MEN'S PHYSIQUE >40 YRS - OPEN

MUSCULAR MEN'S PHYSIQUE - OPEN

MEN'S CLASSIC BODYBUILDING UP TO & INCL 175 CM

MEN'S CLASSIC BODYBUILDING OVER 175 CM

MEN'S CLASSIC PHYSIQUE - OPEN

MEN'S BODYBUILDING UP TO & INCL. 75 KG

MEN'S BODYBUILDING UP TO & INCL. 80 KG

MEN'S BODYBUILDING UP TO & INCL. 90 KG

MEN'S BODYBUILDING UP TO & INCL. 100 KG

MEN'S BODYBUILDING OVER 100 KG

JUNIOR MEN'S BODYBUILDING 16-23 YRS - OPEN

MASTER MEN'S BODYBUILDING >40 YRS - OPEN

AWARDS:

Top three athletes in each category will be awarded with [medals](#).

Top six athletes in each category will be awarded with a [Certificate of Excellence](#) and [trophies](#). Overall winner will have a [trophy](#).

IFBB ELITE PRO CARDS:

DISTRIBUTION: 16 Elite Pro Cards + 3 Masters Elite Pro Cards
WOMEN'S BIKINI OVERALL – TOP 3
MASTER WOMEN'S BIKINI OPEN – THE WINNER
WOMEN'S BODYFITNESS OVERALL – TOP 2
MASTER WOMEN'S BODYFITNESS OPEN – THE WINNER
WOMEN'S PHYSIQUE OPEN – THE WINNER
WOMEN'S WELLNESS OVERALL – THE WINNER
MEN'S PHYSIQUE OVERALL – TOP 3
MUSCULAR MEN'S PHYSIQUE OPEN – THE WINNER
MEN'S CLASSIC BODYBUILDING OVERALL – THE WINNER
MEN'S CLASSIC PHYSIQUE OPEN – THE WINNER
MEN'S BODYBUILDING OVERALL – TOP 3
MASTER MEN'S BODYBUILDING OPEN – THE WINNER

REGISTRATION DEADLINE

PRELIMINAR ENTRY FORM: NO
FINAL ENTRY FORM: **25/09/2023**

CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.
- GREEN CARD PRICE: **EUR €50** (ACCESS BACKSTAGE & VENUE)

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

PROFESSIONAL TANNING SERVICE : BOOK BY www.body-tan.nl

CONTACT INFORMATION:

Please send your Entry Form to:
Mr. Guy KRIDEL
E-mail: info@ifbbluxembourg.com

Please send a copy to IFBB Technical Committee:
Eng. Andrew Michalak
E-mail: amichalak5@gmail.com

Please send a copy to IFBB Head Office:
Ms. Daria
E-mail: contact@ifbb.com

Contact details for additional correspondence:
Mr. Guy KRIDEL
President of the IFBB LUXEMBOURG
E-mail: info@ifbbluxembourg.com

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Technical Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50/USD \$60** paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judges Meeting.