

## International Federation of Bodybuilding & Fitness

Dublin 39/I – Europolis – Las Rozas - Madrid – 28232 – Spain - Tel: **(34) 5352819**

E-mail: [headquarters@ifbb.com](mailto:headquarters@ifbb.com) Website: [www.ifbb.com](http://www.ifbb.com)

FINAL ENTRY FORM

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| **2023 IFBB EUROPEAN CHAMPIONSHIPS**  **May 03rd to 08th, 2023**  **SANTA SUSANNA – SPAIN**  ***ELITE PRO QUALIFIER*** |

**Deadline date to send this Final Entry Form is Monday, April 24th, 2023**

***This Entry Form is to be completed and sent by National Federations, NOT by individual athletes***

**Please notice that sending this FEF is MANDATORY. Any National Federation attending the event without having previously sent the FEF will be charged with an additional fee of EUR €250. *It is full responsibility and obligation of the National Federation to verify if each one of the athletes to be registered on this international event are NOT SUSPENDED or fulfilling any period of ineligibility due to Anti-Doping Rule Violation or any disciplinary case at national or international level.***

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| **COUNTRY** | | **NATIONAL FEDERATION’S NAME** | | | | **NF PRESIDENT’S NAME** | |
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| **FEDERATION’S CONTACT NO. (OFFICE OR CELL PHONE)** | | | | **NATIONAL FEDERATION’S E-MAIL ADDRESS** | | | |
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|  | **If applicable: Responsible Delegate(s) name at this event** | | | | **Cell phone** | | **PASSPORT No.** |
| **1**  **2** |  | | | |  | |  |
| **Complete this Form in English Letters and leave it in the WORD format, so we can copy/paste the athletes’ names on our list. DO NOT change it to PDF format, please.** | | | | | | | |
|  | Competitor’s  1 **Given** NAME + 1 **Family** NAME | | **EXACT CATEGORY**  *(from the list of available categories below)* | | | | **IFBB IC or  PASSPORT No.** |
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*IF YOU HAVE MORE ATHLETES, CONTINUE THIS TABLE, PLEASE.*

**This Final Entry Form will only be considered if it is sent by the National Federation of the athlete and directly to the Organizing Committee, IFBB Head Office in Madrid and IFBB Technical Committee (see e-mail addresses below). The final decision to allow an athlete to compete in this event rests with the IFBB.**

**Registration Fee for athletes, official delegates, extra delegates and supporters is EUR €450 in a double room or EUR €600 in a single room, if paid not later than April 24th, 2023 midnight. If paid on April 25th or later or at the Registration in Santa Susanna it will be EUR €550 (double room) or EUR €700 (single room).**

**Fees have to be paid online on the IFBB webpage:** [**http://www.ifbb.com/competition-registration**](http://www.ifbb.com/competition-registration)**. Please add your**

**name during online payment and bring a copy of your payment confirmation to the registration. Fees may also be paid via bank transfer to the following account:**

**Beneficiary: FEDERACION INTERNACIONAL DE CULTURISMO Y FITNESS**

**Bank: BBVA; Account No: ES51 0182 6127 1102 0158 4781; SWIFT: BBVAESMMXXX**

**Crossovers: an extra fee of EUR €100 per each of the additional categories will be charged.**

**Possible crossovers: Games Classic Bodybuilding - Classic Bodybuilding – Classic Physique – Bodybuilding; Men’s Fitness – Men’s Physique; Women’s Acrobatic Fitness – Women’s Bodyfitness; Women’s Artistic Fitness – Women’s Bikini. Also junior and masters in senior classes.**

**The IFBB is a signatory to the WADA Code. Doping control will be conducted by the IFBB Medical Commission pursuant to the IFBB Anti-Doping Rules, using a WADA accredited laboratory. In order to compete in the championships, each athlete will be required pay the Anti-Doping Test Fee of EUR €20. This fee is mandatory and may be paid online, together with the Registration Fee (altogether EUR 470) or at the registration in Santa Susanna.**

**Please list your IFBB INTERNATIONAL JUDGES coming to this event:**

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|  | **NAME OF JUDGE(S) - (AS WRITTEN IN PASSPORT)** | **PASSPORT NUMBER** |
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**Please list your TEST- JUDGES names here:**

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|  | **NAME OF TEST- JUDGE(S) - (AS WRITTEN IN PASSPORT)** | **PASSPORT NUMBER** |
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**CATEGORIES OPEN AT THE 2023 EUROPEAN CHAMPIONSHIPS**

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| **Men Bodybuilding** Up to & incl. 70 kg Up to & incl. 75 kg Up to & incl. 80 kg Up to & incl. 85 kg Up to & incl. 90 kg Up to & incl. 95 kg Up to & incl. 100 kg Over 100 kg  **Men Classic Physique\*** Up to & incl. 168 cm Up to & incl. 171 cm Up to & incl. 175 cm  Up to & incl. 180 cm Over 180 cm   **Men Classic Bodybuilding\*** Up to & incl. 168 cm Up to & incl. 171 cm Up to & incl. 175 cm  Up to & incl. 180 cm Over 180 cm   **Men Games Classic Bodybuilding\*** Up to & incl. 175 cm Over 175 cm  **Women’s Physique** Up to & incl. 163 cm  Over 163 cm  **Women Bodyfitness** Up to & incl. 158 cm Up to & incl. 163 cm  Up to & incl. 168 cm Over 168 cm  **Women Bikini** Up to & incl. 158 cm Up to & incl. 160 cm Up to & incl. 162 cm Up to & incl. 164 cm Up to & incl. 166 cm  Up to & incl. 169 cm Up to & incl. 172 cm Over 172 cm  **Women Wellness** Up to & incl. 158 cm  Up to & incl. 163 cm Up to & incl. 168 cm Over 168 cm  **Men’s Physique** Up to & incl. 170 cm Up to & incl. 173 cm Up to & incl. 176 cm Up to & incl. 179 cm Up to & incl. 182 cm Over 182 cm  **Women Artistic Fitness** Up to & incl. 163 cm  Up to & incl. 168 cm Over 168 cm | **Men Fitness** One Open Class  **Women Acrobatic Fitness** Up to & incl. 163 cm  Over 163 cm  **Junior Women Bodyfitness** 16-20 years open 21-23 years open **Junior Women Acrobatic Fitness** 16-20 years: up to & incl. 163 cm 16-20 years: over 163 cm 21-23 years: up to & incl. 163 cm  21-23 years: over 163 cm  **Junior Women Artistic Fitness** 16-20 years: open 21-23 years: open  **Junior Men’s Fitness** 16-20 years: open 21-23 years: open **Junior Women Bikini** 16-20 years: up to & incl. 160 cm 16-20 years: up to & incl. 166 cm 16-20 years: over 166 cm 21-23 years: up to & incl. 160 cm 21-23 years: up to & incl. 166 cm  21-23 years: over 166 cm  **Junior Women Wellness** 16-20 years: open 21-23 years: up to & incl. 163 cm  21-23 years: over 163 cm  **Junior Men Bodybuilding** 16-20 yrs: up to & incl. 75 kg 16-20 yrs: over 75 kg21-23 years: up to & incl. 75 kg  21-23 years: over 75 kg  **Junior Men Classic Physique\*** 16-20 years: open21-23 years: open  **Junior Men Classic Bodybuilding\*** 16-20 years: open 21-23 years: open **Junior Games Classic Bodybuilding\*** 16-20 years: open 21-23 years: open **Junior Men’s Physique**  15-17 years: open 18-20 years: open 21-23 years: up to & incl. 174 cm 21-23 years: up to & incl. 178 cm  21-23 years: over 178 cm  **Men Wheelchair Bodybuilding** One open class  **Mixed-Pairs** One open class | **Master Women Bikini**  Age 35-39: up to 164 cm  Age 35-39: over 164 cm Age 40-44: open Age ≥45: open  **Master Women Bodyfitness** Age 35-39: open  Age 40-44: open Age ≥45: open  **Master Women Wellness** Age 35-39: open  Age 40-44: open Age ≥45: open  **Master Women’s Physique** Age ≥35: open   **Master Men’s Physique** Age 40-44:open Age 45-49:open Age ≥50: open  **Master Men Bodybuilding** **40-44 yrs** Up to & incl. 70 kg Up to & incl. 80 kg Up to & incl. 90 kg Over 90 kg  **Master Men Bodybuilding** **45-49 yrs**  Up to & incl. 70 kg Up to & incl. 80 kg Up to & incl. 90 kg Over 90 kg   **Master Men Bodybuilding** **50-54 yrs** Up to & incl. 80 kg Over 80 kg  **Master Men Bodybuilding** **55-59 yrs** Up to & incl. 75 kg Over 75 kg  **Master Men Bodybuilding** **≥60 yrs** One Open Class  **Master Men Classic Physique\***  Age 40-44: open   Age 45-49: open  Age ≥50: open  **Master Games Classic Bodybuilding\***  Age 40-44: open   Age ≥45: open  **Master Men Classic Bodybuilding\*** Age 40-44: open  Age 45-49: open Age ≥50: open **Muscular Men’s Physique** Up to 179 cm Over 179 cm  **Fit-Pairs** One open class |

**CATEGORIES OPEN FOR BEGINNERS ONLY:**

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| **Men Bodybuilding** Up to & incl. 70 kg Up to & incl. 80 kg Up to & incl. 90 kg Over 90 kg | **Men’s Physique** Up to & incl. 173 cm Up to & incl. 179 cm Over 179 cm | **Women Bikini** Up to & incl. 160 cm Up to & incl. 166 cm  Over 166 cm |

***Note 1:*** *A category will only be run if 3 or more athletes are registered. Otherwise, categories will be combined.   
Top 6 in each category will be awarded with points to the 2023 IFBB World Ranking (Level 3).*

***Note 2:*** *\*- Categories with weight / height limits*

***Note 3:*** *Definition of a beginner:* *The athlete must not have competed before in international events. The athletes cannot have been in a national event, except of contests for beginners. The athlete may keep the beginner level during the whole year. If the athlete competes in senior categories during the year, will lose his/her condition as a beginner. The athlete doesn’t need to be previously a member of his/her National Federation but will be required the confirmation of his/ her National Federation in order to fulfil the registration and his/her incorporation on the competitors’ lists. The athlete can be pre-registered for the international event directly on the IFBB website or via his/her National Federation.*

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| **Men Bodybuilding** Up to & incl. 70 kg Up to & incl. 80 kg Up to & incl. 90 kg Over 90 kg | **Men’s Physique** Up to & incl. 173 cm Up to & incl. 179 cm Over 179 cm | **Women Bikini** Up to & incl. 160 cm Up to & incl. 166 cm  Over 166 cm |

**SPEED FIT (FITNESS CHALLENGE) CATEGORIES:**

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| **Teams** |
| **Individuals** |
| **Couples** |
| **GOLD Men Individual** |
| **GOLD Women Individual** |
| **GOLD Mixed Couples** |
| **GOLD Mixed Teams** |

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| **Men Bodybuilding** Up to & incl. 70 kg Up to & incl. 80 kg Up to & incl. 90 kg Over 90 kg | **Men’s Physique** Up to & incl. 173 cm Up to & incl. 179 cm Over 179 cm | **Women Bikini** Up to & incl. 160 cm Up to & incl. 166 cm  Over 166 cm |

**EXTRA DELEGATES AND SUPPORTERS**

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|  | **Extra Delegates or Supporters** | **If a Judge please**  **V** |  | **Extra Delegates or Supporters** | **If Judge please**  **V** |
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**ARRIVING / DEPARTURE DETAILS**

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| **ARRIVAL DATE** | **FLIGHT No.** | **TIME** | **No. of people** | **DEPARTURE DATE** | **FLIGHT No.** | **TIME** | **No. of people** |
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| **ROOMS NEEDED** | | | |
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| **Please send Entry Form no later than Monday, April 24th, 2023 to:**  **Organizing Committee Ms. Patricia Sachez**  E-mail: [**secretaria@ifbb-spain.com**](mailto:secretaria@ifbb-spain.com)  **IFBB Technical Committee**  **Eng. Andrew Michalak**  E-mail: [**amichalak5@gmail.com**](mailto:amichalak5@gmail.com) | **Please send a copy to:**  **International Fitness & Bodybuilding Federation**  **Head Office:**  E-mail: **info**[**@ifbb.com**](mailto:contact@ifbb.com) |

***Note, please, that each National Federation wishing to participate in these Championships must have paid the IFBB (EUR €500) and EBFF (EUR €300) affiliation fee for 2023. Otherwise, this Federation will not be allowed to participate. This fees should be paid in no later than March 01st of each year. Paying after March 01st, it will be EUR 800 (IFBB) and EUR 600 (EBFF).***

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| POSITION | Unite price | Quantity | | TOTAL |
| **REGISTRATION FEE FOR DELEGATES & SUPPORTERS – DOUBLE ROOM** | **€450** |  | | **€** |
| **REGISTRATION FEE FOR DELEGATES & SUPPORTERS – SINGLE ROOM** | **€600** |  | | **€** |
| **LAST-MINUTE REGISTRATION FEE FOR DELEGATES – DOUBLE ROOM** | **€550** |  | | **€** |
| **LAST-MINUTE REGISTRATION FEE FOR DELEGATES – SINGLE ROOM** | **€700** |  | | **€** |
| **REGISTRATION FEE FOR ATHLETES – DOUBLE ROOM** | **€450** |  | | **€** |
| **REGISTRATION FEE FOR ATHLETES – SINGLE ROOM** | **€600** |  | | **€** |
| **LAST-MINUTE REGISTRATION FEE FOR ATHLETES – DOUBLE ROOM** | **€550** |  | | **€** |
| **LAST-MINUTE REGISTRATION FEE FOR ATHLETES – SINGLE ROOM** | **€700** |  | | **€** |
| **IFBB INTERNATIONAL CARD ANNUAL FEE 2023 (BLUE BOOK)** | **€40** |  | | **€** |
| **CROSSOVERS** | **€100** |  | | **€** |
| **ANTI-DOPING TEST FEE PER COMPETITOR** | **€20** |  | | **€** |
| **EBFF AFFILIATION FEE 2023** | **€300** |  | | **€** |
| **EBFF AFFILIATION FEE 2023** **AFTER THE DEADLINE (01.03.2023)** | **€600** |  | | **€** |
| **IFBB AFFILIATION FEE 2023** | **€500** |  | | **€** |
| **IFBB AFFILIATION FEE 2023 AFTER THE DEADLINE (01.03.2023)** | **€800** |  | | **€** |
| **SENDING THE FINAL/PRELIMINARY ENTRY FORM AFTER THE DEADLINE FEE** | **€250** |  | | **€** |
| **EXTRA NIGHTS** |  |  | | **€** |
| **TOTAL:** | |  |  | **€** |

***Date of issue:***

***Completed by (****your name & position in the NF****):***