



FITNESS
BRASIL



MR UNIVERSE BRAZIL

2023
17th - 19th
AUGUST
São Paulo - SP



2023 MR UNIVERSE BRAZIL INSPECT REPORT

Welcome

The International Fitness and Bodybuilding Federation (IFBB), the South American Bodybuilding and Fitness Confederation (CSFF) and the Brazilian Confederation of Bodybuilding, Bodybuilding and Fitness (CBMFF – IFBB Brazil) invite all IFBB-affiliated National Federations to participate in Mr. Universe Brazil. One of the most important events in the history of the IFBB, with a great tradition since 1959, taking place in the city of São Paulo, state of São Paulo, Brazil, from August 17th to 19th, 2023.

Location

São Paulo, Brazil's financial center, is among the most populous cities in the world, with diverse cultural institutions and a rich architectural tradition. There are symbolic buildings such as the neo-Gothic cathedral, the Martinelli Building, a skyscraper inaugurated in 1929, and the Copan Building, with its curved lines designed by the modernist architect Oscar Niemeyer. The colonial-style church of Pátio do Colégio marks the spot where Jesuit priests founded the city in 1554.



Venue

The competition will take place at TRANSAMERICA EXPO CENTER, address Avenida Doutor Mário Villas Boas Rodrigues, no. 387 – Santo Amaro, São Paulo – SP in pavilion E, single entry for all (fair, courses and championship). The location of the competition stage is on Rua D, in pavilion C.



Climate

Maximum 25 degrees Celsius and minimum 14 degrees Celsius.

Language

PORTUGUESE is the official language in Brazil.

Voltage/ Plug Type

The standard voltage in the city of São Paulo is 110 V, 60 Hz but everywhere there are 220 V (identified) in case you need it. The plug type is N (3 pins). Detailed info at

<https://www.worldstandards.eu/electricity/plug-voltage-by-country/brazil/>



Who Can Compete

All IFBB-affiliated National Federations are eligible to enter athletes in the 2023 Mr. and Ms. Universe Brazil. It is important to remember that only athletes who have been approved and nominated by their respective National Federations will be accepted.

It should be noted that it is the full responsibility and obligation of the National Federation to verify that each of the athletes registered for this international event are NOT suspended or fulfill any period of ineligibility due to the Anti-Doping Rules violation or any disciplinary case at national or international level.

Heads up!

- Brazilian athletes must check the qualifying procedure for IFBB Brazil championships;
- Foreign athletes must contact their National Federations;
- No athlete will compete without the authorization of their National Federation.

Accommodation

We communicate that each athlete, coach and manager will be responsible for the reservation and cost of their accommodation. Below are instructions:

- Hotel Blue Tree Premium Verbo Divino (official hotel)

Address: Rua Verbo Divino n. 1323, Chácara Santo Antônio neighborhood, São Paulo/SP.

Phone: (55 11) 5683-4600.

- Intercity United Nations

Address: Rua Professor Milton Rodriguez n. 100, Parque Anhembi neighborhood, São Paulo/SP.

Phone: (55 11) 2107-8844.

- Hotel Transamerica São Paulo

Av. Nações Unidas, no. 18591 - Vila Almeida, São Paulo/SP.

Phone: (55 11) 5693-4511.

Transport

We communicate that each athlete, coach and manager will be responsible for the reservation and cost of their transport.

Guarulhos Airport (GRU Airport)

São Paulo/Guarulhos International Airport – Governador André Franco Montoro is the largest airport in Brazil and South America, being the second busiest in Latin America in terms of the number of passengers transported. Address: Rod. Hélio Smidt, s/nº - Aeroporto, Guarulhos - SP, CEP: 07190-100.

Currency

The REAL (BRL) is the official currency of the Federative Republic of Brazil.

- USD \$1.00 = BRL 4.84

- EUR €1.00 = BRL 5.26

Current rates at <https://www.xe.com/currencyconverter/convert/?Amount=1&From=USD&To=BRL>

Time Zone

Brasilia Time Zone: UTC -3 hours.

Visa

Foreign citizens who intend to travel to Brazil for tourism may or may not need a visa. If the country of origin has a diplomatic agreement, only a valid passport can be presented. Passport holders of nearly 100 countries do not need a visa to enter Brazil for a stay up to 90 days. Detailed info at: https://visaguide.world/south-america/brazil-visa/#google_vignette

It is the responsibility of the National Federations to obtain an entry visa for the country organizing the Championship. All National Federations may request an invitation letter from the IFBB Office (contact@ifbb.com). The invitation letter does not mean that you have received your visa. Neither the IFBB nor the organizers of Mr. and Ms. Universe Brazil are responsible for visas. To receive an invitation letter, the applicant must forward the following information to the IFBB headquarters:

- A copy (scan) of the passport and place of stay in the country.



Internacional Card

All athletes must have their IFBB International Cards (Blue Book) up to date for 2023, which cost EUR €40 / USD \$50 per year and are mandatory. These cards can be purchased or renewed on the IFBB website or at the time of registration.

Registration and Weigh-in Athletes

Date: Thursday, August 17th, 2023.

Amateur Athletes Hours: 09:00 to 15:00 (in order of categories).

Location: TRANSAMERICA EXPO CENTER

- 08:00h** – Arrival of judges and managers;
- 10:00h** – Men's Classic Bodybuilding, Women's Physique e Women's Bodyfitness;
- 11:30h** – Men's Bodybuilding e Men's Classic Physique;
- 13:00h** – Men's Physique, Women's Bikini, Women's Fit Model;
- 14:30h** – Women's Wellness, Women's Artistic Fitness,
Women's Acrobatic Fitness e Muscular Men's Physique;
- 15:45h** – End of Registration / Weigh-in for Amateur Athletes;
- 16:00h** – ELITE PRO ATHLETES REGISTRATION AND WEIGH-IN.

STEP BY STEP FOR REGISTRATION PAYMENT

1. Be a member of your National Federation.
 2. Follow the qualification rules set by your National Federation.
 3. Register as an international athlete by paying your at <https://www.ifbb.com/competition-registration/>
 4. Request participation in the championship from your profile.
 5. Register for the championship and pay the entry fee before the due date indicated in the information report.
 6. Use your personal access code to download the liability form and submit your music.
 7. Participate in the championship.
- Early online registration fee: **EUR €120** (one hundred and twenty Euros), through IFBB webpage: <http://www.ifbb.com/competition-registration/>.
 - Registration fee on the day of registration: **EUR €170** (one hundred and seventy Euros);
 - Crossovers fee: **EUR €100** (one hundred Euros) will be charged per each of the additional categories;
 - All competitors must present an official photo ID at this time; foreign athletes must have their passports.
 - Failure to present may result in non-participation in the competition;
 - Athletes must present themselves at the weigh-in wearing competition clothing for approval (amateur and professional athletes);
 - Athletes who need to decrease their bodyweight below the limit for their category will have a maximum time of 30 minutes. Otherwise, they will be registered according to their current bodyweight;
 - Only athletes and responsible delegates from National Federations will be allowed to enter the weigh-in area.

Tickets

Tickets will be sold on the website <https://www.fitnessbrasil.com.br/> or at the IHRSA FITNESS BRASIL 2003 box office at TRANSAMERICA EXPO CENTER.

Judges

IFBB international judges must be included in the Final Entry Form submitted by National Federations in accordance with the IFBB Rules. IFBB international judges must have a valid IFBB Judge's Card with the IFBB annual judges fee of **EUR €50 / USD \$60** paid for 2023.



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Music

The music must be delivered on the MP3 flash drive, with a single track, at the athletes' weighing and registration. The athlete who does not deliver the flash drive will perform with music chosen by the organizer. Vulgar, profane and offensive language are strictly prohibited in the performance music of the pose routines.

Tentative Schedule

Date: **Thursday, August 17th, 2023 (Registration and Weigh-in of Athletes)**

Location: TRANSAMERICA EXPO CENTER, street D in pavilion C. Time: 09 am – 03 pm.

Date: **Friday, August 18th, 2023 (Pre-judging and Finals)**

Arrival Time for Judges and Delegates: at 12 am;

Athletes Arrival Time: from 01 pm;

Competition Start Time: at 02 pm;

Location: TRANSAMERICA EXPO CENTER, Rua D in Pavilion C.

- Women's Acrobatic Fitness
- Women's Artistic Fitness
- Women's Bikini
- Men's Physique
- Women's Bodyfitness
- Women's Fit-Model

Date: **Saturday, August 19th, 2023 (Pre-judging and Finals)**

Arrival Time for Referees and Delegates: at 08 am.

Athletes Arrival Time: from 09 am.

Competition Start Time: 10 am.

Location: TRANSAMERICA EXPO CENTER, Rua D in Pavilion C.

- Women's Physique
- Men's Bodybuilding
- Men's Classic Bodybuilding
- Women's Wellness
- Muscular Men's Physique
- Men's Classic Physique

Elite PRO Card Request

11 Elite Pro Cards will be offered to the following champions:

- Men's Bodybuilding Overall Winner
- Men's Classic Bodybuilding Overall Winner
- Men's Classic Physique Overall Winner
- Men's Physique Overall Winner
- Men's Muscular Physique Overall Winner
- Women's Wellness Overall Winner
- Women's Bodyfitness Open Category Winner
- Women's Bikini Open Category Winner
- Women's Physique Open Category Winner
- Master Men's Bodybuilding Overall Winner
- Master Women's Bikini Open Category Winner

Have the right to request for the ELITE PRO CARDS. The request for the Elite Pro Card does not imply the automatic professionalization of the athlete.

Final Entry Form

All Final Entry Forms should be directed to the Brazilian Federation President, Ms. Diana Monteiro: presidente@ifbb.com.br, to IFBB Head Office: contact@ifbb.com and IFBB Technical Committee: amichalak5@gmail.com. The deadline for submitting the Final Entry Form is Monday, August 07th, 2023.

Male Categories

MEN'S BODYBUILDING

JUNIOR Open Class
16-23 Years

SENIOR Up to & incl. 70 kg
Up to & incl. 80 kg
Up to & incl. 90 kg
Over 90 kg
Overall

MASTER I - 40-44 Years Open Class
MASTER II - 45 Years & Over Open Class
Overall

MEN'S CLASSIC BODYBUILDING

JUNIOR Open Class
16-23 Years

SENIOR Up to & incl. 175 cm
Over 175 cm
Overall

MASTER Open Class
40 Years & Over

MEN'S CLASSIC PHYSIQUE

JUNIOR Open Class
16-23 Years

SENIOR Up to & incl. 171 cm
Up to & incl. 175 cm
Over 175 cm
Overall

MASTER Open Class
40 Years & Over

MUSCULAR MEN'S PHYSIQUE

SENIOR Up to & incl. 175 cm
Over 175 cm
Overall

MEN'S PHYSIQUE

JUNIOR Open Class
16-23 Years

SENIOR Up to & incl. 170 cm
Up to & incl. 173 cm
Up to & incl. 176 cm
Up to & incl. 179 cm
Over 179 cm
Overall

MASTER I Open Class
40-44 Years

MASTER II Open Class
45 Years & Over
Overall

ATTENTION! CATEGORIES WILL BE OPEN IF THERE ARE A MINIMUM OF 03 ATHLETES REGISTERED, OTHERWISE THEY WILL BE COMBINED WITH THE NEXT CATEGORIES, EXCEPT FOR CATEGORIES ALREADY UNIFIED.

Female Categories

WOMEN'S BIKINI

JUNIOR Open Class
16-23 Years

SENIOR Up to & incl. 164 cm
Over 164 cm
Overall

MASTER Open Class
35 Years & Over

WOMEN'S FIT MODEL

SENIOR Open Class

WOMEN'S ACROBATIC FITNESS

SENIOR Open Class

WOMEN'S ARTISTIC FITNESS

SENIOR Open Class



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WOMEN'S BODY FITNESS

SENIOR	Open Class
MASTER 35 Years & Over	Open Class

WOMEN'S PHYSIQUE

SENIOR	Open Class
MASTER 35 Years & Over	Open Class

WOMEN'S WELLNESS

JUNIOR 16-23 Years	Open Class
SENIOR	Up to & incl. 158 cm Up to & incl. 163 cm Up to & incl. 168 cm Over 168 cm Overall
MASTER I 35-39 Years	Open Class
MASTER II 40 Years & Over	Open Class Overall

ATTENTION! CATEGORIES WILL BE OPEN IF THERE ARE A MINIMUM OF 03 ATHLETES REGISTERED, OTHERWISE THEY WILL BE COMBINED WITH THE NEXT CATEGORIES, EXCEPT FOR CATEGORIES ALREADY UNIFIED.

THE OVERALL CATEGORIES WILL BE RUN ACCORDING TO THE IFBB RULES FOR EACH DIVISION (ART. 16-19). IF JUNIORS OR MASTRES WANT TO COMPETE FOR THE OVERALL TITLE, THEY NEED TO PARTICIPATE IN THE SENIOR CLASS FIRST.

Backstage

Backstage access is strictly limited. Only IFBB delegates or officials with the specific wristband will be allowed to enter this area. The backstage will be on sale at the weigh-in and registration of athletes (August 17) at a price of USD \$50.

Awards

- Medals for the Top 6 (six finalists);
- Trophy for the winner of each category;
- Trophy for the Overall Champion;
- The top 6 athletes in the senior categories will receive points in the 2023 IFBB World Ranking according to the World Ranking Rules, Level 3.

Prize money will be split as follows for Men's Bodybuilding, Men's Classic Bodybuilding, Men's Classic Physique, Men's Physique, Muscular Men's Physique, Women's Wellness, Women's Bikini, Women's Bodyfitness and Women's Physique) in the **SENIOR** division:

- 1st place: R\$ 500.00 (five hundred reais);
- 2nd place: R\$ 300.00 (three hundred reais);
- 3rd place: R\$ 200.00 (two hundred reais).

All **OVERALL** champions will receive R\$ 1000.00 (one thousand reais).

The cash prize for the TOP COACH (coaches) will be as follows:

- 1st place: R\$ 1200.00 (one thousand and two hundred reais);
- 2nd place: R\$ 800.00 (eight hundred reais);
- 3rd place: R\$ 500.00 (five hundred reais).

General Notes

Photos, tanning, makeup, hair, schedules and prices must be negotiated directly with the service providers indicated in this document. The organizers are not responsible for the services provided and any eventualities in the provision of services by our partners.

Accredited Photographers

The photographers accredited to register the event are the official photographers of IFBB Brazil:



Igor
Palhares
@FOTOPALHARES
19 9.8105-1233



New
Luther
@NEWLUTHER
43 9.8423-8901



Natália
Abreu
@INK_FOTOGRAFIA
31 9.9418-0448



Kiko
Sanches
@KIKOSANCHES_PHOTOGRAPHY
92 9.9983-7783



Marcelo
Martins
@MMENSAIOS
51 9.9529-3077



Marcelo
Magalhães
@MAGACLICK.STUDIO
21 9.8801-0489

Tanning

The Fit Bronze company will be responsible for tanning services at Mr. and Ms. Universe Brazil. Appointments will be made on the day of the official weigh-in with the Fit Bronze representative. Payment method: cash or card R\$ 300.00 or USD \$60 (sixty dollars).

It will be forbidden to stay in the Backstage with painting machines unless the official company hired by the Federation! The IFBB has banned all products that can stain. An IFBB official will check the paintwork of all athletes backstage and, in case the product leaves the body when touched, the athlete will be asked to remove all paint before going onstage.



FITBRONZE
PINTURA CORPORAL

Make Up e Hair

Professional Melissa Alcazar @melissaamakeup and her team will be backstage doing makeup and hair for the athletes. Contact her directly for scheduling (11) 97697-9594.