



EURASIAN OPEN CHAMPIONSHIPS

MAIN INFORMATION (updated February 22nd, 2023)

NAME OF THE CHAMPIONSHIPS: **2023 EURASIAN OPEN CHAMPIONSHIPS.**

CITY / COUNTRY: **ALMATY, KAZAKHSTAN**

DATE: **APRIL 27th – MAY 01st, 2023**

CHAMPIONSHIPS OPEN FOR: **IFBB-AFFILIATED NATIONAL FEDERATIONS FROM EUROPE AND ASIA**

IFBB ELITE PRO CARD QUALIFIER YES NO

IFBB ELITE PRO CARDS:

Total: 12 Pro Cards

DISTRIBUTION Men's Bodybuilding (2), Men's Classic Bodybuilding, Men's Classic Physique, Men's Physique (2), Muscular Men's Physique, Women's Bodyfitness, Women's Bikini (3), Women's Wellness

IFBB INTERNATIONAL RANKING QUALIFIER YES NO

DAY OF ARRIVAL **27/04/2023**

DAY OF DEPARTURES **01/05/2023**

REGISTRATION DAY:
28/04/2023

TIME: **10:00-18:00**

PLACE: "Best Western Plus Atakent Park Hotel" 42 Timiryazev Str., Almaty 050000, Kazakhstan

WEIGH-IN DAY:
28/04/2023

TIME: **10:00-18:00**

PLACE: "Best Western Plus Atakent Park Hotel" 42 Timiryazev Str., Almaty 050000, Kazakhstan

*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: **ALMATY INTERNATIONAL AIRPORT (ALA)/Almaty.**

VISA INFORMATION: Any foreign visitor wishing to enter Kazakhstan must have a valid passport and, if necessary, a visa. Passport holders of 57 countries don't need a visa to travel to Kazakhstan. Please click this link for more visa information: <https://visaguide.world/asia/kazakhstan-visa/>

* Currently, there are no COVID-19 restrictions to enter Kazakhstan. Face mask is required in some public places. Detailed info at: https://new.wpk.kz/covid-19_kz_eng. The National Federations, athletes and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.

*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned event for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by its athletes and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: "ATAKENT" / KAZAKHSTAN, Almaty, 42 Timiryazeva Str./ PAVILION 11

CATEGORIES:

WOMEN'S BODYFITNESS:

163 cm, 168 cm, +168 cm

WOMEN'S BIKINI:

158 cm, 160 cm, 162 cm, 164 cm, 166 cm, 169 cm, 172 cm, +172 cm

MEN'S BODYBUILDING:

70 kg, 75 kg, 80 kg, 85 kg, 90 kg, 95 kg, 100 kg, +100 kg

MEN'S CLASSIC BODYBUILDING:

171 cm, 175 cm, 180 cm, +180 cm

WOMEN'S WELLNESS:

158 cm, 163 cm, 168 cm, +168 cm

WOMEN'S FIT-MODEL:

160 cm, 164 cm, 168 cm, 172 cm,
+172 cm

MASTER WOMEN'S BIKINI**>35 YEARS:**

Open

JUNIOR WOMEN'S BIKINI**21-23 YEARS:**

163 cm, +163 cm

Fit-Pairs**MEN'S CLASSIC PHYSIQUE:**

168 cm, 171 cm, 175 cm, 180 cm, +180 cm

MEN'S PHYSIQUE:

170 cm, 173 cm, 176 cm, 179 cm, 182
cm, +182 cm

MUSCULAR MEN'S PHYSIQUE: Open**MASTER MEN'S BODYBUILDING****>40 YEARS:**

70 kg, 80 kg, 90 kg, +90 kg

JUNIOR MEN'S PHYSIQUE**15-23 YEARS:**

174 cm, 178 cm, +178 cm

HOTEL INFORMATION

OFFICIAL HOTEL: "Best Western Plus Atakent Park Hotel" 42 Timiryazev Str. Almaty 050000, Kazakhstan and "Grand Aiser Hotel" Almaty / Pozharsky str., building 1. GENERAL ADDRESS FOR BOOKING: sales@aphotel.kz PROMO CODE FOR SPECIAL DISCOUNT PRICE "EAO"

REGISTRATION FEE:

International athletes pay the Registration Fee of **USD \$200** each. Athletes representing Kazakhstan pay **USD \$120** each. These fees should be paid in cash at the Registration in Almaty on 28.04.2023.

CROSSEOVERS: USD \$100 per each of the additional categories.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €40 / USD \$50**.

IMPORTANT NOTICE

*Participating athletes must be recommended by their National Federation by sending the FinalEntry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid. The final decision to allow an athlete to compete in this CHAMPIONSHIPS rests with the IFBB.

*It is the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti-Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any CHAMPIONSHIPS either at National or International level, Official or Invitational.

*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

Deadline to send the Final Entry Form: April 17th, 2023.

AWARDS:

Top three athletes in each category will be awarded with **medals**.

Top six athletes in each category will be awarded with a **Certificate of Excellence** and **trophies**.

Overall winner will have a **trophy**.

OFFICIALS

National Federations with no competitors may send **one (1)** delegate who will be responsible for all his or her own expenses.

CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any CHAMPIONSHIPS, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & amp, finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes at the backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

Official tanning services available at the event: YES NO

If yes, please indicate brand name and contact: **Contact the Organizing Committee. Cost USD \$100 per person.**

CONTACT INFORMATION:

Please send your Final Entry Form no later than **Monday, April 17th, 2023** to:
Ms. YEKATERINA SHALAMOVA
E-mail: kz.ifbb@gmail.com

Please send a copy to the IFBB Technical Committee:
Eng. Andrew Michalak
E-mail: amichalak5@gmail.com

Please send a copy to the IFBB Head Office:
E-mail: info@ifbb.com

Contact details for additional correspondence:
President of the Kazakh Bodybuilding and Fitness Federation
Mr. ALEXANDR KOLYUKA mail: kzifbbpresident@gmail.com

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Technical Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of €50/60\$ paid for the current year. This fee may also be paid at the Championships at the Technical Meeting.

TENTATIVE SCHEDULE:

April 27th (Thursday)

From 15:00 – Arrivals of the National Teams and check-in (*Best Western Plus Atakent Park Hotel*)

April 28th (Friday)

10:00 - 18:00 – Official Athlete Registration (*Best Western Plus Atakent Park Hotel*)

09:00 - 10:00 - **Mandatory seminar** for female competitors

11:00 - 12:00 - **Mandatory seminar** for male competitors

Only athletes who have passed the seminar are allowed to register!

April 29th (Saturday)

Men's Bodybuilding
Men's Classic Bodybuilding
Men's Classic Physique
Men's Physique
Muscular Men's Physique
Master Men's Bodybuilding
Junior Men's Physique

April 30th (Sunday)

Men's Bodybuilding
Men's Classic Bodybuilding
Men's Classic Physique
Men's Physique
Muscular Men's Physique
Master Men's Bodybuilding
Junior Men's Physique

May 01st (Monday)

Up to 12:00 - Departures

