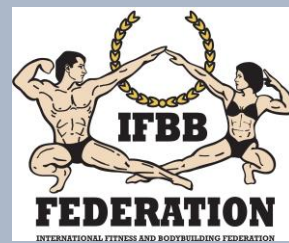


2023 BFC FITNESS CUP



MAIN INFORMATION

NAME OF THE EVENT: **2023 IFBB BFC FITNESS CUP SHOW**

CITY / COUNTRY: **LIBEREC / CZECH REPUBLIC**

DATE: **DECEMBER 01st – 02nd, 2023**

EVENT OPEN FOR : **ALL EUROPEAN NATIONAL FEDERATIONS AFFILIATED WITH THE IFBB**

IFBB ELITE PRO CARD QUALIFIER YES **X** NO

IFBB INTERNATIONAL RANKING QUALIFIER YES **X** NO

DAY OF ARRIVAL: **01/12/2023**

DAY OF DEPARTURES: **03/12/2023**

REGISTRATION DAY:

01/12/2023

TIME:

13:00-18:00

PLACE:

Babylon Centre

WEIGHTIN DAY:

01/12/2023

TIME:

13:00-18:00

PLACE:

Babylon Centre

*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: **Prague International Airport**

VISA INFORMATION: EU citizens and citizens of over 60 countries don't need visa to enter the Czech Republic for up to 90 days. All National Federations could ask for an Invitation Letter either to the Championship Organizer or IFBB. The invitation letter does not mean you are granted your visa. IFBB and Championship organizers are not responsible for attendant visas. Detailed information can be found at:

<https://www.schengenvisa.info/czechrepublic-visa/>.

* There are no longer any coronavirus restrictions for entry into the Czech Republic.

*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: **CENTRUM BABYLON, 1 Nitranská Str, 460 07 Liberec.** Centrum Babylon is ideal for holding large events and a significant bonus is the possibility of accommodation at the place of the venue which provides the participants with the necessary level of comfort.

HOTEL INFORMATION

RECOMMENDED HOTEL: **Hotel Babylon:** <https://www.hotelbabylon.cz/en/>

For booking go on this website and enter code: **BFCCUP**

REGISTRATION FEE:

Each senior athlete must pay the IFBB registration fee of **EUR €200.**

Registration fee for junior and beginners' categories is: **EUR €100.**

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of 50€.

CROSSOVERS: EUR €100 per each of the additional categories.

DEADLINE FOR ONLINE PAYMENT: 21/11/2023

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are EUR €40/USD \$50 and are mandatory.

*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

CATEGORIES:

**Master Men's Bodybuilding over 40 years - OPEN
(1 PRO CARD)**

**Master Men's Physique over 40 years - OPEN
(1 PRO CARD)**

Junior Men's Bodybuilding 16-23 years - OPEN

Junior Men's Physique 16-23 years - OPEN

Men's Bodybuilding (2 PRO CARDS)

Up to & including 80 kg

Up to & including 90 kg

Up to & including 100 kg

Over 100 kg

Men's Physique (1 PRO CARD)

Up to & including 170 cm

Up to & including 176 cm

Up to & including 182 cm

Over 182 cm

Men's Classic Physique (1 PRO CARD)

Up to & including 175 cm

Over 175 cm

Men's Classic Bodybuilding (1 PRO CARD)

Up to & including 175 cm

Over 175 cm

**Master Women's Bikini over 35 years - OPEN
(1 PRO CARD)**

**Master Women's Bodyfitness over 35 years - OPEN
(1 PRO CARD)**

Junior Women's Bikini 16-23 years - OPEN

Women's Bikini (2 PRO CARDS)

Up to & including 162 cm

Up to & including 166 cm

Up to & including 169 cm

Up to & including 172 cm

Over 172 cm

Women's Wellness (1 PRO CARD)

Up to & including 163 cm

Over 163 cm

Women's Bodyfitness (1 PRO CARD)

Up to & including 163 cm

Over 163 cm

Women's Fit-Model - OPEN

Beginners Bikini

Beginners Men's Physique

Beginners Bodybuilding

AWARDS:

Top three athletes in each category will be awarded with **medals**.

Top six athletes in each category will be awarded with a **Certificate of Excellence** and **trophies**. Overall winner will have a **trophy**.

IFBB ELITE PRO CARDS:

13 IFBB ELITE PRO CARDS WILL BE AWARDED

DISTRIBUTION

Men's Bodybuilding – 2 PRO CARDS FOR THE OVERALL WINNERS

Men's Physique – 1 PRO CARD FOR THE OVERALL WINNER

Men's Classic Physique – 1 PRO CARD FOR THE OVERALL WINNER

Men's Classic Bodybuilding – 1 PRO CARD FOR THE OVERALL WINNER

Women's Bikini – 2 PRO CARDS FOR THE OVERALL WINNERS

Women's Bodyfitness – 1 PRO CARD FOR THE OVERALL WINNER

Women's Wellness – 1 PRO CARD FOR THE OVERALL WINNER

Masters Men's Bodybuilding – 1 MASTER PRO CARD FOR THE CATEGORY WINNER

Masters Women's Bikini - 1 MASTER PRO CARD FOR THE CATEGORY WINNER

Masters Women's Bodyfitness – 1 MASTER PRO CARD FOR THE CATEGORY WINNER

Masters Men's Physiqu – 1 PRO CARD FOR THE OVERALL WINNER

*REGISTRATION DEADLINE

PRELIMINAR ENTRY FORM: No

FINAL ENTRY FORM: **20/11/2023**

CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & amp, finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

PROFESSIONAL TANNING SERVICE: YES NO

Contact: <https://www.protanczech.cz/detail-produktu/bfc-cup>

CONTACT INFORMATION:

Please send Your Entry Form to:
Mr. Petr Března
E-mail: petrbrezna@seznam.cz

Please send a copy to IFBB Technical Committee:
Eng. Andrew Michalak
E-mail: amichalak5@gmail.com

Please send a copy to IFBB Head Office:
Ms. Daria
E-mail: contact@ifbb.com

Contact details for additional correspondence:
Mr. Roman Hajabac
President of the CZECH BODYBUILDING AND FITNESS FEDERATION
E-mail: roman.hajabac@skfcr.cz

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Team Managers & Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of EUR €50/USD \$60 paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judges Meeting.