



# 2023 GRAND PRIX PHILIPPINES

## MAIN INFORMATION



NAME OF THE EVENT: **2023 IFBB GRAND PRIX PHILIPPINES**

CITY / COUNTRY: **MANILA / PHILIPPINES**

DATE: **JULY 6<sup>th</sup> – 8<sup>th</sup>, 2023**

EVENT OPEN FOR: **ALL ASIAN NATIONAL FEDERATIONS & AUSTRALIA**

IFBB ELITE PRO CARD QUALIFIER YES  NO

IFBB INTERNATIONAL RANKING QUALIFIER LEVEL 2 YES  NO

DAY OF ARRIVAL: **JULY 6<sup>th</sup>, 2023**

DAY OF DEPARTURE: **JULY 9<sup>th</sup>, 2023**

REGISTRATION DAY: **JULY 7<sup>th</sup>, 2023**

TIME: **10:00-15:00**

PLACE: **PALACIO DE MAYNILA  
ROXAS BOULEVARD, MANILA, PHILIPPINES**

WEIGH-IN DAY: **JULY 7<sup>th</sup>, 2023**

TIME: **10:00-15:00**

PLACE: **PALACIO DE MAYNILA  
ROXAS BOULEVARD, MANILA, PHILIPPINES**

\*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: **NINOY AQUINO INTERNATIONAL AIRPORT**

VISA INFORMATION: CITIZENS OF AROUND 160 COUNTRIES, INCLUDING ALL MEMBER OF SOUTH-EAST ASIAN NATIONS (ASEAN), CAN ENTER THE COUNTRY WITHOUT APPLYING FOR VISA. Detailed info at:

<https://visaguide.world/asia/philippines-visa/> . Current Covid-19 restriction can be found here: <https://guidetothephilippines.ph/articles/ultimate-guides/philippines-travel-covid-19>

\* The National Federations, athletes and officials, must adopt and strictly follow any healthy and other measures imposed, required, or recommended by the competent authorities with respect to the COVID-19 pandemic situation.

\*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: **PALACIO DE MAYNILA**

**ROXAS BOULEVARD, MANILA, PHILIPPINES**

### HOTEL INFORMATION

RECOMMENDED HOTEL: **HOP INN ERMITA**

**MH DEL PIAR STREET, ERMITA, MANILA**

## REGISTRATION FEE:

Each athlete and Delegate or Extra Delegate must pay the IFBB registration fee of **EUR €200**.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **EUR €50**.

**CROSSOVERS: EUR €100 per each of the additional categories.**

**DEADLINE FOR ONLINE PAYMENT: JUNE 27<sup>th</sup>, 2023.**

\*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

\*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

\*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **EUR €40/USD \$50** and are mandatory.

\*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

## CATEGORIES:

### MEN'S BODYBUILDING:

UP TO 65 KG  
UP TO 70 KG  
UP TO 75 KG  
**OVERALL**

### MEN'S CLASSIC PHYSIQUE:

A) SHORT CLASS\*  
B) TALL CLASS\*  
**OVERALL**

### MEN'S PHYSIQUE:

A) SHORT CLASS\*  
B) TALL CLASS\*  
**OVERALL**

### WOMEN'S BODYFITNESS - OPEN

### WOMEN'S BIKINI:

A) SHORT CLASS\*  
B) TALL CLASS\*  
**OVERALL**

*\* - Body height categories will be announced after the Registration*

## AWARDS:

Top three athletes in each category will be awarded with **medals**.

Top six athletes in each category will be awarded with a **Certificate of Excellence** and **trophies**. Overall winner will have a **trophy**.

## IFBB ELITE PRO CARDS:

**TOTAL NO: 9**

### DISTRIBUTION :

MEN'S PHYSIQUE – Top 2 overall winners

CLASSIC PHYSIQUE – Top 2 overall winners

MEN'S BODYBUILDING – Top 2 overall winners

WOMEN'S BIKINI – Top 2 overall winners

WOMEN'S BODYFITNESS – Open category winner

## \*REGISTRATION DEADLINE

PRELIMINAR ENTRY FORM: **NO**.

FINAL ENTRY FORM: **JUNE 26<sup>th</sup>, 2023**

## CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

## GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

## TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

## CONTACT INFORMATION:

Please send your Entry Form to:  
Ms. ROWENA WALTERS  
E-mail: [pinaybb\\_r\\_m@hotmail.com](mailto:pinaybb_r_m@hotmail.com)

Please send a copy to IFBB Technical Committee:  
Eng. Andrew Michalak  
E-mail: [amichalak5@gmail.com](mailto:amichalak5@gmail.com)

Please send a copy to IFBB Head Office:  
Ms. Daria  
E-mail: [contact@ifbb.com](mailto:contact@ifbb.com)

Contact details for additional correspondence:  
Ms. ROWENA WALTRS  
President of IFBB PHILIPPINE FEDERATION  
E-mail: [pinaybb\\_r\\_m@hotmail.com](mailto:pinaybb_r_m@hotmail.com)

## JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: [pawelfilleborn@gmail.com](mailto:pawelfilleborn@gmail.com)

All international judges must bring their International Judge's Cards to the Technical Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **EUR €50/USD \$60** paid for the current year. This fee may also be paid at the EVENT at the Team Managers & Judges Meeting.

