



2023 DIAMOND CUP PRAGUE

MAIN INFORMATION



NAME OF THE EVENT: **2023 DIAMOND CUP PRAGUE 2**

CITY / COUNTRY: **PRAGUE / CZECH REPUBLIC**

DATE: **29.09 - 30.09.2023**

EVENT OPEN FOR: **All IFBB-affiliated National Federations**

IFBB ELITE PRO CARD QUALIFIER YES NO

IFBB INTERNATIONAL RANKING QUALIFIER LEVEL 2 YES NO

DAY OF ARRIVAL **29/09/2023**

DAY OF DEPARTURES **01/10/2023**

REGISTRATION DAY: **29/09/2023**

TIME: **13:00 – 17:00**

PLACE: **Sport center Rokytká,
Prague 9, Hloubetinska 1156,
19000**

WEIGH-IN DAY: **29/09/2023**

TIME: **13:00 – 17:00**

PLACE: **Sport center Rokytká,
Prague 9, Hloubetinska 1156,
19000**

*All Athletes must wear their posing attire during weigh-in for inspection. Female competitors must also bring their shoes for inspection. Posing attire and tanning must be in accordance with the IFBB rules. Any tanning which can be wiped off is not allowed.

RECOMMENDED AIRPORT: **VACLAV HAVEL INTERNATIONAL AIRPORT PRAGUE**

VISA INFORMATION: It is National Federations responsibility to obtain an entry visa for the country organizing the championship. EU citizens and citizens of over 60 countries don't need visa to enter the Czech Republic for up to 90 days. Detailed information can be found at:
www.schengenvisa.info/czech-republic-visa/

All National Federations could ask for an Invitation Letter either to the Championship Organizer or IFBB. The invitation letter does not mean you are granted your visa. IFBB and Championship organizers are not responsible for attendant visas.

* There are no longer any coronavirus restrictions for entry into the Czech Republic.

*An Official Letter of Invitation will be made available if required. An athlete, included in an official National Federation team, who request and receive an invitation from the IFBB Head Office or the Organizing Committee of an IFBB sanctioned EVENT for visa purposes, and uses that visa to unlawfully stay in the host country or any other country, will be subjected to the disciplinary proceedings and measures. The relevant National Federation is responsible to carefully control the proper, legal use of the visa by his/her athlete and it will be subjected to a fine and/or a suspension, in case of any misuse and/or unlawful utilization of the same visa.

VENUE: Sport Center Rokytka, Prague 9, Hloubetinska 1156, 19000

HOTEL INFORMATION

RECOMMENDED HOTEL:

REGISTRATION FEE:

Each athlete must pay the IFBB registration fee of **250 € (EUROS)** each.

Registration fee for athletes to enter this competition must be paid in advance by credit/debit card or PayPal at <http://www.ifbb.com/competition-registration>. Please add your name during online payment and bring a copy of your payment confirmation to the registration. Payments at arrival shall have an extra charge of **50 € (EUROS)**.

CROSSOVERS: 100 € (EUROS)

DEADLINE FOR ONLINE PAYMENT: 19/09/2023

*Participating athletes must be recommended by their National Federation by sending the Final Entry Form with their names directly to the Organizing Committee, to the IFBB Technical Committee and IFBB Head Office in Madrid.

The final decision to allow an athlete to compete in this EVENT rests with the IFBB.

*It is also the FULL OBLIGATION AND RESPONSIBILITY of a National Federation to MONITOR ALL THE ATHLETES affiliated to this National Federation who are fulfilling a period of ineligibility due to Anti- Doping Rule Violation or any Disciplinary case, to make sure these athletes WILL NOT REGISTER/COMPETE/OR PARTICIPATE IN ANY CAPACITY in any EVENT either at National or International level, Official or Invitational.

*All athletes will have to present their Passports and IFBB International Cards at the Registration. Any athlete who has not yet purchased or renewed his/her IFBB International Card will have to buy one at registration. IFBB Cards are **40 € (EUROS)** and are mandatory.

*All posing music must be on an USB drive only. The posing music in the MP3 format must also be the only file on USB. Each competitor must affix his/her name on the USB for easy identification. The use of profane, vulgar, and offensive language is strictly prohibited in the posing music.

CATEGORIES:

Master Men's Bodybuilding >40 years
(2 PRO CARDS) - 1 open category

Master Men's Physique >40 years
1 open category

Junior Men's Bodybuilding 16-23 years
1 open category

Junior Men's Physique 16-23 years
1 open category

Master Women's Bodyfitness >35 yrs
(2 PRO CARDS) - 1 open category

Master Women's Bikini >35 years (2 PRO CARDS)
1 open category

Master Women's Wellness >35 years
1 open category

Junior Women's Bikini 16-23 years
1 open category

Women's Bodyfitness (2 PRO CARDS)
Up to & including 163 cm
Over 163 cm

Men's Bodybuilding (3 PRO CARDS)

Up to & including 80 kg
 Up to & including 90 kg
 Up to & including 100 kg
 Over 100 kg

Men's Physique (3 PRO CARDS)

Up to & including 170 cm
 Up to & including 176 cm
 Up to & including 182 cm
 Over 182 cm

Men's Classic Physique (2 PRO CARDS)

1 open category

Men's Classic Bodybuilding (3 PRO CARDS)

Up to & including 175 cm
 Over 175 cm

Muscular Men's Physique (2 PRO CARDS)

1 open category

Master Men's Classic Physique >40 years

1 open category

Women's Bikini (3 PRO CARDS)

Up to & including 162 cm
 Up to & including 166 cm
 Up to & including 169 cm
 Up to & including 172 cm
 Over 172 cm

Women's Wellness (2 PRO CARDS)

Up to & including 163 cm
 Over 163 cm

Women's Physique (2 PRO CARDS)

1 open category

Women's Fit-Model

1 open category

Fit-Pairs

1 open category

Beginner Women's Bikini

1 open category

Beginner Men's Physique

1 open category

Beginner Men's Bodybuilding

1 open category

AWARDS:

Top three athletes in each category will be awarded with **medals**.

Top six athletes in each category will be awarded with a **Certificate of Excellence** and **trophies**. Overall winner will have a **trophy and a medal**.

IFBB ELITE PRO CARDS:

TOTAL: 28 DISTRIBUTION:

Men's Bodybuilding – top 3 in Overall

Men's Physique – top 3 in Overall

Men's Classic Bodybuilding – top 3 in Overall

Men's Classic Physique – top 2 category winners

Muscular Men's Physique – top 2 category winners

Women's Bikini – top 3 in Overall

Women's Bodyfitness – top 2 in Overall

Women's Wellness – top 2 in Overall

Women's Physique – top 2 category winners

Masters Men's Bodybuilding – top 2 category winners

Masters Women's Bikini – top 2 category winners

Masters Women's Bodyfitness – top 2 category winners

***REGISTRATION DEADLINE**

PRELIMINARY ENTRY FORM: **No**

FINAL ENTRY FORM: **18/09/2022**

CAMERA/VIDEO TAPE EQUIPMENT

Cameras and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any EVENT, these devices shall be strictly prohibited in the dressing room area.

GREEN CARDS

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

- Five (5) or more athletes – two (2) green cards.
- Less than (5) athletes – one (1) green card.

EXTRA GREEN CARDS: **YES** **NO** **N/A**

PRICE: **0,00** each.

TANNING NEEDS

The IFBB has banned all tans that can be wiped off. An official will check the tan of all athletes backstage and if the tan comes off by simply wiping, the athlete will be told to remove the tan before going on stage.

PROFESSIONAL TANNING SERVICE: **YES** **NO**

Contact: <https://book.jantana.eu>

CONTACT INFORMATION:

Please send your Entry Form to:

Mr. Roman Hajabac

E-mail: sekretariat@skfcr.cz

hajabacroman@seznam.cz

Please send a copy to the IFBB Technical Committee:

Eng. Andrew Michalak

E-mail: amichalak5@gmail.com

Please send a copy to the IFBB Head Office:

E-mail: contact@ifbb.com

Contact details for additional correspondence:

President of the **Czech Federation of Bodybuilding and Fitness,**

Mr. Roman Hajabac

E-mail: hajabacroman@seznam.cz

JUDGES

To be taken into consideration during selection of judges' panels at the competition, IFBB International Judges must be included in the Final Entry Forms sent by National Federations, according to the IFBB Rules. For more information, please contact Mr. Pawel Filleborn, Chairman of the IFBB Judges Committee, under address: pawelfilleborn@gmail.com

All international judges must bring their International Judge's Cards to the Team Managers and Judges Meeting. IFBB International Judges must have a valid IFBB Judge's Card with the IFBB yearly judges fee of **50 € (EUROS)** paid for the current year. This fee may also be paid at the EVENT at the Team Managers and Judges Meeting.

